

**COVID-19 INFORMATION**

# **PRACTICE PHYSICAL DISTANCING**

---

**Keep at least 2 metres (about the length of a hockey stick) between you and others. If you are too close to someone who coughs or sneezes, you risk breathing in tiny droplets that could contain the COVID-19 virus.**

**Help support a healthy relaunch by following public health measures, practicing physical distancing and good hygiene, and continuing to act responsibly.**

**STAY INFORMED**

**[alberta.ca/covid19](https://alberta.ca/covid19)**

*Alberta* 