

CANADIAN INSTITUTE FOR HEALTH INFORMATION -
LONG-TERM CARE QUALITY INDICATOR

**Improved Physical Functioning
in Long-Term Care**

What this means:

This indicator measures the percentage of long-term care residents who improved or stayed the same in their ability to walk, move around their unit or transfer between locations (e.g., from bed to chair). Typically, residents first need help with early loss activities of daily living, including dressing and personal hygiene. Needing help with mid-loss activities follows, and then with late loss activities, such as eating and bed mobility.

Alberta results:

In 2014/15, 33.7% of long-term care residents in Alberta improved or stayed independent. This is essentially the same as the results from the previous four years.

Steps for continued improvement:

When a resident is assessed as needing improvement, they should be considered for rehabilitation programming to help them maintain their independence.

For more information:

www.health.alberta.ca/services/continuing-care-CIHI-RAI.html

