

# Emergency kit checklist

## For your vehicle(s)

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### Overview

Create a vehicle emergency kit to help keep you and your family comfortable and safe during times of emergency. Being prepared for emergencies does not happen overnight. By taking small steps, you and your family can be prepared without overwhelming your schedule or your budget.

### Basic items

- Water
- Blanket
- Candle in a deep can and matches
- Extra clothing and shoes
- Seatbelt cutter
- First-aid kit
- Flashlight (battery-powered or crank)
- Food that will not spoil (such as energy bars)
- List of contact numbers
- Radio (battery-powered or crank)
- Small shovel, scraper and snowbrush
- Warning light or road flares
- Whistle

### Additional items

- Antifreeze
- Windshield washer fluid
- Fire extinguisher
- Road maps
- Sand, salt or cat litter (non-clumping)
- Tow rope and jumper cables
- Copy of your emergency plan and personal documents

### Being prepared at all times

- Create a [preparedness plan](#) for you and your family.
- Take the [Personal Preparedness Course](#).
- Build your [emergency kit\(s\)](#) and keep it up-to-date.
- Call your insurance company to discuss coverage and obtain additional coverage, if required.

### Stay informed

- Download the [Alberta Emergency Alert](#) app.
- Contact your municipality's Director of Emergency Management.
- Contact the Alberta Emergency Management Agency at 780-422-9000, or dial 310-0000 for toll-free access outside Edmonton.