Every Albertan who can get vaccinated should get vaccinated

All of the vaccines require two doses for full protection. You can get your second dose four weeks to four months after receiving your first shot.

Who should get vaccinated?

- Children turning 12 this year
- Albertans 12 or older, including those who have recovered from COVID-19

Who shouldn't get vaccinated?

- Children under 12
- Albertans with severe allergies to vaccine ingredients

alberta.ca/covid19

Alberta

Know the facts about vaccination

Getting vaccinated is the best way to protect your family and loved ones from COVID-19. Vaccinated people are protected people. The more of us that get vaccinated, the sooner we can all spend time with the people we care about.

Book your appointment:

- Visit alberta.ca/vaccine
- Call 811 or talk to your pharmacist
- Need a ride? Call 211

About the vaccines

Vaccines make our immune systems stronger by building antibodies to help prevent and fight off disease. Because COVID-19 is a new virus, no one has existing immunity. It is much safer and more effective to get immunized than it is to get infected.

All approved vaccines are safe, effective, and prevent serious illness

All three vaccines (Moderna, AstraZeneca and Pfizer) help our bodies learn how to protect us against future infection from the virus that causes COVID-19, but use a different mechanism to get the attention of the immune system:

- **Moderna** and **Pfizer** use an mRNA technology to teach cells how to make a protein to trigger an immune response and make antibodies to fight the COVID-19 virus. It does not alter your DNA.
- **AstraZeneca** uses a viral vector vaccine, a harmless common cold adenovirus, to teach the immune system how to recognize and fight the real virus.
- None of these vaccines contain the whole virus that causes COVID-19.

If you have questions about the vaccine and your health, consult your doctor.

The facts

All approved vaccines are researched until proven safe.
Thanks to worldwide collaboration, COVID-19 vaccines were developed quickly without compromising safety, building on decades of research on these vaccine technologies. Every approved vaccine has met Health Canada's strict standards for safety, quality and effectiveness.

Even the young and healthy should get vaccinated.
Anyone can get seriously ill from COVID-19 and end up in the hospital, or worse. Thousands of Albertans have died, including many young, previously healthy people. Also, when the young and healthy are immunized it keeps everyone in the community safer. Remember, the sooner we all get vaccinated, the sooner we can get back to our normal lives.

If you've had covid-19, you should still get vaccinated.
Early evidence suggests that immunity after infection with COVID-19 may not last very long, and isn't as strong as vaccine protection, so you should get vaccinated even if you've had the virus.

The best vaccine for you is one that's available.
All approved vaccines prevent serious illness and death. If we all get vaccinated as soon as possible, we'll be back to doing the things we love before long.

It takes time to build immunity.
Your body needs time to build its defenses – at least two weeks. During that time, it is possible to get infected with COVID-19. Even after getting the vaccine, you need to continue to follow public health guidelines put in place to prevent the spread.

Getting vaccinated won't hurt your paycheque

Under the Employment Standards Code, employees are entitled to take up to three hours paid for each COVID-19 vaccination appointment.

Alberta