

Acknowledgements

The 2004 Alberta Recreation Survey was a co-operative project between









For more information on the survey, please contact

Alberta Community Development Sport and Recreation Branch 905 Standard Life Centre 10405 Jasper Avenue Edmonton, Alberta T5J 4R7 Phone: (780) 427-6549

Fax: (780) 427-5140 www.cd.gov.ab.ca

To call toll free anywhere in Alberta, dial 310-0000.

TABLE OF CONTENTS

| INTR | ODUCTION & METHODOLOGY | 1 |
|------|--|----|
| 1.0 | PARTICIPATION | 3 |
| 2.0 | WALKING | |
| 3.0 | CYCLING | 9 |
| 4.0 | FAVOURITE ACTIVITIES | 10 |
| 5.0 | REASONS FOR PARTICIPATION | |
| 6.0 | NEW ACTIVITIES | 12 |
| 7.0 | BARRIERS TO STARTING NEW ACTIVITIES | 13 |
| 8.0 | AWARENESS OF THE LIVE OUTSIDE THE BOX CAMPAIGN | |
| 9.0 | VOLUNTEERISM | 15 |
| 10.0 | BENEFITS OF RECREATION AND PARKS | |
| 11.0 | VISITING ALBERTA PROVINCIAL PARKS | 21 |
| 12.0 | BARRIERS TO VISITING ALBERTA PROVINCIAL PARKS | |
| 13.0 | ACTIVITIES AND SERVICES IN PROVINCIAL PARKS | 24 |
| 14.0 | ACTIVITIES AND SERVICES IN MUNICIPAL PARKS | |
| 15.0 | DEMOGRAPHIC PROFILE | 26 |

INTRODUCTION & METHODOLOGY

The 2004 Alberta Recreation Survey is a co-operative effort between Alberta Community Development, and the cities of Calgary, Edmonton and Lethbridge. Alberta Community Development was responsible for the coordination and design of the study and the analysis of the resulting data. The goal of the survey is to determine participation patterns of Albertans and the factors that influence their recreation activity choices. It is the seventh survey since 1981. The information gathered is used to identify recreation trends and preferences, forecast future demands, and aid the recreation field in targeting and marketing services. This report provides descriptive data (frequencies and percentages) from the survey.

The survey instrument consists of four sections. The first investigates household and respondent participation in a variety of social, creative, cultural, outdoor and sports activities. The second section inquires about respondents' three favourite activities, an activity they would like to start, and their involvement as a volunteer. Section three asks the respondents' opinions on a number of recreation and parks activities and services. The final section requests demographic information about respondents and their households.

A random sample of 10,000 Alberta households was selected from a computer-generated list. The sampling unit was the individual household. Respondents from each household were selected on the basis of which member 18 years or older would celebrate their next birthday. The sampling technique provided a representative sample of Alberta households.

The data were collected between May 7 and June 30, 2004. Surveys were mailed to the household sample on May 7, 2004. One week after the first wave mail out a postcard reminder was sent to those households that had not responded. On May 21, 2004 another survey package was mailed to those households that had still not responded. June 30 was the final due date for returned surveys.

Alberta

Questionnaires were received from 3,217 households, or 32.2% of the sample. The proportions

of the total responses received from the sponsoring municipalities were: 28 % from Calgary,

28.2% from Edmonton, and 30.2% from Lethbridge.

For more information about the survey results contact:

Alberta Community Development

Sport and Recreation Branch 905 Standard Life Centre

10405 Jasper Avenue

Edmonton, Alberta T5J 4R7

www.cd.gov.ab.ca

Ph: 780.427.6549

Fax: 780.427.5140

Note on Reading Data Tables

The data tables present the number of respondents and associated percentage of the sample who

answered each of the survey questions. For all tables, the percentages are calculated using the

total sample of 3,217 as the base. In some cases, percentages have been rounded to one decimal

and may not add exactly to 100.

The number of respondents is shown in the columns heading by 'n'.

Several questions on the questionnaire allowed respondents to provide additional responses

under the category "Other, please specify". These tables are identified within the summary.

However, the summary of additional responses is limited to the leading, or most frequently

reported, responses. Full details on all of the responses provided to these questions, are presented

in the Technical Appendix Report that is a separate document.

2

1.0 PARTICIPATION

Q1a. Please indicate the NUMBER OF PEOPLE in your household who took part in each of the following leisure or recreational activities during the PAST 12 MONTHS. In the last column, please indicate whether YOU personally took part in that activity.

| EXERCISE ORIENTED | | | | | | |
|---|-----------------------------|----------|---------------|------------------------------|---------------|--|
| Activity | Participating Households | | | Participating Respondents | | |
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> | |
| Walking for Pleasure | 2,993 | 93.0 | 2,907 | 90.4 | 6,701 | |
| Bicycling | 1,802 | 56.0 | 1,451 | 45.1 | 3,984 | |
| Swimming (in pools) | 1,741 | 54.1 | 1,373 | 42.7 | 3,974 | |
| Golf (other than mini-golf) | 1,446 | 44.9 | 1,177 | 36.6 | 2,548 | |
| Aerobics/Fitness/Aquasize/Yoga | 1,411 | 43.9 | 1,080 | 33.6 | 2,153 | |
| Weight Training | 1,161 | 36.1 | 888 | 27.6 | 1,811 | |
| Jogging/Running | 1,146 | 35.6 | 849 | 26.4 | 1,854 | |
| Swimming (e.g. in lakes, rivers, ponds) | 1,048 | 32.6 | 902 | 28.0 | 2,613 | |
| Ice Skating (not hockey) | 951 | 29.6 | 688 | 21.4 | 2,064 | |
| In-line Skating | 671 | 20.9 | 361 | 11.2 | 1,188 | |
| Badminton | 432 | 13.4 | 245 | 7.6 | 806 | |
| Tennis | 360 | 11.2 | 275 | 8.5 | 687 | |
| Skateboarding | 333 | 10.4 | 52 | 1.6 | 486 | |
| Wall Climbing | 305 | 9.5 | 119 | 3.7 | 487 | |
| Table Tennis | 296 | 9.2 | 243 | 7.6 | 582 | |
| Track and Field | 268 | 8.3 | 50 | 1.6 | 414 | |
| Gymnastics | 225 | 7.0 | 41 | 1.3 | 315 | |
| Martial Arts (e.g. judo, karate) | 210 | 6.5 | 96 | 3.0 | 285 | |
| Squash | 173 | 5.4 | 112 | 3.5 | 248 | |
| Racquetball | 132 | 4.1 | 79 | 2.5 | 208 | |
| BMX Racing | 47 | 1.5 | 16 | 0.5 | 68 | |

| CREATIVE/CULTURAL |] | | | | |
|--|------------------|----------|--------|-------------------|---------------------------------------|
| Activity | Partici House | | | ipating ndents | Participating Household Members |
| | Number | <u>%</u> | Number | <u>%</u> | <u>Number</u> |
| Doing a craft or hobby (e.g. photography, woodworking, sewing) | 2,053 | 63.8 | 1,808 | 56.2 | 3,669 |
| Attending a sports event as a spectator | 1,929 | 60.0 | 1,782 | 55.4 | 4,400 |
| Attending a fair or festival | 1,824 | 56.7 | 1,751 | 54.4 | 4,472 |
| Attending live theatre (not movies) | 1,669 | 51.9 | 1,538 | 47.8 | 3,311 |
| Visiting a museum, art gallery | 1,639 | 50.9 | 1,532 | 47.6 | 3,484 |
| Taking part in the arts (e.g. drama, music, drawing, writing) | 990 | 30.8 | 691 | 21.5 | 1,745 |
| Dancing (e.g. social, folk, ballet, jazz) | 947 | 29.4 | 763 | 23.7 | 1,743 |

| SOCIAL/PASSIVE | | | | | |
|---|------------------|----------|--------|-------------------|---------------------------------------|
| Activity | Partici House | | | ipating ndents | Participating Household Members |
| | Number | <u>%</u> | Number | <u>%</u> | <u>Number</u> |
| Gardening | 2,321 | 72.1 | 2,105 | 65.4 | 4,111 |
| Playing video, computer or electronic games | 1,704 | 53.0 | 1,187 | 36.9 | 3,614 |
| Attending educational courses | 1,392 | 43.3 | 1,126 | 35.0 | 2,353 |
| Picnicking (within a city) | 1,221 | 38.0 | 1,163 | 36.2 | 3,161 |
| Picnicking (in the countryside) | 1,201 | 37.3 | 1,169 | 36.3 | 3,071 |
| Bowling/Lawn Bowling | 768 | 23.9 | 635 | 19.7 | 1,656 |
| Playing bingo, casinos | 752 | 23.4 | 651 | 20.2 | 1,191 |

| TEAM SPORTS | | | | | |
|-------------------|-----------------------------|----------|---------------|---------------------|---------------------------------------|
| Activity | Participating Households | | | cipating ondents | Participating Household Members |
| | Number | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| Soccer | 620 | 19.3 | 243 | 7.6 | 1,066 |
| Basketball | 582 | 18.1 | 282 | 8.8 | 1,036 |
| Softball/Baseball | 554 | 17.2 | 353 | 11.0 | 906 |
| Ice Hockey | 544 | 16.9 | 287 | 8.9 | 812 |
| Volleyball | 436 | 13.6 | 196 | 6.1 | 677 |
| Curling | 422 | 13.1 | 325 | 10.1 | 618 |
| Football | 249 | 7.7 | 120 | 3.7 | 380 |
| Rugby | 86 | 2.7 | 30 | 0.9 | 105 |
| Ringette | 32 | 1.0 | 12 | 0.4 | 42 |

| NON-MECHANIZED OUTDOOR | | | | | |
|-------------------------------|-----------------------------|----------|---------------|---------------------|---------------------------------------|
| Activity | Participating Households | | | ripating ondents | Participating Household Members |
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| Overnight Camping | 1,456 | 45.3 | 1,309 | 40.7 | 3,575 |
| Day Hiking | 1,152 | 35.8 | 1,070 | 33.3 | 2,663 |
| Birdwatching | 575 | 17.9 | 538 | 16.7 | 1,085 |
| Mountain Biking (off-road) | 527 | 16.4 | 400 | 12.4 | 944 |
| Horseback Riding/Trail Riding | 350 | 10.9 | 232 | 7.2 | 657 |
| Mountain Climbing | 317 | 9.9 | 264 | 8.2 | 627 |
| Overnight Backpacking | 232 | 7.2 | 173 | 5.4 | 412 |
| Orienteering | 62 | 1.9 | 45 | 1.4 | 93 |

| FISH/HUNT | | | | | |
|------------------------------|-----------------------------|----------|---------------|---------------------|---------------------------------------|
| Activity | Participating Households | | | ripating ondents | Participating Household Members |
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| Fishing | 943 | 29.3 | 723 | 22.5 | 1,791 |
| Hunting | 265 | 8.2 | 193 | 6.0 | 383 |
| Shooting (trap/skeet/target) | 200 | 6.2 | 145 | 4.5 | 307 |
| Archery | 157 | 4.9 | 89 | 2.8 | 229 |

| MECHANIZED OUTDOOR | | | | | |
|---|-----------------------------|----------|---------------|---------------------|---------------------------------------|
| Activity | Participating Households | | | cipating ondents | Participating Household Members |
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| ATV/Off-road Vehicles | 373 | 11.6 | 303 | 9.4 | 742 |
| Snowmobiling | 241 | 7.5 | 162 | 5.0 | 442 |
| Motorized Trail Biking (e.g. dirt biking) | 163 | 5.1 | 117 | 3.6 | 295 |
| Moto-cross | 33 | 1.0 | 20 | 0.6 | 45 |

| SNOW SPORTS | | | | | |
|----------------------|-----------------------------|----------|---------------|---------------------|---------------------------------------|
| Activity | Participating Households | | | cipating ondents | Participating Household Members |
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| Tobogganing/Sledding | 795 | 24.7 | 513 | 15.9 | 1,979 |
| Downhill Skiing | 724 | 22.5 | 505 | 15.7 | 1,469 |
| Snowboarding | 427 | 13.3 | 137 | 4.3 | 657 |
| Cross-country Skiing | 355 | 11.0 | 299 | 9.3 | 629 |

| WATER SPORTS | | | | | |
|--------------------------|-----------------------------|----------|---------------|---------------------|---------------------------------------|
| Activity | Participating Households | | | ripating ondents | Participating Household Members |
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| Motor Boating | 629 | 19.6 | 574 | 17.8 | 1,564 |
| Canoeing | 431 | 13.4 | 363 | 11.3 | 866 |
| Water Skiing | 359 | 11.2 | 243 | 7.6 | 712 |
| River Rafting | 207 | 6.4 | 167 | 5.2 | 397 |
| Sailing | 112 | 3.5 | 92 | 2.9 | 199 |
| Sailboarding/Windsurfing | 33 | 1.0 | 29 | 0.9 | 47 |

Most Frequently Reported Other Household Activities

| Activity | Participating Other A | | Participating Households Other Activity 2 | | |
|-----------------------|--------------------------|-----|--|-----|--|
| | n | % | n | % | |
| Attending concerts | 20 | 0.6 | 2 | 0.1 | |
| Reading | 17 | 0.5 | 3 | 0.1 | |
| Playing cards | 13 | 0.4 | 2 | 0.1 | |
| Snow-shoeing | 13 | 0.4 | | | |
| Ultimate frisbee | 8 | 0.2 | 1 | 0.0 | |
| Travelling | 7 | 0.2 | 2 | 0.1 | |
| Volunteering | 7 | 0.2 | | | |
| Attending trade shows | 6 | 0.2 | | | |
| Motorcycling | 5 | 0.2 | | | |
| Scuba diving | 5 | 0.2 | | | |
| Shopping | 5 | 0.2 | 1 | 0.0 | |
| Street hockey | 5 | 0.2 | 1 | 0.0 | |

2.0 WALKING

Q1b. Walking for pleasure is an important recreational activity. This question breaks down this activity into several types of walking. Please answer this question according to the instructions given in question 1a.

| Activity | Participa Househ | | Particip Respon | Participating Household Members | |
|---|---------------------|----------|--------------------|---------------------------------------|---------------|
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> |
| Walking as transportation to work and elsewhere | 1,362 | 42.3 | 1,164 | 36.2 | 2,580 |
| Walking a pet | 1,128 | 35.1 | 1,038 | 32.3 | 2,472 |
| Walking on trails | 2,219 | 69.0 | 2,132 | 66.3 | 4,923 |
| Walking on streets | 2,692 | 83.7 | 2,612 | 81.2 | 6,057 |

Most Frequently Reported Other Walking Activities

| Activity | Participating Households Other Walking 1 | | | | _ , | ting Households r Walking 2 | |
|------------------------|---|-----|---|-----|-----|--------------------------------|--|
| | n | % | n | % | | | |
| Walking in the malls | 50 | 1.6 | 1 | 0.0 | | | |
| Walking in parks | 38 | 1.2 | 2 | 0.1 | | | |
| Walking on treadmill | 30 | 0.9 | 1 | 0.0 | | | |
| Walking in the country | 19 | 0.6 | | | | | |
| Walking for fitness | 17 | 0.5 | | | | | |
| Walking in the coulees | 8 | 0.2 | | | | | |
| Walking on golf course | 8 | 0.2 | 1 | 0.0 | | | |
| Power walking | 8 | 0.2 | | | | | |
| Walking at work | 8 | 0.2 | | | | | |
| Walking on pathways | 6 | 0.2 | | | | | |

3.0 CYCLING

Q1c. **Cycling** is a popular recreational activity. This question breaks down this activity into several types of cycling. Please answer this question according to the instructions given in question 1a.

| Activity | Participating Households | | Participating Participating | | | Participating Household Members |
|---|-----------------------------|----------|-----------------------------|----------|---------------|---------------------------------------|
| | <u>Number</u> | <u>%</u> | <u>Number</u> | <u>%</u> | <u>Number</u> | |
| Cycling as transportation | 715 | 22.2 | 499 | 15.5 | 1,185 | |
| Long distance bicycle touring | 126 | 3.9 | 90 | 2.8 | 177 | |
| Cycling on trails | 1,237 | 38.5 | 1,033 | 32.1 | 2,572 | |
| Cycling on streets | 1,564 | 48.6 | 1,249 | 38.8 | 3,274 | |
| Mountain bike riding on challenging terrain | 368 | 11.4 | 268 | 8.3 | 562 | |

Other Cycling Activities

| Activity | Participating Households Other Cycling | | | |
|--------------------------|--|-----|--|--|
| | n | % | | |
| Stationary exercise bike | 32 | 1.0 | | |
| BMX racing | 7 | 0.2 | | |
| Cycling in the country | 5 | 0.2 | | |
| Biking for therapy | 2 | 0.1 | | |
| Free-style biking | 2 | 0.1 | | |
| Cycling on pathways | 2 | 0.1 | | |
| Cycling on campgrounds | 1 | 0.0 | | |
| Spinning class | 1 | 0.0 | | |
| Cycling for pleasure | 1 | 0.0 | | |
| Cycling on highways | 1 | 0.0 | | |
| Triathlon | 1 | 0.0 | | |
| Racing | 1 | 0.0 | | |

4.0 FAVOURITE ACTIVITIES

Q2a. Please LIST your three (3) favourite leisure or recreational activities and indicate how many times you participated in EACH activity during the PAST 12 MONTHS.

| Most Frequently Mentioned Favourite Activities, | |
|---|--|
| ranked by 1 st favourite. | |

| Activity | 1 st Favourite | | 2 nd Favourite | | 2 nd Favourite | | 3 rd Favourite | |
|----------------------------|---------------------------|------|---------------------------|------|---------------------------|------|---------------------------|--|
| | n | % | n | % | n | % | | |
| Walking | 536 | 16.7 | 452 | 14.1 | 322 | 10.0 | | |
| Golf | 302 | 9.4 | 165 | 5.1 | 101 | 3.1 | | |
| Camping | 214 | 6.7 | 128 | 4.0 | 119 | 3.7 | | |
| Bicycling | 131 | 4.1 | 238 | 7.4 | 194 | 6.0 | | |
| Swimming | 112 | 3.5 | 121 | 3.8 | 131 | 4.1 | | |
| Jogging/running | 101 | 3.1 | 56 | 1.7 | 42 | 1.3 | | |
| Gardening | 100 | 3.1 | 125 | 3.9 | 150 | 4.7 | | |
| Reading | 85 | 2.6 | 48 | 1.5 | 66 | 2.1 | | |
| Fishing | 82 | 2.5 | 97 | 3.0 | 64 | 2.0 | | |
| Ice hockey | 80 | 2.5 | 34 | 1.1 | 17 | 0.5 | | |
| Hiking | 78 | 2.4 | 99 | 3.1 | 89 | 2.8 | | |
| Downhill skiing | 58 | 1.8 | 56 | 1.7 | 39 | 1.2 | | |
| Fitness/gym | 50 | 1.6 | 51 | 1.6 | 55 | 1.7 | | |
| Curling | 47 | 1.5 | 51 | 1.6 | 29 | 0.9 | | |
| Crafts | 44 | 1.4 | 59 | 1.8 | 54 | 1.7 | | |
| Dancing | 34 | 1.1 | 36 | 1.1 | 41 | 1.3 | | |
| Weight training | 31 | 1.0 | 45 | 1.4 | 28 | 0.9 | | |
| Sewing/needlework/knitting | 27 | 0.8 | 28 | 0.9 | 34 | 1.1 | | |
| Soccer | 23 | 0.7 | 23 | 0.7 | 18 | 0.6 | | |
| Hunting | 22 | 0.7 | 35 | 1.1 | 18 | 0.6 | | |
| Walking a pet | 22 | 0.7 | 11 | 0.3 | 12 | 0.4 | | |
| Horseback riding | 21 | 0.7 | 14 | 0.4 | 11 | 0.3 | | |
| Attending live theatre | 21 | 0.7 | 26 | 0.8 | 51 | 1.6 | | |

5.0 REASONS FOR PARTICIPATION

Q2b. People have many reasons for taking part in leisure activities. Based on your favourite leisure activity, how **IMPORTANT** are **EACH** of the following reasons to you? (Please circle **ONE** number for **EACH**)

| Reason | Not Im | portant | Some Impor | | Important | | Very In | portant |
|-------------------------------------|--------|---------|------------|------|-----------|------|---------|---------|
| | n | % | n | % | n | % | n | % |
| To compete with others | 1,952 | 60.7 | 537 | 16.7 | 283 | 8.8 | 119 | 3.7 |
| Because I'm good at it | 983 | 30.6 | 926 | 28.8 | 706 | 21.9 | 248 | 7.7 |
| To show others I can do it | 1,864 | 57.9 | 586 | 18.2 | 301 | 9.4 | 98 | 3.0 |
| To improve my skills or knowledge | 413 | 12.8 | 584 | 18.2 | 1,177 | 36.6 | 706 | 21.9 |
| To learn new skills and abilities | 460 | 14.3 | 584 | 18.2 | 1,116 | 34.7 | 697 | 21.7 |
| For a challenge | 450 | 14.0 | 612 | 19.0 | 1,098 | 34.1 | 733 | 22.8 |
| For excitement | 460 | 14.3 | 600 | 18.7 | 1,039 | 32.3 | 769 | 23.9 |
| To keep busy | 614 | 19.1 | 724 | 22.5 | 1,029 | 32.0 | 571 | 17.7 |
| To help community | 1,208 | 37.6 | 868 | 27.0 | 532 | 16.5 | 204 | 6.3 |
| To be creative | 985 | 30.6 | 759 | 23.6 | 697 | 21.7 | 383 | 11.9 |
| For physical health/exercise | 142 | 4.4 | 253 | 7.9 | 882 | 27.4 | 1,767 | 54.9 |
| To be with family | 457 | 14.2 | 481 | 15.0 | 857 | 26.6 | 1,082 | 33.6 |
| To do things with friends | 357 | 11.1 | 575 | 17.9 | 1,121 | 34.8 | 897 | 27.9 |
| To meet new people | 786 | 24.4 | 902 | 28.0 | 842 | 26.2 | 370 | 11.5 |
| To relax | 120 | 3.7 | 354 | 11.0 | 1,233 | 38.3 | 1,271 | 39.5 |
| For pleasure | 40 | 1.2 | 168 | 5.2 | 1,113 | 34.6 | 1,692 | 52.6 |
| To do something different from work | 385 | 12.0 | 425 | 13.2 | 995 | 30.9 | 1,042 | 32.4 |
| To enjoy nature | 273 | 8.5 | 408 | 12.7 | 942 | 29.3 | 1,323 | 41.1 |
| To be alone | 1,313 | 40.8 | 795 | 24.7 | 458 | 14.2 | 291 | 9.0 |
| To be away from my family | 2,169 | 67.4 | 428 | 13.3 | 139 | 4.3 | 81 | 2.5 |

6.0 NEW ACTIVITIES

Q3a. Is there any leisure or recreational activity that you DO NOT take part in now, but you WOULD LIKE to start doing regularly? (Please check ONE box only)

| Desire a new activity | Number | % of Respondents |
|-----------------------|--------|------------------|
| Yes | 1,314 | 40.8 |
| No | 1,627 | 50.6 |
| No Response | 276 | 8.6 |
| Total | 3,217 | 100.0 |

3b. Please specify which leisure or recreational activity you would **MOST LIKE TO START**. (Name **ONE** activity only)

Most Frequently Reported Desired Activities

| New activity to start | Number of comments | % of comments |
|-------------------------------|-----------------------|---------------|
| Gym/fitness/aerobics/aquasize | 124 | 3.9 |
| Swimming | 113 | 3.5 |
| Golf | 101 | 3.1 |
| Bicycling | 59 | 1.8 |
| Yoga | 55 | 1.7 |
| Canoeing/kayaking | 46 | 1.4 |
| Dancing | 40 | 1.2 |
| Hiking | 38 | 1.2 |
| Running/jogging | 37 | 1.2 |
| Downhill skiing | 36 | 1.1 |
| Curling | 36 | 1.1 |
| Martial arts | 35 | 1.1 |
| Weight training | 31 | 1.0 |
| Camping | 28 | 0.9 |
| Tennis | 27 | 0.8 |
| Walking | 26 | 0.8 |
| Cross-country skiing | 22 | 0.7 |
| Fishing | 20 | 0.6 |
| Sailing | 20 | 0.6 |
| Horseback riding | 19 | 0.6 |
| Ice hockey | 19 | 0.6 |

7.0 BARRIERS TO STARTING NEW ACTIVITIES

Q3c. People have many reasons for **NOT** taking part in a leisure or recreational activity. Based on the activity you listed in question 3b, how **IMPORTANT** are **EACH** of the following reasons for not starting this activity? (Please circle **ONE** number for **EACH**)

| Reason | Not Im | portant | | ewhat ortant | Impo | ortant_ | Ver Impor | • |
|--|--------|---------|-----|-----------------|------|---------|--------------|------|
| | n | % | n | % | n | % | n | % |
| Admission fees or other charges for facilities and programs | 405 | 12.6 | 345 | 10.7 | 413 | 12.8 | 477 | 14.8 |
| The cost (rental or purchase) of equipment, material and supplies | 443 | 13.8 | 311 | 9.7 | 417 | 13.0 | 452 | 14.1 |
| The recreational facilities or areas are overcrowded | 444 | 13.8 | 422 | 13.1 | 431 | 13.4 | 305 | 9.5 |
| The recreational facilities or areas are poorly kept or maintained | 630 | 19.6 | 356 | 11.1 | 357 | 11.1 | 226 | 7.0 |
| I don't know where I can take part in this activity | 870 | 27.0 | 334 | 10.4 | 204 | 6.3 | 160 | 5.0 |
| There is no opportunity near my home | 788 | 24.5 | 288 | 9.0 | 265 | 8.2 | 226 | 7.0 |
| The cost of transportation | 888 | 27.6 | 305 | 9.5 | 200 | 6.2 | 194 | 6.0 |
| Lack of transportation | 1,136 | 35.3 | 201 | 6.2 | 105 | 3.3 | 120 | 3.7 |
| Too busy with family | 544 | 16.9 | 334 | 10.4 | 385 | 12.0 | 312 | 9.7 |
| Too busy with work | 482 | 15.0 | 302 | 9.4 | 446 | 13.9 | 353 | 11.0 |
| I don't have the physical abilities | 1,063 | 33.0 | 260 | 8.1 | 161 | 5.0 | 113 | 3.5 |
| I am physically unable to take part | 1,247 | 38.8 | 141 | 4.4 | 104 | 3.2 | 96 | 3.0 |
| I am not at ease in social situations | 1,175 | 36.5 | 245 | 7.6 | 88 | 2.7 | 45 | 1.4 |
| The recreational facilities are not physically convenient to use | 979 | 30.4 | 307 | 9.5 | 150 | 4.7 | 118 | 3.7 |

8.0 AWARENESS OF THE LIVE OUTSIDE THE BOX CAMPAIGN

Q4a. In 2003, the province launched the Live Outside the Box campaign. Are you aware of this campaign?

| Aware of campaign | Number | % of Respondents |
|-------------------|--------|------------------|
| Yes | 284 | 8.8 |
| No | 2,860 | 88.9 |
| No Response | 73 | 2.3 |
| Total | 3,217 | 100.0 |

9.0 **VOLUNTEERISM**

Q5a. Have you done volunteer work connected with culture, recreation, sports or parks in the **PAST 12 MONTHS**? (Please check **ONE** only)

| Volunteered | Number of Respondents | % of Respondents | | |
|-------------|--------------------------|------------------|--|--|
| Yes | 1,321 | 41.1 | | |
| No | 1,841 | 57.2 | | |
| No Response | 55 | 1.7 | | |
| Total | 3,217 | 100.0 | | |

Q5b. With what kind of group did you work as a volunteer? (Please check **ALL** boxes that apply)

| Group | Number of Respondents | % of Respondents |
|---|--------------------------|------------------|
| Conservation, parks, ecology | 133 | 4.1 |
| Community league or association | 456 | 14.2 |
| Youth group (e.g. Scouts, Guides, Cadets) | 198 | 6.2 |
| School | 471 | 14.6 |
| Church | 573 | 17.8 |
| Cultural group | 189 | 5.9 |
| Service club | 250 | 7.8 |
| Local sport team or club | 447 | 13.9 |
| Recreation or parks board | 53 | 1.6 |
| Special sport/recreation event (e.g. tournaments, regional games) | 319 | 9.9 |
| Other | 239 | 7.4 |

Most Frequently Reported Other Volunteer Work

| Group | Number of Respondents | % of Respondents |
|---|-----------------------|------------------|
| Health association, society, organization, etc. | 37 | 1.2 |
| Seniors club, centre | 35 | 1.1 |
| Hospital | 21 | 0.7 |
| Charity | 9 | 0.3 |
| Live theatre | 8 | 0.2 |
| Inner city meals program/Meals on Wheels | 8 | 0.2 |
| Museum | 8 | 0.2 |
| Police | 7 | 0.2 |
| YMCA | 7 | 0.2 |
| Professional association | 7 | 0.2 |

Q5c. What job did you do as a volunteer? (Please check **ALL** boxes that apply)

| Job | Number of Respondents | % of Respondents |
|---------------------------------------|--------------------------|------------------|
| Executive (e.g. President, Secretary) | 349 | 10.8 |
| Committee member | 507 | 15.8 |
| Coach, manager or instructor | 310 | 9.6 |
| Volunteer worker | 1,352 | 42.0 |
| Other | 79 | 2.5 |
| No Response | 620 | 19.3 |
| Total | 3,217 | 100.0 |

Q5d. How many hours in an average week did you spend doing volunteer work during the **PAST 12 MONTHS**? (Please check **ONE** box only)

| Time | Number of Respondents | % of Respondents |
|--------------------|--------------------------|------------------|
| 1 – 5 hours | 969 | 30.1 |
| 6 – 10 hours | 281 | 8.7 |
| 11 – 15 hours | 131 | 4.1 |
| More than 15 hours | 305 | 9.5 |
| No Response | 1,531 | 47.6 |
| Total | 3,217 | 100.0 |

10.0 BENEFITS OF RECREATION AND PARKS

Q6. Recreation and parks can provide benefits to communities. Below are a few benefits that some Albertans feel they receive from having recreation in their community. For each benefit, please rate **how important** you think they are.

| Benefit | Not Imp | ortant | | ewhat ortant | Impo | rtant | Ve Impo | • |
|--|---------|--------|-----|-----------------|-------|-------|------------|------|
| | n | % | n | % | n | % | n | % |
| Recreation and parks facilities and services improve quality of life | 37 | 1.2 | 164 | 5.1 | 987 | 30.7 | 1,919 | 59.7 |
| Recreation provides opportunities for children and youth to take part in a variety of activities | 39 | 1.2 | 106 | 3.3 | 885 | 27.5 | 2,072 | 64.4 |
| Recreation provides opportunities for families to spend time together | 21 | 0.7 | 145 | 4.5 | 897 | 27.9 | 2,042 | 63.5 |
| Recreation creates partnerships and renews community spirit | 88 | 2.7 | 557 | 17.3 | 1,250 | 38.9 | 1,164 | 36.2 |
| Recreation provides opportunities for people to contribute to their communities in many ways | 115 | 3.6 | 676 | 21.0 | 1,253 | 38.9 | 1,022 | 31.8 |
| Recreation and parks contribute to the economy of a community | 189 | 5.9 | 736 | 22.9 | 1,112 | 34.6 | 1,017 | 31.6 |
| Parks and open spaces preserve Alberta's landscapes, plants and animals | 40 | 1.2 | 165 | 5.1 | 782 | 24.3 | 2,110 | 65.6 |

Q7a. On the average, Albertans pay about \$116.00 per person per year on taxes for municipal recreation and parks services. The amount you actually pay may be more or less, but \$116.00 is the average. Do you feel that your recreation and park services are worth \$116.00 per person?

| Opinion on value of parks | value of parks Number of Respondents | |
|---------------------------|---------------------------------------|-------|
| Amount is too low | 318 | 9.9 |
| Amount is reasonable | 2,492 | 77.5 |
| Amount is too high | 279 | 8.7 |
| No Response | 128 | 4.0 |
| Total | 3,217 | 100.0 |

Q7b. If you think the amount is too high, how much would you allocate per person per year?

| Amount (\$) | Number of Respondents | % of Respondents |
|-------------|--------------------------|------------------|
| \$0 | 18 | 0.6 |
| \$10 | 1 | 0.0 |
| \$20 | 5 | 0.2 |
| \$25 | 5 | 0.2 |
| \$30 | 2 | 0.1 |
| \$40 | 1 | 0.0 |
| \$45 | 1 | 0.0 |
| \$50 | 62 | 1.9 |
| \$58 | 2 | 0.1 |
| \$60 | 7 | 0.2 |
| \$65 | 1 | 0.0 |
| \$70 | 3 | 0.1 |
| \$75 | 35 | 1.1 |
| \$80 | 11 | 0.3 |
| \$85 | 2 | 0.1 |
| \$87 | 1 | 0.0 |
| \$90 | 7 | 0.2 |
| \$92 | 1 | 0.0 |
| \$95 | 3 | 0.1 |
| \$100 | 26 | 0.8 |
| No Response | 3,023 | 94.0 |
| Total | 3,217 | 100.0 |

Q7c. How should recreation services and public parks be supported?

| Source of funds | Number of Respondents | % of Respondents |
|--|--------------------------|------------------|
| Mainly through taxes | 692 | 21.5 |
| Mainly through fees for users | 286 | 8.9 |
| Through a combination of taxes and user fees | 2,102 | 65.3 |
| Other | 103 | 3.2 |

(Note: multiple responses allowed)

11.0 VISITING ALBERTA PROVINCIAL PARKS

Q8a. Did you visit an **Alberta Provincial Park** in the last 12 months? Provincial parks are managed by the provincial government and **NOT** managed by municipal or federal agencies.

| Visited a Provincial Park | Number of Respondents | % of Respondents |
|---------------------------|--------------------------|------------------|
| Yes | 1,918 | 59.6 |
| No | 1,074 | 33.4 |
| Don't Know | 147 | 4.6 |
| No Response | 78 | 2.4 |
| Total | 3,217 | 100.0 |

Q8b. Which **Alberta Provincial Parks** did you visit?

| Top 10 Most Reported Parks Visited | Number of References | % of References |
|------------------------------------|-------------------------|-----------------|
| Kananaskis Country | 666 | 19.7 |
| Park Lake | 178 | 5.3 |
| Writing-On-Stone | 155 | 4.6 |
| Fish Creek | 123 | 3.6 |
| Dinosaur | 114 | 3.4 |
| Little Bow | 84 | 2.5 |
| Cypress Hills | 83 | 2.5 |
| Beauvais Lake | 73 | 2.2 |
| Police Outpost | 51 | 1.5 |
| Pigeon Lake | 44 | 1.3 |

Q8c. Which of the following services/information sources did you use for planning your trips to Alberta Provincial Parks? (Please check **ALL** boxes that apply)

| Information Source | Number of Respondents | % of Respondents |
|--|--------------------------|------------------|
| Internet/world wide web | 677 | 21.0 |
| Advertising (e.g. newspapers, magazines) | 377 | 11.7 |
| Recommendations from others | 1,013 | 31.5 |
| Travel information centres/kiosks | 554 | 17.2 |
| Alberta Motor Association | 580 | 18.0 |
| Radio/television | 183 | 5.7 |
| Personal experience or previous visit | 1,606 | 49.9 |
| Travel counsellors/agents | 28 | 0.9 |
| Campground guide/directories | 558 | 17.3 |
| Road maps | 814 | 25.3 |
| Other | 94 | 2.9 |

(Note: multiple responses allowed)

12.0 BARRIERS TO VISITING ALBERTA PROVINCIAL PARKS

Q8d. The following is a list of reasons why you might not have visited an **Alberta Provincial Park** during the last 12 months. For each one, please indicate how important each is in your decision not to visit an Alberta Provincial Park during the past 12 months. (Please circle **ONE** number for **EACH**)

| Reason | Not Important | | | ewhat ortant | Impo | ortant | | ery ortant |
|---|---------------|------|-----|-----------------|------|--------|-----|---------------|
| | n | % | n | % | n | % | n | % |
| Lack of time (e.g. family responsibilities or work commitments) | 474 | 14.7 | 411 | 12.8 | 695 | 21.6 | 641 | 19.9 |
| Not interested in outdoor recreation activities or parks | 1,602 | 49.8 | 335 | 10.4 | 137 | 4.3 | 67 | 2.1 |
| Parks are too crowded | 917 | 28.5 | 688 | 21.4 | 407 | 12.7 | 166 | 5.2 |
| Poor health | 1,616 | 50.2 | 255 | 7.9 | 175 | 5.4 | 172 | 5.3 |
| Noisy or rowdy activities of other people | 1,000 | 31.1 | 562 | 17.5 | 367 | 11.4 | 253 | 7.9 |
| Age | 1,572 | 48.9 | 308 | 9.6 | 207 | 6.4 | 144 | 4.5 |
| Prefer National Parks (e.g. Banff or Jasper National Park) | 1,116 | 34.7 | 455 | 14.1 | 404 | 12.6 | 219 | 6.8 |
| Prefer municipal parks (e.g. neighbourhood or city park) | 1,086 | 33.8 | 519 | 16.1 | 406 | 12.6 | 182 | 5.7 |
| Prefer private parks/campgrounds | 1,444 | 44.9 | 379 | 11.8 | 227 | 7.1 | 105 | 3.3 |
| Prefer camping in undeveloped areas | 1,388 | 43.1 | 343 | 10.7 | 238 | 7.4 | 197 | 6.1 |
| Fear of crime, safety and security | 1,382 | 43.0 | 359 | 11.2 | 226 | 7.0 | 215 | 6.7 |
| Lack of information | 1,097 | 34.1 | 474 | 14.7 | 379 | 11.8 | 198 | 6.2 |
| Unaware of opportunities in parks | 967 | 30.1 | 489 | 15.2 | 495 | 15.4 | 192 | 6.0 |
| Parks are too far away | 1,048 | 32.6 | 584 | 18.2 | 372 | 11.6 | 180 | 5.6 |
| Costs of camping are too high | 856 | 26.6 | 526 | 16.4 | 443 | 13.8 | 386 | 12.0 |
| Transportation and equipment costs are too much | 903 | 28.1 | 541 | 16.8 | 428 | 13.3 | 307 | 9.5 |
| Too many restrictive regulations | 1,217 | 37.8 | 541 | 16.8 | 262 | 8.1 | 136 | 4.2 |
| Private sector operation of provincial parks campgrounds | 1,177 | 36.6 | 527 | 16.4 | 263 | 8.2 | 177 | 5.5 |
| Facilities are poorly kept or maintained | 973 | 30.2 | 554 | 17.2 | 397 | 12.3 | 229 | 7.1 |
| Lack of interpretative programs or facilities | 1,281 | 39.8 | 511 | 15.9 | 256 | 8.0 | 83 | 2.6 |
| Lack of RV campsites | 1,566 | 48.7 | 302 | 9.4 | 173 | 5.4 | 104 | 3.2 |
| Lack of handicapped accessible facilities | 1,739 | 54.1 | 197 | 6.1 | 120 | 3.7 | 79 | 2.5 |
| Lack of things to do | 1,468 | 45.6 | 405 | 12.6 | 189 | 5.9 | 69 | 2.1 |

13.0 ACTIVITIES AND SERVICES IN PROVINCIAL PARKS

Q9a. In your opinion, should the following activities or services be allowed in **provincial** parks? (Please circle **ONE** number for **EACH**)

| A adinidian and Camina | Y | es | N | No | | pinion |
|--|---------|------|-------|------|-----|--------|
| Activities and Services | n | % | n | % | n | % |
| Accommodation Facilities: | | | | | | |
| Private cottages | 818 | 25.4 | 1,799 | 55.9 | 417 | 13.0 |
| Primitive rental cabins | 1,808 | 56.2 | 799 | 24.8 | 409 | 12.7 |
| Hostels or dormitories | 1,405 | 43.7 | 1,169 | 36.3 | 436 | 13.6 |
| Hotels or motels | 1,132 | 35.2 | 1,554 | 48.3 | 345 | 10.7 |
| Resorts | 1,041 | 32.4 | 1,541 | 47.9 | 417 | 13.0 |
| Sport and Recreation Faci | lities: | | | | | |
| Courts (e.g. tennis, volleyball, basketball) | 2,055 | 63.9 | 582 | 18.1 | 382 | 11.9 |
| Playing fields (e.g. baseball, soccer) | 2,104 | 65.4 | 575 | 17.9 | 334 | 10.4 |
| Golf courses | 1,546 | 48.1 | 1,098 | 34.1 | 392 | 12.2 |
| Downhill ski areas | 1,729 | 53.7 | 823 | 25.6 | 464 | 14.4 |
| Cross-country ski trails | 2,417 | 75.1 | 284 | 8.8 | 349 | 10.8 |
| Service Facilities: | | | | | | |
| Grocery stores and laundromats | 2,281 | 70.9 | 557 | 17.3 | 233 | 7.2 |
| Restaurants or lounges | 1,754 | 54.5 | 1,023 | 31.8 | 268 | 8.3 |
| Gas stations | 2,071 | 64.4 | 739 | 23.0 | 248 | 7.7 |
| Outdoor Activities: | | | | | | |
| Hunting | 489 | 15.2 | 2,204 | 68.5 | 336 | 10.4 |
| Snowmobiling | 945 | 29.4 | 1,705 | 53.0 | 378 | 11.8 |
| Horse rentals | 2,252 | 70.0 | 446 | 13.9 | 341 | 10.6 |
| Motorized off-road vehicles (e.g. quads) | 648 | 20.1 | 2,060 | 64.0 | 320 | 9.9 |
| Mountain biking | 2,264 | 70.4 | 492 | 15.3 | 291 | 9.0 |

14.0 ACTIVITIES AND SERVICES IN MUNICIPAL PARKS

Q9b. In your opinion, should the following activities or services be allowed in **municipal** parks and recreation areas? (Please circle **ONE** number for **EACH**)

| Activities and Services | Y | es | N | No | No Opinion | | | | | |
|--|--------------------------------|---------------------|-------|------|------------|------|--|--|--|--|
| Activities and Services | n | % | n | % | n | % | | | | |
| Accommodation Facilities: | | | | | | | | | | |
| Tents and campgrounds | 2,196 | 68.3 | 724 | 22.5 | 179 | 5.6 | | | | |
| Hostels or dormitories | 1,136 | 35.3 | 1,533 | 47.7 | 374 | 11.6 | | | | |
| Sport and Recreation Facilities | es: | | | | | | | | | |
| Courts (e.g. tennis, volleyball, basketball) | 2,536 | 78.8 | 271 | 8.4 | 246 | 7.6 | | | | |
| Playing fields (e.g. baseball, soccer) | g. baseball, 2,553 79.4 285 8. | | 8.9 | 227 | 7.1 | | | | | |
| Golf courses | 1,834 | 1,834 57.0 913 28.4 | | 28.4 | 317 | 9.9 | | | | |
| Downhill ski areas | 1,747 | 54.3 | 872 | 27.1 | 423 | 13.1 | | | | |
| Cross-country ski trails | 2,412 | 75.0 | 324 | 10.1 | 328 | 10.2 | | | | |
| Service Facilities: | | | | | | | | | | |
| Picnic areas | 3,001 | 93.3 | 49 | 1.5 | 64 | 2.0 | | | | |
| Restaurants or snack bars | 2,260 | 70.3 | 606 | 18.8 | 225 | 7.0 | | | | |
| Outdoor Activities: | Outdoor Activities: | | | | | | | | | |
| Snowmobiling | 717 | 22.3 | 1,925 | 59.8 | 337 | 10.5 | | | | |
| Horse rentals | 1,811 | 56.3 | 830 | 25.8 | 350 | 10.9 | | | | |
| Motorized off-road vehicles (e.g. quads) | 557 | 17.3 | 2,121 | 65.9 | 311 | 9.7 | | | | |
| Mountain biking | 2,061 | 64.1 | 641 | 19.9 | 292 | 9.1 | | | | |

15.0 DEMOGRAPHIC PROFILE

Q10. What is **your** gender?

| Gender | Number of Respondents | % of Respondents |
|-------------|--------------------------|------------------|
| Male | 1,600 | 49.7 |
| Female | 1,521 | 47.3 |
| No Response | 96 | 3.0 |
| Total | 3,217 | 100.0 |

Q11. What year were you born?

| Age Group (years) | Number of Respondents | % of Respondents |
|-------------------|--------------------------|------------------|
| Under 18 | 3 | 0.1 |
| 18 to 25 | 192 | 6.0 |
| 26 to 35 | 429 | 13.3 |
| 36 to 45 | 560 | 17.4 |
| 46 to 55 | 716 | 22.3 |
| 56 to 65 | 514 | 16.0 |
| 66 to 75 | 355 | 11.0 |
| 76 and over | 215 | 6.7 |
| No Response | 233 | 7.2 |
| Total | 3,217 | 100.0 |

Q12. What is the **HIGHEST** level of education **YOU** have completed? (Please check **ONE** box only)

| Education Level | Number of Respondents | % of Respondents |
|--|--------------------------|------------------|
| Elementary, Junior or Senior High School | 789 | 24.5 |
| Technical or vocational program | 510 | 15.9 |
| College | 651 | 20.2 |
| University | 1,064 | 33.1 |
| Other | 98 | 3.0 |
| No Response | 105 | 3.3 |
| Total | 3,217 | 100.0 |

Q13a. In what village, town or city do you live?

| City, town of residence | Number of Respondents | % of Respondents |
|-------------------------|--------------------------|---------------------|
| Lethbridge | 970 | 30.2 |
| Edmonton | 907 | 28.2 |
| Calgary | 902 | 28.0 |
| Rest of the Province | 438 | 13.6 |
| Total | 3,217 | 100.0 |

Q14. Which of the following best describes your household? (Please check ONE box only)

| Household Type | Number of Respondents | % of Respondents |
|------------------------------|--------------------------|------------------|
| Couple with no children | 1,081 | 33.6 |
| Couple with children | 1,074 | 33.4 |
| Single person | 491 | 15.3 |
| Single parent family | 128 | 4.0 |
| Two or more unrelated adults | 105 | 3.3 |
| Two or more related adults | 196 | 6.1 |
| Other | 50 | 1.6 |
| No Response | 92 | 2.9 |
| Total | 3,217 | 100.0 |

Q15. How many members of your household are in the following age groups? Please specify the NUMBER OF PEOPLE in each AGE GROUP. (REMEMBER to include yourself)

| | People in Household | | | | | | | | | | | | | | | |
|--|---------------------|------|-----|------|----|-----|----|-----|---|-----|---|-----|---|-----|---|-----|
| Age Group (years) | | 1 | | 2 | | 3 | | 4 | 5 | 5 | | 6 | | 7 | | 8 |
| <u>(</u> | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| Under 5 | 219 | 6.8 | 80 | 2.5 | 1 | 0.0 | 2 | 0.1 | | | | | | | | |
| 5 to 9 | 246 | 7.6 | 76 | 2.4 | 8 | 0.2 | | | | | | | | | | |
| 10 to 14 | 305 | 9.5 | 116 | 3.6 | 10 | 0.3 | | | | | | | | | | |
| 15 to 19 | 311 | 9.7 | 119 | 3.7 | 19 | 0.6 | 2 | 0.1 | | | | | | | | |
| 20 to 29 | 427 | 13.3 | 332 | 10.3 | 32 | 1.0 | 13 | 0.4 | 3 | 0.1 | 2 | 0.1 | 1 | 0.0 | 1 | 0.0 |
| 30 to 49 | 655 | 20.4 | 794 | 24.7 | 13 | 0.4 | | | 3 | 0.1 | | | | | | |
| 50 to 64 | 570 | 17.7 | 583 | 18.1 | 4 | 0.1 | | | | | | | | | | |
| 65 and over | 355 | 11.0 | 360 | 11.2 | 1 | 0.0 | | | | | | | | | | |

Q16. In terms of your household financial situation, would you say that you consider yourself to be:

| Financial Situation | Number of Respondents | % of Respondents | | | |
|---------------------------------------|--------------------------|------------------|--|--|--|
| Experiencing difficulties financially | 531 | 16.5 | | | |
| Living reasonably comfortably | 2,126 | 66.1 | | | |
| Living very comfortably | 438 | 13.6 | | | |
| No Response | 122 | 3.8 | | | |
| Total | 3,217 | 100.0 | | | |