



Inspiring Albertans one simple act at a time

April 2013

## Put a Spring into your Footprint

Spring is a time of growth and change. It is also a good time for us to spring into action and put the spring into our carbon footprints.

Here are some ideas to get the green back in your spring:

- Clean out the clutter. Donate gently used items to charities and donate winter clothes and boots to a homeless shelter early or have a garage sale.
- If you need something try finding it at local garage sales...reuse gently used items first before buying them new.
- Install a clothesline so you can hang your clothes (which were washed in cold water) outside. It's easier on your clothes and the environment.
- Plan your landscaping. Plant native plants and learn about [invasive plants](#).
- Create habitat for insects and small animals. Learn more [here](#). And [here](#) for schoolyard naturalization.
- Install a [rain barrel](#) to capture rain water for your backyard plants.
- Start frequenting your local [Farmers' Market](#). Get in the habit of buying local produce and in-season.
- If you have never composted before, give it a try. Start with the organic matter from your kitchen and what you rake up from your lawn. More information [here](#).

### Did you know?

[Earth Day](#) is April 22. The theme this year is Act for the Planet, take the challenge. You can do that with [One Simple Act](#). What will you commit to?

## Inspire your friends by putting up a clothesline.

Together, we make a difference, one simple act at a time. Share how you put a spring into your **footprint** on our facebook page, [www.facebook.com/onesimpleactalberta](http://www.facebook.com/onesimpleactalberta)



[www.onesimpleact.alberta.ca](http://www.onesimpleact.alberta.ca)

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