

# Background

"How are the fish in my lake doing?" We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

## Fall Index Netting (FIN)

Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake's fish population (usually less than 1 or 2%) are killed in this sampling.

#### How is this information used?

Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations' abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g. too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta's Fish Sustainability Index (FSI).

The management goal for most Alberta fisheries is **long-term sustainability**, shown by the red lines on the graphs below.

Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information please see Alberta's FIN and FSI websites,

- http://aep.alberta.ca/fish-wildlife/fisheriesmanagement/fall-index-netting/default.aspx
- http://aep.alberta.ca/fish-wildlife/fisheriesmanagement/fish-sustainability-index/default.aspx

Table 1 – Alberta's Fish Sustainability Index risk thresholds for Walleye and Northern Pike using the standardized Fall Index Net (FIN) method. **Note:** Thresholds align with species management frameworks.

Mature	Mature	Risk to
Walleyes/net	Pike/net	Sustainability
>29.0	>21.8	Very Low
20.3-29.0	15.3-21.8	Low
14.5-20.2	10.9-15.2	Moderate
5.8-14.4	4.4-10.8	High
<5.8	<4.4	Very High

# Results of the 2017 FIN at Rock Island Lake

Rock Island Lake (1927 ha) is located approximately 90 km northeast from the town of Slave Lake. From September 25-28, 2017, twelve gill nets captured 1 Burbot, 198 Cisco, 43 Lake Whitefish, 54 Northern Pike, 9 Spottail Shiners, 148 Walleyes, 20 White Suckers and 245 Yellow Perch.

## Walleye

The mean catch rate of Walleyes was 12.3/net-night. The catch rates of mature (Figure 1) and immature Walleyes were 6.0/net-night and 6.2/net-night, respectively. The corresponding FSI score for the current mature density of Walleye was assessed at high risk-very high risk.

The length distribution indicates variable recruitment with a few strong year classes of fish, and high abundances of Walleyes over 520 mm (Figure 2). Poor recruitment may indicate overfishing issues.

The 2017 FIN sample represented approximately 1.2% of the estimated mature Walleye population size.

#### Northern Pike

The mean catch rate of mature Northern Pike was 4.0/net-

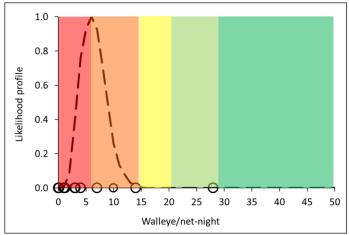


Figure 1 - The FIN catch rate of mature Walleyes from Rock Island Lake, 2017. Dashed line is the mean likelihood catch rate (6.0 fish/net-night), with individual net data as hollow circles (n=12 nets).

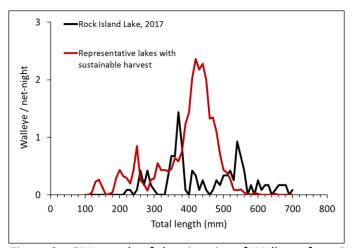


Figure 2 – FIN sample of showing size of Walleyes from Rock Island Lake, 2017. The red line indicates the average length distribution of Walleye from 5 Alberta lakes supporting long-term sustainable harvests of Walleye.

night (Figure 3). The corresponding FSI score for the mature density of Northern Pike was assessed at high risk-very high risk.

The length distribution shows weak and intermittent recruitment, low abundances of Northern Pike across almost all size classes, with the exception of fish larger than 770 mm (Figure 4). The size class distribution is likely indicative of an overfishing issue.

The 2017 FIN sample represented approximately 0.3% of the estimated mature Northern Pike population size.

## **Summary**

The abundance of mature Walleyes in Rock Island Lake has oscillated from an FSI status of high risk in 2004 to low risk in

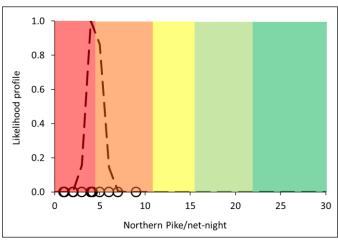


Figure 3 - The FIN catch rate of mature Northern Pike from Rock Island Lake, 2017. Dashed line is the mean likelihood catch rate (4.0 fish/net-night), with individual net data as hollow circles (n=12 nets).

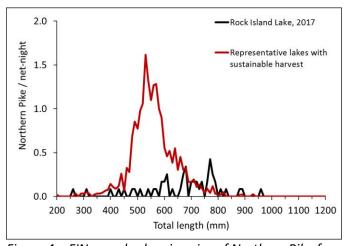


Figure 4 – FIN sample showing size of Northern Pike from Rock Island Lake, 2017. The red line indicates the average length distribution of pike from 6 Alberta lakes supporting long-term sustainable harvests of pike.

2008 and 2012, and back to high risk-very high risk in 2017. This lake has the capacity to be a productive Walleye fishery, but careful conservation-based management is necessary to achieve this.

Rock Island Lake has remained at an FSI status for mature Northern Pike of **very high risk** or **high risk** since 2004.

Strict conservation efforts remain necessary to maintain the pike population.

#### Literature

Morgan, G.E. 2002. Manual of Instructions-Fall Walleye Index Netting. Percid Community Synthesis, Diagnostics and Sampling Standards Working Group. Laurentian University, Sudbury Ontario.