

There are three steps to crossing the street safely.

I. Point 2. Pause 3. Proceed

I. First ____ Point your arm to show cars you want to cross. Circle what makes this a safe place to cross. 2

2. Then

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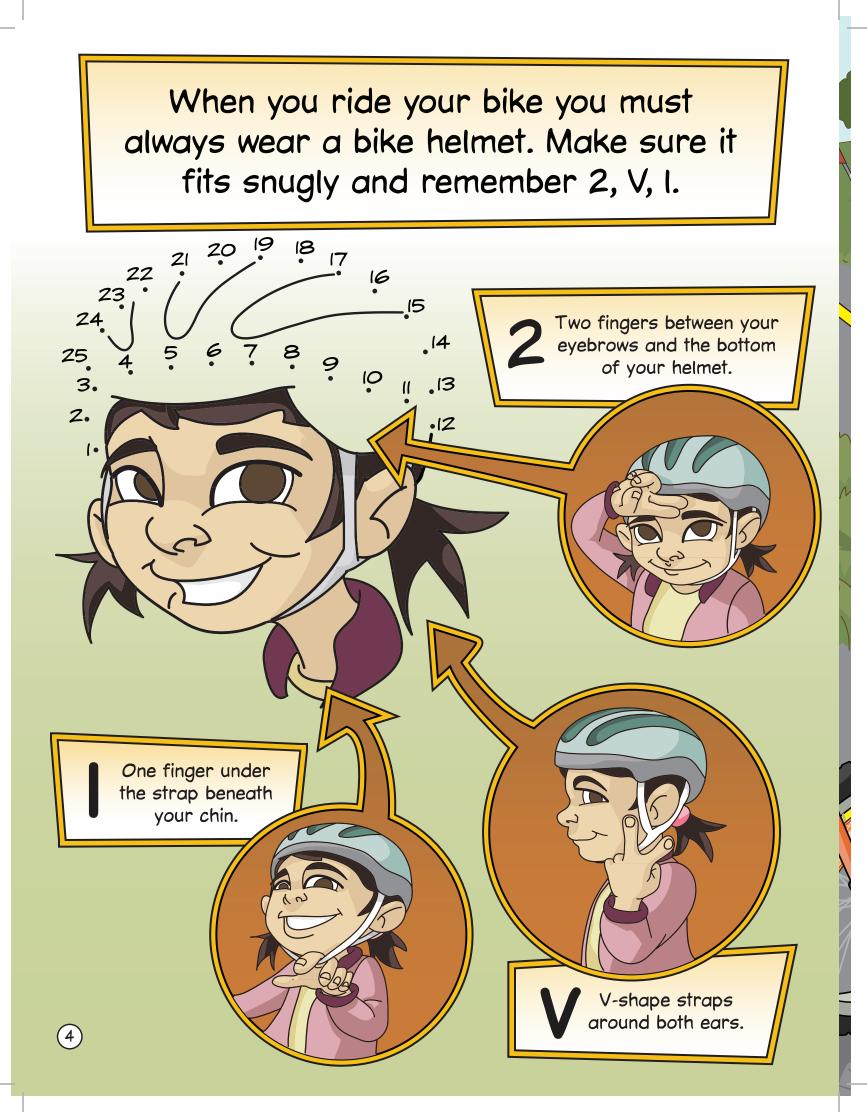
Pause and wait for all the cars to stop. Remember to look for cars in all directions.

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3. Carefully

Proceed with your arm straight out until you reach the other side. Why isn't the boy crossing the road by himself?



How do you keep yourself and others safe when bike riding?

Put a word from the word bank in each sentence.



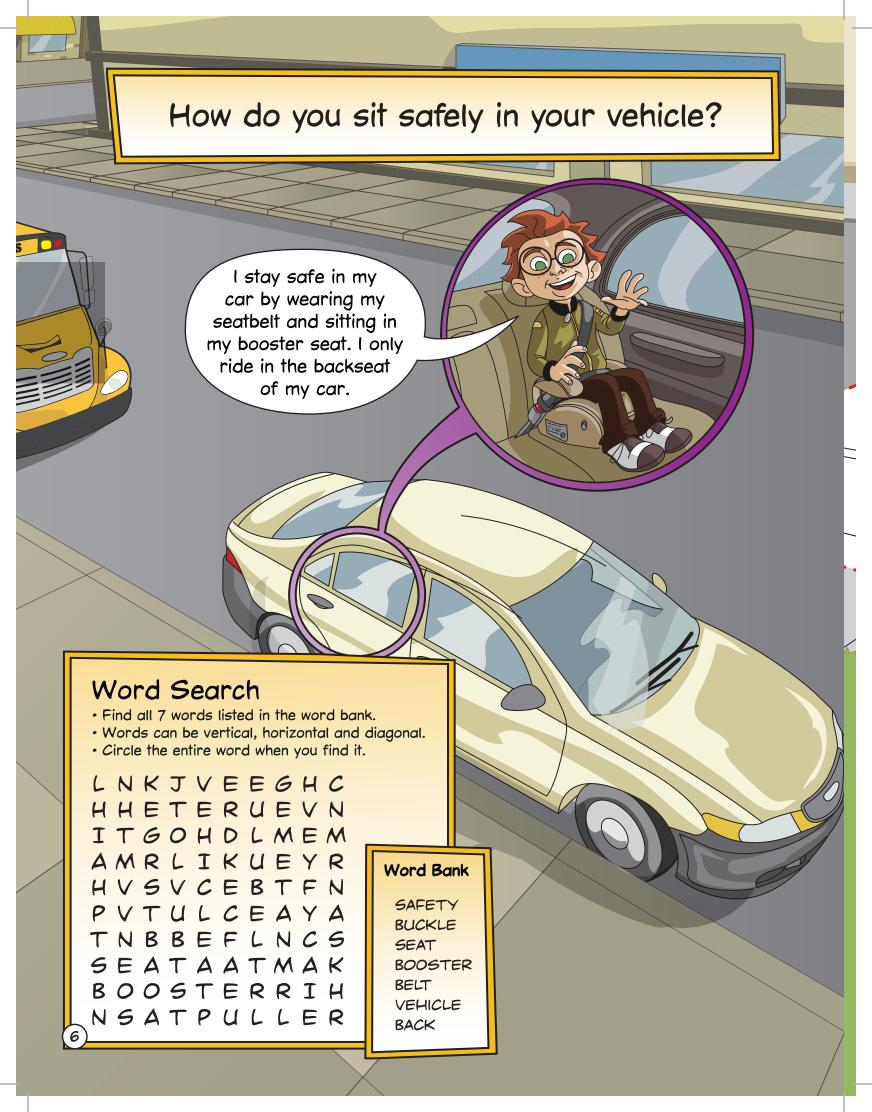
2. ____ your bike across the road.

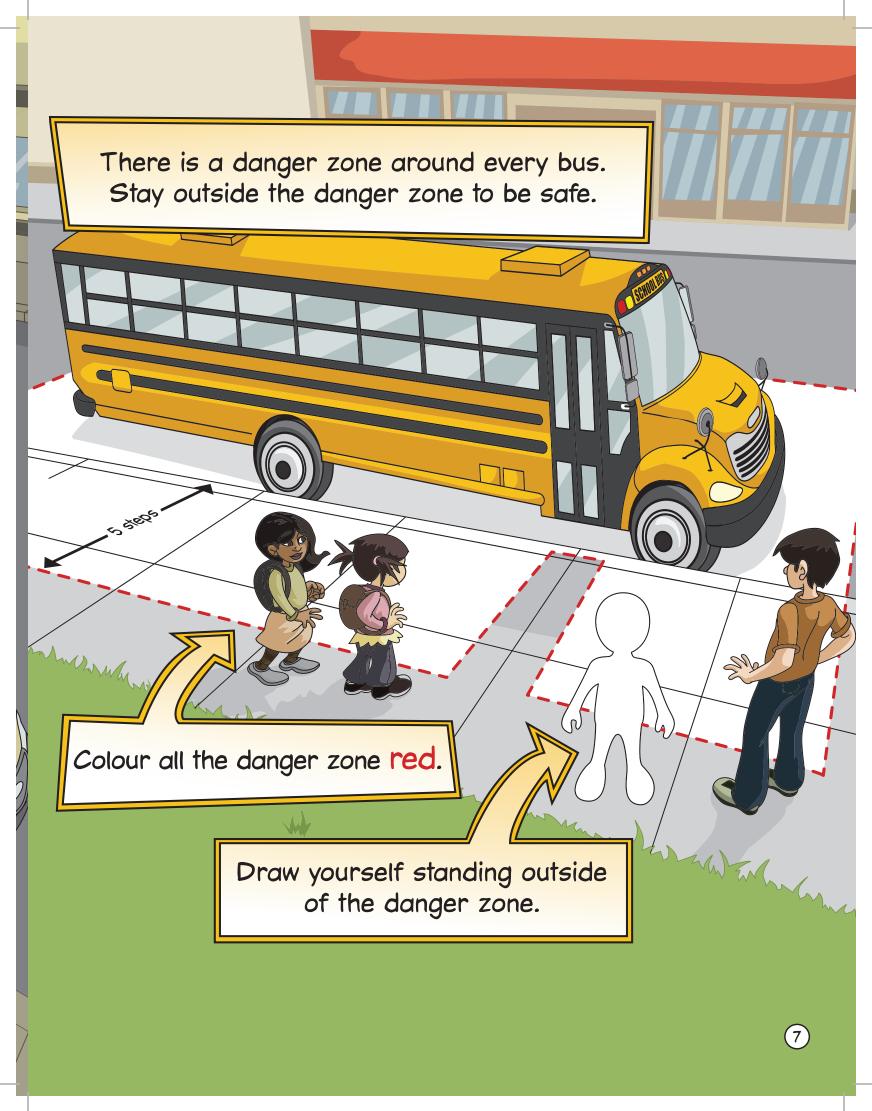
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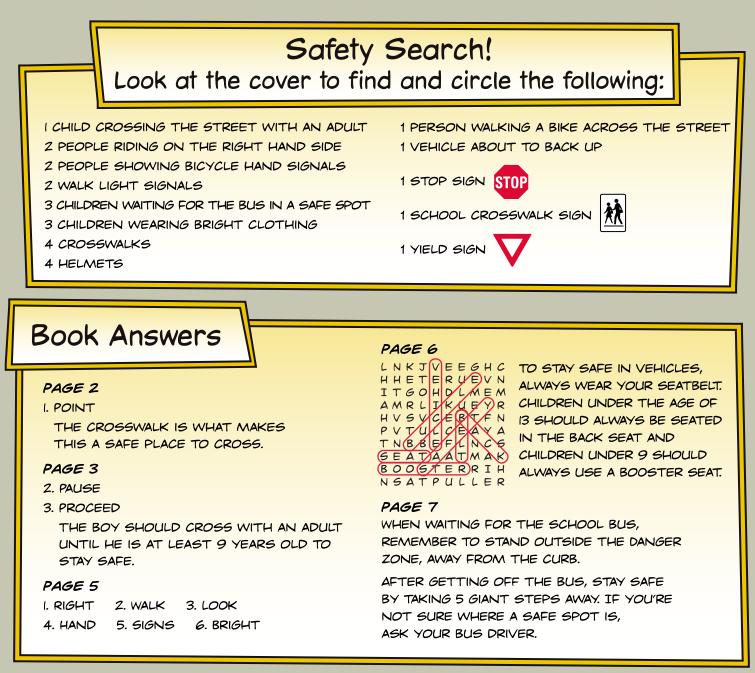
- 3. ____ each way before crossing.
- 4. Use ____ __ signals to show where you are going.
- 5. When riding, stop at all stop _____ ___ __ __
- 6. Wearing _____ coloured clothing is safest.

Word Bank bright right Walk Look signs hand

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To Parents/Guardians:

This is an educational activity book developed by the Alberta Office of Traffic Safety. This book is specifically for children ages five to nine and covers three main concepts:

- 1. School Bus Safety
- 2. Pedestrian Safety
- 3. Personal Safety (bikes, booster seats, etc.)

Please read and review this activity book with your child.

Safety research indicates that children under the age of nine have not yet undergone the mental development that allows them to judge speed and distance, so they should always be accompanied by an adult when crossing the street or participating in activities such as bicycling on sidewalks^{*}, trails or in parks. Children under the age of ten should never bicycle in traffic, and it is recommended that children over ten continue to be supervised by an adult or older child while learning to ride safely on the road. Legally, any person under the age of 18 must wear an approved bicycle helmet when riding – set a good example for your child by doing the same. Remember, it is important that children under the age of thirteen should always be seated in the back seat due to airbags. Walking your child around your neighbourhood provides a good opportunity to discuss any traffic safety hazards they're likely to encounter (e.g. roads without pedestrian lights, unmarked crosswalks, driveways where cars back up, etc.).

Thank you for your cooperation and help in keeping our children safe.

*Check your city's bylaws for information on bicycle size restrictions for use on city sidewalks.

Government of Alberta