DIRECTORY OF SENIORS' CENTRES IN ALBERTA



Directory of Seniors' Centres in Alberta

If you have any questions or require additional information, please call the Alberta Supports Contact Centre toll-free at 1-877-644-9992 or 780-644-9992 in Edmonton



Directory Criteria

Seniors' centres included in the directory have met certain criteria. The centres must be not-for-profit and offer at least one on-going service or activity designed for seniors. Only those centres that submitted a completed questionnaire were considered for inclusion in the directory.

Keeping Information Current

The information contained in this document is subject to change. New seniors' centres emerge and others move or disband. Updates will continue to be made to the website version of the directory at www.health.alberta.ca. To request a copy or to offer updates, please contact Alberta Health by mail, telephone or fax:

Alberta Health
Strategic Planning and Policy Development Division
Policy Development and Community Partnerships
Box 3100
Edmonton, Alberta T5J 4W3

Fax: (780) 422-8762

Telephone: Alberta Supports Contact Centre

Toll-free: 1-877-644-9992

Edmonton and Area: (780) 644-9992

Acknowledgements

Thank you to all the organizations that took the time to provide their information.

Note

The seniors' centre street address is provided when available; however the postal code reflects the mailing address. Please contact the centre for complete mailing address if required.

Categories Used

Services and programs described in the directory are listed in categories. The centre must offer at least one related service for the category to be listed. The following is a list of the categories with examples:

| Service / Category | Description / Examples |
|-----------------------|---|
| Assistance | Assistance with forms (i.e. provincial, income tax) Referrals for home help (i.e. handyman) Referrals to other organizations Legal services (i.e. Commissioner of Oaths) Advocacy services |
| Computer | Computers for member use and / or internet access |
| Facility Rental | Facility rental to members and others |
| Food | Food (i.e. drop in coffee, cafeteria, dinners) Food bank, Meals on Wheels, catering services |
| Health | Health support clinics (i.e. flu, cholesterol) Home care (i.e. shopping assistance) Support services (i.e. counselling, support groups) |
| Information | Education services (i.e. guest speakers, displays) Information services (i.e. resource library) |
| Outreach | Friendly visits or callsCommunity presentations about the centre |
| Recreation | Arts and crafts (i.e. craft classes, painting) Clubs (i.e book, travel groups) Fitness (i.e. walking, tai chi) Music and theatre (i.e. choir) Sport and recreation (i.e. curling, board games) Dance (i.e. line dancing, square dancing) |
| Transportation | Volunteer drivers and / or handi-van |
| Other | Anything not covered above (i.e. abuse shelter, courses offered, thrift store operated, newsletter distributed) |

To find out more about the exact nature of services and programs offered, please contact the seniors' centre directly.

ACME

Acme Seniors Association

412 Main St Minimum Age: 50

Acme AB, TOM 0A0 Annual Membership Fee: \$5.00

Phone: (403) 546-2154 Wheelchair Accessible

Services: •Food •Outreach •Recreation

AIRDRIE

Airdrie Over 50 Club

101, 275 Jensen Dr NE Hours: 6 days a week Airdrie AB, T4B 1P7 Minimum Age: 50

Phone: (403) 948-9505 Annual Membership Fee: \$20.00

Email: jimdice@telus.net Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation •Other

ALBERTA BEACH

Alberta Beach and District Active 50 Plus Club

5012 49 Ave Minimum Age: 50

Alberta Beach AB, TOE 0A0 Annual Membership Fee: \$25.00

Phone: (780) 924-3715 Wheelchair Accessible

Email: bpwylie@gmail.com

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

ALDER FLATS

Western Pioneers Senior Centre

Mailing Address: PO Box 102 Hours: 8 hours a day Alder Flats AB, TOC 0A0 Minimum Age: 55

Phone: (780) 388-3921 Annual Membership Fee: \$2.00

Services: •Facility Rentals •Food •Health •Recreation

ALIX

Alix & District Drop-In Centre

5008 50 St Hours: 1:00 to 4:30 pm

Alix AB, TOC 0B0 Annual Membership Fee: \$5.00

Phone: (403) 749-3228 Wheelchair Accessible

Email: gord@platinum.ca

Services: •Assistance •Food •Outreach •Recreation

ANDREW

Andrew Rainbow Club

5120 51 Ave Hours: 9:00 am-4:00 pm

Andrew AB, T0B 0C0 Minimum Age: 55

Phone: (780) 365-2131 Annual Membership Fee: \$5.00

Fax: (780) 365-3805 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

ARDROSSAN

Ardrossan Senior's Centre

21 Queen St Minimum Age: 55

Ardrossan AB, T8E 2A2 Annual Membership Fee: \$15.00

Phone: (780) 922-2025 Wheelchair Accessible Fax: (780) 922-2025

Email: a.seniors@aol.com

Services: •Facility Rentals •Recreation

ASHMONT

Ashmont Senior Citizens Club

Mailing Address: PO Box 255 Minimum Age: 55

Ashmont AB, TOA OCO Annual Membership Fee: \$5.00

Phone: (780) 726-2197 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

ATHABASCA

Athabasca & District Senior Citizen's Society

4810 48 St Hours: 9:00 am-4:00 pm

Athabasca AB, T9S 1V8 Minimum Age: 50

Phone: (780) 675-2982 Annual Membership Fee: \$10.00

Email: atsenior@telus.net Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

BARONS

Barons Senior Citizens Drop-In Centre

129 Main St Hours: Mon, Wed, Fri: 1:00-5:00 pm

Barons AB, TOL 0G0 Minimum Age: 40

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

BARRHEAD

Barrhead and District Senior Citizen's Society

5437 49 St Minimum Age: 55

Barrhead AB, T7N 1A3 Annual Membership Fee: \$15.00

Phone: (780) 674-3251 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

BASHAW

Buffalo Lake Golden Age Club

5001 50 St Hours: Mon-Fri: 1:00-4:30 pm

Bashaw AB, T0B 0H0 Minimum Age: 55

Phone: (780) 372-3801 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

BASSANO

Pioneer Damsiters Drop-In Centre

317 2 Ave Hours: Daily Bassano AB, TOJ 0B0 Minimum Age: 50

Phone: (403) 641-4072 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

BAWLF

Bawlf Senior Citizens Society

203 Hanson St Annual Membership Fee: \$20.00

Bawlf AB, TOB 0J0 Wheelchair Accessible

Phone: (780) 373-2250 Fax: (780) 373-3762

Services: •Assistance •Outreach •Recreation

BEAUMONT

St Vital Seniors Centre

5204A 50 Ave Hours: Mon-Sat: 8:30-11:00 am

Beaumont AB, T4X 1E3 Minimum Age: 55

Phone: (780) 929-5333 Annual Membership Fee: \$20.00

Email: Wheelchair Accessible

in fo@stvit alde be aumonts enior sclub. ca

Website:

http://stvitaldebeaumontseniorsclub.ca/

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

Transportation

BEAVERLODGE

Beaverlodge Senior Citizens Association

301 10 St Minimum Age: 60

Beaverlodge AB, T0H 0C0 Annual Membership Fee: \$15.00

Phone: (403) 354-3000 Wheelchair Accessible

Fax: (403) 354-3000

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach

Recreation

BEISEKER

Golden Years Town and Country Club

411 5 St Minimum Age: 50

Beiseker AB, TOM OGO Annual Membership Fee: \$5.00

Phone: (403) 947-2222 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Recreation

BELLEVUE

Bellecrest Senior Drop-In Centre

2413 213 St Hours: Tues, Wed: afternoons

Bellevue AB, TOK 0C0 Minimum Age: 55

Phone: (403) 564-4920 Annual Membership Fee: \$3.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

BENTLEY

Bentley Drop-In Centre

4918 50 Ave Hours: Tues: 10:00 am-4:00 pm

Bentley AB, TOC 0J0 Minimum Age: 55

Phone: (403) 748-4087 Annual Membership Fee: \$5.00

Email: larlor@telusplanet.net Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Recreation

BERWYN

Berwyn Golden Age Club

5110 51 St Hours: Mon-Sat Berwyn AB, TOH 0E0 Minimum Age: 55

Phone: (780) 338-3750 Annual Membership Fee: \$2.00

Fax: (780) 780-5972 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

BEZANSON

Bezanson Golden Years Club

Mailing Address: PO Box 178 Minimum Age: 55

Bezanson AB, T0H 0G0 Annual Membership Fee: \$5.00

Phone: (780) 532-6245

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation

BIG VALLEY

Big Valley Drop-In Centre

144 Main St Hours: 8:00-10:00 am Big Valley AB, TOJ 0G0 Minimum Age: 50

Phone: (403) 876-2650 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

BLACK DIAMOND

Griffiths Memorial Senior Center

122 Government Rd S Hours: 9:30-11:30 am Black Diamond AB, TOL 0H0 Minimum Age: 55

Phone: (403) 933-2167 Annual Membership Fee: \$15.00

Email: aemelnyk@hotmail.com Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

BLACKFALDS

Blackfalds Seniors' Cheemo Club

5018 Waghorn St Minimum Age: 55

Blackfalds AB, T0M 0J0 Annual Membership Fee: \$10.00

Phone: (780) 755-0322 Wheelchair Accessible

Services: •Food •Outreach •Recreation

BLACKFOOT

Blackfoot and District Golden Slippers Association

5204 51 Ave Minimum Age: 55

Blackfoot AB, T0B 0L0 Annual Membership Fee: \$20.00

Phone: (780) 875-5151 Wheelchair Accessible

Fax: (780) 808-5302

Email: dldomes@telusplanet.net

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

RecreationTransportation

BONNYVILLE

Bonnyville Senior Citizens Drop-In Centre

4813 47 Ave Hours: 10:00 am-4:00 pm

Bonnyville AB, T9N 1M4 Minimum Age: 50

Phone: (780) 826-3619 Annual Membership Fee: \$10.00

Fax: (780) 826-4032 Wheelchair Accessible

Email: scdic@telus.net

Website: www.bonnyvilleseniors.ca

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

Transportation

BOTHA

Botha Seniors Activities Club

4914 50 St Minimum Age: 40

Botha AB, TOC ONO Annual Membership Fee: \$5.00

Phone: (403) 742-2170 Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

BOW ISLAND

Golden Age Club

210 5 Ave E Hours: Mon-Fri: 4 hours per day

Bow Island AB, TOK OGO Minimum Age: 70

Phone: (403) 545-2992 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Food •Recreation

BOWDEN

Bowden Friendship Club

2133 18 Ave Minimum Age: 40

Bowden AB, TOM OKO Annual Membership Fee: \$10.00

Phone: (403) 224-2114 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

BOYLE

Boyle & District Seniors Association

Mailing Address: PO Box 219 Hours: Mon-Fri: 1:00-5:00 pm

Boyle AB, TOA 0M0 Minimum Age: 50

Phone: (780) 689-3977 Annual Membership Fee: \$15.00

Services: •Facility Rentals •Food •Health •Recreation

BRAGG CREEK

Bragg Creek Snowbirds Seniors Fellowship

19 Balsam Ave Minimum Age: 50

Bragg Creek AB, TOL OKO

Annual Membership Fee: \$15.00

Phone: (402) 949-3313 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

Transportation

BRETON

Breton Golden Age Center

5020 50 Ave Minimum Age: 55

Breton AB, TOC OPO Annual Membership Fee: \$6.00

Phone: (780) 696-3894 Wheelchair Accessible

Email: gkanda@xplornet.ca

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

BROOKS

Brooks & District Seniors Outreach Society

1235 3 St W Hours: Mon-Fri: 10:00 am-3:00 pm Brooks AB, T1R 1B6 Annual Membership Fee: \$15.00

Phone: (403) 362-4131 Wheelchair Accessible

Fax: (403) 362-6736

Email: seniors.outreach@telus.net Website: www.seniorsoutreach.org

Services: •Assistance •Food •Health •Information •Outreach

Prairie Pioneers 55 + Club

511 2 St W Minimum Age: 55

Brooks AB, T1R 0E8 Annual Membership Fee: \$15.00

Phone: (403) 362-5154 Wheelchair Accessible

Email: rw.hirsekorn@telus.net

Services: •Computer •Food •Information •Outreach •Recreation

BRUDERHEIM

Bruderheim Senior Citizen's Centre

5001 49 St Hours: Mon, Wed, Thurs: 10:00 am-12:00

Bruderheim AB, T0B 0S0 pm

Phone: (780) 796-3055 Minimum Age: 50

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food

BUCK LAKE

Buck Lake Seniors Citizens Drop-In Center

Mailing Address: PO Box 112 Minimum Age: 65

Buck Lake AB, TOC 0T0 Annual Membership Fee: \$1.00

Phone: (780) 388-3768 Wheelchair Accessible

Email: wonger@xplornet.com

Services: •Facility Rentals •Food •Health •Outreach •Recreation

BYEMOOR

Endmoor Drop-In Society

Mailing Address: PO Box 117 Minimum Age: 50

Byemoor AB, TOJ OLO Annual Membership Fee: \$3.00

Phone: (403) 579-2282 Wheelchair Accessible

Services: •Health •Recreation

CALGARY

Bow Cliff Seniors

608 Poplar Rd SW Hours: Mon-Fri: 8:30 am-4:00 pm

Calgary AB, T3C 2Z7 Minimum Age: 50

Phone: (403) 246-0390 Annual Membership Fee: \$20.00

Fax: (403) 240-3197 Wheelchair Accessible

Email: mlukas@bowcliffseniors.org Website: www.bowcliffseniors.org

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

Bowness Seniors Centre

6422 35 Ave NW Hours: Mon-Fri: 9:00 am-4:00 pm

Calgary AB, T3B 1S6 Minimum Age: 55

Phone: (403) 286-4488 Annual Membership Fee: \$18.00

Fax: (403) 202-2695 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach • Recreation

Hours: Wed, Thurs: 1:00-4:00 pm

Minimum Age: 55

Wheelchair Accessible

CALGARY

Brentwood Community 55+ Group

1520B Northmount Dr NW

Calgary AB, T2L 1V3 Phone: (403) 282-3477

Fax: (403) 284-3951

Email: brntwdca@telusplanet.net

Website: www.brentwoodcommunity.com

Services: •Recreation

Calgary Chinese Elderly Citizens' Association

111 Riverfront Ave SW Hours: Mon-Sat: 9:00 am-5:00 pm

Calgary AB, T2P 4Y8 Minimum Age: 50

Phone: (403) 269-6122 Annual Membership Fee: \$15.00

Fax: (403) 269-1951 Wheelchair Accessible

Email: cceca@cceca.ca Website: www.cceca.ca

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ◆Recreation ◆Other

Calgary Seniors' Resource Society

3639 26 St NE Hours: Mon-Fri: 8:30 am-4:30 pm Calgary AB, T1Y 5E1 Annual Membership Fee: \$20.00

Phone: (403) 266-6200 Wheelchair Accessible

Fax: (403) 269-5183

Email: reception@calgaryseniors.org Website: www.calgaryseniors.org

Services: •Assistance •Information •Outreach •Transportation

Calgary Vietnamese Canadian Seniors Citizen Association

1840 47 St SE Minimum Age: 55

Calgary AB, T2B 1L2 Annual Membership Fee: \$10.00

Phone: (403) 272-2788 Fax: (403) 272-9830

Email: caonienvn@shaw.ca

Services: •Assistance •Computer •Health •Outreach •Recreation

CALGARY

Confederation Park 55+ Activity Centre

2212 13 St NW Hours: Mon-Fri: 8:30 am-4:00 pm

Calgary AB, T2M 4P7 Minimum Age: 55

Phone: (403) 289-4780 Annual Membership Fee: \$25.00

Fax: (403) 289-2028 Wheelchair Accessible

Website: www.confedpark55plus.ca

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

●Outreach ●Recreation ●Transportation

Dashmesh Culture Senior Citizen's Society

Mailing Address: 61 Martindale Dr NE Hours: 10:30 am-5:00 pm

Calgary AB, T3J 2M8 Minimum Age: 60

Phone: (403) 280-8939 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Transportation

Dutch-Canadian Club of Calgary

300-7930 Bowness Rd NW Hours: Evenings

Calgary AB, T3B 0H2 Annual Membership Fee: \$45.00

Phone: (403) 247-1232 Wheelchair Accessible

Website: dutchclubcalgary.com

Services: •Recreation

Family Leisure Centre Seniors Club

11150 Bonaventure Dr SE Hours: Daily: 8:00 am-11:00 pm

Calgary AB, T2J 6R9 Minimum Age: 55

Phone: (403) 256-3710 Annual Membership Fee: \$10.00

Fax: (403) 256-3710 Wheelchair Accessible

Email: rleft@shaw.ca

Website: www.flcseniors.ca

Services: •Food •Outreach •Recreation •Other

Forge Seniors Citizens Club

Flr 2-4885 Hubalta Rd SE Minimum Age: 55

Calgary AB, T2B 1T5 Annual Membership Fee: \$20.00

Phone: (403) 288-3371 Wheelchair Accessible

Services: •Food •Information

CALGARY

Golden Age Club

610 8 Ave SE Hours: Mon-Fri: 8:00 am-4:00 pm, Sat:

Calgary AB, T2G 0M1 12:00-5:00 pm Phone: (403) 262-6342 Minimum Age: 35

Fax: (403) 262-9395 Annual Membership Fee: \$15.00

Website: www.downtowncentre.ab.ca Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

Greater Forest Lawn Senior Citizens' Society

3425 26 Ave SE Hours: Mon-Thurs: 9:00 am-4:00 pm, Fri:

Calgary AB, T2B 2P2 9:00 am-12:00 pm, some evenings

Phone: (403) 272-4661 Minimum Age: 55 Fax: (403) 272-6153 Annual Membership Fee: \$20.00

Website: www.gfls.org Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Other

Gujarati Mandal of Calgary

826 Edmonton Trail NE Minimum Age: 65

Calgary AB, T2P 2K4 Annual Membership Fee: \$10.00

Phone: (403) 277-1459 Wheelchair Accessible

Email: info@gujaratimandalcalgary.ca Website: www.gujaratimandalcalgary.ca/

Services: •Computer •Facility Rentals •Health •Information •Recreation

Haysboro 50 Plus Club

Mailing Address: Haysboro Community Hours: Wed: 12:00-4:00 pm

Association Minimum Age: 50

Calgary AB, T2V 0W4 Annual Membership Fee: \$10.00

Phone: (403) 253-1563 Wheelchair Accessible

Services: •Recreation

Heritage Seniors

703 Heritage Dr SW Minimum Age: 55

Calgary AB, T2V 2W4 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Food •Information •Outreach •Recreation

CALGARY

Highwood Seniors

Hudson Rd and Harlow Ave NW

Calgary AB, T2K 6J7

Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

Hungarian Senior Citizens Club Calgary

3 Scenic Cove Court NW Hours: Wed: 10:00 am-2:30 pm

Calgary AB, T3Z 1N2 Minimum Age: 60

Phone: (403) 241-2830 Annual Membership Fee: \$5.00

Fax: (403) 241-2830 Wheelchair Accessible

Email: steven.magas@shaw.ca

Services: •Assistance •Food •Information •Recreation

Huntington Pioneers Association Drop In Centre

520 78 Ave NW Hours: Tues, Thurs: 10:00 am-4:00 pm

Calgary AB, T2K 0S2 Minimum Age: 50

Phone: (403) 275-4294 Annual Membership Fee: \$20.00

Fax: (403) 275-5227 Wheelchair Accessible

Email: pioneers50@telus.net

Services: •Computer •Recreation

Inca Senior Citizens Society

215-3770 Westwind Dr NE Hours: 12:00-5:00 pm Calgary AB, T3J 5H3 Minimum Age: 55

Phone: (403) 285-3825 Annual Membership Fee: \$10.00

Fax: (403) 285-3825

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Transportation

Inglewood Silver Threads Association

1311 9 Ave SE Hours: 10:00 am-2:00 pm

Calgary AB, T2G 0T2 Minimum Age: 55

Phone: (403) 264-1006 Annual Membership Fee: \$20.00

Fax: (403) 261-2987 Wheelchair Accessible

Email:

inglewoodsilverthreads@hotmail.com

Services: •Assistance •Computer •Food •Information •Outreach •Recreation

CALGARY

Kerby Centre

1133 7 Ave SW Hours: Mon-Fri: 8:00 am-4:30 pm

Calgary AB, T2P 1B2 Minimum Age: 55

Phone: (403) 265-0661 Annual Membership Fee: \$20.00

Fax: (403) 705-3211 Wheelchair Accessible

Email: info@kerbycentre.com Website: www.kerbycentre.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Other

Know Your Neighbor Club

924 Heritage Dr SW Minimum Age: 55

Calgary AB, T2V 2W7 Annual Membership Fee: \$15.00

Phone: (403) 225-2362 Wheelchair Accessible

Services: •Facility Rentals •Information

Le Club de l'Amitié de Calgary

1717 5 St SW Hours: 7:30-10:30 pm Calgary AB, T2S 2A8 Minimum Age: 50

Phone: (403) 285-4766 Annual Membership Fee: \$10.00

Email: woodpecker@djconsulting.net Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

Open Door Senior Fellowship of Calgary

1307 4 St SW Hours: Mon-Fri: 9:00 am-3:00 pm

Calgary AB, T2R 0X9 Minimum Age: 55

Phone: (403) 269-7900 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation •Transportation

Parkdale Nifty Fifties Seniors Association

3512 5 Ave NW Hours: Mon-Fri: 8:00 am-4:00 pm

Calgary AB, T2N 0V7 Minimum Age: 40

Phone: (403) 283-0620 Annual Membership Fee: \$20.00

Fax: (403) 283-0602 Wheelchair Accessible Website: http://pdnf.org/

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

●Outreach ●Recreation

CALGARY

Polish Canadian Seniors

Mailing Address: 3015 15 St NE

Calgary AB, T2E 7L8

Phone: (403) 271-0064

Email: epotok@shaw.ca

ok@shaw.ca

Minimum Age: 55

Annual Membership Fee: \$15.00

Wheelchair Accessible

Renfrew 50+ Club

1318 Regal Cres NE Ho

Services: •Food •Outreach •Recreation

Calgary AB, T2E 6Y6 Phone: (403) 276-4747 Fax: (403) 276-4746

rax. (403) 270-4740

Email: renfrew50club@shaw.ca

Hours: Mon-Thurs: 8:30 am-3:30 pm, Fri:

8: 30 am-12: 30 pm Minimum Age: 50

Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

●Outreach ●Recreation ●Transportation

Silver Springs 55 Plus Club

6440 Silver Ridge Way NW

Calgary AB, T3B 3X7

Phone: (403) 288-0598

Hours: Mon: 1:30-4:00 pm

Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Food

South Fish Creek Recreation Association - Fifty Plus Drop-In

100-333 Shawville Blvd SE

Calgary AB, T2Y 4H3 Phone: (403) 201-8652 Fax: (403) 201-8657 Website: www.sfcra.com Hours: Fri: 9:00 am-12:00 pm

Minimum Age: 50 Wheelchair Accessible

Services: •Outreach •Recreation

Southwood Seniors

11024 Braeside Dr SW

Calgary AB, T2V 2J5

Phone: (403) 258-8096

Email: gmglasgo@shaw.ca

Website: braecom@telusplanet.net

Services: •Facility Rentals

Hours: Thurs: 9:30 am-2:00 pm (Sept-Jun)

Minimum Age: 75

Annual Membership Fee: \$30.00

Wheelchair Accessible

CALGARY

Springbank Heritage Club

244168 Rg Rd 33 Minimum Age: 55

Calgary AB, T3Z 2E7 Annual Membership Fee: \$25.00

Phone: (403) 242-9350

Services: •Food •Health •Information •Outreach •Recreation •Transportation

St Andrew's Heights Community Association

2504 13 Ave NW Wheelchair Accessible

Calgary AB, T2N 1L8

Email: president@standrewsheights.ca Website: www.standrewsheights.ca Services: •Facility Rentals •Recreation

The Club East Africa

Mailing Address: 1306-230 5 Ave SE Hours: 11:00 am-3:00 pm

Calgary AB, T2G 0E4 Minimum Age: 55

Phone: (403) 265-7860 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

The Good Companions 50 Plus Club

2609 19 Ave SW Hours: 9:00 am-4:30 pm

Calgary AB, T3E 0E9 Minimum Age: 50

Phone: (403) 249-6991 Annual Membership Fee: \$20.00

Fax: (403) 246-0754 Wheelchair Accessible

Email: goodcompanions50plus@shaw.ca

Services: •Facility Rentals •Transportation

The Salvation Army Glenmore Temple Over 60 Club

921 68 Ave SW Hours: Weds twice a month (except Jul-

Calgary AB, T2V 0N7 Aug)

Phone: (403) 253-1700 Annual Membership Fee: \$5.00

Fax: (403) 253-8024 Wheelchair Accessible

Website: www.glenmoretemple.com

Services: •Facility Rentals •Food •Information •Outreach

CALGARY

Varsity Seniors Club

Varsity Community Association, 4303 Hours: 7:00 am-10:00 pm

Varsity Dr NW Minimum Age: 55

Calgary AB, T3A 0Z7 Annual Membership Fee: \$10.00

Phone: (403) 288-9001 Wheelchair Accessible

Fax: (403) 247-3100 Email: vca@telus.net

Website:

www.calgaryarea.com/nw/varsity/varsity.ht

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Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

West Hillhurst Go-Getters Senior Citizen Association

1940 6 Ave NW Hours: 8:00 am-4:00 pm

Calgary AB, T2N 0W3 Minimum Age: 50

Phone: (403) 283-3720 Annual Membership Fee: \$10.00

Fax: (403) 283-3726 Wheelchair Accessible

Email: hillhurs@telusplanet.net Website: www.westhillhurst.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation

Wild Rose Seniors Association

4411 10 Ave SW Hours: Tues: 12:00-4:00 pm

Calgary AB, T3C 0L9 Minimum Age: 55

Phone: (403) 242-0212 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Recreation

CALMAR

Calmar & District Senior Citizens' Club

4916 50 Ave Hours: Mon, Wed, Fri: 9:00 am-12:00 pm

Calmar AB, TOC 0V0 Minimum Age: 55

Phone: (780) 985-3117 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation •Transportation

CAMROSE

Camrose and District Senior Centre Society

5415 49 Ave Hours: 9:00 am-5:00 pm

Camrose AB, T4V 0N6 Minimum Age: 50

Phone: (780) 672-7022 Annual Membership Fee: \$15.00

Email: camsrsoc@cable-lynx.net Wheelchair Accessible

Website: www.camroseseniorcentre.ca

Services: •Computer •Recreation •Transportation

CANMORE

Canmore Seniors Association

600B 9 St Hours: Mon-Fri: 10:00 am-12:00pm, 1:00-

Canmore AB, T1W 3L9 2:00 pm

Phone: (403) 678-2457 Minimum Age: 55

Website: Wheelchair Accessible

www.canmoreseniorsassociation.org

Services: •Facility Rentals •Food •Information •Outreach •Recreation

CARBON

New Horizons

401 Bruce Ave Hours: Tues: 1:00-3:30 pm, Thurs: 1:30-

Carbon AB, TOM OLO 4:00 pm

Phone: (403) 572-3444 Minimum Age: 45

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food

CARDSTON

Cardston Seniors Society

260 1 St W Minimum Age: 55

Cardston AB, TOK OKO Annual Membership Fee: \$10.00

Phone: (403) 653-2569 Wheelchair Accessible

Fax: (403) 653-2569 Email: parnell4@telus.net

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

CARMANGAY

Carmangay Senior Citizens Club

415 Grand Ave Hours: Tues: 8:00 am-4:00 pm

Carmangay AB, TOL 0N0 Minimum Age: 45

Phone: (403) 643-2251 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

CAROLINE

Caroline Senior Citizens Drop In Centre

5111 49 Ave Hours: Every Third Mon: 1:00-4:00 pm

Caroline AB, TOM 0M0 Minimum Age: 50

Phone: (403) 722-3960 Annual Membership Fee: \$5.00

Email: oliver.dwight@gmail.com Wheelchair Accessible

Services: •Assistance •Facility Rentals •Health •Recreation •Transportation •Other

CARSELAND

Jet Setters Club

330 Railway Ave Hours: 1:30-4:00 pm Carseland AB, TOJ 0MO Minimum Age: 50

Phone: (403) 934-3315 Annual Membership Fee: \$5.00

Email: easymort@gmail.com Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation ●Transportation

CASLAN

Caslan Pioneer Club

Mailing Address: PO Box 166 Minimum Age: 50

Caslan AB, TOA ORO Annual Membership Fee: \$5.00

Phone: (780) 689-2510 Wheelchair Accessible

Services: •Assistance •Food •Health •Outreach •Recreation

CASTOR

Castor Golden Circle

51 St and 49 Ave Minimum Age: 40

Castor AB, TOC 0X0 Annual Membership Fee: \$10.00

Phone: (403) 882-2214 Wheelchair Accessible

Email: info@goldencircle.ca

Services: •Assistance •Facility Rentals •Recreation

CEREAL

Cereal Golden Center Group

Main St Minimum Age: 50

Cereal AB, TOJ 0N0 Annual Membership Fee: \$10.00

Phone: (403) 326-3868 Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

CHAMPION

Champion Pioneer Club

119 Main St Hours: Mon-Fri: 9:00-11:30 am

Champion AB, TOL ORO Minimum Age: 50

Phone: (403) 897-3824 Annual Membership Fee: \$25.00

Fax: (403) 897-3824 Wheelchair Accessible

Email: jaryukon@gmail.com

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

CHAUVIN

Chauvin Community Seniors Citizens Drop-In Center

Mailing Address: PO Box 361 Annual Membership Fee: \$5.00

Chauvin AB, T0B 0V0 Wheelchair Accessible

Phone: (780) 858-3960

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation ●Transportation

CHERRY GROVE

Cherry Grove Senior Citizens

Mailing Address: PO Box 157 Minimum Age: 50

Cherry Grove AB, TOA 0TO

Annual Membership Fee: \$10.00

Services: •Computer •Facility Rentals •Food •Outreach •Recreation •Other

CHESTERMERE

Chestermere Whitecappers Association

201 B West Chestermere Dr Minimum Age: 50

Chestermere AB, T1X 1B2 Annual Membership Fee: \$25.00

Phone: (403) 235-2117 Wheelchair Accessible

Fax: (403) 272-3764

Email: chestermerewhitecappers@shaw.ca

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

CLAIRMONT

Clairmont and Area Senior Citizen Club

9801 100 Ave Hours: 6:30-10:30 pm Clairmont AB, TOH 0W1 Minimum Age: 55

Phone: (780) 567-2121 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

CLANDONALD

Clandonald Friendship Centre

Mailing Address: PO Box 516 Hours: Mon-Fri: 9:00 am-9:00 pm

Clandonald AB, T0B 0X0 Minimum Age: 55

Phone: (780) 853-2676 Annual Membership Fee: \$3.00

Fax: (780) 853-2672 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

CLARESHOLM

Claresholm Seniors Drop-In Centre

5009 2 St E Hours: 9:00 am-5:00 pm, evenings

Claresholm AB, TOL 0TO Minimum Age: 45

Phone: (403) 625-2877 Annual Membership Fee: \$20.00

Fax: (403) 625-2827 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

CLIVE

Clive Senior Circle

Mailing Address: PO Box 165 Hours: Mon: Afternoons

Clive AB, TOC 0Y0 Minimum Age: 50

Phone: (403) 782-2409 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Food •Health •Outreach •Recreation

CLYDE

Clyde and District Senior Citizens Club

4714 50 St Minimum Age: 50

Clyde AB, TOG OPO Annual Membership Fee: \$5.00

Phone: (780) 348-5442 Wheelchair Accessible

Services: •Facility Rentals •Food

COALDALE

Coaldale Seniors' Centre

1806 21 Ave Hours: Tues, Thurs: 12:30-4:00 pm, Mon:

Coaldale AB, T1M 1E9 Evenings

Phone: (403) 345-5227 Minimum Age: 55

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

Readymade 50 Plus Club

Main Street Minimum Age: 50
Coaldale AB, T1M 1N3 Membership Fee: \$.00
Phone: (403) 345-3823 Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

COALHURST

Coalhurst 55 Plus Social Society

5205 6 St Hours: 9:00 am-12:00 pm, 6:30-9:00 pm

Coalhurst AB, TOL 0V0 Minimum Age: 36

Phone: (403) 381-3736 Annual Membership Fee: \$15.00

Email: jvcoombes@shaw.ca Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Other

COCHRANE

Seniors on the Bow Centre

2nd Floor-800 Griffin Rd E Hours: 90:00 am-12:00 pm, 1:00-4:00 pm

Cochrane AB, T4C 1A5 Minimum Age: 50

Phone: (403) 932-6002 Annual Membership Fee: \$20.00

Email: sotbcentre@gmail.com Wheelchair Accessible

Website: www.cochrane.ca/sotb

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

●Outreach ●Recreation

COLD LAKE

Cold Lake Senior's Society

1301 8 Ave Hours: Mon-Fri: 9:00 am-4:00 pm

Cold Lake AB, T9M 1P3 Minimum Age: 50

Phone: (780) 639-0065 Annual Membership Fee: \$10.00

Fax: (780) 639-0045 Wheelchair Accessible

Email: coldlake@telus.net

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach

Recreation

COLEMAN

Coleman Senior Drop-In Centre

7801 18 Ave Hours: Mon: 1:00-4:00 pm, Wed: 12:30-

Coleman AB, TOK 0M0 4:00 pm, Fri: 1:00-4:00 pm

Phone: (403) 563-3126 Minimum Age: 67

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

CORONATION

Coronation Town and Country Golden Age Club

4929 Windsor Ave Hours: 1:00-5:00 pm Coronation AB, TOC 1C0 Minimum Age: 40

Phone: (403) 578-3410 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Recreation

COUTTS

Border Rascals

301 3 St W Hours: Thurs: 2:00 pm, Thurs monthly:

Coutts AB, TOK ONO 5:30 pm

Phone: (403) 344-3994 Minimum Age: 50

Fax: (403) 344-4010 Annual Membership Fee: \$5.00

Email: edwicks@mrcable.ca Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

Transportation

CREMONA

Cremona Gold & Silver Society

113 Centre St Minimum Age: 50

Cremona AB, TOM ORO Annual Membership Fee: \$10.00

Phone: (403) 337-2371 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

CROSSFIELD

Crossfield Golden Key Club

1016 Chisholm Ave Minimum Age: 50

Crossfield AB, TOM 0S0 Annual Membership Fee: \$20.00

Phone: (403) 946-5152 Wheelchair Accessible

Services: •Computer •Food •Health •Information •Outreach •Recreation

DARWELL

Interlake Golden Age Club

Mailing Address: PO Box 417 Hours: Tues: 12:00-4:00 pm, Fri: 6:00-

Darwell AB, T0E 0L0 10:00 pm

Phone: (780) 892-2457 Minimum Age: 50

Annual Membership Fee: \$12.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

DEBOLT

DeBolt Pioneer Centre

Mailing Address: PO Box 503 Hours: Thurs: 1:00-4:00 pm, Wed: 12:30-

DeBolt AB, T0H 1B0 3:00 pm twice a month

Phone: (780) 957-3772 Minimum Age: 50

Annual Membership Fee: \$1.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

DELBURNE

Delburne & District Drop-In

Mailing Address: PO Box 404 Annual Membership Fee: \$5.00

Delburne AB, TOM OVO Wheelchair Accessible

Phone: (403) 749-3254

Services: •Facility Rentals •Food •Information •Recreation

DELIA

Delia and District Senior Citizens

Main St Hours: Tues, Thurs: 9:00 am-12:00 pm

Delia AB, TOJ 0W0 Minimum Age: 50

Phone: (403) 364-3834 Annual Membership Fee: \$15.00

Services: •Food

DEVON

Devon Pioneer 73 Club

29 St. Lawrence Ave Minimum Age: 55

Devon AB, T9G 1L4 Annual Membership Fee: \$10.00

Phone: (780) 987-2148 Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

DEWBERRY

Dewberry Seniors Center

91 Center St Hours: Tues: 1:30-3:00 pm

Dewberry AB, T0B 1G0 Minimum Age: 50

Phone: (780) 847-3282 Annual Membership Fee: \$5.00

Fax: (780) 847-2282 Wheelchair Accessible

Email: gmholmen@hmsinet.ca

Services: •Facility Rentals •Food •Information •Recreation

DIDSBURY

Didsbury & District Seniors Support Services

1811 20 St Hours: Mon-Fri: 9:00 am-12:00 pm

Didsbury AB, TOM OWO Wheelchair Accessible

Phone: (403) 335-4391 Fax: (403) 335-4399

Email: seniors@didsburychamber.ca

Services: •Assistance •Food •Health •Information •Outreach •Recreation

Transportation

Five-O Club of Didsbury

2500 15 Ave Minimum Age: 50

Didsbury AB, TOM OWO Annual Membership Fee: \$20.00

Phone: (403) 335-8058 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

DIXONVILLE

Golden Age Inn Club

Secondary Highway 689 Hours: Wed: 9:00 am-12:00 pm

Dixonville AB, T0H 1E0 Minimum Age: 55

Phone: (780) 971-2402 Annual Membership Fee: \$1.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

DONALDA

Donalda Coulee Friendship Club

Mailing Address: PO Box 162 Hours: Sat: 1:00-4:00 pm

Donalda AB, T0B 1H0 Minimum Age: 50

Phone: (403) 883-2229 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

DONNELLY

Club Des Pionniers

4918 3 St Minimum Age: 45

Donnelly AB, T0H 1G0 Annual Membership Fee: \$15.00

Phone: (780) 925-3884 Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

DRAYTON VALLEY

Senior Citizens' Club of Drayton Valley

5138 52 Ave Hours: Weekdays Drayton Valley AB, T7A 1S4 Minimum Age: 55

Phone: (780) 542-4737 Annual Membership Fee: \$15.00

Fax: (780) 621-0406 Wheelchair Accessible

Email: dv55plus@gmail.com

Website:

www.draytonvalleyseniorcitizens.com

Services: •Facility Rentals •Food •Information •Recreation

DRUMHELLER

Drumheller Pioneer Trail Society

160 3 Ave W Hours: Mon-Sat: 8:00 am-4:00 pm

Drumheller AB, TOJ 0Y0 Minimum Age: 50

Phone: (780) 823-6565 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

EAGLESHAM

Senior Social Centre Club

Main St Hours: Tues: 1:00-4:00 pm, Fri: 7:00-

Eaglesham AB, T0H 1H0 10:00 pm

Phone: (780) 359-3782 Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

ECKVILLE

Eckville and District Friendship Club

5011 54 Ave Hours: Mon: 1:00-10:30 pm, Tues, Fri: Eckville AB, T0M 0X0 9:00-11:00 am, Wed: 1:00-4:00 pm,

Phone: (403) 746-3120 Thurs: 1:00-3:00 pm

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Recreation

Eckville Neighbourhood Place

5120 51 Ave

Eckville AB, TOM 0X0 Phone: (403) 746-2446 Fax: (403) 746-2414

Services: •Assistance •Computer •Health •Information •Recreation

EDBERG

Edberg and District Seniors Centre

56 Main St Hours: 9:00-11:00 am Edberg AB, T0B 1J0 Minimum Age: 50

Phone: (780) 877-3919 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

EDMONTON

Assist Community Service Centre

Mailing Address: 9649 105A Ave Hours: Mon-Fri: 9:00 am-5:00 pm, Sat:

Edmonton AB, T5H 0M3 9: 30 am-12: 30 pm Phone: (780) 429-3111 Minimum Age: 55

Fax: (780) 424-7837 Membership Fee: \$10.00 Email: info@assistcsc.org Wheelchair Accessible

Website: http://www.assistcsc.org/

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Other

Beverly Active Seniors Society (B.A.S.S.)

4209 111 Ave Hours: Tues, Thurs: 12:30-4:00 pm

Edmonton AB, T5W 0K3 Minimum Age: 55

Phone: (780) 471-6819 Annual Membership Fee: \$5.00

Email: beverlyactivesrsociety@hotmail.com Wheelchair Accessible

Services: •Information •Recreation

Calder Seniors Drop-In

12963 120 St Hours: Mon-Fri: 8:30 am-4:30 pm

Edmonton AB, T5E 5N8 Minimum Age: 55

Phone: (780) 496-7366 Annual Membership Fee: \$15.00

Email: execald@telus.net Wheelchair Accessible

Website: www.calderseniors.org

Services: •Assistance •Facility Rentals •Food •Health •Recreation •Transportation

Edmonton Aboriginal Seniors Centre

Cottage E-10107 134 Ave Hours: Mon-Fri: 8:30 am-4:30 pm Edmonton AB, T5E 1J2 Annual Membership Fee: \$5.00

Phone: (780) 476-6595 Wheelchair Accessible

Fax: (780) 475-7957 Email: nsctr@telus.com

Website: www.nativeseniorscentre.ca

Services: •Assistance •Food •Health •Information •Outreach •Recreation

◆Transportation◆Other

EDMONTON

Edmonton Seniors Centre

3Y-11111 Jasper Ave Hours: Mon-Fri: 8:30 am-4:00 pm

Edmonton AB, T5K 0L4 Minimum Age: 45

Phone: (780) 342-8625 Annual Membership Fee: \$20.00

Fax: (780) 342-8916 Wheelchair Accessible

Email:

executive@edmontonseniorscentre.ca Website: edmontonseniorscentre.ca

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ◆Recreation ◆Other

Grace Lutheran Church Golden Agers

9907 114 St NW Annual Membership Fee: \$5.00

Edmonton AB, T5K 1P7 Wheelchair Accessible

Phone: (780) 488-7967 Fax: (780) 488-5675

Services: •Assistance •Food •Information

Heritage Seniors Stop In Centre

316 Saddleback Rd NW Hours: Mon-Sat: 9:00 am-4:00 pm

Edmonton AB, T6J 4R7 Minimum Age: 55

Phone: (780) 437-8759 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Food •Information •Outreach •Recreation

Ital-Canadian Seniors Association

9111 110 Ave NW Hours: Mon-Sun: 11:00 am-5:00 pm

Edmonton AB, T5H 4J9 Minimum Age: 55

Phone: (780) 424-1255 Annual Membership Fee: \$10.00

Fax: (780) 424-1039 Wheelchair Accessible

Email: itcansrs@telus.net

Website: www.ital-canadianseniors.org

Services: •Assistance •Computer •Food •Information •Outreach •Recreation

EDMONTON

Jewish Drop In Centre

10052 117 St NW Hours: Sun-Thurs: 9:00 am-4:00 pm

Edmonton AB, T5J2P4 Minimum Age: 55

Phone: (780) 488-4241 Annual Membership Fee: \$25.00

Fax: (780) 488-6591 Wheelchair Accessible

Email: jdic@shaw.ca Website: www.jdic.ca

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation ●Other

La Fédération des Aînés Franco-Albertains

136-8627 91 St Hours: Mon-Thurs: 9:30 am-4:00 pm

Edmonton AB, T6C 3N1 Minimum Age: 55

Phone: (780) 465-8965 Annual Membership Fee: \$5.00

Fax: (780) 468-6535 Wheelchair Accessible

Email: bureau@fafalta.ca Website: www.fafalta.ca

Services: •Assistance •Information •Transportation •Other

Luther Place Seniors

9009 163 St Hours: 3rd Wed: 4:00-6:30 pm

Edmonton AB, T5R 2N8 Minimum Age: 55

Phone: (780) 486-5393 Annual Membership Fee: \$3.00

Fax: (780) 484-9323 Wheelchair Accessible

Services: •Food •Health •Recreation •Other

McCauley Seniors Drop-In Centre

9526 106 Ave NW Hours: Mon-Fri: 8:00 am-6:30 pm, Sat-

Edmonton AB, T5H 0N2 Sun: 10:30 am-6:30 pm

Phone: (780) 429-2626 Minimum Age: 55 Fax: (780) 429-2629 Wheelchair Accessible

Email: gail@ofss.org Website: www.ofss.org

Services: •Assistance •Computer •Food •Health •Outreach •Recreation

◆Transportation◆Other

EDMONTON

Mill Woods Seniors Activity Centre

Mailing Address: Flr 2-7207 28 Ave Hours: Mon-Fri: 9:00 am-3:00 pm

Edmonton AB, T6K 3Z3 Minimum Age: 55

Phone: (780) 496-2997 Annual Membership Fee: \$25.00

Website: www.mwsac.com Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

Multicultural Womens & Seniors Services Association

329 Woodvale Rd W Hours: Mon-Fri: 9:00 am-4:30 pm

Edmonton AB, T6L 3Z7 Minimum Age: 55 Phone: (780) 465-2992 Membership Fee: \$.00 Email: culture@mwssa.org Wheelchair Accessible

Website: www.mwssa.org

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Transportation

New Horizon Club

9115 75 St NW Hours: Tues-Fri: 9:00 am-4:00 pm

Edmonton AB, T6C 4L3 Minimum Age: 65 Phone: (780) 469-6846 Wheelchair Accessible

Website: www.edmontontemple.com

Services: •Information •Outreach

North Edmonton Seniors Association

7524 139 Ave NW Hours: 8:30 am-4:30 pm, some evenings

Edmonton AB, T5C 3H7 Minimum Age: 55

Phone: (780) 496-6969 Annual Membership Fee: \$30.00

Fax: (780) 577-3531 Wheelchair Accessible

Email: info@nesa1.ca
Website: www.nesa1.ca

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Polish Canadian Congress

Mailing Address: 10647 67 St

Edmonton AB, T6A 2R9 Phone: (780) 469-7232

Services: •Assistance •Outreach

EDMONTON

Pride Centre of Edmonton

10608 105 Ave Hours: Tues-Fri: 12:00-9:00 pm, Sat: 2:00-

Edmonton AB, T5H 0L2 6:30 pm

Phone: (780) 488-3734 Minimum Age: 55 Fax: (780) 482-2855 Wheelchair Accessible

Email: admin@pridecentreofedmonton.org Website: www.pridecentreofedmonton.org

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

●Outreach ●Recreation

Seniors Association of Greater Edmonton (SAGE)

15 Sir Winston Churchill Sq NW Hours: Mon-Fri: 8:30 am-4:00 pm Edmonton AB. T5J 2E5 Annual Membership Fee: \$25.00

Phone: (780) 423-5510 Wheelchair Accessible

Fax: (780) 426-5175 Email: info@mysage.ca Website: www.mysage.ca

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ◆Recreation ◆Other

Seniors Caring About Seniors

106-7814 83 St Hours: Mon-Fri: 10:00 am-4:00 pm

Edmonton AB, T6C 2Y8 Minimum Age: 65

Phone: (780) 465-0311 Annual Membership Fee: \$10.00

Fax: (780) 461-7809 Wheelchair Accessible

Email: email@sscas.com Website: www.sscas.com Services: •Transportation

Seniors Stop In Centre

270-3210 118 Ave NW Hours: Mon-Fri: 10:00 am-3:00 pm

Edmonton AB, T5W 4W1 Minimum Age: 55 Phone: (780) 474-4337 Wheelchair Accessible

Services: •Assistance •Food •Information •Recreation

EDMONTON

South East Edmonton Seniors Association

9350 82 St Hours: Mon, Fri: 8:30 am-4:30 pm, Tues-Edmonton AB, T6C 2X8 Thurs: 8:30 am-8:30 pm, Sat: 9:00 am-

Phone: (780) 468-1985 12:00 pm

Fax: (780) 440-6272 Minimum Age: 55

Email: kimberly@seesa.ca Annual Membership Fee: \$30.00

Website: www.seesa.ca Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

South-West Seniors Outreach Society

10832 62 Ave NW Hours: Tues-Thurs: 9:00 am-3:00 pm

Edmonton AB, T6H 1N1 Minimum Age: 55

Phone: (780) 435-9515 Annual Membership Fee: \$10.00

Fax: (780) 435-9515 Wheelchair Accessible

Email: swseniors@telus.net

Services: •Assistance •Food •Information •Outreach •Recreation

Strathcona Place Senior Centre

10831 University Ave Hours: 9:00 am-4:00 pm

Edmonton AB, T6E 4R1 Minimum Age: 60

Phone: (780) 433-5807 Annual Membership Fee: \$25.00

Fax: (780) 433-5282 Wheelchair Accessible

Email: senctr@telus.net

Website: www.seniorcentre.org

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

Other

West Jasper Sherwood Senior Citizens Club

9620 152 St Minimum Age: 55

Edmonton AB, T5R 1R3 Annual Membership Fee: \$5.00

Phone: (780) 489-6369 Wheelchair Accessible

Services: •Information •Recreation •Transportation

EDMONTON

Westend Seniors Activity Centre

9629 176 St Hours: Mon-Fri: 9:00 am-4:00 pm

Edmonton AB, T5T 6B3 Minimum Age: 55

Phone: (780) 483-1209 Annual Membership Fee: \$30.00

Fax: (780) 484-7738 Wheelchair Accessible

Email: weseniors@westendseniors.com

Website:

www.westendseniorsactivitycentre.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ◆Recreation ◆Transportation

EDSON

Edson and District Oldtimer's Recreation Centre Society

4836 7 Ave Hours: 10:00 am-3:00 pm, some evenings

Edson AB, T7E 1K8 Minimum Age: 50

Phone: (780) 723-5777 Annual Membership Fee: \$15.00

Fax: (780) 723-5726 Wheelchair Accessible

Email: pioneercabin@telus.net

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

ELK POINT

Pioneer Circle Elk Point

5010 48 St Minimum Age: 50

Elk Point AB, TOA 1AO Annual Membership Fee: \$10.00

Phone: (780) 724-3605 Wheelchair Accessible

Fax: (780) 724-4430

Email: margaretmodin@hotmail.com

Services: •Facility Rentals •Food •Health •Information •Recreation

ELNORA

Elnora Drop In Centre

328 3 Ave Hours: Daily

Elnora AB, TOM 0YO Annual Membership Fee: \$10.00

Phone: (403) 773-2270 Wheelchair Accessible

Email: elwest@wispernet.ca

Services: •Computer •Facility Rentals •Food •Information •Recreation

EMPRESS

Empress Friendship Centre

Centre St Hours: Mon, Wed, Fri: 7:00 pm

Empress AB, TOJ 1E0 Minimum Age: 50

Phone: (403) 565-2068 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Recreation

Transportation

ENCHANT

Enchant Senior Citizens

125 Centre St Minimum Age: 73

Enchant AB, TOK OVO Annual Membership Fee: \$5.00

Phone: (403) 739-3933 Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

ENTWISTLE

Entwistle Seniors 55 Plus Club

Mailing Address: PO Box 471 Hours: Tues, Fri: 1:00-4:00 pm

Entwistle AB, T0E 0S0 Minimum Age: 55

Phone: (780) 727-2918 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

ERSKINE

Erskine and District Senior Centre

Mailing Address: PO Box 532 Hours: Wed: 1:30-4:00 pm Erskine AB, TOC 1G0 Annual Membership Fee: \$5.00

Phone: (403) 742-5175 Wheelchair Accessible

Services: •Facility Rentals •Recreation

EVANSBURG

Evansburg Senior Citizens' Society - Heritage House

5019 49 St Minimum Age: 55

Evansburg AB, T0E 0T0 Annual Membership Fee: \$10.00

Phone: (780) 727-2207 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

FAIRVIEW

Fairview Golden Age Society

10307 110 St Minimum Age: 50

Fairview AB, T0H 1L0 Annual Membership Fee: \$15.00

Phone: (780) 835-4826 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Recreation

FALHER

Club Alouette Falher

101 Main St Hours: 8:30 am-5:00 pm

Falher AB, TOH 1MO Minimum Age: 45

Phone: (780) 837-2684 Annual Membership Fee: \$25.00

Fax: (780) 837-3325 Wheelchair Accessible

Email: clubalou@telus.net

Services: •Computer •Facility Rentals •Food •Health •Recreation

FALUN

Falun & District Senior Citizens' Club

Mailing Address: PO Box 7 Hours: Tues: 7:00-9:30 pm, Wed: 1:00-

Falun AB, TOC 1HO 3:00 pm

Phone: (780) 352-4910 Minimum Age: 55

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Health •Outreach •Recreation

FAUST

Faust Silver - Gold Seniors

23 and Centre St Hours: Tues, Fri: 7:00 pm

Faust AB, TOG 0X0 Minimum Age: 50

Phone: (780) 355-3642 Annual Membership Fee: \$5.00

Email: kookumca@hotmail.com Wheelchair Accessible

Services: •Assistance •Computer •Outreach •Recreation

FAWCETT

Fawcett Senior Citizens Centre

Mailing Address: PO Box 24 Hours: Mon: 1:00-4:00 pm, Sat: 9:00 am-

Fawcett AB, T0G 0Y0 5:00 pm, 6:00-10:00 pm

Phone: (780) 954-3886 Minimum Age: 55

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

FERINTOSH

Little Beaver "Hi-U" Senior Centre

203 Glenmuier Ave Hours: Mon-Sat Ferintosh AB, T0B 1M0 Minimum Age: 35

Phone: (780) 877-3998 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

FLATBUSH

Flatbush Silver Threads

Mailing Address: PO Box 117 Annual Membership Fee: \$5.00

Flatbush AB, T0G 0Z0 Wheelchair Accessible Phone: (780) 681-0002

Services: •Food •Recreation

FOREMOST

Foremost Senior Centre

103 1 Ave E Minimum Age: 50

Foremost AB, TOK 0X0 Annual Membership Fee: \$10.00

Phone: (403) 867-3969 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation

FORESTBURG

Forestburg Golden Age Club

Big Knife Villa, 4401 47 St Hours: Mon-Sat: 9:00 am-5:00 pm

Forestburg AB, T0B 1N0 Minimum Age: 55

Phone: (780) 582-3941 Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

Transportation

FORT ASSINIBOINE

Fort Assiniboine Friendship Centre

Mailing Address: PO Box 32 Minimum Age: 55

Fort Assiniboine AB, TOG 1AO Annual Membership Fee: \$5.00

Phone: (780) 584-3737 Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

FORT KENT

Fort Kent Senior Citizens Club

Main St Minimum Age: 50

Fort Kent AB, T0A 1H0 Membership Fee: \$100.00 Phone: (780) 826-5546 Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

FORT MACLEOD

Senior Citizens Welcome Mat

239 24 St Hours: Mon-Sat: 9:30 am-12:00 pm, 1:30-

Fort MacLeod AB, TOL OZO 4:30 pm

Phone: (403) 553-2179 Minimum Age: 55

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

Transportation

FORT MCMURRAY

Fort McMurray Golden Years Activity Society

10111 Main St Hours: Mon-Fri: 9:00 am-5:00 pm

Fort McMurray AB, T9H 2G6 Minimum Age: 50

Phone: (780) 743-4088 Annual Membership Fee: \$15.00

Fax: (780) 743-5063 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation

FORT SASKATCHEWAN

Pioneer House Club 50

10102 100 Ave Hours: Mon-Fri: 9:00 am-3:00 pm

Fort Saskatchewan AB, T8L 1Y6 Minimum Age: 10 Phone: (780) 998-3898 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

FORT VERMILION

Fort Vermilion Senior's Drop In Centre

4801 River Rd Hours: Mon, Wed, Fri: 1:00-5:00 pm

Fort Vermilion AB, T0H 1N0 Minimum Age: 50

Phone: (780) 927-4898 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

FOX CREEK

Fox Creek Golden Circle

Mailing Address: PO Box 998 Hours: Thurs, Fri: 7:00-10:00 pm

Fox Creek AB, T0H 1P0 Minimum Age: 50 Phone: (403) 622-3794 Wheelchair Accessible

Services: •Computer •Facility Rentals •Recreation

GALAHAD

Galahad Senior Citizens Friendship Club

102 Main St Hours: Tues, Thurs: 1:00-4:30 pm

Galahad AB, T0B 1R0 Membership Fee: \$10.00 Phone: (780) 583-2413 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

GIBBONS

Gibbons Senior Twilight Club

4539 49 St Hours: Mon-Fri: 9:00 am-12:00 pm

Gibbons AB, TOA 1NO Minimum Age: 50

Phone: (780) 923-2030 Annual Membership Fee: \$5.00

Fax: (780) 923-2050 Wheelchair Accessible

Email: dewdrop4539@hotmail.com

Services: •Facility Rentals •Health •Outreach •Recreation •Transportation

GIROUXVILLE

Club Etoile D'Age D'Or De Girouxville

Mailing Address: PO Box 334 Minimum Age: 45

Girouxville AB, T0H 1S0 Annual Membership Fee: \$10.00

Phone: (780) 323-4275 Wheelchair Accessible

Fax: (780) 323-4210

Email: mcbrulo@telusplanet.net

Services: •Facility Rentals •Food •Recreation

GLENDON

Glendon & District Senior Citizens Club

17, 1 Ave and 1 St E Hours: Mon-Fri: 8:00 am-12:00 pm

Glendon AB, TOA 1PO Minimum Age: 55

Phone: (780) 635-4154 Annual Membership Fee: \$5.00

Fax: (780) 635-4033 Wheelchair Accessible

Email: pdoonanco@mcsnet.ca

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

GLENWOOD

Aged Cheese Country Club

90 Main Ave

Glenwood AB, T0K 2R0 Phone: (403) 626-3690

Fax: (403) 626-3234

Services: •Recreation

Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

GRANDE CACHE

Big Horn Golden Age Club

9704 104 St Grande Cache AB, TOE 0Y0

Phone: (780) 827-2373

Fax: (780) 827-3113

Hours: 7 days a week Minimum Age: 50

Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

GRANDE PRAIRIE

Grande Prairie & District Golden Age Centre

10222 101 Ave

Grande Prairie AB, T8V 0Y5 Phone: (780) 532-5818

Fax: (780) 532-5970

Hours: Mon-Fri: 8:30 am-4:00 pm

Minimum Age: 55

Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Recreation

GRANUM

Granum Drop-In Center

306 Railway Ave

Granum AB, TOL 1A0 Phone: (403) 687-3840

Fax: (403) 687-3840

Email: granumdropin@shaw.ca

Hours: Mon-Fri: 7:00 am-12:00 pm, 1:00-

3:30 pm, Sat: 7:00 am-12:00 pm Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Recreation

GRIMSHAW

New Horizons Drop-In Center

5009 50 Ave Hours: 10:00 am-4:00 pm

Grimshaw AB, T0H 1W0 Minimum Age: 18

Phone: (780) 332-1412 Annual Membership Fee: \$5.00

Fax: (780) 332-1412 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

GROUARD

Grouard Seniors Community Centre

60A Mission St Minimum Age: 55

Grouard AB, TOG 1CO Annual Membership Fee: \$10.00

Phone: (780) 751-2039 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

GWYNNE

Crooked Lake Senior Citizen's Club

C/O Mable Glaser, GD Minimum Age: 60

Gwynne AB, TOC 1LO Annual Membership Fee: \$5.00

Phone: (780) 352-3587 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

HALKIRK

Halkirk Senior Centre

Mailing Address: PO Box 233 Hours: Tues: 7:00-9:00 pm

Halkirk AB, TOC 1MO Minimum Age: 40

Phone: (403) 884-2181 Annual Membership Fee: \$10.00

Fax: (403) 884-2381 Wheelchair Accessible

Email: dwashbacher@hotmail.com

Services: •Facility Rentals •Food •Health •Outreach •Recreation

HANNA

Alberta Pioneer Association of Hanna

519 3 Ave W Hours: Tues-Fri: 1:00-4:00 pm

Hanna AB, TOJ 1PO Minimum Age: 55

Phone: (780) 854-3717 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

HARDISTY

Hardisty Drop-In Centre

5003 50 St Minimum Age: 50

Hardisty AB, T0B 1V0 Annual Membership Fee: \$10.00

Phone: (780) 888-2222 Wheelchair Accessible

Fax: (780) 888-3598

Email: lizden@xplornet.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Recreation

HAY LAKES

Hay Lakes Senior Citizen Club

110 Main St Hours: Wed: 11:00-4:30 pm, Fri: 7:00-

Hay Lakes AB, TOB 1WO 10:00 pm

Phone: (780) 878-3303 Minimum Age: 55

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

HEINSBURG

Riverview Senior Centre

Mailing Address: GD Hours: Thurs: 7:00-10:00 pm

Heinsburg AB, TOA 1XO Minimum Age: 50

Phone: (780) 943-3338 Annual Membership Fee: \$10.00

Email: akvill@hotmail.com Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

HEISLER

Heisler Senior Citizens Friendship Club

123 Main St Hours: 7:30-10:00 am, Wed, Thurs, Fri:

Heisler AB, T0B 2A0 1:00-5:00 pm Phone: (780) 889-3787 Minimum Age: 50

Annual Membership Fee: \$7.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

HIGH PRAIRIE

High Prairie Golden Age Club

4824 53 Ave Minimum Age: 70

High Prairie AB, TOG 1EO Annual Membership Fee: \$10.00

Phone: (780) 523-3142 Wheelchair Accessible

Services: •Computer •Food •Health •Outreach •Recreation •Transportation

HIGH RIVER

High River Senior 50 Plus Friendship Centre

504 7 St SW Minimum Age: 50

High River AB, T1V 1B7 Annual Membership Fee: \$15.00

Phone: (780) 652-4149 Wheelchair Accessible

Services: •Facility Rentals •Recreation

HILL SPRING

Hill Spring Cultural Society

11 2 Ave S Hours: Mon: 1:00-5:00 pm

Hill Spring AB, T0K 1E0 Minimum Age: 55

Phone: (403) 626-3089 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

HINES CREEK

Hines Creek Drop-In Center

920 2 Ave Wheelchair Accessible

Hines Creek AB, T0H 2A0 Phone: (780) 494-3690 Fax: (780) 494-3605

Website: www.hinescreek.com

Services: •Assistance •Facility Rentals •Food •Health •Recreation

HINTON

Good Companions Senior Centre

250 Hardisty Ave Minimum Age: 50

Hinton AB, T7V 1B9 Annual Membership Fee: \$15.00

Phone: (780) 865-7972 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

HOLDEN

Holden Senior Club

4914 50 St Minimum Age: 50

Annual Membership Fee: \$35.00 Holden AB, TOB 2CO

Phone: (780) 632-6814 Wheelchair Accessible

Fax: (780) 632-6814

Services: •Facility Rentals •Food •Recreation

HUGHENDEN

Hughenden Golden Circle

Mailing Address: PO Box 145 Minimum Age: 40

Hughenden AB, TOB 2E0 Annual Membership Fee: \$10.00

Wheelchair Accessible Phone: (780) 856-3765

Services: •Facility Rentals •Food •Health •Recreation

HUSSAR

Hussar Sundowners Seniors Club

Center St and 2 Ave Minimum Age: 50

Hussar AB, TOJ 1S0 Annual Membership Fee: \$15.00

Wheelchair Accessible Phone: (403) 787-2429

Services: •Food •Health •Recreation

HYTHE

Hythe Golden Age Craft Center

10112 100 St Hours: Thurs: 7:00-10:00 pm

Hythe AB, T0H 2C0 Minimum Age: 55

Phone: (780) 356-3015 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Facility Rentals •Health

INNISFREE

Innisfree Senior Centre

Mailing Address: PO Box 73 Hours: 10:00 am-3:00 pm

Innisfree AB, T0B 2G0 Minimum Age: 65

Phone: (780) 592-2226 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

IRMA

Irma New Horizons Drop-In Center

4913 50 Main St Hours: Mon-Fri: 2:00-5:00 pm

Irma AB, T0B 2H0 Minimum Age: 50

Phone: (780) 754-3417 Annual Membership Fee: \$50.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

IRRICANA

KIK Senior Citizens Centre

519 5 St Hours: Wed: 2:00-4:30 pm, Tues: 2:00-

Irricana AB, T0M 1B0 4:00 pm, Thurs: 6:00-9:00 pm

Phone: (403) 935-5506 Minimum Age: 50

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

IRVINE

Irvine & District New Horizons Senior Club

Main St Hours: Tues: 5:30-10:30 pm, Thurs: 7:00-

Irvine AB, TOJ 1VO 10:30 pm

Phone: (403) 527-1756 Minimum Age: 50

Fax: (403) 937-2123 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Food •Outreach •Recreation

JARVIE

Jarvie Community Centre

Mailing Address: PO Box 224 Minimum Age: 55

Jarvie AB, TOG 1HO Annual Membership Fee: \$5.00

Phone: (780) 954-3928 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation •Other

JASPER

Jasper Seniors Society

303 Pyramid Ave Minimum Age: 55

Jasper AB, T0E 1E0 Annual Membership Fee: \$5.00

Phone: (780) 852-3241 Wheelchair Accessible

Email: dpprowse@incentre.net

Services: •Food •Health •Information •Outreach •Recreation •Transportation

JOUSSARD

Joussard Homesteader's Society

Mailing Address: PO Box 131 Minimum Age: 50

Joussard AB, TOG 1J0 Membership Fee: \$2.00

Phone: (780) 776-3781

Services: •Facility Rentals •Food •Health •Recreation

KILLAM

Killam Senior Citizens Society

4929 50 St Hours: 9:30-11:00 am Killam AB, T0B 2L0 Minimum Age: 55

Phone: (780) 385-2414 Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

Transportation

KINUSO

Kinuso Seniors Center

Mailing Address: PO Box 117 Minimum Age: 55

Kinuso AB, TOG 1KO Annual Membership Fee: \$2.00

Phone: (780) 775-2135 Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

KITSCOTY

Kitscoty and District Seniors Centre

4921 50 Ave Minimum Age: 55

Kitscoty AB, T0B 2P0 Annual Membership Fee: \$10.00

Phone: (780) 846-2804 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

LA COREY

Willow Prairie Senior Citizens Club

Mailing Address: PO Box 78 Hours: 12:00-4:00 pm La Corey AB, TOA 2E0 Minimum Age: 50

Phone: (780) 826-5374 Membership Fee: \$10.00 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

LA CRETE

La Crete Seniors Inn Society

10014 99 Ave Minimum Age: 55

La Crete AB, TOH 2HO Annual Membership Fee: \$10.00

Phone: (780) 928-2243 Wheelchair Accessible

Services: •Facility Rentals •Recreation

LA GLACE

Twilight Centre of La Glace

9936 97 St Minimum Age: 60

La Glace AB, TOH 2JO Annual Membership Fee: \$1.00

Phone: (780) 568-2116 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

LAC LA BICHE

Lac La Biche Heritage Society

10112 102 Ave Hours: Daily Lac La Biche AB, TOA 2CO Minimum Age: 50

Phone: (780) 623-8350 Annual Membership Fee: \$10.00

Fax: (780) 623-8344 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach

RecreationTransportation

LACOMBE

Lacombe Kozy Korner Community Drop-In Centre

5024 53 St Hours: 9:00 am-12:00 pm

Lacombe AB, T4L 1J6 Minimum Age: 55

Phone: (403) 782-6216 Annual Membership Fee: \$10.00

Email: jackfriesen@telus.net Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Recreation

LAMONT

Lamont New Horizons Drop-In Centre

5203 52 St Hours: 1:00-4:00 pm Lamont AB, T0B 2R0 Minimum Age: 55

Phone: (780) 895-3766 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

LAVOY

Senior Citizen Golden Centre of Lavoy

4924 52 Ave Minimum Age: 50

Lavoy AB, T0B 2S0 Annual Membership Fee: \$10.00

Phone: (780) 658-2427 Wheelchair Accessible

Email: jj1961@rjvnet.ca

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

LEDUC

Leduc & District Senior Citizens Club / Telford House

4907 46 St Hours: Mon-Fri: 9:00 am-4:00 pm

Leduc AB, T9E 5V9 Minimum Age: 50

Phone: (780) 986-6160 Annual Membership Fee: \$30.00

Email: telfordhouse@shaw.ca Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

LEGAL

Club 60 Roses

5305 46 St Minimum Age: 50

Legal AB, TOG 1LO Annual Membership Fee: \$10.00

Phone: (780) 961-3041 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

LESLIEVILLE

Leslieville Leisure Club

210 2 Ave Minimum Age: 50

Leslieville AB, T0M 1H0 Annual Membership Fee: \$5.00

Phone: (403) 729-2371 Wheelchair Accessible

Services: •Food •Health •Information •Recreation •Other

LETHBRIDGE

Lethbridge Senior Citizens Organization (LSCO)

500 11 St S Hours: Mon-Fri: 8:00 am-4:30 pm

Lethbridge AB, T1J 4G7 Minimum Age: 55

Phone: (403) 320-2222 Annual Membership Fee: \$45.00

Fax: (403) 320-2762 Wheelchair Accessible

Email: rmiyashiro@lethseniors.com Website: www.lethseniors.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation ●Other

Nord-Bridge Senior Citizens Association

1904 13 Ave N Hours: Mon-Fri: 8:30 am-4:30 pm

Lethbridge AB, T1H 4W9 Minimum Age: 55

Phone: (403) 329-3222 Annual Membership Fee: \$45.00

Fax: (403) 329-8824 Wheelchair Accessible

Email: friendly@nordbridgeseniors.com Website: www.nordbridgeseniors.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation ●Other

Tonarigumi Lethbridge and District Japanese Senior Citizens Drop In Centre

470 40 St S Hours: Tues: 12:00-4:00 pm Lethbridge AB, T1J 3Z5 Annual Membership Fee: \$5.00

Phone: (403) 327-1260 Wheelchair Accessible

Fax: (403) 327-7587

Services: •Food •Health •Information •Outreach •Recreation

LINDEN

Linden Seniors Care & Share

1 St SE Hours: Tues: 10:00 am-12:00 pm, Wed: 1 St SE Hours: Tues: 10:00 pm, Thurs: 1:00-5:00 pm

Phone: (403) 546-2243 Minimum Age: 55

Fax: (403) 546-0023 Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation •Transportation

LLOYDMINSTER

Legacy Centre

5101 46 St Hours: 8:00 am-5:00 pm

Lloydminster AB, T9V 3B8 Minimum Age: 55

Phone: (780) 875-4584 Annual Membership Fee: \$30.00

Fax: (780) 875-4582 Wheelchair Accessible

Email: legacyc@telus.net

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

●Outreach ●Recreation ●Transportation

LOMOND

Lomond Sunshine Drop-In Centre

115 1 St S Minimum Age: 40

Lomond AB, TOL 1GO Annual Membership Fee: \$10.00

Phone: (403) 792-3748 Wheelchair Accessible

Fax: (403) 792-3949

Services: •Facility Rentals •Food •Health •Information

LOUGHEED

Lougheed Seniors' Welcome Club

5014 50 St Hours: Mon, Thus: 2:00-4:30 pm, Thurs:

Lougheed AB, T0B 2V0 7:00-10:00 pm, Fri: 6:00-10:00 pm

Phone: (780) 386-2293 Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

MALLAIG

Mallaig & District Senior Citizens Club

Mailing Address: PO Box 136 Hours: Wed

Mallaig AB, TOA 2KO

Annual Membership Fee: \$10.00

Phone: (780) 635-2228 Wheelchair Accessible

Email: richnoma@mcsnet.ca

Services: •Facility Rentals •Health •Information •Recreation

MANNING

Seniors Citizens of Star Centre

Mailing Address: PO Box 577 Minimum Age: 55

Manning AB, TOH 2MO Annual Membership Fee: \$5.00

Phone: (780) 836-3750

Services: •Facility Rentals •Food •Information •Outreach •Recreation

MANNVILLE

Mannville Senior Citizen's Golden Age Club

5035 50 St Hours: Mon-Sun: 9:00 am-5:00 pm

Mannville AB, TOB 2W0 Minimum Age: 55

Phone: (780) 763-3556 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Recreation

MARWAYNE

Marwayne Senior Citizens Society

Hours: Wed: Afternoons Main St

Marwayne AB, T0B 2X0 Annual Membership Fee: \$10.00

Phone: (780) 847-2589 Wheelchair Accessible

Email: phoebevhines@hotmail.com

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

MAYERTHORPE

Mayerthorpe Friendship Club

4407 42A Ave Hours: Mon-Fri: 9:00 am-12:00 pm

Mayerthorpe AB, TOE 1NO Annual Membership Fee: \$2.00

Phone: (780) 786-3161 Wheelchair Accessible

Services: •Food •Recreation

MCLENNAN

McLennan Golden Age Club

10 3 Ave NE Hours: 7:30 am-12:00 pm

McLennan AB, T0H 2L0 Minimum Age: 55

Annual Membership Fee: \$15.00 Phone: (780) 324-3551

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

MEDICINE HAT

Veiner Centre

225 Woodman Ave SE Hours: Mon-Fri: 8:00 am-4:00 pm

Medicine Hat AB, T1A 3H2 Minimum Age: 50

Phone: (403) 529-8383 Annual Membership Fee: \$30.00

Fax: (403) 529-8382 Wheelchair Accessible

Email: veiner@medicinehat.ca

Website: www.medicinehat.ca/veiner

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

MILK RIVER

Milk River and District Seniors Society

213 Main St Hours: 9:00 am-9:00 pm

Milk River AB, TOK 1MO Minimum Age: 60

Phone: (403) 647-3535 Annual Membership Fee: \$5.00

Email: khskipp@mrcable.ca Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

MILLET

Millet and District Seniors

Millet Legion, 229-5156 50 Ave Hours: 2nd Wed: 1:00-3:00 pm

Millet AB, TOC 1Z0 Minimum Age: 50

Phone: (780) 387-4216 Annual Membership Fee: \$2.00

Wheelchair Accessible

Services: •Food •Health •Recreation

MORINVILLE

Morinville Seniors' Rendez-Vous Centre

9913 104 St Hours: Mon-Thurs: 9:00 am-4:00 pm

Morinville AB, T8R 1R9 Minimum Age: 50

Phone: (780) 939-2727 Annual Membership Fee: \$30.00

Fax: (780) 939-7796 Wheelchair Accessible

Email: msrvc@telus.net

Website: www.morinvilleseniorsclub.org

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

MULHURST BAY

Mulhurst Seniors

5705 49 St Hours: Wed: 1:00-4:00 pm

Mulhurst Bay AB, TOC 2CO Minimum Age: 55

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Outreach •Recreation •Transportation

MUNDARE

Mundare Senior Citizens Club

5224 50 St Minimum Age: 50

Mundare AB, T0B 3H0 Annual Membership Fee: \$5.00

Phone: (780) 764-3959 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation ●Transportation

MYRNAM

Myrnam Senior Citizens Centre

5006 49 St Minimum Age: 45

Myrnam AB, T0B 3K0 Annual Membership Fee: \$10.00

Phone: (403) 366-3731 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

NAMAO

Namao 60 Plus Club

Mailing Address: 236-13441 127 St NW Minimum Age: 80

Edmonton AB, T5L 5B6 Annual Membership Fee: \$2.00

Phone: (780) 455-5041 Wheelchair Accessible

Fax: (780) 939-2893

Services: •Facility Rentals •Food •Outreach •Recreation •Transportation

NAMPA

Nampa Golden Pioneers Drop-In Center

10203 100 Ave Hours: Tues: 11:00 am-4:00 pm

Nampa AB, T0H 2R0 Minimum Age: 55

Phone: (780) 322-3883 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

NANTON

Town and Country Kosy Korner Association

2211 20 St Hours: 8:00 am-10:00 pm

Nanton AB, TOL 1RO Minimum Age: 55

Phone: (403) 646-2384 Annual Membership Fee: \$20.00

Email: jetremb@telus.net Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

OKOTOKS

Okotoks & District Seniors Club

204 Community Way Hours: Mon-Fri: 10:00 am-4:00 pm

Okotoks AB, T1S 1B3 Minimum Age: 55

Phone: (403) 995-4107 Annual Membership Fee: \$10.00

Email: oktosen@telus.net Wheelchair Accessible

Website: okotoksseniors.ca

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach

Recreation

OLDS

Olds and District Evergreen Center

5237 52 St Hours: Daily Olds AB, T4H 1H7 Minimum Age: 50

Phone: (403) 556-8515 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

Transportation

ONOWAY

Onoway Golden Club

5123 49 Ave Hours: Tues: 12:00-7:00 pm

Onoway AB, T0E 1V0 Minimum Age: 55

Phone: (780) 967-0475 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Food •Recreation

OYEN

Oyen & District Seniors Association

216 2 St W Minimum Age: 55

Oyen AB, TOJ 2JO Annual Membership Fee: \$10.00

Phone: (403) 664-2115 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

RecreationTransportation

PARADISE VALLEY

Paradise Valley and District Seniors Centre

111 Main St Hours: Mon-Fri: 8:30-10:30 am

Paradise Valley AB, TOB 3RO Minimum Age: 55

Phone: (780) 745-2260 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

RecreationTransportation

PEACE RIVER

Peace River Seniors Citizens Club

10301 101 St Hours: 9:00 am-8:00 pm

Peace River AB, T8S 1R8 Minimum Age: 55

Phone: (780) 624-2700 Annual Membership Fee: \$10.00

Fax: (780) 624-2700 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation

PEERS

Peers Silver Threads Club

Mailing Address: PO Box 202 Hours: Monday: 1:00-4:00 pm, Thurs:

Peers AB, T0E 1W0 Evenings

Phone: (780) 693-2320 Minimum Age: 55

Annual Membership Fee: \$1.00

Wheelchair Accessible

Services: •Food •Health •Information

PENHOLD

Penhold and District Senior Citizens Drop In Centre

3001 Minto St Hours: Tues, Thurs: 2:00-4:00 pm

Penhold AB, TOM 1RO Minimum Age: 55

Phone: (403) 886-2999 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Recreation

PICTURE BUTTE

Picture Butte Seniors Centre

607 Highway Ave Minimum Age: 50

Picture Butte AB, T0K 1V0 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

Transportation

PINCHER CREEK

Fred Huddlestun Senior Citizens Centre

867 Main St Hours: 1:00-4:00 pm, Tues: 9:00-10:00 am

Pincher Creek AB, TOK 1W0 Minimum Age: 55

Phone: (403) 627-4519 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Computer •Food •Information •Outreach •Recreation

PLAMONDON

Plamondon Pioneer Club

9917 100 Ave Minimum Age: 45

Plamondon AB, TOA 2TO Annual Membership Fee: \$10.00

Phone: (780) 798-3239 Wheelchair Accessible

Email: dmenard@mcsnet.ca

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

RecreationTransportation

PONOKA

Ponoka Drop-In Centre

5015 46 Ave Minimum Age: 55

Ponoka AB, T4J 1J5 Annual Membership Fee: \$10.00

Phone: (403) 783-5012 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

PROVOST

Provost Senior Citizen's Society

5137 48 St Hours: Mon, Wed, Fri: 1:00-5:00 pm

Provost AB, T0B 3S0 Minimum Age: 55

Phone: (780) 753-2625 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

RAYMOND

Raymond and District Seniors Centre

Mailing Address: PO Box 134 Minimum Age: 55

Raymond AB, TOK 2SO Annual Membership Fee: \$15.00

Phone: (403) 752-3222 Wheelchair Accessible

Email: ross@pudge.ca

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

RED DEER

Golden Circle Senior Resource Centre

4620 47A Ave Hours: Mon-Fri: 8:30 am-4:30 pm

Red Deer AB, T4N 6C3 Minimum Age: 18

Phone: (403) 343-6074 Annual Membership Fee: \$20.00

Fax: (403) 343-7977 Wheelchair Accessible

Email: info@goldencircle.ca Website: www.goldencircle.ca

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation

The Red Deer Senior Citizen's Downtown House

5414 43 St Hours: Mon-Fri: 9:00 am-4:00 pm

Red Deer AB, T4N 1C9 Minimum Age: 18

Phone: (403) 346-4043 Annual Membership Fee: \$12.00

Fax: (403) 346-4043 Wheelchair Accessible

Email: scitizen@telus.net

Services: •Assistance •Facility Rentals •Food •Outreach •Recreation

REDCLIFF

Redcliff Seniors Society

26 Main St S Minimum Age: 60

Redcliff AB, TOJ 2PO Annual Membership Fee: \$10.00

Phone: (403) 548-7360 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation •Other

REDWATER

Redwater & District Pioneer Club

4916 50 St Minimum Age: 55

Redwater AB, TOA 2WO Annual Membership Fee: \$10.00

Phone: (780) 942-3326 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

RIMBEY

Rimbey & District Drop-In Centre

5310 53 Ave Hours: 10:00 am-4:00 pm

Rimbey AB, T0C 2J0 Minimum Age: 55

Phone: (403) 843-2012 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation

ROCHESTER

Rochester Golden Age Club

Mailing Address: PO Box 183

Rochester AB, TOG 1Z0

Annual Membership Fee: \$5.00

Wheelchair Accessible

Phone: (780) 698-2566 Fax: (780) 698-2566

Services: •Facility Rentals •Health

ROCKYFORD

Rockyford Friendship Club

111 Main St Hours: Mon-Sat: 8:00-10:30 am

Rockyford AB, TOJ 2RO Minimum Age: 40

Phone: (403) 533-2155 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

ROLLING HILLS

Rolling Hills Senior Citizens Club

108 2 St Minimum Age: 50

Rolling Hills AB, TOJ 2SO Annual Membership Fee: \$10.00

Phone: (403) 964-3522 Wheelchair Accessible

Services: •Food •Health •Recreation

ROSEMARY

Rosemary New Horizons

Centre St Hours: 9:00 am-12:00 pm

Rosemary AB, TOJ 2WO Minimum Age: 55

Phone: (403) 378-4718 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Food •Recreation

RYCROFT

Rycroft Merry Pioneers

4717 50 St Hours: Mon-Sat: 1:00-5:00 pm

Rycroft AB, T0H 3A0 Minimum Age: 55

Phone: (780) 765-3060 Annual Membership Fee: \$5.00

Services: •Facility Rentals •Health •Outreach •Recreation

RYLEY

Ryley Sunshine Club

5124 50 St Minimum Age: 55

Ryley AB, T0B 4A0 Annual Membership Fee: \$10.00

Phone: (780) 663-3500 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

SANGUDO

Sangudo Golden Club

4927 50 Ave Minimum Age: 50

Sangudo AB, T0E 2A0 Annual Membership Fee: \$5.00

Phone: (780) 785-4122 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

SEBA BEACH

Seba Beach Seniors Golden Age Club

109 1 St S Hours: Wed, Sat: 10:00 am-5:00 pm,

Seba Beach AB, T0E 2B0 Thurs: 1:00-4:00 pm Phone: (780) 797-3087 Minimum Age: 50

Annual Membership Fee: \$15.00

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation ●Transportation ●Other

SEDGEWICK

Sedgewick Seniors Club

4822 47 St Minimum Age: 55

Sedgewick AB, T0B 4C0 Membership Fee: \$10.00

Phone: (780) 384-3605

Services: •Facility Rentals •Food •Recreation

SHERWOOD PARK

Sherwood Park 55 Plus Club

Hours: Mon-Sat 50A Spruce Ave Sherwood Park AB, T8A 2G1 Minimum Age: 55

Phone: (780) 467-8389 Annual Membership Fee: \$25.00

Fax: (780) 467-8389 Wheelchair Accessible

Email: office@55plusclub.ca Website: www.55plusclub.ca

Services: •Computer •Facility Rentals •Food •Outreach •Recreation

South Cooking Lake Seniors Association

Mailing Address: 102-22106 South Cooking Hours: Tues: 1:00-5:00 pm, Fri: 7:00-

Lake Rd 10:00 pm

Sherwood Park AB, T8E 1J1 Minimum Age: 55

Phone: (780) 922-0380 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Recreation

SLAVE LAKE

Slave Lake Pioneers

208 4 Ave N Annual Membership Fee: \$5.00

Slave Lake AB, TOG 2A0 Wheelchair Accessible

Phone: (780) 849-4983

Email: mardong@cable-lynx.net

Services: •Facility Rentals •Food •Outreach •Recreation

SMITH

Smith Half Century Plus Association

610 9 St Minimum Age: 50

Smith AB, TOG 2B0 Annual Membership Fee: \$5.00

Wheelchair Accessible Phone: (780) 829-3773

Services: •Facility Rentals •Food •Recreation

SMOKY LAKE

Senior Citizen's Club Drop-In Centre

124 White Earth St Hours: Mon-Thurs: 9:00 am-4:00 pm

Smoky Lake AB, TOA 3CO Annual Membership Fee: \$10.00

Phone: (780) 656-4104 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

RecreationTransportation

SPIRIT RIVER

Happy Hour Club

5011 47 Ave Minimum Age: 70

Spirit River AB, T0H 3G0 Annual Membership Fee: \$10.00

Phone: (780) 864-3571 Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation •Transportation

SPRUCE GROVE

Spruce Grove Golden Age Club

301 Jespersen Ave Hours: 9:00 am-1:00 pm

Spruce Grove AB, T7X 2J1 Minimum Age: 55

Phone: (780) 962-5020 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation •Other

SPRUCE VIEW

Golden West Drop In Centre

Mailing Address: PO Box 128 Membership Fee: \$2.50 Spruce View AB, TOM 1VO Wheelchair Accessible

Phone: (403) 728-3482 Fax: (403) 728-3850

Services: •Facility Rentals •Food •Outreach •Recreation

ST. ALBERT

St Albert Senior Citizens' Club

7 Tache St Hours: Mon-Fri: 8:30 am-4:30 pm

St. Albert AB, T8N 2S3 Minimum Age: 50

Phone: (780) 459-0433 Annual Membership Fee: \$52.50

Fax: (780) 459-9588 Wheelchair Accessible

Email: info@stalbertseniorsclub.org Website: www.stalbertseniorsclub.org

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation ●Transportation

ST. ISIDORE

Club du Bon Temps

Mailing Address: PO Box 1341 Hours: Wed, Sat St. Isidore AB, TOH 3B0 Minimum Age: 55

Phone: (780) 624-8370 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

ST. PAUL

Centennial Senior Citizen Opportunity Club

5114 49 St Hours: 11:00 am-5:00 pm

St. Paul AB, TOA 3A2 Minimum Age: 55

Phone: (780) 645-2929 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

St Paul Senior Citizen's Club

4809 47 St Minimum Age: 55

St. Paul AB, TOA 3A3 Annual Membership Fee: \$12.00

Phone: (780) 645-5566 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Recreation

STANDARD

Standard Seniors Young At Heart Club

814 Broadway Hours: 7:00 am-12:00 pm

Standard AB, T0J 3G0 Minimum Age: 55

Phone: (403) 644-3940 Annual Membership Fee: \$10.00

Email: glkap@figment.ca Wheelchair Accessible

Services: •Food •Health •Recreation

STAVELY

Stavely Golden Age Center

5026 50 Ave Hours: Mon-Fri: 1:00-5:00 pm Stavely AB, TOL 1Z0 Annual Membership Fee: \$20.00

Phone: (403) 549-3933 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

STETTLER

Stettler & District Senior Citizens Drop-In Centre

5009 48 St Minimum Age: 50

Stettler AB, TOC 2LO Annual Membership Fee: \$10.00

Phone: (403) 742-2105

Services: •Facility Rentals •Food •Recreation

STIRLING

Stirling Senior Centre

417 2 St Hours: Thurs: 6:00-10:00 pm

Stirling AB, TOK 2E0 Minimum Age: 55

Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

STONY PLAIN

Koinonia New Horizons Seniors Club

17 Hendrie Dr Minimum Age: 55

Stony Plain AB, T7Z 2S5 Annual Membership Fee: \$10.00

Phone: (780) 963-6840 Wheelchair Accessible

Fax: (780) 963-6803

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

STONY PLAIN

Senior Citizens' Society of Stony Plain

5018 51 Ave Hours: 9:00-11:00 am, 1:00-4:00 pm

Stony Plain AB, T7Z 1C2 Minimum Age: 55

Phone: (780) 963-4707 Annual Membership Fee: \$10.00

Email: wilby@shaw.ca Wheelchair Accessible

Services: •Facility Rentals •Health •Recreation

STRATHMORE

The Happy Gang Society of Strathmore

85 Lakeside Blvd Minimum Age: 50

Strathmore AB, T1P 1K1 Annual Membership Fee: \$25.00

Phone: (403) 901-1596 Wheelchair Accessible

Email: etheln1@shaw.ca

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

STROME

Strome Senior Citizens Club

5120 50 St Hours: 6:00 am-12:00 pm

Strome AB, T0B 4H0 Minimum Age: 50

Phone: (780) 376-3753 Annual Membership Fee: \$10.00

Email: ronwwilliams@hotmail.ca Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

STURGEON COUNTY

Calahoo Golden Agers

Mailing Address: 7-54500 Lac Ste Anne Annual Membership Fee: \$10.00

Trail Wheelchair Accessible

Sturgeon County AB, T8R1Z1

Services: •Recreation

SUNDRE

Greenwood Neighborhood Place

5-310 Centre St N Hours: Mon: 10:00 am-4:00 pm, Tues-Sundre AB, TOM 1X0 Thurs: 8:30 am-4:00 pm, Fri: 10:00 am-

Phone: (403) 638-1011 4:00 pm

Fax: (403) 638-1012

Email: gnplace@telusplanet.net

Services: •Assistance •Health •Information •Outreach

Sundre West Country Centre

Mailing Address: PO Box 1896 Hours: 1:00-4:00 pm Sundre AB, TOM 1X0 Minimum Age: 50

Phone: (403) 638-3962 Annual Membership Fee: \$10.00

Email: eawicks@airenet.com Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

SWAN HILLS

50+ Graying and Staying Centre

5632 Main St Minimum Age: 50

Swan Hills AB, TOG 2CO Annual Membership Fee: \$10.00

Phone: (780) 333-2540 Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach

Recreation ●Other

SYLVAN LAKE

Sylvan Lake Seniors Association

4908 50 Ave Hours: Mon-Fri: 9:00 am-4:00 pm

Sylvan Lake AB, T4S 1C9 Minimum Age: 55

Phone: (403) 887-5428 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach

RecreationTransportation

TABER

Parkside Manor of Taber

4830 50 Ave Minimum Age: 55

Taber AB, T1G 1H1 Annual Membership Fee: \$10.00

Phone: (403) 223-9437 Wheelchair Accessible

Fax: (403) 223-6451 Email: charflet@yahoo.ca

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

Transportation

TEES

Tees 50+ Club

Railway Ave and McNabb St Hours: Tues: 1:00-4:00 pm

Tees AB, TOC 2NO Minimum Age: 50

Phone: (403) 782-7417 Annual Membership Fee: \$1.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

THORHILD

Thorhild Golden Age Drop In Centre

702 2 St Hours: 10:00 am-3:00 pm

Thorhild AB, TOA 3J0 Minimum Age: 50

Phone: (780) 398-3530 Annual Membership Fee: \$10.00

Email: skolach@mcsnet.ca Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

THORSBY

Thorsby Senior Citizens Club 55+

4812 51 St Hours: Mon, Wed: 1:00-4:00 pm, Thurs,

Thorsby AB, T0C 2P0 Fri: 6:00-10:00 pm Phone: (780) 789-0131 Minimum Age: 55

Email: kae@persona.ca Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation ●Transportation

THREE HILLS

Seniors Outreach

499 3 Ave SE Hours: Mon-Fri: 10:00 am-12:00 pm

Three Hills AB, TOM 2AO Wheelchair Accessible

Phone: (403) 443-2555 Fax: (403) 443-7755 Email: seniorso@telus.net

Website: www.3hillsoutreach.com

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

Transportation

TILLEY

Tilley (Seniors) Friendship Society

237 Centre St Hours: First Tues: 1:00-4:00 pm, Last

Tilley AB, TOJ 3K0 Wed: 12:30-5:00 pm Phone: (403) 377-2392 Minimum Age: 55

Fax: (403) 377-2565 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Transportation

TOFIELD

Tofield Golden Club

5004 54 Ave Hours: 8:00 am-4:30 pm

Tofield AB, TOB 4JO Minimum Age: 55

Phone: (780) 662-3785 Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

TORRINGTON

Silver Willow Senior Citizens Society

113 Centre St Hours: Mon-Fri
Torrington AB, TOM 2BO Minimum Age: 55

Phone: (403) 631-3731 Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Recreation

TROCHU

Trochu & District Senior Citizens Association

311 Main St Hours: 9:30 am-4:30 pm

Trochu AB, T0M 2C0 Annual Membership Fee: \$10.00

Phone: (403) 442-4212 Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach

TURNER VALLEY

Valley Neighbours Club

133 Sunset Blvd Minimum Age: 18

Turner Valley AB, TOL 2AO Annual Membership Fee: \$10.00

Phone: (403) 933-4445 Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Recreation

TWO HILLS

Two Hills Senior Citizens Centre

4903 47 Ave Minimum Age: 55

Two Hills AB, TOB 4KO

Annual Membership Fee: \$10.00

Phone: (780) 657-2922 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

VALLEYVIEW

Valleyview and District Sunvalley Pioneer Center

5104 48 Ave Annual Membership Fee: \$10.00

Valleyview AB, TOH 3NO Wheelchair Accessible

Phone: (780) 524-2015

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

RecreationTransportation

VAUXHALL

Vauxhall & District Senior Centre

318 5 St N Minimum Age: 55

Vauxhall AB, TOK 2KO Annual Membership Fee: \$10.00

Phone: (403) 654-2443 Wheelchair Accessible

Fax: (403) 654-2443

Email: annejohnson@xplornet.com

Services: •Facility Rentals •Food •Outreach •Recreation

VEGREVILLE

Vegreville Senior Citizens Sunshine Club

4630 49 St Hours: Mon-Fri: 9:30 am-2:30 pm, Sat:

Vegreville AB, T9C 1K7 9: 30 am-12: 00 pm Phone: (780) 632-2624 Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

VERMILION

Vermilion Senior Centre

5324 50 Ave Hours: Mon-Fri: 9:00-11:30 am

Vermilion AB, T9X 1V2 Minimum Age: 55

Phone: (780) 853-4292 Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

VIKING

Viking Senior Citizens' Centre

5024 53 Ave Annual Membership Fee: \$10.00

Viking AB, T0B 4N0 Wheelchair Accessible

Phone: (780) 336-3154

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

VILLENEUVE

Villeneuve Happy Sixties

Mailing Address: 61-54200 Rg Rd 265 Minimum Age: 55

Stony Plain AB, T7Z 2S5 Annual Membership Fee: \$20.00 Phone: (780) 963-6336 Wheelchair Accessible

Fax: (780) 963-6336

Email: lorraine.stlaurent@telus.net

Services: •Recreation

VILNA

Vilna Senior Centre

5123 50 St Minimum Age: 50

Vilna AB, TOA 3LO Annual Membership Fee: \$10.00

Phone: (780) 636-3559 Wheelchair Accessible

Email: vilnaseniorcitizens@gmail.com

Services: •Facility Rentals •Food •Recreation •Transportation

VULCAN

Vulcan Senior Citizens Centre

303 Centre St Hours: Mon-Sat: 9:00 am-12:00 pm, 1:00-

Vulcan AB, TOL 2B0 5:00 pm

Phone: (403) 485-2723 Minimum Age: 50

Fax: (403) 485-2723 Annual Membership Fee: \$25.00

Email: vscc@telus.net Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach •Recreation

WABAMUN

Wabamun and District Seniors Centre

5133 51 Ave Minimum Age: 50

Wabamun AB, T0E 2K0 Annual Membership Fee: \$10.00

Phone: (780) 892-3026 Wheelchair Accessible

Email: jackdlatham@aol.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information

Outreach ●Recreation ●Transportation ●Other

WANDERING RIVER

Wandering River Seniors Drop-In Centre

5016 53 St Minimum Age: 65

Wandering River AB, TOA 3MO Annual Membership Fee: \$10.00

Phone: (780) 771-3733 Wheelchair Accessible

Fax: (780) 771-3733

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach

Recreation

WANHAM

Birch Hills Seniors Centre

Main St and 2 St S Minimum Age: 50

Wanham AB, TOH 3PO Annual Membership Fee: \$10.00

Phone: (780) 694-3944 Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

WARBURG

Warburg Seniors' Centre

5020 52 St Minimum Age: 55

Warburg AB, TOC 2TO

Annual Membership Fee: \$15.00

Phone: (780) 848-2377

Services: •Assistance •Facility Rentals •Food •Outreach •Recreation •Transportation

WARNER

Warner Seniors Centre

103 3 Ave Minimum Age: 55

Warner AB, T0K 2L0 Annual Membership Fee: \$10.00

Phone: (403) 642-3939 Wheelchair Accessible

Fax: (403) 642-2449

Services: •Computer •Facility Rentals •Food •Recreation

WEMBLEY

Silver & Gold Pioneer Club

9816 101 St Hours: Mon-Fri: 9:00 am-12:00 pm, Tues:

Wembley AB, T0H 3S0 1:00-4:00 pm, Fri: 7:00-10:30 pm

Phone: (780) 766-2444 Minimum Age: 50

Email: aldred01@telus.net Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation

Other

WESTLOCK

Linaria Senior Citizens Association

RR 1 Minimum Age: 50

Westlock AB, T7P 2N9 Annual Membership Fee: \$1.00

Phone: (780) 349-2549 Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

WESTLOCK

Westlock Senior's Golden Age Club

10248 105 St Hours: 1:00-4:00 pm Westlock AB, T7P 1W1 Minimum Age: 55

Phone: (780) 349-4100 Annual Membership Fee: \$10.00

Email: golden@mcsnet.ca Wheelchair Accessible

Website: www.westlockgoldenage.ca

Services: •Computer •Food •Health •Information •Outreach •Recreation

WETASKIWIN

Wetaskiwin Senior Citizen's Society

5216 54 St Hours: 9:00 am-4:00 pm

Wetaskiwin AB, T9A 2X1 Minimum Age: 50

Phone: (780) 352-4646 Annual Membership Fee: \$15.00

Fax: (780) 352-8225 Wheelchair Accessible

Email: wscs@incentre.net

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach

Recreation

WHITECOURT

Whitecourt Seniors Circle

5212 50 St Hours: Mon-Fri: 9:00-11:00 am

Whitecourt AB, T7S 1P6 Minimum Age: 50

Phone: (780) 778-4950 Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Recreation

WILLINGDON

Willingdon Senior Citizens Association

5116 50 St Minimum Age: 18

Willingdon AB, T0B 4R0 Membership Fee: \$10.00 Phone: (780) 367-2274 Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

WORSLEY

Worsley Pioneer Club

417 Jubilee St Hours: Wed: 1:00-4:00 pm

Worsley AB, T0H 3W0 Minimum Age: 50

Phone: (780) 685-2078 Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation •Transportation

YOUNGSTOWN

Youngstown 50 Plus Club

Village Office, Main St and 2 Ave Minimum Age: 50

Youngstown AB, TOJ 3PO Annual Membership Fee: \$5.00

Phone: (403) 779-3873 Wheelchair Accessible

Fax: (403) 779-3875

Email: ytown@xplornet.com

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach

Recreation

www.health.alberta.ca

Directory of Seniors' Centres in Alberta
Alberta Health
PO Box 3100
Edmonton, Alberta T5J 4W3

Alberta Supports Contact Centre

Toll-free: 1-877-644-9992

Edmonton area: 780-644-9992

Deaf or hard of hearing with TTD/TTY units please call 1-800-232-7215 or 780-427-9999 in Edmonton

