## Alberta Emergency Test Alert Toolkit

School resource guide

## Opportunity to build resilience

On May 4, 2022 at 1:55 p.m., Alberta Emergency Alert will send out a test alert using the wireless public alerting system. This is done through a national system that sends life-saving emergency alert messages directly to compatible smartphones. This test alert coincides with <a href="Emergency Preparedness Week">Emergency Preparedness Week</a>, a national campaign that runs every year during the first week of May, which is from May 1 to 7 this year.

During the test, an alert sound will go off with a message to cellphone users confirming there is no need for concern. The test is an opportunity for all of us to test our own readiness to respond. This guide will help teachers and schools across Alberta use the wireless public alerting test as a teaching moment in classrooms. The test creates space to discuss preparedness and to encourage students to go home and have a conversation with their household about developing or updating their own emergency plan.

## Suggestion for in-class discussion

- Plan for a 15-30-minute activity on Wednesday, May 4 starting at 1:55 p.m. That morning, advise the school or classroom that the Government of Alberta is testing the Alberta Emergency Alert system. The school will use the test alert to practice individual preparedness skills with students.
  - After the Alberta Emergency Alert test, facilitate a classroom discussion using the activity guide on page 2. Adjust the activities to fit your classroom.
- 2. **Key learning objective.** Empower students to see that the skills they have developed while managing the pandemic can help them manage other unexpected events too. Let's practice preparedness together so we are ready for anything.
- 3. **Key outcome.** Encourage students to go home and share their classroom discussions with their household. Provide the students with an emergency kit checklist from <u>alberta.ca/resources</u> to help them start their preparedness journey at home.



Classification: Public

## **Activity guide**

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Lesson	Discussion and Activity	Resources
Get informed and stay informed	Time: 5 – 10 minutes	Video:
By signing up for alerts, you can make more informed decisions in stressful situations.	<b>Ask:</b> Do you know the difference between an evacuation alert and an evacuation order?	Web pages:
Apps like <u>Alberta Emergency Alert</u> , <u>Wildfire</u> , and <u>WeatherCAN</u> can help keep you safe.	Watch the video listed under Resources	Alberta.ca/BePrepared  Sign up to receive emergency alerts
<b>Get informed</b> by finding trusted sources of information before an emergency occurs.	<b>Brainstorm:</b> Different scenarios that may require an evacuation alert or order.	Active emergency updates  Government of Alberta Apps
<b>Stay informed</b> by downloading an emergency alerting app.	<b>Call to action:</b> Go home and talk to your household about how to get informed of emergency situations.	
Build an emergency kit and gather	Time: 5-10 minutes	Videos:
supplies  Having extra supplies at home, such as bottled water, extra medication, or non-perishable food can make a big difference in case you unexpectedly need to stay home for an extended period.  Having a grab-and-go kit that contains water, extra medication, and first aid supplies can ensure you stay comfortable and safe in case you have to leave home suddenly.	<b>Ask:</b> Do you have supplies and a kit prepared to keep you safe?	Why should you have an emergency kit?
	Watch a video listed under <i>Resources</i> Brainstorm: Different supplies (preparedness is personal) to have at home. What are the most important items to have with you if you had to evacuate?	What goes in your emergency kit? Web pages:
		Build an emergency kit
		Checklists:
	<b>Call to action:</b> Go home and talk to your household about the emergency kit checklist and build a kit together.	Emergency kit checklist  Emergency kit checklist for your pets
	Time: 5 – 10 minutes	Videos:
Make an emergency plan  Disasters often cause confusion and distress. An emergency plan can help you cope with the stress and navigate the situation better.  Create an emergency plan that works for you, your household and pets.	<b>Ask:</b> What can you do to be prepared before an emergency?	How can you be prepared before an emergency?
	Watch a video listed under Resources	Fact sheets:
	<b>Brainstorm:</b> What are some of the habits you've developed over the last two years that will help you be ready for something other than a pandemic?	What to do before an emergency
		Emergency preparedness for pets
		Web pages:
	Call to action: Go home and talk to your	Alberta.ca/MakeAPlan
	household about what you would do if this alert were real.	Alberta.ca/PetPrep

Please send feedback or questions to <u>BePrepared @gov.ab.ca</u>. Thank you.

