


**CHILDREN  
& YOUNG  
PEOPLE**

**HAVE RIGHTS!**



**Acknowledgements:** Thank you to all of the young people and caseworkers who contributed to the development of this booklet. Special thanks to Josh and Nik for their contribution of time and expertise to this project.

Lots of young people receive services from Alberta Children and Youth services. Sometimes these services are provided when young people live at home. Sometimes services are provided when young people live away from home in places like foster homes or group homes.

If I am a young person receiving services from Alberta Children and Youth Services I have a caseworker, no matter where I am living or who I am living with.

If I am a young person receiving services from Alberta Children and Youth Services I have rights.

SOME OF THE MOST IMPORTANT RIGHTS ARE...

I HAVE THE  
RIGHT TO  
LIVE WITH

**PEOPLE WHO  
CARE FOR  
& RESPECT  
ME**

AND KEEP ME SAFE!



I HAVE THE RIGHT TO KNOW

# THE PLAN FOR MY CARE

I HAVE THE RIGHT  
TO KNOW WHY I AM IN CARE

I HAVE THE RIGHT TO BE INVOLVED IN

**DECISIONS  
THAT ARE MADE  
ABOUT ME**

I HAVE THE RIGHT TO KNOW  
WHY A DECISION WAS MADE

I HAVE THE RIGHT TO BE WHO I AM,

**TO DEVELOP MY  
OWN IDENTITY &  
EXPRESS MYSELF.**

I HAVE THE RIGHT TO KNOW MY OWN CULTURE AND RELIGION

I HAVE THE RIGHT TO

**REQUEST  
CONTACT WITH  
MY FAMILY &  
FRIENDS**

I HAVE THE RIGHT  
TO KNOW WHY IF I CAN'T




I HAVE THE RIGHT TO

# AN EDUCATION

EQUAL TO WHAT ANY  
YOUNG PERSON IN ALBERTA GETS

I HAVE THE RIGHT TO

**DENTAL, OPTICAL,  
PHYSICAL & MENTAL  
HEALTH CARE**



I HAVE THE RIGHT TO

**PRIVACY WHEN  
I'M VISITING OR  
TALKING TO FAMILY**

AS LONG AS I'M SAFE

I HAVE THE RIGHT TO  
KNOW ABOUT AND BE ASSISTED IN

# CALLING THE CHILD & YOUTH ADVOCATE





I HAVE THE RIGHT TO BE

**INFORMED  
OF MY RIGHTS  
IN CARE**

I HAVE THE RIGHT TO PRIVACY WHEN I  
TALK TO MY LAWYER, ADVOCATE OR CASEWORKER

I HAVE THE RIGHT TO

**KEEP MY  
BELONGINGS  
WITH ME**

I HAVE THE RIGHT TO A REASONABLE AMOUNT  
OF FREEDOM & PRIVACY

I HAVE THE RIGHT TO REQUEST AND KNOW

**INFORMATION  
ABOUT ME ON  
MY FILE**

IF I AM NOT ALLOWED  
I HAVE THE RIGHT TO  
KNOW WHY

I HAVE THE RIGHT TO

**LEARN TO BE  
THE BEST PERSON  
I CAN BE**

I HAVE THE RIGHT TO  
PLAN FOR WHEN I  
LEAVE CARE



If you feel that your rights are not being respected, you can do something!

## ASK QUESTIONS!

Call your caseworker. Ask them to explain what your rights are.

Talk to someone that you trust — it could be your parent, foster parent, teacher, an elder or pastor, a counselor, or a family friend.

Ask to speak to your caseworker's boss — you should write down that person's name and phone number.

Call the Child & Youth Advocate Office and ask to speak to an advocate.

\*All of these rights can be found in the UN Convention on the Rights of the Child, which the Province of Alberta endorsed in 1999.



## REMEMBER

- (1) YOU have RIGHTS
- (2) If you feel that no-one is LISTENING to you and that you need someone to STAND UP for you, DO SOMETHING!

- Call your caseworker
- Call your caseworker's boss
- Call the Child & Youth Advocate

### **The Child & Youth Advocate**

Edmonton 780 422-6056

Calgary 403 297-8435

Toll Free 1-800-661-3446



## OUT-OUT CONTACT LIST

My contact info \_\_\_\_\_

My caseworker \_\_\_\_\_

My placement \_\_\_\_\_

fold

My caseworker's boss \_\_\_\_\_

Crisis Line \_\_\_\_\_

Child & Youth Advocate \_\_\_\_\_

1-800-661-3446

TOLL-FREE TO { 310-0000 + (area code) + (phone number)  
ANY GOVT # { dial \*310 or #310 on a cell phone

