



Special Needs Assistance for Seniors

November 2023
Information booklet

Superseded

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The maximum annual benefit and maximum amounts for items funded may increase based on the Alberta Consumer Price Index.

The information contained in this publication is subject to change. The most recent information is available online at alberta.ca/seniors-financial-assistance.aspx or by calling the Alberta Supports Contact Centre at 1-877-644-9992.

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Special Needs Assistance for Seniors program

The Special Needs Assistance for Seniors program provides financial assistance to eligible seniors with low income toward the cost of some appliances, and specific health and personal supports. The program provides a lump-sum payment for eligible expenses. The maximum assistance available is \$5,412 in a benefit year.

Who is eligible

You may apply to the Special Needs Assistance for Seniors program if you:

- are eligible to apply for and have submitted an application for Seniors Financial Assistance (Alberta Seniors Benefit program)
- have income within the income thresholds

Benefit year

Your and your spouse/partner's (if applicable) previous year's income will be used to determine your eligibility for the benefit year, which runs from July 1 of the current year to June 30 of the next year.

Income thresholds

Single Seniors	
Annual Income	Funding Level
Less than \$26,680	Primary and Secondary items
\$26,681 - \$31,080	Primary items only
Over \$31,080	No funding

Senior Couples	
Annual Income	Funding Level
Less than \$42,520	Primary and Secondary items
\$42,521 - \$50,720	Primary items only
Over \$50,720	No funding

Proof of income

Your 2022 income information is used to assess your claim. Your income is obtained from the Alberta Seniors Benefit program. Your and your spouse/partner's total income as reported on line 15000 of your tax return(s) is used to determine your eligibility for benefits.

How it works

Making a claim

Online option: make your Special Needs Assistance for Seniors claims and review personal claims history online using your MyAlberta Seniors account. For more information or to set up an account, visit sfa.alberta.ca or send your receipt or estimate to the program using one of the options described on page 11.

You may use the enclosed *Special Needs Assistance for Seniors request form* when providing your receipt or estimate, but the form is not required for you to make a claim. Ensure that the receipt or estimate has your:

- name
- Personal Health Number
- address
- phone number

Authorizing a representative

If you wish to authorize an individual to help you with your request, you need to complete the enclosed request form. The program will contact this person if we have any questions or need more information. This individual may also contact the program to obtain information about the request on your behalf.

Supporting documentation

Please send all supporting information for each item you need help with, so your request can be assessed in a timely manner. **You must send a receipt or estimate for all items requested.**

The program can accept a receipt for an item that was bought up to 12 months ago. The date of the receipt is compared to the date we receive your claim. You must have been eligible to make a claim when the item was purchased.

Medical notes

Some funded items require medical notes. Unless otherwise specified in the booklet, a Health Professional includes a physician, nurse practitioner, registered nurse, registered social worker, physical therapist or occupational therapist working in the field of health care.

After you apply

Your request will be thoroughly reviewed. You will be notified by mail regarding the outcome of the review.

Appliances/furniture

Only **one** of each funded appliance/furniture type is considered for either a single senior or senior couple in a lifetime (for example, you can only receive funding for a fridge **one** time from this program).

Funding is considered for **one** furniture/appliance item for a single senior or senior couple in a benefit year. This includes furniture/appliances under primary and secondary items (you can receive funding for a bed or a television in **one** benefit year, not both). Some exceptions are allowed (see page 5).

Where you live (primary residence) determines which appliances/furniture items you can claim:

- homeowners and mobile homeowners — all appliances/furniture
- renters — bed, microwave, television and vacuum
- living with and/or renting from family/friends — bed
- long-term care residents — television
- lodge and designated supportive living residents — bed and television

Primary funded items

Appliances/furniture

The following are maximum amounts. Repairs to funded appliances may also be considered. A receipt or estimate is required with your request for assistance.

Appliance	Maximum	Notes
Bed	\$542	Includes mattress and frame
Dryer	\$434	Washer & dryer may be funded in the same benefit year
Refrigerator	\$758	Refrigerator & stove may be funded in the same benefit year
Stove	\$758	
Washer	\$542	

The maximum amounts include GST, delivery, installation/hook-up and environmental fees.

Health supports

CPAP machine and supplies — maximum \$1,733 (once every five years) for medically required Continuous Positive Airway Pressure Machine. \$218 per year maximum for supplies in any subsequent benefit year. Each request submitted to the Special Needs Assistance for Seniors program will be reviewed by an Alberta Health Services respiratory specialist before a benefit is approved. Insufficient or missing documentation may result in a delay. Please provide a copy of:

- Level 1 Polysomnogram or Level 3 Home Sleep Apnea Test with diagnostic and treatment sleep study with raw data, summary and signed interpretation provided by a physician qualified in sleep medicine.
 - If the diagnostic study is a Level 3, a separate treatment study is required.
 - If the Level 1 is not a split night or is inconclusive, then a separate treatment study is required.
- A minimum 30-day current/compliance report with complete data.
- A prescription from physician with pressure setting.
- Confirmation of Body Mass Index (BMI).
- A receipt or estimate for a CPAP machine.
- Any other documentation identified as required during the review process.

Diabetic supplies — Receipts or a current 12-month prescription printout from your pharmacist showing the diabetic supplies purchased is required. Diabetic supplies include test strips, lancets, needles, antiseptic swabs and sharps containers. Diabetic supplies do not include prescribed medications. Supplies not on the Alberta Drug Benefit List are not considered. Information regarding the diabetes control method (oral medications, insulin, diet, and exercise) is also required. Maximums apply.

Nutritional beverages — A medical note signed by a physician, nurse practitioner or registered dietician is required once a year prescribing the number of bottles of nutritional beverages required per day and confirming the medical condition. First-time applicants may receive benefits for up to three months based on this note. After the initial three months, funding is determined using receipts. Only Ensure, Boost, Glucerna, or other brands that are nutritionally equivalent will be considered. Thickeners such as Resource Thicken Up or similar products and Nepro may be considered. Maximums apply.

Podiatry — maximum \$28 per month for regular maintenance (nail trimming and callus removal). Receipts must include the senior's name, date of service and type of service provided. Service provider information including name, phone number and signature must also appear on the receipt.

Prescription costs — Assistance is provided for a portion of the co-payment amount for prescription medications only. Over-the-counter medications and medications not on the Drug Benefit List are not considered. Funding is provided for the co-payment amount you pay above the average of \$45 per month for a single senior or one-senior couple and \$90 per month for a senior couple.

- **Benefits are provided for the current benefit year only.** Your previous 12-month prescription printout (Patient Medical Expense Report) from your pharmacist is needed to determine your anticipated prescription costs during this benefit year.
- New seniors may provide documents from their pharmacy confirming their anticipated prescription costs over a three-month period, including Alberta Blue Cross Coverage for Seniors, or a prescription printout (Patient Medical Expense Report) from the time they turned 65 to current.

Personal supports

Bed bug treatment — maximum \$1,272. To assist with costs to prepare and fumigate a residence due to a bed bug infestation. A letter from your landlord, property manager or extermination company (if a private residence) confirming a bed bug infestation and an estimate or receipt for treatment services is required.

Celiac groceries — maximum \$56 per month. A medical note from a physician or nurse practitioner confirming celiac disease is required the first time you apply. Benefits are provided for the current benefit year only.

Clothing — maximum \$650 per year. A medical note from a Health Professional (see page 4) confirming new clothing is needed as a result of weight gain or loss (of 25 per cent or more of the senior's initial total body weight) within the previous 12-month period due to a medical condition is required.

Home cleanup — maximum \$1,590. Funded once in a lifetime. To assist with the initial cleanup of a home when a hoarding problem has been identified by a social worker or community-based worker or agency. A benefit will not be paid if the home cleanup is part of a move out clean. A letter from the agency identifying a hoarding situation and an estimate or receipt from a registered service provider specializing in home cleanup/hoarding is required.

Medical trips — Assistance is provided for medical trips greater than 80 kilometers (round trip) to see a medical specialist or for medical testing/treatment. A report from the medical specialist or the medical facility specifying the date of the appointment and confirmation of attendance is required.

- Medical trips are funded based on a per diem amount, taking into consideration distance travelled, transportation costs, meals and parking. It is not necessary to provide receipts for these items.
- If you stayed overnight and paid for accommodations, you are required to provide the receipt. A maximum of \$110 per night is funded.
- Meal costs are considered on travel days only.
- A once in a lifetime medical transportation benefit of \$93 is available for a senior moving from a permanent placement in a long-term care centre to permanently relocate to another long-term care centre. Medically supervised transport using Alberta Paramedical Services or Emergency Medical Services is considered. Documentation from the transferring facility indicating that the senior requires medically supervised transfer by ambulance is required.

Medication administration fee — maximum \$70 per month. You may be referred to Alberta Health Services Medication Assistance Program. Benefits may only be paid to seniors residing in lodges and supportive living facilities. Documentation from the facility stating the monthly medication administration fee and the effective date is required. Benefits are considered for the current benefit year only.

Personal response service — maximum \$22 per month monitoring fee. In-home systems connecting to a third party responder responsible to dispatch emergency services or a caregiver are considered. Assistance is not provided for installation, personal GPS tracking systems or security/alarm services. An estimate or receipt for monthly monitoring fees is required. Assistance is not provided for internal facility response services. Benefits are provided for the current year only.

Relocation of washer and dryer — maximum \$867. A medical note from a Health Professional (see page 4) describing the medical condition that necessitates relocation is required. A washer and dryer may only be moved within a home for medical reasons. A benefit will not be paid if the washer and dryer are moved from one home to another. An estimate or receipt is required.

Utility Disconnection — Available for each utility (water, electricity and gas) once every 3 years. Utilities must already be disconnected or will be disconnected within 48 hours. A disconnection notice or most recent bill from the utility company is required. The utility account and disconnection notice must be in the senior's name. The *Electric Utilities Act* states electric services cannot be fully disconnected from October 15th to April 15th. Natural gas distributors cannot disconnect services from November 1st to April 14th.

Wigs — maximum \$272 each (two per year). A medical note from a physician or nurse practitioner confirming the medical condition is required with the first application. Estimates or receipts are required.

Secondary funded items

Appliances/furniture

The following are maximum amounts. Repairs to funded appliances may also be considered. A receipt or estimate with your request for assistance is required.

Appliance	Maximum
Microwave	\$110
Television	\$326
Vacuum	\$164

The maximum amounts include GST, delivery, installation/hook-ups and environmental fees.

Personal supports

Housekeeping/yard maintenance — maximum \$1,300 annually. Assistance is provided for light housekeeping, grass cutting and snow removal only. A medical note from a Health Professional (see page 4) the first time you apply specifying the mobility/health condition that does not allow you (and your spouse) to do your own housekeeping/yard maintenance is required.

- Applicants living with, renting from, or paying family members are not eligible for assistance under housekeeping or yard maintenance. Seniors residing in a lodge, designated assisted living facility or supportive living facility are not eligible for assistance with these expenses.
- A medical note is not required if you and your spouse (if applicable) are 80 years of age or older.

Example of an Acceptable Housekeeping/Yard Maintenance Receipt

Service provider / Company Name / Address

Telephone number

Sold to: Senior's name and address

Breakdown of service provided (housekeeping, grass cutting, snow shoveling)

Date of service and hours — cost per hour — total cost

Signature and printed name of service provider

Respite care — maximum four weeks per benefit year. Respite care (relief for a caregiver) is provided to a senior who lives with their caregiver (spouse or family member) who provides daily care to the senior. The respite care must be provided in a care centre. A medical note from a Health Professional (see page 4) is required documenting the caregiver's name and the senior's medical condition that requires daily full-time care from a caregiver. A receipt or estimate from the care centre is required.

Special circumstances

The following are special circumstances that may affect the assessment of your claim.

Estates

Estates of a deceased senior may be eligible to receive reimbursement for eligible expenses that a senior incurred prior to his or her death if the request is received within three months of the date of death.

Seniors living in a long-term care or designated supportive living facility

If you are a senior couple and have been involuntarily separated for health reasons and one of you is residing in a long-term care facility, or designated supportive living facility, the Alberta Seniors Benefit may provide additional support. Special Needs Assistance for Seniors may also take into consideration that you are maintaining two residences.

If you live in long-term care or designated supportive living, Special Needs Assistance for Seniors will deduct any Supplementary Accommodation Benefit claimed on your income tax return before calculating your eligibility for assistance.

Expenses before 65 years of age

The program is for seniors over the age of 65 years. Any expenses you have before your 65th birthday are not eligible for funding. Assistance is not provided for a spouse/partner under 65 years of age nor dependant children or grandchildren.

Keep your receipts

If you provide an estimate rather than a receipt or apply online, you may be asked to send in receipts showing that you purchased and paid for the items for which you received funding. Receipts should be mailed to the program within three months of receiving the payment. If receipts have not been received, a reminder letter will be sent.

You may, at a later date, be asked to send in receipts, so keep all receipts for funded items. If you do not spend the money on the items that are funded, you may be asked to return the money. A senior who does not send a receipt or return the money may not be eligible for assistance from the program in the future.

Appeal process

To request an explanation or review of the information used to determine your eligibility for the Special Needs Assistance for Seniors program call the Alberta Supports Contact Centre toll-free at 1-877-644-9992. You may appeal a decision regarding your request for assistance.

Step 1. Write a letter of appeal

Send information and supporting documentation that will assist with the review of your file to:

Director, Seniors Financial Assistance
Special Needs Assistance for Seniors
PO Box 3100
Edmonton AB T5J 4W3

Fax: 780-422-5954

Or upload your letter online at seniors-housing.alberta.ca/submit-documents.

The Director will review your personal circumstances under the legislation and regulations governing the Special Needs Assistance for Seniors program, including section 8.2 Necessities Benefit of the Seniors Benefit Act General Regulation, if relevant. In addition to age, type of residence, financial resources available through other programs, and level of income, the Director will consider whether a one-time Necessities Benefit contributes to:

- the health and/or safety of the senior.
- the senior's ability to maintain independence in their home and community.
- relief from financial hardship caused by unexpected or cumulative costs that are not covered under other programs.
- a marked improvement in the senior's quality of life.

You will receive a letter notifying you of the Director's decision, the legislative authority under which the decision is made, the evidence considered and the reason(s) for the decision.

Step 2. Request a final review

If your concern is not resolved, request a final review by the program by writing to:

Assistant Deputy Minister
Seniors Division
PO Box 3100
Edmonton AB T5J 4W3

Fax: 780-422-5954

Or upload your letter online at seniors-housing.alberta.ca/submit-documents.

Step 3. Complete the Notice of Appeal form

Once Step 2 is complete, a Notice of Appeal form will be mailed to you. Follow the instructions provided with the form.

Collection of personal information

The personal information provided to Alberta Seniors, Community and Social Services, including information provided by the Canada Revenue Agency, is collected under the authority of the *Seniors Benefit Act* (RSA 2000) and the *Seniors Benefit Act* General Regulation and managed in accordance with the *Freedom of Information and Protection of Privacy Act* (RSA 2000). The information will be used for the purpose of administering the Seniors Financial Assistance programs, including the Alberta Seniors Benefit, Special Needs Assistance for Seniors, and Dental and Optical Assistance for Seniors programs.

Alberta Seniors, Community and Social Services will share your personal information with Alberta Health to enable that department to administer other programs for seniors.

Contact information

Seniors financial assistance online services

Use your MyAlberta Seniors account to make Special Needs Assistance for Seniors claims and review your claims history online. To make a claim or to create an account, visit sfa.alberta.ca and follow the step-by-step instructions.

Upload documents online

Easily send your applications, documents and updated information to any seniors financial assistance programs at seniors-housing.alberta.ca/submit-documents

Website

alberta.ca/seniors-special-needs-assistance.aspx

Phone

Alberta Supports Contact Centre
Toll-free: 1-877-644-9992

TTY users may access information on Government of Alberta programs at:
Province-wide: 1-800-232-7215
In Edmonton: 780-427-9999

Remember to have your Personal Health Number (PHN) ready before calling.

Mail

Seniors, Community and Social Services
PO Box 3100
Edmonton AB T5J 4W3

Fax

780-422-5954

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