CHILDREN & YOUNG PEOPLE HAVE RIGHTS!
Acknowledgements: Thank you to all of the young people and caseworkers who contributed to the development of this booklet. Special thanks to Josh and Nik for their contribution of time and expertise to this project.
Lots of young people receive services from Alberta Children and Youth services. Sometimes these services are provided when young people live at home. Sometimes services are provided when young people live away from home in places like foster homes or group homes.

If I am a young person receiving services from Alberta Children and Youth Services, I have a caseworker, no matter where I am living or who I am living with.

If I am a young person receiving services from Alberta Children and Youth Services, I have rights.

...Some of the most important rights are...
I have the right to live with people who care for me and keep me safe!
I have the right to be involved in decisions that are made about me. I have the right to know why a decision was made.
I have the right to be who I am, to develop my own identity & express myself.

I have the right to know my own culture and religion.
I have the right to request contact with my family & friends.
I have the right to an education equal to what any young person in Alberta gets.
I have the right to

DENTAL, OPTICAL, PHYSICAL & MENTAL HEALTH CARE
Have the right to privacy when I'm visiting or talking to family as long as I'm safe.
I have the right to know about and be assisted in calling the Child & Youth Advocate.
I HAVE THE RIGHT TO BE INFORMED OF MY RIGHTS IN CARE

I HAVE THE RIGHT TO PRIVACY WHEN I TALK TO MY LAWYER, ADVOCATE OR CASEWORKER
I HAVE THE RIGHT TO KEEP MY BELONGINGS WITH ME
I HAVE THE RIGHT TO A REASONABLE AMOUNT OF FREEDOM & PRIVACY
I HAVE THE RIGHT TO REQUEST AND KNOW

INFORMATION ABOUT ME ON MY FILE

IF I AM NOT ALLOWED I HAVE THE RIGHT TO KNOW WHY.
I HAVE THE RIGHT TO

LEARN TO BE
THE BEST PERSON
I CAN BE

I HAVE THE RIGHT TO
PLAN FOR WHEN I
LEAVE CARE
If you feel that your rights are not being respected, you can do something!

**ASK QUESTIONS!**

Call your caseworker. Ask them to explain what your rights are.

Talk to someone that you trust — it could be your parent, foster parent, teacher, an elder or pastor, a counselor, or a family friend.

Ask to speak to your caseworker’s boss — you should write down that person’s name and phone number.

Call the Child & Youth Advocate Office and ask to speak to an advocate.

*All of these rights can be found in the UN Convention on the Rights of the Child, which the Province of Alberta endorsed in 1999.*
YOU have RIGHTS

If you feel that no-one is LISTENING to you and that you need someone to STAND UP for you, DO SOMETHING!

→ Call your caseworker
→ Call your caseworker’s boss
→ Call the Child & Youth Advocate

The Child & Youth Advocate
Edmonton  780 422-6056
Calgary  403 297-8435
Toll Free  1-800-661-3446
My contact info

My caseworker

My placement

My caseworker’s boss

Crisis Line

Child & Youth Advocate

1-800-661-3446
toll-free to any gov’t #

dial *310 or #310 on a cell phone

TOLL-FREE to 310-0000 + (area code) + (phone number)

ANY CVT #