

## What are personal benefits? \_\_\_\_\_

Personal benefits assist clients with specific one-time or ongoing expenses over and above the monthly living allowance or modified living allowance.

Personal benefits are available to AISH clients who:

- have non-exempt assets of \$3,000 or less or have exceptional circumstances of financial hardship;
- have an identified need; and
- are not eligible to receive the benefit from any other program or source.

Clients must meet eligibility requirements depending on the type of personal benefit.

## What personal benefits are available? \_\_\_\_\_

### Addictions Treatment

Assist with the cost of room and board at an Alberta Health Services approved residential addictions treatment program.

Rate: \$40/day.

### Childcare

- Daycare/licensed family day home - parent portion of subsidized daycare rate.
- Private rate up to \$4/hour for first child plus \$1.50/hour for each additional child to maximum of \$8.50/hour.

### Children's Education

Assist with expenses related to the education of a dependent child. School expenses rate:

- Age 4 or older and in Kindergarten or preschool: \$50/school year.
- Grades 1 to 6: \$100/school year.
- Grades 7 to 12: \$175/school year.

### Emergency

Assist with costs for reasonable and essential goods and services in an emergency situation that is beyond the client's control.

Accommodation Rate: Actual most economical.

Childcare Rate: Actual most economical.

Damage Deposit Rate: Up to \$350 per client or \$1000 per client with a dependent child.

Eviction Rate: Up to \$350 per client or \$1000 per client with a dependent child.

Food Rate: up to \$20/day per adult, up to \$10/day per child.

Home and Major Appliances Repairs Rate: Actual most economical.

Replacement Clothing Rate: \$214/adult, \$160/child.

Transportation Rate: Actual most economical.

Utility Arrears Rate: Actual.

Other Emergency Goods and Services Rate: Most economical up to \$1,000.

## Employment and Training Supports

Assist with the costs of applications, deposits, registration and testing fees, tools or other work related goods and services. Rate: Actual, up to \$300 in a 12-month period.

## Funeral Expenses

Assist with the cost of funeral arrangements for AiSH clients, cohabiting partners or dependent children. Rate: As per agreements between the Department and Funeral Services providers.

## Infant Care

Assist with the costs of items for the care of an infant who is a dependent child. Rate: \$250 once per infant.

## Moving

Assist with the costs related to establishing a new principal residence due to:

- Confirmed employment in Canada for the client or cohabiting partner;
- Adapted accommodation for the client's or dependent child's disability;
- Current accommodations endangering health of the client or dependent child; or
- Client moving to another province for financial or social support.

Rate: Actual most economical.

- Escaping a situation where the client or their dependent child is being abused; or
- Client leaving an institution.

Rate: \$1,000.

## Remote Community

Assist with the increased costs of maintaining a principal residence in a remote community.

Rate: \$40/month for the client and each dependent child.

## Travel

Assist with the costs of traveling for health-related services, court attendance, training or attendance at a structured program.

Rate: Cost for bus pass, taxi fare, mileage at \$0.30/km or the actual cost by most economic means if public transit is not available.

When you must leave your community to access health-related services, attend court, access training or a structured program, you may be eligible for:

Accommodation Rate: Actual most economical.

Childcare Rate: Actual most economical.

Food Rate: Up to \$20/day per adult, up to \$10/day per child.

## Special Goods & Services

To assist with the costs of specific medically essential or disability related goods and services.

AISH covers actual reasonable cost of an item, based on need, as confirmed by a health professional and subject to eligibility requirements.

## Small Medical Equipment

- Blood Pressure Monitor  
Rate: up to \$120
- Breast Pump or Breast Pump Rental  
Rate: up to \$60 for a manual breast pump, or \$200 for an electric breast pump, or \$75 per month for up to three months for a rental of an electric breast pump.
- Cane (single point)  
Rate: up to \$30 for a cane and \$15 for an ice pick for a cane
- Crutches (underarm style)  
Rate: up to \$35 for crutches and \$15 for ice picks for crutches
- Heating Pad  
Rate: up to \$45
- Hip Kit (long shoe horn, sock aid and reacher)  
Rate: up to \$45
- Thermometer  
Rate: up to \$15.
- Weigh Scale  
Rate: up to \$50

## Medical Supplies

Medical supplies that are one time use or disposable products.

Rate: actual cost up to \$150 per month.

## Hearing Aid Batteries

Rate: up to \$200 every 12 months per Hearing Aid.

## TENS Machine

(Transcutaneous Electrical Nerve Stimulation Unit)

Rate: up to \$175.

TENS supplies, including electrodes, batteries and other supplies based on the treatment plan up to \$150 every 12 months.

## SAD (Seasonal Affective Disorder) Light

Rate: up to \$250

Cost of replacement bulbs, up to \$50 every five years.

## Arch Supports or Foot Orthotics

Rate: up to \$400 per pair every 24 months.

## Splints & Braces

Includes off-the-shelf Splints and Braces for the ankle, wrist, knee, finger and shoulder, as well as temporary walking braces (air casts, Darco boots, foam casts, or walking casts) for the short term treatment of an injury.

Rate: up to \$400 per year

## Specialized Clothing

Specialized clothing for AISH clients that require additional or adapted clothing related to their disability.

Rate: up to \$300 per 12 month period.

## Large Medical Equipment

Rate: up to a maximum of \$2000 per item for large medical equipment. Must be considered medically essential.

## Health Services

The following four Health Services may be considered:

- Acupuncture
- Chiropractic Services
- Massage Therapy
- Physiotherapy (after AHC maximum is exhausted)

The Health Services listed above have a recognized association and/or regulating body in Alberta.

## Nebulizer & Supplies

When a Meter Dosed Inhaler (MDI) cannot be used then a nebulizer may be covered.

Rate: up to \$125

Supplies including: masks, filters and medication kits up to \$100 every 12 months.

## Continuous Positive Airway Pressure (CPAP) Device & Supplies

Non-auto CPAP devices to treat sleep apnea when the condition is substantiated as a life-threatening situation.

Rate: up to \$1,600

CPAP supplies, including mask, headgear, hose, and 12 filters, at a reasonable cost once every 12 months.

## Oxygen Supplies

Includes connector tubing, nasal prongs, cannula or swivel connectors

Rate: up to \$50 every 12 months.

## Equipment Maintenance

To assist with the costs associated with maintaining equipment that is essential to manage a medical or disability related condition.

The rate is the actual amount of the least cost alternative up to:

- \$450 per 12-month period for manual wheelchair repairs
- \$600 per 12-month period for power wheelchair or scooter repairs
- \$570 per set of two batteries per 12-month period for batteries for power wheelchairs or scooters

## Special Diet

AiSH may provide a monthly special diet allowance to support adjustments to dietary requirements to address specific medical condition(s).

Rate: ranges from \$20 to \$110 per month

## Service Animal

This benefit covers the regular costs such as food and routine veterinary services.

Rate: \$50 per month

## Medical Alert Service

Rate: least cost alternative for set-up and monthly fees