

## **NOTICE**

NOTICE NUMBER: 03-2014

TITLE: RENEWED DIAGNOSTIC AND TREATMENT PROTOCOLS

**REGULATION** 

DATE: June 2014

## **PURPOSE**

The purpose of this Notice is to advise that the <u>renewed Diagnostic and Treatment Protocols Regulation</u> (regulation) will come into force on **July 1, 2014**.

This is the first update to the regulation since it took effect on October 1, 2004. The changes are administrative in nature and do not include any significant policy changes. The changes will clarify processes and modernize the clinical language of the regulation.

This update does not change benefits such as the number of treatments allowed or the type of treatments available for Albertans who are eligible to be treated under the regulation.

## Some changes to the regulation include:

- Adding a definition of "spine", as well as "physician";
- Clarifying that whiplash associated disorder (WAD) injuries include not only the cervical region of the spine, but also the thoracic, lumbar, and lumbosacral regions of the spine;
- Consolidating the treatment protocols for strains and sprains to reduce duplication; and,
- Referencing the most current version of the *Orthopedic Physical Assessment* (2014) to diagnose strains and sprains. Notable changes include:
  - o For 3<sup>rd</sup> degree strains, "Crushing" is no longer a Mechanism of Injury
  - o Also for 3<sup>rd</sup> degree strains, Muscle Spasm is "moderate" and no longer "major"

Please review the entire regulation to view all of the incorporated changes (link below).

The Interpretive Bulletin/Guide for Healthcare Practitioners issued on October 1, 2004, will be updated shortly to reflect these changes.

## **Access to the renewed Diagnostic and Treatment Protocols Regulation**

As of July 1, 2014 a copy of the regulation will be available here: http://www.qp.alberta.ca/

If you have questions regarding this Notice, please contact our office, either by e-mail at <a href="mailto:TBF.insurance@gov.ab.ca">TBF.insurance@gov.ab.ca</a>, or by phone at (780) 427-8322 (toll-free in Alberta by first dialing 310-0000).

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Mark Prefontaine Superintendent of Insurance