

**CANADIAN INSTITUTE FOR HEALTH INFORMATION -
LONG-TERM CARE QUALITY INDICATOR**

**Falls in the last 30 days
in Long-Term Care**

What this means:

This indicator measures the percentage of long-term care residents who fell in the last 30 days. A fall is considered to be an unintentional change in position, where the resident ends up on a lower level than where they started (e.g., on the floor from a seated position). A fall can sometimes be an indicator of a decline in function or an underlying issue; for example, it could be a sign that the person is dehydrated, or having a reaction to medication.

Alberta results:

In 2014/15, 15.2% of long-term care residents in Alberta fell in a 30 day period. This is slightly higher than the previous four years.

Steps for continued improvement:

Alberta Health Services has developed a Falls Risk Management policy, and a resource guide and tools for long-term care facility operators to help support resident safety. See the Alberta Health Services website for more information: <https://extranet.ahsnet.ca/teams/policydocuments/1/clp-prov-falls-risk-mgmt-ps-58-policy.pdf>

For more information:

www.health.alberta.ca/services/continuing-care-CIHI-RAI.html

