Background

“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

Fall Index Netting (FIN)

Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

How is this information used?

Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g., too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI).

The management goal for most Alberta fisheries is long-term sustainability, shown by the red lines on the graphs below. Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information please see Alberta’s FIN and FSI websites,


Table 1 – Alberta’s Fish Sustainability Index risk thresholds for Walleye and Pike using the standardized Fall Index Net (FIN) method. Note: Thresholds align with species management frameworks.

<table>
<thead>
<tr>
<th>Mature Walleyes / net</th>
<th>Mature Pike / net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;29.0</td>
<td>&gt;21.8</td>
<td>Very Low</td>
</tr>
<tr>
<td>20.3-29.0</td>
<td>15.3-21.8</td>
<td>Low</td>
</tr>
<tr>
<td>14.5-20.2</td>
<td>10.9-15.2</td>
<td>Moderate</td>
</tr>
<tr>
<td>5.8-14.4</td>
<td>4.4-10.8</td>
<td>High</td>
</tr>
<tr>
<td>&lt;5.8</td>
<td>&lt;4.4</td>
<td>Very High</td>
</tr>
</tbody>
</table>

Results of the 2016 FIN at Island Lake

Island Lake (1292 ha) is located 28 km northwest from the town of Athabasca. From September 27-30, 2016, fourteen gill nets captured 77 Lake Whitefish, 131 Northern Pike, 135 Walleye, and 249 Yellow Perch, from Island Lake.

Walleye

The mean catch rate of Walleye was 9.6/net-night. The catch rates of mature (Figure 1) and immature Walleye were 6.8/net-night and 2.8/net-night, respectively. The corresponding FSI score for the current mature density of Walleye was assessed at high risk.

The length distribution shows low recruitment, with low to moderate abundance of 300 to 520 mm Walleye, and abundant fish larger than 520 mm (Figure 2).

The 2016 FIN sample represented approximately 0.7% of the estimated Walleye population size.

Northern Pike

The mean catch rate of mature Northern pike was 9.0/net-night (Figure 3). The corresponding FSI score for the mature density of Northern Pike was assessed at high risk.
Figure 1 - The FIN catch rate of mature Walleyes from Island Lake, 2016. Dashed line is the mean likelihood catch rate (6.8 fish/net-night), with net individual data as hollow circles (n=14 nets).

Figure 2 – FIN sample showing size of Walleyes from Island Lake, 2016. The red line indicates the average length distribution of Walleye from 5 Alberta lakes supporting long-term sustainable harvests of Walleye.

The length distribution shows unstable recruitment, good abundance of 400-500 mm Pike, and a low abundance of fish larger than 510 mm (Figure 4). There was severe truncation of Pike over 510 mm which may indicate heavy fishing pressure at Island Lake.

The 2016 FIN sample represented approximately 0.7% of the estimated Northern Pike population size.

Summary
Since the 2008 FIN, the density of mature Walleye increased from a corresponding FSI status of very high risk to high risk. The Walleye population appears to be improving; however, dependant on the management objective, conservation-focused management remains necessary to ensure the long-term sustainability of the fishery.

Figure 3 - The FIN catch rate of mature Northern Pike from Island Lake, 2016. Dashed line is the mean likelihood catch rate (9.0 fish/net-night), with individual net data as hollow circles (n=14 nets).

Figure 4 – FIN sample showing size of Northern Pike from Island Lake, 2016. The red line indicates the average length distribution of pike from 6 Alberta lakes supporting long-term sustainable harvests of pike.

Since the results of the 2008 FIN, the density of mature Northern Pike has declined from moderate risk to high risk. The truncation of larger Pike may indicate heavy fishing pressure.

Dependant on the management objective, conservation-based management is necessary to promote the long-term sustainability of the Northern Pike population.

Literature