

CANADIAN INSTITUTE FOR HEALTH INFORMATION -
LONG-TERM CARE QUALITY INDICATOR

Worsened Depressive Mood in Long-Term Care

What this means:

This indicator measures the percentage of long-term care residents who showed increased signs of depression, or changes in their mood. Residents of long-term care are at a higher risk of developing depression. This indicator does not indicate the number of residents with a diagnosis of depression, but it can be used to identify residents that should undergo screening for depression, which is a serious condition.

Alberta results:

In 2014/15, 29.5% of long-term care residents in Alberta had worsened mood symptoms of depression. This is similar to the previous three years, and slightly higher than 2010/11.

Steps for continued improvement:

A review of Alberta's addiction and mental health system, which included services and supports for seniors, was recently completed. Alberta Health and Alberta Health Services await the direction of the review and any recommendations that may impact residents of long-term care facilities.

For more information:

www.health.alberta.ca/services/continuing-care-CIHI-RAI.html

