Background
“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

Fall Index Netting (FIN)
Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

How is this information used?
Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g., too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI).

The management goal for most Alberta fisheries is long-term sustainability, shown by the red lines on the graphs below. Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information please see Alberta’s FIN and FSI websites,


Table 1 – Alberta’s Fish Sustainability Index risk thresholds for Walleye and Northern Pike using the standardized Fall Index Net (FIN) method. Note: Thresholds align with species management frameworks.

<table>
<thead>
<tr>
<th>Mature Walleyes/net</th>
<th>Mature Pike/net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;29.0</td>
<td>&gt;21.8</td>
<td>Very Low</td>
</tr>
<tr>
<td>20.3-29.0</td>
<td>15.3-21.8</td>
<td>Low</td>
</tr>
<tr>
<td>14.5-20.2</td>
<td>10.9-15.2</td>
<td>Moderate</td>
</tr>
<tr>
<td>5.8-14.4</td>
<td>4.4-10.8</td>
<td>High</td>
</tr>
<tr>
<td>&lt;5.8</td>
<td>&lt;4.4</td>
<td>Very High</td>
</tr>
</tbody>
</table>

Results of the 2017 FIN at Sturgeon Lake
Sturgeon Lake (4850 ha) is located approximately 83 km east from the city of Grande Prairie. From September 13-15, 2017, eight gill nets captured 47 Lake Whitefish, 34 Northern Pike, 362 Walleyes, 27 White Suckers, and 12 Yellow Perch, from Sturgeon Lake.

Walleye
The mean catch rate of Walleyes was 45.3/net-night. The catch rates of mature (Figure 1) and immature Walleyes were 31.5/net-night and 13.8/net-night, respectively. The corresponding FSI score for the current mature density of Walleyes was assessed at very low risk.

The length distribution shows weak and sporadic recruitment, and remarkable densities of 300-530 mm Walleyes (Figure 2).

The 2017 FIN sample represented approximately 0.3% of the estimated mature Walleye population size.

Northern Pike
The mean catch rate of mature Northern Pike was 4.0/net-night (Figure 3). The corresponding FSI score for the mature density of Northern Pike was assessed at high risk-very high risk.
The length distribution indicates sporadic recruitment, a low abundance of 480-630 mm Northern Pike, and very few fish larger than 630 mm. Poor recruitment and very low densities of mature fish indicate a recruitment overfished stock.

The 2017 FIN sample represented approximately 0.1% of the estimated Northern Pike population size.

**Summary**

Since the FIN assessment in 2013, the abundance of mature Walleyes and the corresponding FSI status has remained at **very low risk**. The Walleye fishery is supported by 320-510 mm fish. To ensure the sustainability of the fishery, dependent on the management objective, continued conservation-focused management is required.

Since the 2013 FIN assessment, the abundance of mature pike and the corresponding FSI status has decreased from **high risk** to **high risk-very high risk**. Dependant on the management objective, stringent conservation-focused management is necessary to restore this population.

**Literature**