

COVID-19 CONTINUING CARE DAILY SYMPTOM CHECKLIST

Residents

Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. Residents are required to complete this checklist daily for 10 days:

- Post-return from an absence of more than 24 hours; or
- Post-exposure if they are a fully immunized¹ close contact² of a case of COVID-19.

Any person who is a confirmed case of COVID-19 must follow isolation requirements as per [current CMOH Order](#). Any person who is a close contact² of a confirmed case of COVID-19 AND who is not fully immunized¹ must quarantine for 10 days, regardless of the presence of any symptoms as per [current CMOH Order](#).

1.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
If you answered "YES" to any symptom: <ul style="list-style-type: none"> • Stay in your room, notify your operator contact and arrange testing. 			
If you answered "NO" and are: <ul style="list-style-type: none"> • <u>Not</u> fully immunized¹ residents upon return from absence (24 hours or more): <ul style="list-style-type: none"> • Continue to wear a well-fitted surgical/procedure mask while outside your room, except when eating and drinking, for 10 days post-return. • Fully immunized¹ residents upon return from absence (24 hours or more) OR fully immunized¹ close contact² of a case of COVID-19: <ul style="list-style-type: none"> • No additional measures required. 			

¹ A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one-dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

² Close Contact means a person who: without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.