**Background**

“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

**Fall Index Netting (FIN)**

Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. At May Lake in 2013, a half-length variation of the standard index net was used, balancing precision of the catch rates with reduced sampling effort. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

**How is this information used?**

Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g., too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI).

The management goal for most Alberta fisheries is **long-term sustainability**, shown by the red lines on the graphs below. Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information please see Alberta’s FIN and FSI websites,


### Table 1 – Alberta’s Fish Sustainability Index risk thresholds for Walleye and Pike using the standardized Fall Index Net (FIN) method.

**Note:** Thresholds align with species management frameworks.

<table>
<thead>
<tr>
<th>Mature Walleyes / 1/2 net</th>
<th>Mature Pike / 1/2 net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;14.5</td>
<td>&gt;10.9</td>
<td>Very Low</td>
</tr>
<tr>
<td>10.2-14.5</td>
<td>7.7-10.9</td>
<td>Low</td>
</tr>
<tr>
<td>7.3-10.1</td>
<td>5.5-7.6</td>
<td>Moderate</td>
</tr>
<tr>
<td>2.9-7.2</td>
<td>2.2-5.4</td>
<td>High</td>
</tr>
<tr>
<td>&lt;2.9</td>
<td>&lt;2.2</td>
<td>Very High</td>
</tr>
</tbody>
</table>

**Results of the 2013 FIN at May Lake**

May Lake (331 ha) is located approximately 300 km northeast of the city of Edmonton. From September 16 to 20, 2013, seventeen ½ length nets captured 16 Cisco, 23 Lake Whitefish, 49 Northern Pike, 91 Walleye, 40 White Suckers and 64 Yellow Perch.

**Walleye**

The mean catch rate of Walleyes was 5.4/ ½ net-night. The catch rates of mature (Figure 1) and immature Walleye were 3.0/ ½ net-night and 2.2/ ½ net-night, respectively. The corresponding FSI score for the current mature density of Walleye was assessed at **high risk**.

Although broad, the length distribution shows poor and unstable recruitment, and low abundance of 320 to 500 mm Walleye, and a moderate abundance of fish larger than 500 mm (Figure 2). Poor recruitment could be a result past overfishing.

The 2013 FIN sample represented approximately 4.8% of the estimated mature Walleye population size.
**Northern Pike**

The mean catch rate of mature Northern Pike was 2.8/½ net-night (Figure 3). The corresponding FSI score for the current mature density of Northern Pike was assessed at **high risk**.

The length distribution shows very low and unstable recruitment, low abundances of pike between 400-700 mm, and few fish larger than 800 mm (Figure 4). This is characteristic of recruitment overfished population.

The 2013 FIN sample represented approximately 1.0% of the estimated mature Northern Pike population size.

**Summary**

Since the FIN on May Lake in 2009, the density of mature Walleye has remained at a corresponding FSI status of **high**.

Since 2009, the density of mature Northern Pike in May Lake has improved from a FSI status of **very high risk** to **high risk**. Dependant on the management objective, strict conservation-focused management is necessary to recover this population.

**Literature**