

RECORD OF DECISION – CMOH Order 39-2021

Re: 2021 COVID-19 Response

Whereas I, Dr. Deena Hinshaw, Chief Medical Officer of Health (CMOH) have initiated an investigation into the existence of COVID-19 within the Province of Alberta.

Whereas under section 29(2.1) of the *Public Health Act* (the Act), I have the authority to take whatever steps that are, in my opinion, necessary in order to lessen the impact of the public health emergency.

Whereas having determined that it is possible to modify certain restrictions while still protecting Albertans from exposure to COVID-19 and preventing the spread of COVID-19, I hereby make the following order:

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Part 1 – Application

- 1.1 This Order applies throughout the Province of Alberta and is effective July 29, 2021.
- 1.2 This Order rescinds Record of Decision CMOH Order 35-2021.
- 1.3 This Order amends Record of Decision CMOH Order 06-2021 by:
 - (a) deleting section 3 and substituting the following:
 3. In this Order, the following terms have the following meanings:
 - (a) “isolation” means the separation of a person from any other person for the purpose of preventing the spread of COVID-19
 - (b) “close contact” means a person who:
 - i. without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or
 - ii. has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.

(b) deleting section 10 and substituting the following:

10. For greater certainty, a person must comply with this Order in addition to any requirement set out in Record of Decision CMOH Order 39-2021 that applies to the person.

Part 2 – Definitions

2.1 For the purposes of this Order:

- (a) “asymptomatic” means a person who is not exhibiting COVID-19 symptoms.
- (b) “confirmed case of COVID-19” means a person who has taken a Health Canada-approved test or PRC test which confirms that the person is infected by COVID-19.
- (c) “COVID-19 symptoms” means the following symptoms of COVID-19 that are not related to a pre-existing illness or health condition:
 - i. cough;
 - ii. fever;
 - iii. sore throat;
 - iv. shortness of breath;
 - v. runny nose; or
 - vi. loss of taste or smell.
- (d) “Health Canada approved test” means a Health Canada-approved and/or laboratory based test administered by accredited diagnostic laboratories that a person takes to determine whether they are a confirmed case of COVID-19.
- (e) “isolation” means the separation of a person from any other person for the purpose of preventing the spread of COVID-19.
- (f) “PCR” means a lab based, accredited, molecular test that a person takes to determine whether they are a confirmed case of COVID-19.
- (g) “symptoms resolve” means the state when a person’s COVID-19 symptoms improve and the person remains afebrile for a period of twenty four hours without using fever reducing medications.
- (h) “symptomatic person” means a person who is exhibiting COVID-19 symptoms which are not related to a pre-existing illness or health condition.

Part 3 – Isolation requirements

General isolation requirements

3.1 A person is required to be in isolation if the person is:

- (a) exhibiting COVID-19 symptoms; or

(b) a confirmed case of COVID-19.

- 3.2 A person who is required to isolate under section 3.1 must start isolation and comply with the following restrictions:
- (a) isolate for a minimum period of ten days from the first day on which the person exhibits COVID-19 symptoms, or until the person's COVID-19 symptoms resolve, whichever is longer;
 - (b) remain at home, and two metres distant from any other person at all times;
 - (c) not attend work, school, social events or any other public gatherings; and
 - (d) not take public transportation.

Additional isolation requirements for asymptomatic persons

- 3.3 Despite section 3.2, the ten day isolation period for an asymptomatic person who is a confirmed case of COVID-19 begins on the day on which the asymptomatic person takes a PCR test which indicates the person is positive for COVID-19.
- 3.4 Despite section 3.2, if an asymptomatic person who is a confirmed case of COVID-19 develops COVID-19 symptoms during the isolation period, that person must isolate for ten additional days, with isolation beginning on the first day that the person is symptomatic, or until their COVID-19 symptoms resolve, whichever period is longer.

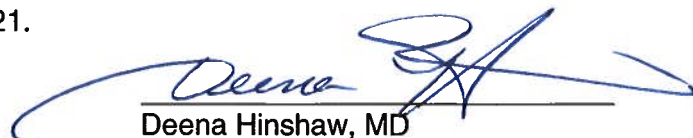
Isolation Exception

- 3.5 Despite Part 3, a symptomatic person is not required to be in isolation if a PCR test indicates the person is negative for COVID-19 and the COVID-19 symptoms resolve.

Part 4 – General

- 4.1 Notwithstanding anything in this Order, the Chief Medical Officer of Health may exempt a person or classes of persons from the application of this Order.
- 4.2 This Order remains in effect until rescinded by the Chief Medical Officer of Health.

Signed on this 28 day of July, 2021.


Deena Hinshaw, MD
Chief Medical Officer of Health