

Income Support

Income Support provides financial assistance to Albertans who do not have the resources to meet their basic needs, like food, clothing and shelter.

Albertans who are eligible for Income Support also receive:

- [Employment Services](#)
- [Health Benefits](#) for themselves and their children;
- [Child Support Services](#) for help getting child-support payments

Albertans in four general situations may qualify for Income Support:

1. Cannot work due to chronic health problems or other barriers.
2. Unemployed, working but not earning enough, or temporarily unable to work.
3. Need training so they can get a job.
4. Faced with an unexpected, one-time [emergency](#) that's no fault of their own, like a sudden eviction due to fire.

The level of assistance varies depending on each person's situation including financial resources, ability to work and the number of people in the household.

Income Support recipients are encouraged and supported to work to increase their total income and gain valuable work experience. Income Support recipients keep all of their wages and only a portion of their earnings are taken into account when their benefits are calculated.

Financial Benefits Summary

The [Financial Benefits Summary](#) provides a more detailed breakdown of Income Support benefits.

Albertans who leave the Income Support program, due to excess income from employment or any other source, may be eligible for the [Alberta Adult Health Benefit](#) or [Alberta Child Health Benefit](#).

How to apply for Income Support

- Contact or visit your local [Alberta Works](#) or [Alberta Supports Centre](#); or
- Apply online at albertasupports.ca

For more information:

Click: humanservices.alberta.ca/is

Call: Toll-free in Alberta: 1-877-644-9992
Edmonton area: (780) 644-9992

After Hours/Weekends

Toll-free in Alberta: 1-866-644-5135
Edmonton area: (780) 644-5135