

# Alberta Aids to Daily Living

## Bulletin # 122

### Updates to criteria for submissions challenging the walk test

Alberta Aids to Daily Living (AADL) is implementing an addition to the September 2020 [Bulletin 119: Exceptional oxygen funding due to COVID-19 fourth wave](#).

Due to staff redeployment, some AADL walk test sites are closed or at limited capacity to conduct tests. Because of COVID-19, the walk test (WTS) authorization period was increased from 90 days to 120 days. However, some sites are not able to complete the testing within 120 days.

Clients who are waiting for an extended period for their test may have an improvement in their oxygen levels, worsening hypoxemia or continue to desaturate on exertion.

Therefore, to help ensure a client has not deteriorated and become resting hypoxic, the following change to the exertional oxygen criteria will be effective as of October 15, 2021:

- If a WTS authorization will expire without a test being completed, a new screening exertional oximetry needs to be completed to ensure the client is not hypoxic at rest and still has exertional desaturation. The original [Request Form to Challenge AADL Walk Test for Clients with Severe Lung Disease](#), supporting documentation and updated screening oximetry will need to be uploaded onto the [Alberta Blue Cross Online Health portal](#), as a new WTS authorization.
- The only new information that needs to be submitted is the qualifying screening oximetry. The previous request form, testing and other supporting documents do not need to be redone. Please submit the paperwork from the original WTS authorization.

Specialty providers should contact the appropriate AADL walk test site to change or cancel an appointment, should a client's eligibility for funding change.

### More information

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