



# Medical-surgical supplies

Alberta Aids to Daily Living  
Approved Product List M

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## Briefs and Diapers

Alberta Aids to Daily Living (AADL) provides funding for clients with moderate to severe incontinence requiring the use of medical grade diapers at a minimum of three products per 24-hour period (minimal of 180 products per two months). Refer to the AADL Incontinence Approved Product List.

Incontinence briefs and diapers must:

- meet minimal absorbency criteria
- have re-usable fasteners where applicable
- consist of soft woven material that promotes skin integrity
- have a wetness indicator on the package to identify absorption levels

AADL vendors must:

- provide a diaper/brief that has a minimum absorbency of 600 mLs (exception is the M215 diaper)
- provide products approved by AADL only; refer to the AADL Incontinence Supplies Approved Product List
- offer clients a choice of products that meet AADL generic description and product standards, at or below AADL's price
- provide a maximum of two months' supply at a time
- not submit claims for more than the quantities or frequencies listed
- advise clients of upgrade charges prior to the point of sale

## Pricing

Based on a tab style diaper however, the client and authorizer have the choice of a button, Velcro or pull-up garment provided the product meets AADL's standards.

Prices reflect the maximum contribution by the AADL program and are subject to cost-share.

## Quantities

Quantity and frequency limits are maximums and not to be considered automatically. Quantity must be based on assessed needs; authorizers must adhere to quantity and frequency maximums.

Clients with bowel incontinence who require diapers may be eligible for up to 200 diapers every two months.

Only one diaper size per client is permitted (exception is the M215 and M205 children's diapers).

If a client requires both catheters and briefs or diapers, the client must require at least 150 briefs or diapers every two months in order to be eligible.

## Authorization Notes

Nurses Specialized in Wound Ostomy and Continence (NSWOCC) and nurse continence advisors may submit requests for quantities over the listed maximums, by calling Alberta Blue Cross for prior approval.

NSWOCC or nurse continence advisor authorizers may authorize a combined quantity of briefs, diapers and catheter supplies under the diapers and catheters authorization streams. Authorizers without these designations may request combined quantities through the quantity and frequency review process.

## Briefs/Diapers

Minimal absorbency capacity of 600 mLs for all diapers with the exception of the M215 children's diaper, which has a minimal absorbency capacity of 350 mLs.

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### AUTHORIZATION TYPE: BRIEFS, DIAPERS, LINERS

Group: Disposable diapers

Quantity and frequency limit: 400 every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M200	Disposable adult briefs/diapers – Small or youth	Fits hips/waist 20" to 31"	\$1.25
M203	Disposable adult briefs/diapers – Medium	Fits hips/waist 32" to 44"	\$1.30
M205	Disposable child briefs/diapers – 600 mL	Includes all pediatric sizes	\$1.30
M207	Disposable adult briefs/diapers – Large to XX large	Fits hips/waist 45" to 65"	\$1.60
M214	Disposable adult briefs/diapers – Bariatric	Fits hips/waist 65" and up (document on client's file)	\$2.80
M215	Disposable child briefs/diapers – 350 mL	Sizes 4 and larger Size 3T – 4T included	\$0.75

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# Catheter Supplies

## Approved manufacturers

### Intermittent, external and indwelling catheters

- Amici
- Amsino-Amsure
- Bard
- Coloplast
- Convatec
- Covidien-Dover
- Cure Medical
- Dale
- Hollister
- Medline
- MedRx
- Robinson
- Rusch
- Urocare

### Pre-lubricated/hydrophilic catheters

- Bard
- Coloplast
- Convatec
- Cure
- Hollister

## Quantities

- Alberta Aids to Daily Living (AADL) vendors may provide a maximum of two months' supply at a time and may not submit claims for over quantity.
- Quantities provided to clients must be based on client's basic need, not quantity maximum.
- Clients authorized for M328, M301 or M381 catheters must use a minimum of one catheter per day to qualify for AADL funding.
- Clients authorized for Foley catheters must use a minimum of one per month to qualify.
- Clients may select a combination of uncoated intermittent catheters and pre-lubricated/hydrophilic intermittent catheters, up to the maximum of 240 catheters total every two months.
- Quantities of catheter trays and bags must match corresponding catheter quantities.
  - Example: Number of trays authorized must match number of indwelling catheters authorized per two-month period up to maximum limit.

When a client chooses an upgraded product, the product must meet the following criteria:

- meet the basic description under the "Additional details" column
- the product has extra features beyond those listed under the "Additional details" column

Note: Clients are responsible for all costs resulting from an upgraded product choice

## Cost

Prices reflect the maximum contribution by the AADL program and are subject to cost-share. Vendors must offer clients at least one product per group at or below the AADL maximum price.

Note: Nurses Specialized in Wound Ostomy and Continence (NSWOCC) and nurse continence advisors may submit requests for additional supplies and above quantity and frequency limitations, pending clinical rationale, by calling Alberta Blue Cross for prior approval.

## Catheter Supplies

### AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: External catheters

Quantity and frequency limit: 70 every two months

AADL catalog no.	Product description	Additional details	Maximum price
M301	External catheter – Latex, non-latex	Has internal adhesive. Includes both latex and non-latex products	\$2.61

### AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Intermittent catheters

Quantity and frequency limit: 240 every two months

AADL catalog no.	Product description	Additional details	Maximum price
M328	Intermittent catheter – Plastic	Clean intermittent catheterization. Provided with cleaning instructions	\$1.40
M381	Intermittent catheter – Plastic/coudé tip	Indicated for difficulty inserting with regular tip. Document on the clients file	\$4.09
M326	Intermittent catheter – Pre-lubricated/hydrophilic	Male or female, with water-activated coating or lubrication. Plastic tip.	\$3.80

### AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Catheter secures straps

Quantity and frequency limit: One every two months

AADL catalog no.	Product description	Additional details	Maximum price
M324	Catheter secures strap		\$15

### AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Foley catheters

Quantity and frequency limit: Four every two months

AADL catalog no.	Product description	Additional details	Maximum price
M341	Foley catheter – Latex or latex with silicone coating	Indwelling catheter	\$12.65
M345	Foley catheter – 100% silicone. May also include latex-free catheters	May also include latex-free catheters indicated for: <ul style="list-style-type: none"> <li>unresolved bypassing</li> <li>frequent blockages (more than once a week)</li> <li>diagnosed latex allergy</li> </ul> Document rationale on client's file	\$20
M347	Foley catheter – 100% silicone/coudé tip	Indicated for difficulty inserting with regular tip. Document rationale on the clients file	\$25

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**AUTHORIZATION TYPE: CATHETER SUPPLIES**

Group: Catheter trays

Quantity and frequency limit: Four every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M348	Foley catheter tray without catheter	For inserting indwelling catheter Includes pre-filled syringe. Quantities ordered must match quantity of Foley catheters ordered	\$5.90

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**AUTHORIZATION TYPE: CATHETER SUPPLIES**

Group: Reusable drainage bags

Quantity and frequency limit: Eight every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M352	Bedside urinary drainage	Includes drainage tube, adapter, bottom drain clamp and hanger	\$11

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**AUTHORIZATION TYPE: CATHETER SUPPLIES**

Group: Disposable leg bags

Quantity and frequency limit: 20 every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M354	Urinary leg bag – Vinyl	Includes extension tubing and leg straps. Comes in a variety of sizes. May have anti-reflux or flip-flow valves. Can be washed and reused several times	\$13.36

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**AUTHORIZATION TYPE: CATHETER SUPPLIES**

Group: Urinary irrigation kits

Quantity and frequency limit: Eight every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M370	Urinary irrigation tray	Used with indwelling catheters	\$7.59

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# Injection Supplies

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**AUTHORIZATION TYPE: INJECTION SUPPLIES**

Group: Disposable needles, syringes

Quantity and frequency limit: 500 every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M403	Syringe with needle attached - ½ cc or 1 cc	For intramuscular or subcutaneous injections	\$0.50

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**AUTHORIZATION TYPE: INJECTION SUPPLIES**

Group: 3cc syringe

Quantity and frequency limit: 500 every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M415	Syringe with Needle Attached: 3 cc	For intramuscular or subcutaneous injections	\$0.67

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# Ostomy Supplies

## Procedure

### AADL vendors

- offer clients a choice of products that meets Alberta Aids to Daily Living (AADL) generic description and product standards at or below AADL's price
- only provide two months' supply at a time and may not submit claims for over quantity
- must advise clients of upcharge prior to point of sale

## Quantities

- Quantities are determined on client's basic need, not quantity maximum.
- Different types of pouches may be authorized for same client. The total quantity must not exceed maximum limit of single type.
- Quantities of pouches cannot be added together to increase quantity limit.
- Quantities of paste and strips cannot be added together to increase quantity limit.
- If a client requires a combination of paste and strips, the client may have proportional quantities.

## Pricing

- Pricing for all pouches is based on products with filters.
- Open end pouch prices are based on self-closure products.
- Prices reflect the maximum contribution by the AADL program and are subject to cost-share.

## Authorization notes

Maximum quantities are set based on a client with one ostomy/fistula site. Please contact Alberta Blue Cross to approve quantities over the listed maximums, if client has more than one ostomy/fistula sites.

Nurses Specialized in Wound Ostomy and Continence (NSWOCC) and nurse continence advisors may authorize quantities higher than listed maximums; please call Alberta Blue Cross Provider Support to approve the exceptional quantity.

## Approved manufacturers

- Convatec
- Coloplast
- CUI/Fulcionel
- Herni-Pro
- Hollister
- Marlen
- Safe and Simple
- Salts

## Ostomy Pouches

### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Closed end ostomy pouches

Quantity and frequency limit: 210 per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M001	One-piece colostomy/ileostomy pouch	Closed end with seal	\$5.89
M003	Two-piece colostomy/ileostomy pouch	Closed end	\$3.56
M037	One-piece closed end pouch	Closed end with seal with convexity	\$9.24

### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Open end ostomy pouches

Quantity and frequency limit: 30 per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M005	One-piece colostomy/ileostomy pouch	Drainable self-closure	\$9.60
M006	Two-Piece colostomy/ileostomy pouch	Drainable self-closure	\$8
M008	Two-Piece urostomy pouch	Regular wear	\$7.36
M035	Pediatric colostomy/urostomy/ileostomy Two-piece pouch	Drainable clipless NSWOCC may order for non-pediatric clients	\$5.30
M170	One-piece colostomy/ileostomy pouch	Drainable. Extended wear	\$10.50
M171	One-piece colostomy/ileostomy pouch	Drainable. Extended wear with convexity	\$18.50

### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Specialized pouches

Quantity and frequency limit: 30 per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M009	One-piece urostomy pouch	Regular wear	\$14.50
M011	One-piece colostomy/ileostomy pouch	Drainable. Regular wear with convexity	\$16.90
M012	One-piece urostomy pouch	Regular wear with convexity	\$18.50
M013	One-piece urostomy pouch	Extended wear without convexity	\$16
M014	One-piece urostomy pouch	Extended wear with convexity	\$16.35

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: High output pouches

Quantity and frequency limit: 30 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M023	Two-piece high output (NSWOCC only)	For volume more than 500 mLs. Authorizer must be an NSWOCC to authorize this benefit	\$17
M024	One-piece high output (flat)	For output not managed with use of regular pouch	\$14
M039	One-piece high output (convex)	For output not managed with use of regular pouch	\$20

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Pediatric ostomy appliances

Quantity and frequency limit: 50 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M172	Pediatric one-piece drainable pouch	Colostomy/urostomy/ileostomy pouch. NSWOCC may order for non-pediatric clients	\$8.75

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Pediatric closed end ostomy pouches

Quantity and frequency limit: 300 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M174	Pediatric one-piece colostomy pouch	Closed end with seal. NSWOCC may order for non-pediatric clients	\$4.80

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**Inserts, Faceplates, Skin Barrier Wafer and Flanges**

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Convex inserts

Quantity and frequency limit: 30 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M018	Convex inserts	Improves seal around a problem stoma. Increases wafer wearing time. Authorization by NSWOCC required	\$5.40

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Stoma collars

Quantity and frequency limit: 20 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M036	Stoma Collar	Improves wear time to minimum 3-5 days. Authorization by NSWOC required	\$6.67

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Flange extenders

Quantity and frequency limit: 40 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M048	Flange extenders	Increases wear time and protects skin against shearing. Authorization by NSWOC required	\$1.60

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Skin barrier wafers

Quantity and frequency limit: 30 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M073	Skin barrier wafer	Regular wear with flange	\$10.16
M078	Skin barrier wafer – Convexity	Regular wear with flange	\$14.75
M079	Skin barrier wafer – Extended wear	With or without flange	\$12.40
M180	Skin barrier wafer	Extended wear with convexity	\$18.55

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**AUTHORIZATION TYPE: OSTOMY SUPPLIES**

Group: Pediatric skin barrier wafers

Quantity and frequency limit: 50 per ostomy or fistula site every two months

<b>AADL catalog no.</b>	<b>Product description</b>	<b>Additional details</b>	<b>Maximum price</b>
M175	Pediatric skin barrier wafer – Extended wear	For pediatric clients. NSWOC may order for non-pediatric clients	\$11.30
M176	Pediatric skin barrier wafer – Regular wear	For pediatric clients. NSWOC may order for non-pediatric clients	\$9.60

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## Skin Barrier Accessories

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Ostomy powder

Quantity and frequency limit: One per ostomy or fistula site every four months

AADL catalog no.	Product description	Additional details	Maximum price
M038	Ostomy powder	For open peri-stomal skin and to absorb moisture and ensure adequate wear time. Authorization by NSWOC required	\$16.40

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Barrier-skin without flange

Quantity and frequency limit: 30 per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M069	Skin barrier seals/rings/sheets	Protects area around stoma. Includes Eakin Seals, Karaya washers, rings and wafers without flange	\$8.50

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Skin barrier paste

Quantity and frequency limit: One per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M080	Skin barrier paste	57-gram tube or larger	\$25

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Skin barrier strips

Quantity and frequency limit: One per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M181	Ostomy barrier strips	Box of 10 strips	\$36.60

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Tape rolls (ostomy)

Quantity and frequency limit: Five per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M121	Ostomy tape – 1 or 2"	Price based on 2" tape	\$5.89

## Ostomy Odor Control

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Odor control products

Quantity and frequency limit: One per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M049	Appliance odor control – Liquid	Based on 8 oz. bottle. Does not include room deodorants	\$41.34

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## Ostomy Supplies for Irrigation/Diversion

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Irrigation kits

Quantity and frequency limit: One per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M030	Ostomy irrigation kits	Includes reusable bag, irrigator tip (cone or catheter), and tubing.	\$62.82

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Irrigation sleeves

Quantity and frequency limit: 30 per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M031	Reusable ostomy irrigation sleeves	Used in conjunction with M030 irrigation kit	\$13

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Continent diversion dressings

Quantity and frequency limit: 300 per ostomy or fistula site every two months

AADL catalog no.	Product description	Additional details	Maximum price
M160	Continent diversion dressings – Adhesive pad	Adhesive dressings with a built-in absorbent pad Approximately 5 cm x 7.5 cm (2" x 3"). For client with a functioning stoma (document on clients file). Alternative to pouch	\$1.09

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## Ostomy Hernia Belts

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### AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Peristomal belts

Quantity and frequency limit: Two per ostomy or fistula site every 12 months

AADL catalog no.	Product description	Additional details	Maximum price
M041	Ostomy hernia belt – Custom	For difficult to fit clients when ready-made option does not meet the client's basic need. Prescription required if not an NSWOC. For client with abdominal girth greater than 52" (document on clients file)	\$300
M115	Ostomy hernia belt – Customized ready-made	For client with inoperable peristomal or incisional hernias. (Document on clients file). Prescription required if not an NSWOC. Fits clients with abdominal girth less than 52"	\$210
M117	Ostomy belt – Extended wear	Extends pouch wear time to a minimum 3-5 days. Prescription required if not an NSWOC	\$16.13

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