One Simple Act

Inspiring Albertans one simple act at a time   April   2013

Put a Spring into your Footprint

Spring is a time of growth and change. It is also a good time for us to spring into action and put the spring into our carbon footprints.

Here are some ideas to get the green back in your spring:

- Clean out the clutter. Donate gently used items to charities and donate winter clothes and boots to a homeless shelter early or have a garage sale.
- If you need something try finding it at local garage sales...reuse gently used items first before buying them new.
- Install a clothesline so you can hang your clothes (which were washed in cold water) outside. It's easier on your clothes and the environment.
- Plan you landscaping. Plant native plants and learn about invasive plants.
- Create habitat for insects and small animals. Learn more here. And here for schoolyard naturalization.
- Install a rain barrel to capture rain water for your backyard plants.
- Start frequenting your local Farmers' Market. Get in the habit of buying local produce and in-season.
- If you have never composted before, give it a try. Start with the organic matter from your kitchen and what you rake up from your lawn. More information here.

Did you know?

Earth Day is April 22. The theme this year is Act for the Planet, take the challenge. You can do that with **One Simple Act**. What will you commit to?

Inspire your friends by putting up a clothesline.

Together, we make a difference, one simple act at a time. Share how you put a spring into your **footprint** on our facebook page, www.facebook.com/onesimpleactalberta

www.onesimpleact.alberta.ca