

COVID-19 CONTINUING CARE DAILY CHECKLIST

Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. Staff, students, service providers, volunteers and visitors are required to complete this checklist before entering the continuing care site. Children may need a parent or guardian to assist them to complete this screening tool.

Any person who is a case¹ of COVID-19 must not enter the site and must follow isolation requirements as per [CMOH Order 39-2021](#).

Screening Questions:

1.	Have you traveled outside Canada in the last 14 days?	YES	NO
<p>If you answered “YES”:</p> <ul style="list-style-type: none"> Follow the Government of Canada Travel, Testing, Quarantine and Borders instructions, including any requirements for exempt travelers related to attending high-risk environments. Proceed to question 2. <p>If you answered “NO”, proceed to question 2.</p>			
2.	<p>Have you had any known close contact with a case¹ of COVID-19 in the last 14 days?</p> <p>Face-to-face contact within 2 metres for 15 minutes or longer, direct physical contact such as hugging, or contact with infectious body fluids.</p> <p><i>Note: A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact</i></p>	YES	NO
<p>If you answered “YES” and:</p> <ul style="list-style-type: none"> You are not vaccinated against COVID-19: <ul style="list-style-type: none"> Do not enter the site for 14 days from the last day of exposure. You are partially vaccinated² against COVID-19: <ul style="list-style-type: none"> Do not enter the site for 10 days from the last day of exposure. You are fully vaccinated³ against COVID-19: <ul style="list-style-type: none"> Proceed to question 3. You have previously tested positive for COVID-19 in the last 90 days before exposure: <ul style="list-style-type: none"> Proceed to question 3. <p>If you answered “NO” or if you have symptoms, proceed to question 3.</p>			

¹ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#).

² Partially-vaccinated = 14 days after having received one dose of vaccine in a 2 dose vaccine series.

³ Fully-vaccinated = 14 days after having received two doses of vaccine in a 2 dose vaccine series OR 1 dose in a 1 dose vaccine series.

3.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
• Headache	YES	NO	
• Conjunctivitis (commonly known as pink eye)	YES	NO	

If you answered “YES” to any symptom in question 3:

- Stay home or return home. Do not enter the site
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to receive additional information on testing and isolation.
- Adults (18 and over) with fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell are required to isolate for 10 days as per [CMOH Order 39-2021](#) OR receive a negative COVID-19 test and feel better before returning to a continuing care site.
- Children (under 18) with fever, cough, shortness of breath, or loss of sense of taste or smell are required to isolate for 10 days as per [CMOH Order 39-2021](#) OR receive a negative COVID-19 test and feel better before returning to a continuing care site.
- If your child is experiencing any symptoms from the list above, do not bring them to visit the facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

If you answered “NO”:

- You may enter the site.