

# Are you turning 65?

## Seniors programs and services

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### Federal pension and financial assistance programs

Apply at least 11 months before your 65th birthday:

- Canada Pension Plan
- Old Age Security
- Guaranteed Income Supplement

**For more information contact:**

Toll-free: 1-800-277-9914  
[canada.ca](https://www.canada.ca)

### Provincial financial assistance programs

You should receive a Seniors Financial Assistance application package in the mail six months before your 65th birthday. If you do not receive the application package, call the Alberta Supports Contact Centre at 1-877-644-9992.

One application will help you access the following programs:

- Alberta Seniors Benefit
- Special Needs Assistance for Seniors
- Dental Assistance for Seniors
- Optical Assistance for Seniors

You can also apply for these home-equity loan programs for senior homeowners:

- Seniors Property Tax Deferral Program
- Seniors Home Adaptation and Repair Program

**For more information contact:**

Alberta Supports Contact Centre  
1-877-644-9992  
[alberta.ca/seniors-financial-assistance.aspx](https://alberta.ca/seniors-financial-assistance.aspx)

### Prescription drugs and health-related coverage

**Coverage for Seniors**

Premium-free coverage is provided to individuals 65 years of age and older to cover 70 percent of prescription drugs and pay a portion of some health-related benefits.

To register, seniors must provide proof of being 65 years of age or older such as a valid Canadian driver's license or Alberta identification card, birth certificate, Old Age Security entitlement letter, passport, immigration record, or naturalization or citizenship certificate. A Proof of Age Declaration form is included in the Seniors Financial Assistance application package.

**For more information contact:**

Alberta Blue Cross  
1-800-661-6995  
[ab.bluecross.ca](https://www.ab.bluecross.ca)

You may mail the Proof of Age Declaration to the address on the form, or provide your proof of age to select Alberta government registry agents.

**For a list of registries or a Proof of Age Declaration form contact:**

Alberta Health  
Edmonton: 780-427-1432  
Toll-free: 310-0000 then 780-427-1432  
[alberta.ca/health.aspx](https://alberta.ca/health.aspx)