

COVID-19 LTC, DSL & HOSPICE DAILY CHECKLIST

Staff, Service Providers, Students and Volunteers

Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. **Staff, Service Providers, Students and Volunteers** are required to complete this checklist before entering long-term care, designated supportive living and hospice settings.

Any person who is a confirmed case of COVID-19 must not enter the site and must follow isolation requirements as per [current CMOH Order](#).

1.	Have you traveled outside Canada in the last 14 days <u>AND</u> have you been directed to quarantine?	YES	NO
<p>If you answered “YES”:</p> <ul style="list-style-type: none"> Do not enter the site unless you have an authorized exemption from quarantine. Please see the Government of Canada Travel, Testing, Quarantine and Borders for more information regarding quarantine requirements, <p>If you answered “NO”, proceed to question 2.</p>			
2.	<p>Have you had any known close contact with a confirmed case of COVID-19 in the last 10 days?</p> <p>Close Contact - means a person who: without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.</p> <p>Confirmed case - means a person who has had a positive result on a COVID-19 test that confirms the person is infected with COVID-19. Tests can be rapid antigen tests or molecular tests.</p>	YES	NO
<p>If you answered “YES”:</p> <p><u>Fully Immunized plus booster 1:</u></p> <ul style="list-style-type: none"> Proceed to question 3. <p><u>Fully Immunized²:</u></p> <p>With a negative rapid antigen test, proceed to question 3.</p> <ul style="list-style-type: none"> Daily rapid antigen testing is <u>required</u> prior to each shift for 10 days following exposure. Persons who tested positive for COVID-19 in the past 21 days are not required to be rapid antigen tested and are permitted to enter. <p><u>NOT Fully Immunized²:</u></p> <ul style="list-style-type: none"> Do not enter the site for 10 days from the last day of exposure. Persons who tested positive for COVID-19 in the past 21 days are not required to be work restricted, proceed to question 3. <p>If you answered “NO”, proceed to question 3.</p>			

¹ A fully immunized person who has also received an mRNA vaccine (i.e. a “booster dose”) after the recommended time interval AND more than 14 days have elapsed since receiving their “booster dose”.

² A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

3.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	
<p>If you answered “YES” to any symptom in question 3:</p> <ul style="list-style-type: none"> Stay home or return home. <u>Do not enter the site</u> Use the AHS Online Assessment Tool or call Health Link 811 to receive additional information on testing and isolation. <p>If you have fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste/smell, you are required to isolate as per the current CMOH Order:</p> <ul style="list-style-type: none"> If you are fully immunized³, you must isolate for 5 days from the onset of symptoms or until they resolve⁴ whichever is longer. You must wear a mask for up to 5 days after your isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted); OR If you are NOT fully immunized³, you must isolate for 10 days from the onset of symptoms or until they resolve⁴ whichever is longer. Whether you are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve⁴. <p>If you answered “NO”:</p> <ul style="list-style-type: none"> You may enter the site. 			

³ A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

⁴ Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication