COVID-19 INFORMATION

Every Albertan who can get vaccinated should get vaccinated.

All of the vaccines require two doses for full protection. You can get your second dose four weeks to four months after receiving your first shot.

Who should get vaccinated?
- Children turning 12 this year
- Albertans 12 or older, including those who have recovered from COVID-19

Who shouldn’t get vaccinated?
- Children under 12
- Albertans with severe allergies to vaccine ingredients

alberta.ca/covid19
Know the facts about vaccination

Getting vaccinated is the best way to protect your family and loved ones from COVID-19. Vaccinated people are protected people. The more of us that get vaccinated, the sooner we can all spend time with the people we care about.

Book your appointment:

- Visit alberta.ca/vaccine
- Call 811 or talk to your pharmacist
- Need a ride? Call 211

About the vaccines

Vaccines make our immune systems stronger by building antibodies to help prevent and fight off disease. Because COVID-19 is a new virus, no one has existing immunity. It is much safer and more effective to get immunized than it is to get infected.

All approved vaccines are safe, effective, and prevent serious illness

All three vaccines (Moderna, AstraZeneca and Pfizer) help our bodies learn how to protect us against future infection from the virus that causes COVID-19, but use a different mechanism to get the attention of the immune system:

- **Moderna** and Pfizer use an mRNA technology to teach cells how to make a protein to trigger an immune response and make antibodies to fight the COVID-19 virus. It does not alter your DNA.
- **AstraZeneca** uses a viral vector vaccine, a harmless common cold adenovirus, to teach the immune system how to recognize and fight the real virus.
- None of these vaccines contain the whole virus that causes COVID-19.

If you have questions about the vaccine and your health, consult your doctor.