

A woman with long red hair, wearing a blue hard hat, safety glasses, a red hoodie, and brown overalls, is looking down at a document she is holding in a factory or industrial setting. In the background, other workers in blue shirts and brown overalls are visible, along with industrial equipment and a table with a red tool.

Know your responsibilities as a worker

A safe and healthy workplace is everyone's responsibility

Alberta 

Know your legal responsibilities and what to expect from others.



As a worker, your responsibilities include:

- Protecting yourself, your coworkers and others.
- Following the health and safety rules for your job.
- Asking for training if you don't know how to do something.
- Using all hazard controls and wearing the required personal protective equipment (PPE).
- Not causing or participating in violence and harassment.
- Immediately reporting danger (including violence and harassment) to your supervisor or employer.
- Telling your supervisor or employer if you have a physical, mental or emotional issue that could affect your ability to work safely.
- Only doing dangerous work if you are competent to do so, or are directly supervised by a worker who is following other occupational health and safety (OHS) requirements.



Your employer's responsibilities include:

- Making sure you have the training, qualifications and experience needed to do your work safely.
- Providing you with competent supervisors.
- Preventing violence and harassment in your workplace.
- Inspecting the space and informing you of, and protecting you from, all the hazards of your job.
- Providing you with specific PPE to use.
- Investigating all serious and potentially serious incidents.

Supervisors' responsibilities include making sure you:

- **Work safely.**
- **Follow health and safety rules.**
- **Don't participate in, and aren't subject to, violence or harassment.**

Have concerns or questions, need to talk or want more information? Phone the OHS Contact Centre.
1-866-415-8690 (Alberta toll-free) 780-415-8690 (Edmonton) 1-800-232-7215 (TTY)