

HOW LONG TO STAY HOME FROM SCHOOL

A student who is required to isolate due to symptoms may return to school—**before 10 days**—if they test negative for COVID-19 and no longer have symptoms, as long as they have not been identified as a close contact of a case of COVID-19. For more details: [Isolation requirements](#)

If a student has these symptoms

What to do

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Runny nose
- Sore throat

- Isolate at home for a minimum of 10 days from when symptoms started or until symptoms resolve, whichever is longer.
- COVID-19 test recommended.
- Can return to school before 10 days only if a COVID-19 test is negative, symptoms are gone, and the student is not a close contact of someone with COVID-19.
- If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Nausea, vomiting, diarrhea or unexplained loss of appetite
- Loss of sense of smell or taste
- Pink eye (conjunctivitis)

- Stay home from school until symptoms go away—**not** required to isolate for 10 days.
- COVID-19 test recommended.
- If test results are positive, isolate at home for at least 10 days and follow instructions received from Alberta Health Services.