

Kananaskis Country offers many wonderful opportunities for snowshoeing and this brochure provides details on the 15 designated snowshoe trails in Peter Lougheed Provincial Park and the Kananaskis Valley. These trails are designated for beginner, intermediate and advanced snowshoers and are located in Simple Class 1 Terrain as defined by the Avalanche Terrain Exposure Scale. For more information visit [www.avalanche.ca](http://www.avalanche.ca)

Snowshoers intending to venture off of these designated trails and into more complex avalanche terrain should have experience with avalanche terrain assessment and be equipped for winter backcountry travel. Always remember to check the updated avalanche report for Kananaskis Country at [www.kananaskis-country.ca](http://www.kananaskis-country.ca)

Please practice proper winter etiquette: Snowshoeing and hiking on designated trails is dangerous for all users and ruins the groomed trails. Please limit snowshoeing and winter hiking to dedicated snowshoe trails. On ungroomed trails shared with skiers, snowshoers should stay to the edge of the trail and never walk on skier tracks.

### Winter Safety Tips

Extreme winter conditions can develop quickly in the mountains. It's easy to be deceived by a beautiful day and find yourself unprepared.

#### For your safety, consider the following tips:

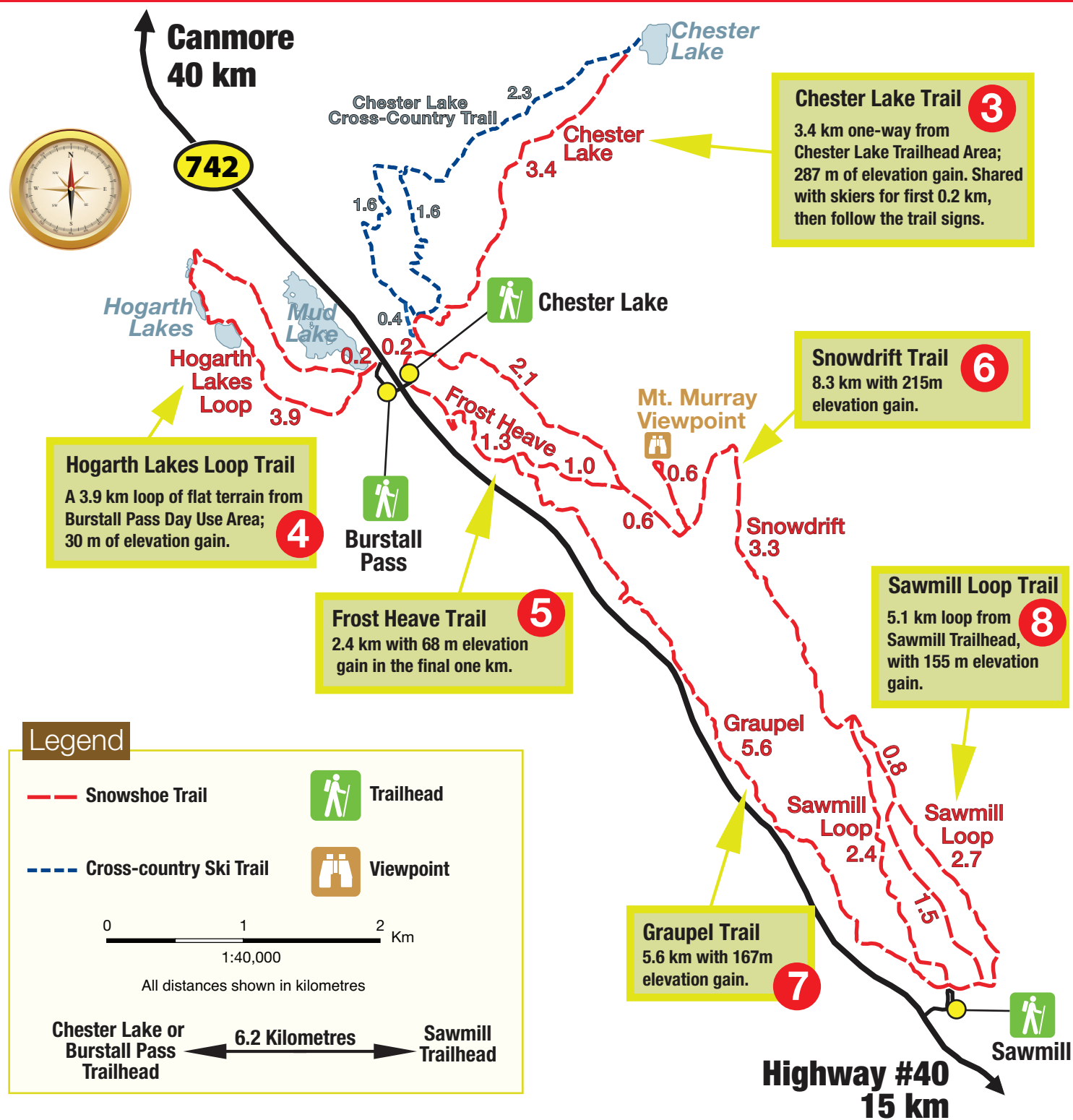
- Wear appropriate winter clothing, particularly a warm hat, even on pleasant days.
- Bring high energy foods such as chocolate or dried fruit and drink plenty of water.
- Carry spare dry clothing, insulated blankets and waterproof matches.
- Bring spare parts or even duct tape in case of equipment failure.
- Always make sure someone knows where you are going, and when you are expected back.

Travel beyond designated areas is not recommended because of avalanche danger and the possibility of getting lost.

### For More Information & Trails Reports

Visit [www.Kananaskis-Country.ca](http://www.Kananaskis-Country.ca) or call:  
 Peter Lougheed Visitor Information Centre 403-591-6322  
 Barrier Lake Visitor Information Centre 403-673-3985  
 (toll free in Alberta by dialing Alberta Call Centre at 310-0000)

## Chester Sawmill Snowshoe Trails



ISBN: 978 -1- 4061-0494-1

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## Winter Trail Etiquette

**Don't walk or snowshoe on ski tracks.**  
 It ruins them for skiers. Instead, use the edges of ski trails.



**Don't park on the trails.**  
 If you stop to eat, change clothing, or take a photo – step off the trail, so others won't have to.



**Keep the trails clean.**  
 Watch out for accidental litter at lunch or snack breaks.



**Don't let the trails go to the dogs.**  
 Remember – Fido isn't permitted on groomed trails. He's allowed only on non-groomed trails, provided he's on a leash and you remove his waste from the area.



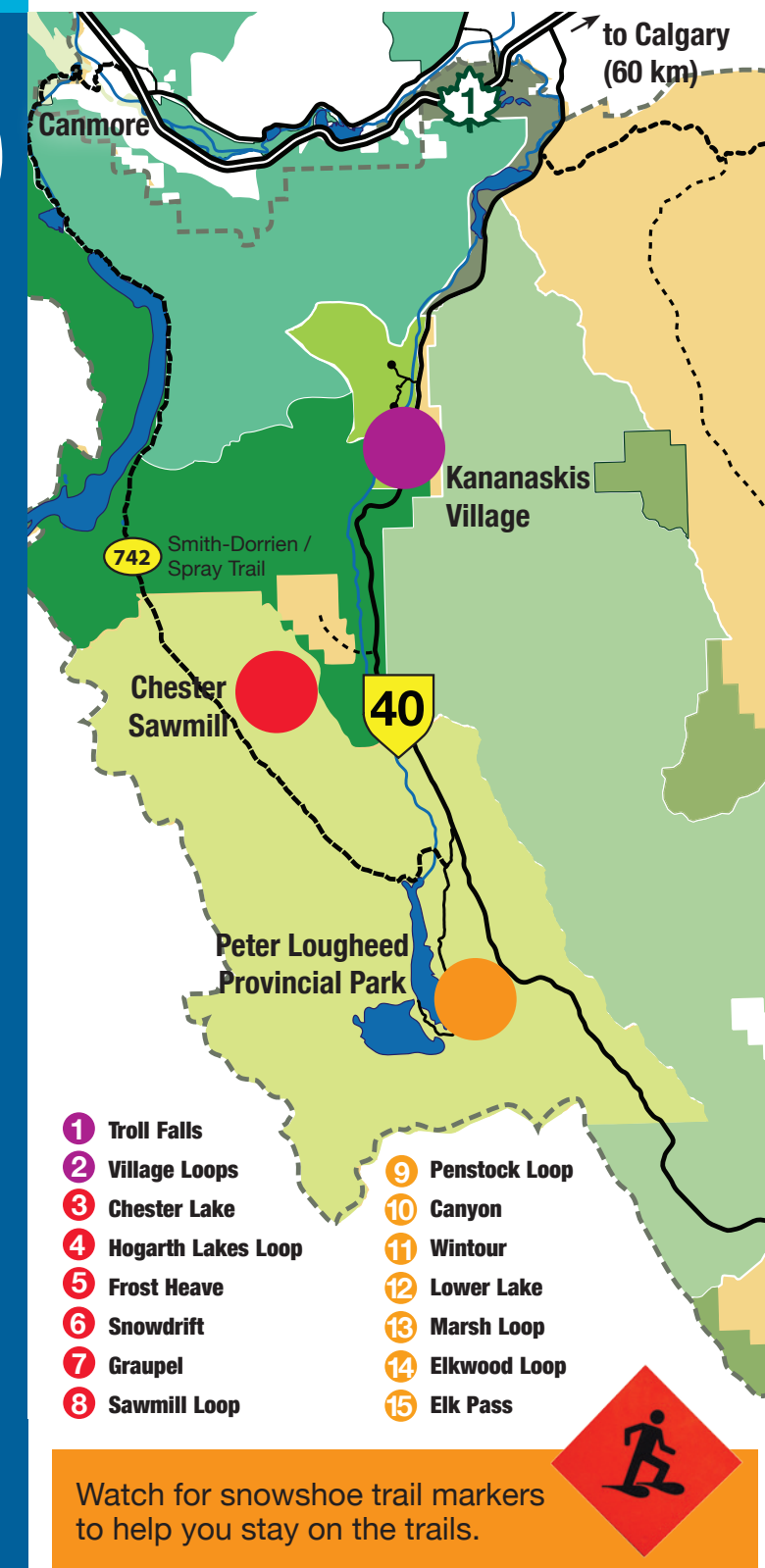
**Yield to skiers coming downhill.**  
 On shared trails it's easier for an uphill snowshoer to step off the trail than it is for the faster skier coming down.



**When nature calls ...**  
 ... and there is no outhouse? Carry a plastic bag to pack out your used paper and sanitary supplies.



## Snowshoe Trails Locator



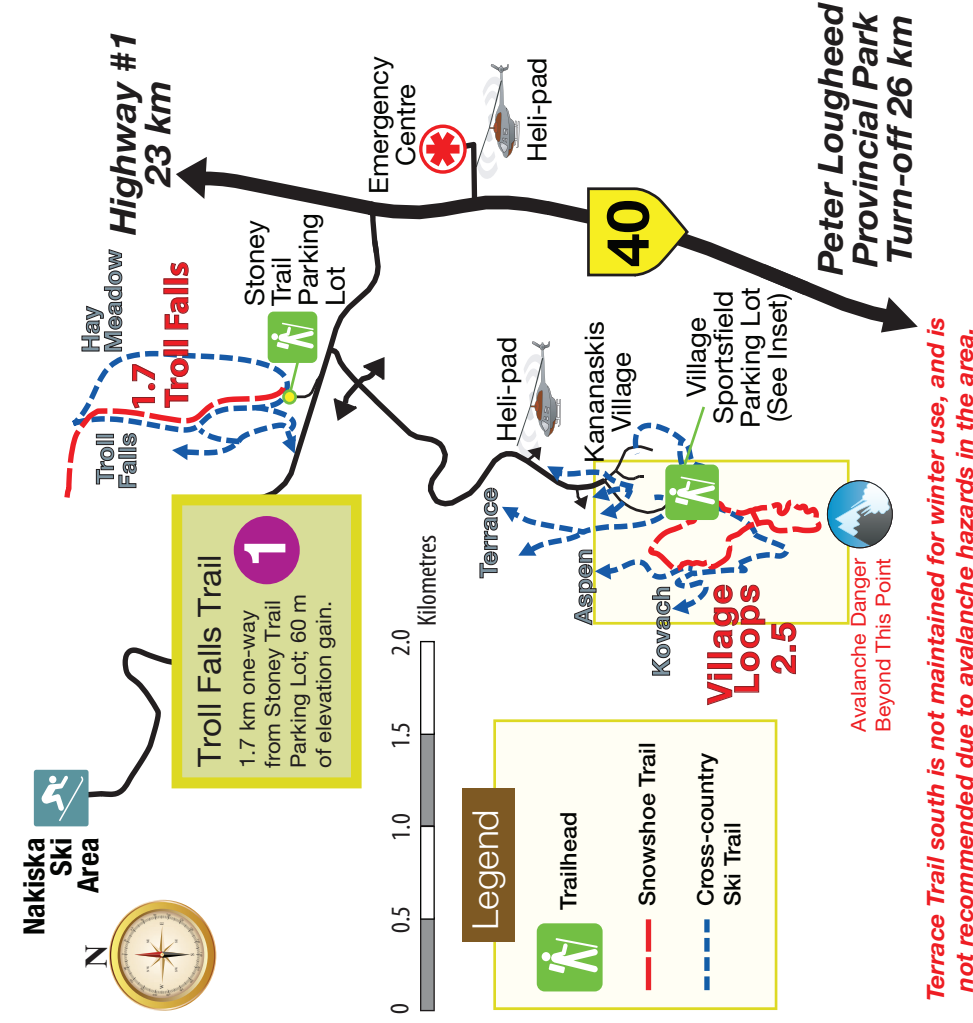
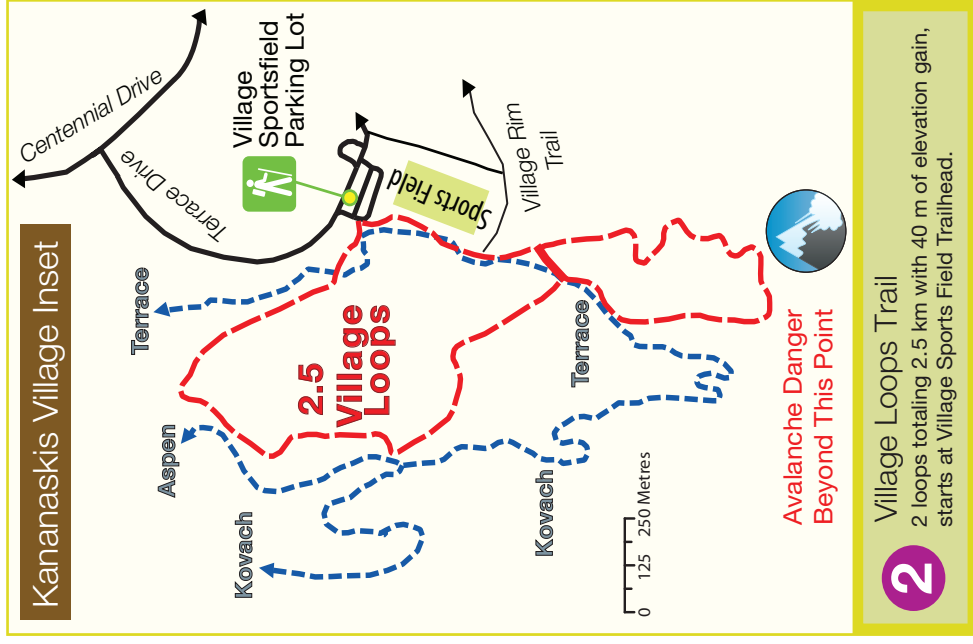
## Peter Lougheed Provincial Park and Kananaskis Valley Snowshoe Trails



**Kananaskis Country**

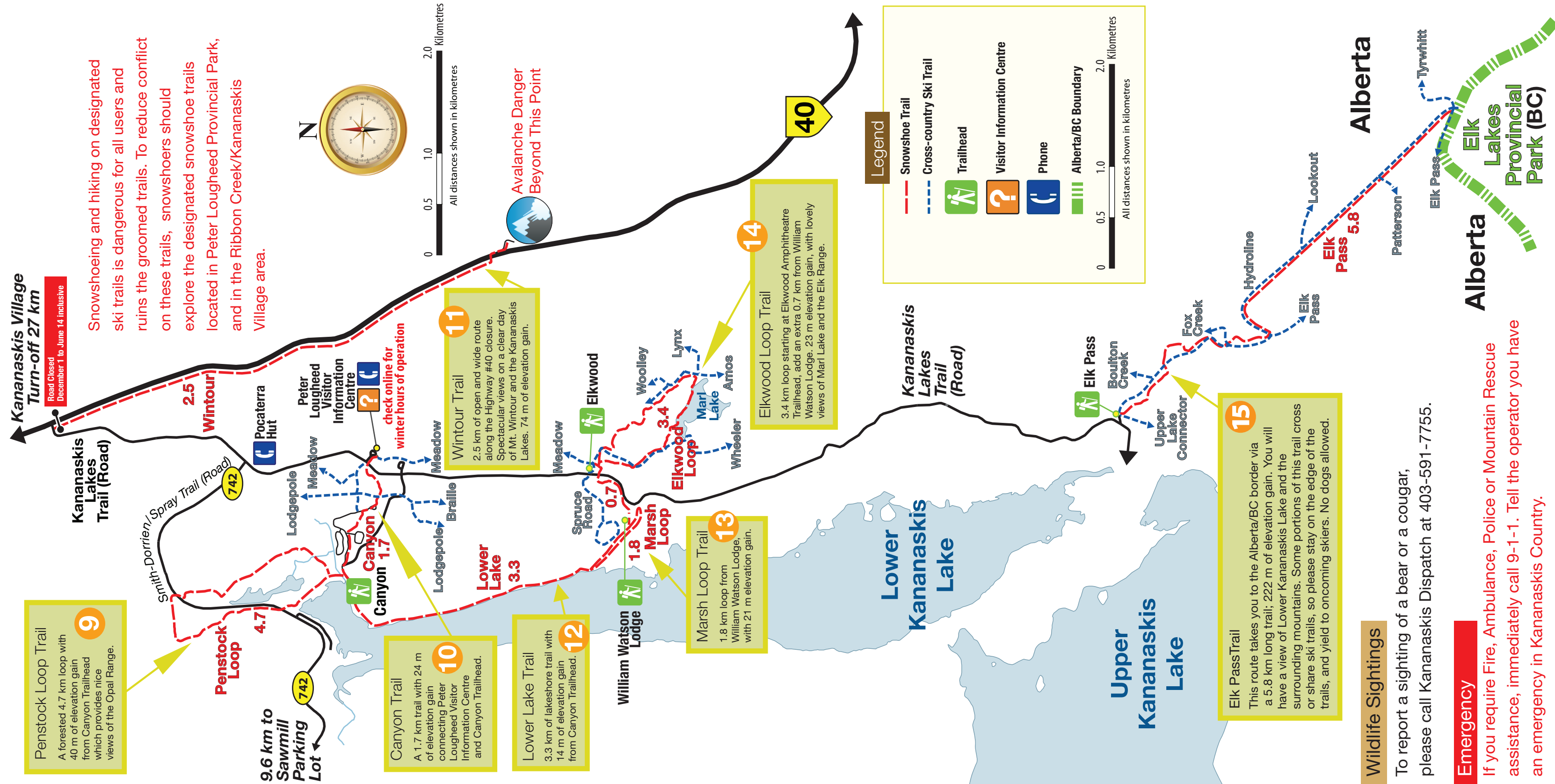
**Alberta Parks**

# Kananaskis Village Snowshoe Trails

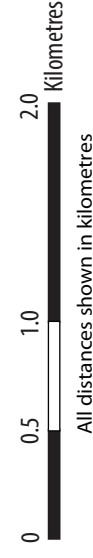


**Terrace Trail south is not maintained for winter use, and is not recommended due to avalanche hazards in the area.**

## Peter Lougheed Provincial Park Facility Zone Snowshoe Trails



Snowshoeing and hiking on designated ski trails is dangerous for all users and ruins the groomed trails. To reduce conflict on these trails, snowshoers should explore the designated snowshoe trails located in Peter Lougheed Provincial Park, and in the Ribbon Creek/Kananaskis Village area.



**Avalanche Danger Beyond This Point**

### Legend

- - - Snowshoe Trail
  - - - Cross-country Ski Trail
  - Trailhead
  - Visitor Information Centre
  - Phone
  - Alberta/BC Boundary
- 0 0.5 1.0 2.0 Kilometres  
All distances shown in kilometres