Background
“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

Fall Index Netting (FIN)
Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

How is this information used?
Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g. too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI). The management goal for most Alberta fisheries is long-term sustainability, shown by the red lines on the graphs below.

Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information please see Alberta’s FIN and FSI websites,


Table 1 – Alberta’s Fish Sustainability Index risk thresholds for Walleye and Pike using the standardized Fall Index Net (FIN) method. Note: Thresholds align with species management frameworks.

<table>
<thead>
<tr>
<th>Mature Walleyes / net</th>
<th>Mature Pike / net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;29.0</td>
<td>&gt;21.8</td>
<td>Very Low</td>
</tr>
<tr>
<td>20.3-29.0</td>
<td>15.3-21.8</td>
<td>Low</td>
</tr>
<tr>
<td>14.5-20.2</td>
<td>10.9-15.2</td>
<td>Moderate</td>
</tr>
<tr>
<td>5.8-14.4</td>
<td>4.4-10.8</td>
<td>High</td>
</tr>
<tr>
<td>&lt;5.8</td>
<td>&lt;4.4</td>
<td>Very High</td>
</tr>
</tbody>
</table>

Results of the 2013 FIN at Kehewin Lake
Kehewin Lake (663 ha) is located approximately 240 km northeast from the city of Edmonton. From September 23 to 26, 2013, twelve FIN nets captured 271 Cisco, 66 Northern Pike, 99 Walleye, and 107 Yellow Perch.

Walleye
The mean catch rate of Walleyes was 8.3/net-night. The catch rates of mature (Figure 1) and immature Walleye were 7.0/net-night and 1.3/net-night, respectively. The corresponding FSI score for the current mature density of Walleye was assessed at high risk.

The length distribution shows low and unstable recruitment, no Walleye 200 to 470 mm, and a relatively high abundance of fish 510 to 700 mm (Figure 2). Poor recruitment may be due to fluctuating water levels (i.e., poor spawning habitat) or excessive fishing pressure.

The 2013 FIN sample represented approximately 3.6% of the estimated mature Walleye population size.
Northern Pike
The mean catch rate of mature Northern Pike was 5.7/net-night (Figure 3). The corresponding FSI score for the current density of mature Northern Pike was assessed at high risk.

The length distribution shows narrow and unstable recruitment, and low to moderate densities of Northern Pike larger than 530 mm (Figure 4). This distribution indicates a recruitment overfished population.

The 2013 FIN sample represented approximately 0.4% of the estimated mature Northern Pike population size.

Summary
The 2006 assessment indicated the corresponding FSI status of Walleye was low risk; however, since 2009 and 2013, the status has declined to high risk. Stringent conservation-focused management is necessary to recover this stock.

Since the 2006 FIN, Northern Pike status has remained at high risk since 2009. Stringent conservation-focused management is necessary to recover this population, dependant on the management objective.

Literature