

# COVID-19 CONTINUING CARE DAILY SYMPTOM CHECKLIST Residents

## Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19.

**Residents** are required to complete this checklist daily for 14 days:

1. Post-return from an absence of more than 24 hours; or
2. Post-exposure if they are an asymptomatic, fully immunized<sup>1</sup> close contact<sup>2</sup> of a confirmed case of COVID-19.

**Any person who is a confirmed case of COVID-19 must follow isolation requirements as per [CMOH Order 02-2022](#).**

1.	<b>Do you have any new onset (or worsening) of the following symptoms:</b>		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
<b>If you answered "YES" to any symptom in question 3:</b> <ul style="list-style-type: none"> <li>• Stay in your room, notify your operator contact and arrange testing.</li> </ul>			
<b>If you answered "NO":</b> <ul style="list-style-type: none"> <li>• Continue to wear a well fitted surgical/procedure mask while outside your room, except when eating and drinking, for 14 days post-return from an absence greater than 24 hours or post-exposure to COVID-19.</li> </ul>			

<sup>1</sup> A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

<sup>2</sup> Close Contact - means a person who: without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.