Background

“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

Fall Index Netting (FIN)

Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10–15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21–27 hours (i.e., a net-night), and then reset in new random locations. At Pinehurst Lake in 2018, a half-length variation of the standard index net was used, balancing precision of the catch rates with reduced sampling effort. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

How is this information used?

Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g. too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI).

The management goal for most Alberta fisheries is long-term sustainability, shown by the red lines on the graphs below. Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status.

For more information, please see Alberta’s FIN and FSI websites:
- https://www.alberta.ca/fall-index-netting.aspx

Table 1 – Alberta’s Fish Sustainability Index risk thresholds for Walleye and Northern Pike using the standardized Fall Index Net (FIN) method. Note: Thresholds align with species management frameworks.

<table>
<thead>
<tr>
<th>Mature Walleyes/½ net</th>
<th>Mature Pike/½ net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;14.5</td>
<td>&gt;10.9</td>
<td>Very Low</td>
</tr>
<tr>
<td>10.2–14.5</td>
<td>7.7–10.9</td>
<td>Low</td>
</tr>
<tr>
<td>7.3–10.1</td>
<td>5.5–7.6</td>
<td>Moderate</td>
</tr>
<tr>
<td>2.9–7.2</td>
<td>2.2–5.4</td>
<td>High</td>
</tr>
<tr>
<td>&lt;2.9</td>
<td>&lt;2.2</td>
<td>Very High</td>
</tr>
</tbody>
</table>

Results of the 2018 FIN at Pinehurst Lake

Pinehurst Lake (3956 ha) is located approximately 34 km southeast from the town of Lac la Biche. From September 10 to 14, 2018, 18½ length nets captured 1 Cisco, 67 Lake Whitefish, 36 Northern Pike, 184 Walleyes, 21 White Suckers and 30 Yellow Perch.

Walleye

The mean catch rate of Walleyes was 10.2/½ net-night. The catch rates of mature (Figure 1) and immature Walleyes were 5.8/½ net-night and 4.3/½ net-night, respectively. The corresponding FSI score for the current mature density of Walleyes was assessed at high risk.
Figure 1 - The FIN catch rate of mature Walleyes from Pinehurst Lake, 2018. Dashed line is the mean catch rate (5.8 fish/ ½ net-night), with individual net data as hollow circles (n=18 nets).

Figure 2 – FIN sample of showing size of Walleyes from Pinehurst Lake, 2018. The red line indicates the average length distribution of Walleye from 5 Alberta lakes supporting long-term sustainable harvests of Walleye.

The length distribution shows intermittent but stable recruitment, a moderate abundance of 300 to 500 mm fish and above average abundances of fish over 500 mm (Figure 2).

The 2018 FIN sample represented approximately 0.4% of the estimated mature Walleye population size.

Northern Pike

The mean catch rate of mature Northern Pike was 1.8/ ½ net-night (Figure 3). The corresponding FSI score for the current mature density of Northern Pike was assessed at very high-high risk.

The length distribution shows very low recruitment of pike, low abundances of fish of fish 450–700 mm; with some larger pike over 750 mm present (Figure 4).

The 2018 FIN sample represented approximately 0.1% of the estimated mature Northern Pike population size.

Summary

Since the 2014 FIN assessment of Pinehurst Lake, the FSI status of Walleye has declined slightly from high-moderate risk to high risk. Therefore, careful management is necessary to help recover this population to allow for sustainable harvest.

The corresponding FSI status of Northern Pike has also declined slightly since the 2014 FIN assessment from high risk to very high-high risk. Therefore, strict conservation-based management is required to recover this population to achieve the goal of long-term sustainability.

Literature