Background
“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

Fall Index Netting (FIN)
Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

How is this information used?
Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g. too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI).

The Fisheries Management Objective for most Alberta fisheries is long-term sustainability, shown by the red lines on the graphs below. Achieving this objective uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information please see Alberta’s FIN and FSI websites,


### Table 1 – Alberta’s Fish Sustainability Index risk thresholds for Walleye and Pike using the standardized Fall Index Net (FIN) method. Note: Thresholds align with species management frameworks.

<table>
<thead>
<tr>
<th>Mature Walleyes / net</th>
<th>Mature Pike / net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;29.0</td>
<td>&gt;21.8</td>
<td>Very Low</td>
</tr>
<tr>
<td>20.3-29.0</td>
<td>15.3-21.8</td>
<td>Low</td>
</tr>
<tr>
<td>14.5-20.2</td>
<td>10.9-15.2</td>
<td>Moderate</td>
</tr>
<tr>
<td>5.8-14.4</td>
<td>4.4-10.8</td>
<td>High</td>
</tr>
<tr>
<td>≤5.8</td>
<td>≤4.0</td>
<td>Very High</td>
</tr>
</tbody>
</table>

### Results of the 2015 FIN at Keho Lake
Keho Lake (1771 ha) is located 31 km northeast from the city of Lethbridge. From September 28 to 29, 2015, eight gill nets captured 97 Lake Whitefish, 86 Northern Pike, and 45 Walleyes, from Keho Lake.

**Walleye**
The mean catch rate of Walleyes was 5.6/net-night. The catch rates of mature (Figure 1) and immature Walleye were 4.9/net-night and 1.3/net-night, respectively. The corresponding FSI score for the current mature density of Walleye was assessed at very high risk.

The length distribution of this stocked Walleye population shows unstable and low densities, with very poor recruitment (Figure 2). A quality sport fishery for large fish exists, but a sustainable population has not been created.

The 2015 FIN sample represented approximately 0.2% of the estimated Walleye population size.
Northern Pike
The mean catch rate of mature Northern pike was 8.3/night (Figure 3). The corresponding FSI score for the mature density of Northern Pike was assessed at high risk.

The length distribution of Northern pike shows patchy, but strong recruitment and good survival of large pike (Figure 4). Unstable recruitment is expected in a reservoir, and Keho is one of the more stable in southern Alberta.

The 2015 FIN sample represented approximately 0.2% of the estimated Northern Pike population size.

Summary
The density of mature Walleye at Keho has been decreasing since 2006. Stocking has created a good fishery for large Walleye, but not a sustainable population. The status of very high risk suggests that a sustainable population may not be achievable at Keho Lake.

The FIN assessments (2006, 2009 and 2015) all show Northern Pike in Keho Lake have remained at high risk. Conservation-based efforts are necessary to maintain this population, dependant on the management objective.

Literature