



Medical-surgical supplies

Alberta Aids to Daily Living
Approved Product List M

Superseded

This publication is issued under the Open Government Licence – Alberta
(<http://open.alberta.ca/licence>).

Alberta Health
Alberta Aids to Daily Living
ATB Place North, 11th Floor
10025 Jasper Avenue NW
Edmonton, Alberta T5J 1S6

This publication is available online at <https://open.alberta.ca/publications/aadl-program-manual-m>

Alberta Aids to Daily Living Approved Product List M – Medical-Surgical Supplies | Alberta Health
© 2023 Government of Alberta | February 28, 2023 | Effective: July 1, 2022

Contents

| | |
|---|-----------|
| Briefs and Diapers | 4 |
| • Pricing | 4 |
| • Quantities | 4 |
| • Authorization Notes | 4 |
| • Briefs/Diapers | 5 |
| Catheter Supplies | 6 |
| • Quantities | 6 |
| • Cost | 6 |
| • Catheter Supplies | 7 |
| Injection Supplies | 9 |
| Ostomy Supplies | 10 |
| • Procedure | 10 |
| • Quantities | 10 |
| • Pricing | 10 |
| • Authorization Notes | 10 |
| • Manufacturers | 10 |
| • Ostomy Pouches | 11 |
| • Inserts, Faceplates, Skin Barrier Wafer and Flanges | 12 |
| • Skin Barrier Accessories | 14 |
| • Ostomy Odor Control | 16 |
| • Ostomy Supplies for Irrigation/Diversion | 16 |
| • Ostomy Hernia Belts | 17 |

Briefs and Diapers

Alberta Aids to Daily Living (AADL) provides funding for clients with moderate to severe incontinence requiring the use of medical grade diapers at a minimum of three products per 24 hour period (minimal of 180 products per two months). Refer to the AADL Incontinence Approved Product List.

Incontinence briefs and diapers must:

- meet minimal absorbency criteria
- have re-usable fasteners where applicable
- consist of soft woven material that promotes skin integrity
- have a wetness indicator on the package to identify absorption levels

AADL vendors must:

- provide a diaper/brief that has a minimum absorbency of 600 mLs (exception is the M215 diaper)
- provide products approved by AADL only; refer to the AADL Incontinence Supplies Approved Product List
- offer clients a choice of products that meet AADL generic description and product standards, at or below AADL's price
- provide a maximum of two months' supply at a time
- not submit claims for more than the quantities or frequencies listed
- advise clients of upgrade charges prior to the point of sale

Pricing

Based on a tab style diaper however, the client and authorizer has the choice of a button, Velcro or pull-up garment provided the product meets AADL's standards.

Prices reflect the maximum contribution by the AADL program and are subject to cost-share.

Quantities

Quantity and frequency limits are maximums and not to be considered automatically. Quantity must be based on assessed needs; authorizers must adhere to quantity and frequency maximums.

Clients with bowel incontinence who require diapers may be eligible for up to 200 diapers every two months.

Only one diaper size per client is permitted (exception is the M215 and M205 children's diapers).

If a client requires both catheters and briefs or diapers, the client must require at least 150 briefs or diapers every two months in order to be eligible.

Authorization Notes

Nurses Specialized in Wound Ostomy and Continence (NSWOCC) and nurse continence advisors may submit requests for quantities over the listed maximums, by calling Alberta Blue Cross for prior approval.

NSWOCC or nurse continence advisor authorizers may authorize a combined quantity of briefs, diapers and catheter supplies under the diapers and catheters authorization streams. Authorizers without these designations may request combined quantities through the quantity and frequency review process.

Briefs/Diapers

Minimal absorbency capacity of 600 mLs for all diapers with the exception of the M215 children's diaper, which has a minimal absorbency capacity of 350 mLs.

AUTHORIZATION TYPE: BRIEFS, DIAPERS, LINERS

Group: Disposable diapers

Quantity and frequency limit: 400 every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|---|---|----------------------|
| M200 | Disposable adult briefs/diapers – Small or youth | Fits hips/waist 20" to 31" | \$1.25 |
| M203 | Disposable adult briefs/diapers – Medium | Fits hips/waist 32" to 44" | \$1.30 |
| M205 | Disposable child briefs/diapers – 600 mL | Includes all pediatric sizes | \$1.30 |
| M207 | Disposable adult briefs/diapers – Large to XX large | Fits hips/waist 45" to 65" | \$1.60 |
| M214 | Disposable adult briefs/diapers – Bariatric | Fits hips/waist 65" and up (document on client's file) | \$2.80 |
| M215 | Disposable child briefs/diapers – 350 mL | Sizes 4 and larger Size 3T – 4T included | \$0.75 |

Superseded

Catheter Supplies

Alberta Aids to Daily Living (AADL) vendors:

- provide a maximum of two months' supply at a time and may not submit claims for over quantity
- offer clients a choice of products for intermittent, external and indwelling catheter supplies from the following approved AADL manufacturers at or below AADL's maximum price:
 - Amici
 - Amsino-Amsure
 - Bard
 - Coloplast
 - Convatec
 - Covidien-Dover
 - Cure Medical
 - Dale
 - Hollister
 - Medline
 - MedRx
 - Robinson
 - Rusch
 - Urocare

Quantities

- Based on client's basic need, not quantity maximum.
- Clients authorized for M328, M301 or M381 catheters must use a minimum of one catheter per day to qualify for AADL funding.
- Clients authorized for Foley catheters must use a minimum of one per month to qualify.
- Quantities of catheter trays and bags must match corresponding catheter quantities.
 - Example: Number of trays authorized must match number of indwelling catheters authorized per two month period up to maximum limit.

When a client chooses an upgraded product, the product must meet the following criteria:

- meet the basic description under the "Additional details" column
- the product has extra features beyond those listed under the "Additional details" column

Note: Clients are responsible for all costs resulting from an upgraded product choice

Cost

Prices reflect the maximum contribution by the AADL program and are subject to cost-share.

Note: Nurses Specialized in Wound Ostomy and Continence (NSWOCC) and nurse continence advisors may submit requests for additional supplies and above quantity and frequency limitations, pending clinical rationale, by calling Alberta Blue Cross for prior approval.

Catheter Supplies

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: External catheters

Quantity and frequency limit: 70 every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|--------------------------------------|---|---------------|
| M301 | External catheter – Latex, non-latex | Has internal adhesive. Includes both latex and non-latex products | \$2.61 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Intermittent catheters

Quantity and frequency limit: 240 every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---|---|---------------|
| M328 | Intermittent catheter – Plastic | Clean intermittent catheterization. Provided with cleaning instructions | \$1.40 |
| M381 | Intermittent catheter – Plastic/coudé tip | Indicated for difficulty inserting with regular tip. Document on the clients file | \$4.09 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Catheter secures straps

Quantity and frequency limit: One every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|------------------------|--------------------|---------------|
| M324 | Catheter secures strap | | \$15 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Foley catheters

Quantity and frequency limit: Four every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---|--|---------------|
| M341 | Foley catheter – Latex or latex with silicone coating | Indwelling catheter | \$12.65 |
| M345 | Foley catheter – 100% silicone. May also include latex-free catheters | May also include latex-free catheters indicated for: <ul style="list-style-type: none"> unresolved bypassing frequent blockages (more than once a week) diagnosed latex allergy Document rationale on client's file | \$20 |
| M347 | Foley catheter – 100% silicone/coudé tip | Indicated for difficulty inserting with regular tip. Document rationale on the clients file | \$25 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Catheter trays

Quantity and frequency limit: Four every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|--------------------------------------|--|----------------------|
| M348 | Foley catheter tray without catheter | For inserting indwelling catheter Includes pre-filled syringe. Quantities ordered must match quantity of Foley catheters ordered | \$5.90 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Reusable drainage bags

Quantity and frequency limit: Eight every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|----------------------------|--|----------------------|
| M352 | Bedside urinary drainage | Includes drainage tube, adapter, bottom drain clamp and hanger | \$11 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Disposable leg bags

Quantity and frequency limit: 20 every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|----------------------------|---|----------------------|
| M354 | Urinary leg bag – Vinyl | Includes extension tubing and leg straps. Comes in a variety of sizes. May have anti-reflux or flip-flow valves. Can be washed and reused several times | \$13.36 |

AUTHORIZATION TYPE: CATHETER SUPPLIES

Group: Urinary irrigation kits

Quantity and frequency limit: Eight every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|----------------------------|--------------------------------|----------------------|
| M370 | Urinary irrigation tray | Used with indwelling catheters | \$7.59 |

Injection Supplies

AUTHORIZATION TYPE: INJECTION SUPPLIES

Group: Disposable needles, syringes

Quantity and frequency limit: 500 every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---|--|---------------|
| M403 | Syringe with needle attached - ½ cc or 1 cc | For intramuscular or subcutaneous injections | \$0.50 |

AUTHORIZATION TYPE: INJECTION SUPPLIES

Group: 3cc syringe

Quantity and frequency limit: 500 every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|------------------------------------|--|---------------|
| M415 | Syringe with Needle Attached: 3 cc | For intramuscular or subcutaneous injections | \$0.67 |

Superseded

Ostomy Supplies

Procedure

AADL vendors

- offer clients a choice of products that meets Alberta Aids to Daily Living (AADL) generic description and product standards at or below AADL's price
- only provide two months' supply at a time and may not submit claims for over quantity
- must advise clients of upcharge prior to point of sale

Quantities

- Quantities are determined on client's basic need, not quantity maximum.
- Different types of pouches may be authorized for same client. The total quantity must not exceed maximum limit of single type.
- Quantities of pouches cannot be added together to increase quantity limit.
- Quantities of paste and strips cannot be added together to increase quantity limit.
- If a client requires a combination of paste and strips, the client may have proportional quantities.

Pricing

- Pricing for all pouches is based on products with filters.
- Open end pouch prices are based on self-closure products.
- Prices reflect the maximum contribution by the AADL program and are subject to cost-share.

Authorization Notes

Maximum quantities are set based on a client with one ostomy/fistula site. Please contact Alberta Blue Cross to approve quantities over the listed maximums, if client has more than one ostomy/fistula sites.

Nurses Specialized in Wound Ostomy and Continence (NSWOCC) and nurse continence advisors may authorize quantities higher than listed maximums; please call Alberta Blue Cross Provider Support to approve the exceptional quantity.

Manufacturers

- Convatec
- Coloplast
- CUI/FulcioneI
- Herni-Pro
- Hollister
- Marlen
- Safe and Simple
- Salts

Ostomy Pouches

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Closed end ostomy pouches

Quantity and frequency limit: 210 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-------------------------------------|-------------------------------------|---------------|
| M001 | One-piece colostomy/ileostomy pouch | Closed end with seal | \$5.89 |
| M003 | Two-piece colostomy/ileostomy pouch | Closed end | \$3.56 |
| M037 | One-piece closed end pouch | Closed end with seal with convexity | \$9.24 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Open end ostomy pouches

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---|--|---------------|
| M005 | One-piece colostomy/ileostomy pouch | Drainable self-closure | \$9.60 |
| M006 | Two-Piece colostomy/ileostomy pouch | Drainable self-closure | \$8 |
| M008 | Two-Piece urostomy pouch | Regular wear | \$7.36 |
| M035 | Pediatric colostomy/urostomy/ileostomy Two-piece pouch | Drainable clipless NSWOCC may order for non-pediatric clients | \$5.30 |
| M170 | One-piece colostomy/ileostomy pouch | Drainable. Extended wear | \$10.50 |
| M171 | One-piece colostomy/ileostomy pouch | Drainable. Extended wear with convexity | \$18.50 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Specialized pouches

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-------------------------------------|--|---------------|
| M009 | One-piece urostomy pouch | Regular wear | \$14.50 |
| M011 | One-piece colostomy/ileostomy pouch | Drainable. Regular wear with convexity | \$16.90 |
| M012 | One-piece urostomy pouch | Regular wear with convexity | \$18.50 |
| M013 | One-piece urostomy pouch | Extended wear without convexity | \$16 |
| M014 | One-piece urostomy pouch | Extended wear with convexity | \$16.35 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: High output pouches

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-------------------------------------|--|---------------|
| M023 | Two-piece high output (NSWOCC only) | For volume more than 500 mLs. Authorizer must be an NSWOCC to authorize this benefit | \$17 |
| M024 | One-piece high output (flat) | For output not managed with use of regular pouch | \$14 |
| M039 | One-piece high output (convex) | For output not managed with use of regular pouch | \$20 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Pediatric ostomy appliances

Quantity and frequency limit: 50 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-------------------------------------|--|---------------|
| M172 | Pediatric one-piece drainable pouch | Colostomy/urostomy/ileostomy pouch. NSWOCC may order for non-pediatric clients | \$8.75 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Pediatric closed end ostomy pouches

Quantity and frequency limit: 300 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-------------------------------------|--|---------------|
| M174 | Pediatric one-piece colostomy pouch | Closed end with seal. NSWOCC may order for non-pediatric clients | \$4.80 |

Inserts, Faceplates, Skin Barrier Wafer and Flanges

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Convex inserts

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---------------------|--|---------------|
| M018 | Convex inserts | Improves seal around a problem stoma. Increases wafer wearing time. Authorization by NSWOCC required | \$5.40 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Stoma collars

Quantity and frequency limit: 20 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|----------------------------|--|----------------------|
| M036 | Stoma Collar | Improves wear time to minimum 3-5 days. Authorization by NSWOC required | \$6.67 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Flange extenders

Quantity and frequency limit: 40 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|----------------------------|---|----------------------|
| M048 | Flange extenders | Increases wear time and protects skin against shearing. Authorization by NSWOC required | \$1.60 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Skin barrier wafers

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|------------------------------------|------------------------------|----------------------|
| M073 | Skin barrier wafer | Regular wear with flange | \$10.16 |
| M078 | Skin barrier wafer – Convexity | Regular wear with flange | \$14.75 |
| M079 | Skin barrier wafer – Extended wear | With or without flange | \$12.40 |
| M180 | Skin barrier wafer | Extended wear with convexity | \$18.55 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Pediatric skin barrier wafers

Quantity and frequency limit: 50 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|-------------------------|--|--|----------------------|
| M175 | Pediatric skin barrier wafer – Extended wear | For pediatric clients. NSWOC may order for non-pediatric clients | \$11.30 |
| M176 | Pediatric skin barrier wafer – Regular wear | For pediatric clients. NSWOC may order for non-pediatric clients | \$9.60 |

Skin Barrier Accessories

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Ostomy powder

Quantity and frequency limit: One per ostomy or fistula site every four months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---------------------|---|---------------|
| M038 | Ostomy powder | For open peri-stomal skin and to absorb moisture and ensure adequate wear time. Authorization by NSWOC required | \$16.40 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Barrier-skin without flange

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---------------------------------|---|---------------|
| M069 | Skin barrier seals/rings/sheets | Protects area around stoma. Includes Eakin Seals, Karaya washers, rings and wafers without flange | \$8.50 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Skin barrier paste/strips

Quantity and frequency limit: One per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---------------------|------------------------|---------------|
| M080 | Skin barrier paste | 57 gram tube or larger | \$25 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Skin barrier paste/strips

Quantity and frequency limit: One per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-----------------------|--------------------|---------------|
| M181 | Ostomy barrier strips | Box of 10 strips | \$36.60 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Tape rolls (ostomy)

Quantity and frequency limit: Five per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|-----------------------|------------------------|---------------|
| M121 | Ostomy tape – 1 or 2" | Price based on 2" tape | \$5.89 |

Superseded

Ostomy Odor Control

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Odor control products

Quantity and frequency limit: One per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|---------------------------------|---|---------------|
| M049 | Appliance odor control – Liquid | Based on 8 oz. bottle. Does not include room deodorants | \$41.34 |

Ostomy Supplies for Irrigation/Diversion

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Irrigation kits

Quantity and frequency limit: One per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|------------------------|--|---------------|
| M030 | Ostomy irrigation kits | Includes reusable bag, irrigator tip (cone or catheter), and tubing. | \$62.82 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Irrigation sleeves

Quantity and frequency limit: 30 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|------------------------------------|--|---------------|
| M031 | Reusable ostomy irrigation sleeves | Used in conjunction with M030 irrigation kit | \$13 |

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Continent diversion dressings

Quantity and frequency limit: 300 per ostomy or fistula site every two months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|--|--|---------------|
| M160 | Continent diversion dressings – Adhesive pad | Adhesive dressings with a built-in absorbent pad Approximately 5 cm x 7.5 cm (2" x 3"). For client with a functioning stoma (document on clients file). Alternative to pouch | \$1.09 |

Ostomy Hernia Belts

AUTHORIZATION TYPE: OSTOMY SUPPLIES

Group: Peristomal belts

Quantity and frequency limit: Two per ostomy or fistula site every 12 months

| AADL catalog no. | Product description | Additional details | Maximum price |
|------------------|--|---|---------------|
| M041 | Ostomy hernia belt – Custom | For difficult to fit clients when ready-made option does not meet the client's basic need. Prescription required if not an NSWOC. For client with abdominal girth greater than 52" (document on clients file) | \$300 |
| M115 | Ostomy hernia belt – Customized ready-made | For client with inoperable peristomal or incisional hernias. (Document on clients file). Prescription required if not an NSWOC. Fits clients with abdominal girth less than 52" | \$210 |
| M117 | Ostomy belt – Extended wear | Extends pouch wear time to a minimum 3-5 days. Prescription required if not an NSWOC | \$16.13 |

Superseded