

# STAGE 2: GUIDANCE FOR PERSONAL AND WELLNESS SERVICES

## Overview

Chief Medical Officer of Health (CMOH) Order 25-2020 requires businesses and entities to:

- implement practices to minimize the risk of transmission of infection among attendees;
- provide procedures for rapid response if an attendee develops symptoms of illness;
- ensure that attendees maintain high levels of sanitation and personal hygiene;
- comply, to the extent possible, with any applicable Alberta Health guidance found at: [alberta.ca/biz-connect.aspx](http://alberta.ca/biz-connect.aspx).

Where any part of this guidance is inconsistent or in conflict with enhanced or stronger public health restrictions set out in another CMOH Order, the enhanced or stronger public health measures would prevail. Operators are also required to follow the [General Operational Guidance](#) and any other current CMOH Orders.

This document has been developed to support operators of personal and wellness service facilities in reducing the risk of transmission of COVID-19 among attendees (including workers, staff, patrons/clients and volunteers). The guidance provided outlines public health and infection prevention and control measures specific to these settings and activities.

In all settings, it is important that measures are implemented to reduce the risk of transmission of COVID-19. This includes, but is not limited to ensuring: capacity limits, physical distancing, barrier use (where appropriate), proper hand hygiene and respiratory etiquette, enhanced and appropriate cleaning and disinfecting, records management and building maintenance (e.g., ventilation).

## COVID-19 Risk Mitigation

<b>Guidance for All Personal and Wellness Services</b>	<ul style="list-style-type: none"><li>• Personal and wellness service businesses may resume accepting walk in clients, as well as by appointment.</li><li>• Personal service providers must also comply with requirements set out in the <a href="#">Personal Services Regulation and Standards</a> and any other industry-specific operational guidelines.</li><li>• Operators should remind all attendees to use the <a href="#">Alberta Health Daily Checklist</a> to screen themselves for symptoms of COVID-19 before attending their location.</li><li>• Attendees (including staff and clients) must maintain 2 metres' distance, except when providing/receiving a service.</li><li>• Attendees are required to mask in all indoor public places, although clients may remove their face masks temporarily when receiving services on their face or lying face-down to receive a treatment.</li><li>• Place an impermeable barrier between staff and clients when services are provided in a face-to-face manner.</li></ul>
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	<ul style="list-style-type: none"><li>○ Barriers must extend over the head of the staff and the patron, and be wide enough to provide separation.</li><li>○ A barrier can be modified to allow hands to pass underneath (e.g., manicures) so long as it continues to effectively prevent droplet transmission.</li><li>● Services that occur in or around the client’s mouth, nose, eyes, genitals and anus are strongly discouraged at this time as COVID-19 is found in saliva, fecal matter and mucosa. These kinds of services include:<ul style="list-style-type: none"><li>○ Piercings;</li><li>○ Injections into, and waxing of, the lips, eye area and genital areas;</li><li>○ Acupuncture around the eyes; and</li><li>○ Colon hydrotherapy.</li></ul></li><li>● Workers must be appropriately protected from exposure (i.e., with Personal Protective Equipment) when performing these procedures and reprocessing any reusable equipment used in these services.</li><li>● When oils or creams are applied by hand, hands should be washed with soap and water after each procedure as hand sanitizer is not effective on soiled hands.</li><li>● Place hand sanitizer containing at least 60% alcohol in convenient locations throughout the facility.</li><li>● Operators must have plans for a rapid response if an attendee (patron, staff member) becomes symptomatic while at the location. For more information on what these plans include, see the <a href="#">General Operational Guidance</a>.</li><li>● Operators must enhance cleaning and disinfecting practices as described in the <a href="#">General Operational Guidance</a>.</li></ul>
<b>Mobile and home-based Services</b>	<ul style="list-style-type: none"><li>● Mobile and home-based services should follow this guidance.</li><li>● Services must not be provided in areas of a home where a household member is isolating due to COVID-19 restrictions.</li></ul>

This document and the guidance within it is subject to change and will be updated as needed.

Last Revised: June 2021