# Alberta Health Primary, Community and Indigenous Health

Community Profile: Airdrie Health Data and Summary

4<sup>th</sup> Edition, December 2019



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#### INTRODUCTION

Primary Health Care provides an entry point into the health care system and links individuals to medical services as well as social and community supports. The Government of Alberta continues working to improve primary health care within the province. The Primary Health Care Strategy has five strategic directions: Bring about cultural change, Enhance delivery of care, Establish building blocks for change, Population needs based design, Increase value and return on investment. Primary health care services in Alberta are delivered in a variety of settings and by a range of providers. Current primary health care models in Alberta include: primary care networks, stand-alone physician clinics, community health centres, urgent-care centres, community ambulatory care centres, medicentres, and university health centres.

To assist with primary health care planning, Alberta Health has developed a series of reports to provide a broad range of demographic, socio-economic and population health statistics considered relevant to primary health care for communities across the province. Alberta Health Services divides the province into five large health service Zones, and these Zones are subdivided into smaller geographic areas called local geographic areas (LGAs). The Alberta Health "Community Profile" reports provide information at the Zone and LGA level for each of the 132 LGAs in Alberta.

The Community Profiles (Profiles) are intended to highlight areas of need and provide relevant information to support the consistent and sustainable planning of primary health services. Each Profile offers an overview of the current health status of residents in the LGA, indicators of the area's current and future health needs, and evidence as to which quality services are needed on a timely and efficient basis to address the area's needs.

Each report includes sections that present Zone and LGA level information. In addition, the Profile includes Appendices containing sources of additional information about the community (e.g. Health Link Alberta and community services).

The Zone level section opens with a Zone map that puts the specific LGA into context and includes health-related statistics at the Zone level (the highest geographic breakdown next to the full provincial view). Some of the Zone level health indicators are unique to this section and are not currently available at the LGA level.

The LGA section of the Profile is divided into a number of sub-sections and is the core component of each report. The population size of LGA varies substantially from very small in rural areas to large in metropolitan centers. A compendium of health related information on demographics, prevalence rates, emergency visits, mental health and addiction, maternal and child health and more, is included in this section. In addition, information on indicators of need (relating to utilization, health population needs and social determinants of health) is also provided. Furthermore, each Community Profile contains information on access statistics, offering some additional insight into existing needs that are not being met, as well as the utilization of non-local facilities by LGA residents. A map of selected health services available in each LGA, together with a listing of these locations, is also included in each report.

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While the current Community Profile contains information at both the zone and LGA level, information could be updated or added to the profile if information is provided by the community. For more information contact *PCNOps* @*gov.ab.ca*.

#### Note:

Various data sources are used to compile the Community Profiles, which were developed through the collaboration of Alberta Health (Primary, Community and Indigenous Health; Analytics and Performance Reporting; Strategic Policy; Addiction and Mental Health) and Alberta Health Services (Primary Health Care).

#### Disclaimer:

Qualifiers such as 'higher than', 'much lower than', 'similar to' etc. are used throughout the community profile to compare local geographic area (LGA) indicator values to the provincial average. For each indicator, the standard deviation (SD) was used as the measuring stick for whether the values are "close" or "far apart". Note that the qualifiers 'similar' and 'comparable' are chosen to describe situations in which the LGA indicator value is either identical or very close to the provincial average. For some indicators (e.g. sexually transmitted infections) the range of values can differ considerably across LGAs. As such, values that may seem different to the reader could be classified as similar by our methodology. The complete set of comparison criteria is given below. For further details on these qualifiers please refer to Appendix A.

Qualifier	Distance between values
Much Lower	below –1.5 SD
Lower	−1.5 SD to −0.25 SD
Similar/Comparable	–0.25 SD to +0.25 SD
Higher	+0.25 SD to +1.5 SD
Much Higher	+1.5 SD and higher

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#### COMMUNITY PROFILE SUMMARY

# Local Geographic Area: Airdrie

The community profile contains a large number of demographic, socio-economic and health related indicators intended to provide a better understanding of the community's current and future health needs. Below is a brief overview of some of the key indicators for the local geographic area (LGA), Airdrie. For an in depth look at the data, please refer to the various sections of the report.

#### **POPULATION HEALTH INDICATORS**

- Health status indicators are available solely at the zone level. The percentage of obese adults in the Calgary Zone (which includes Airdrie) was lower than the provincial percentage in 2017 (16.6% Calgary Zone vs. 22.1% AB). (Table 1.2)
- The Calgary Zone reported a lower proportion of inactive people compared to the provincial proportion during the same year (24.3% Calgary Zone vs. 26.8% AB). (Table 1.2)

#### **DEMOGRAPHICS**

- Airdrie's population increased by 239.9% between 1998 and 2018 (compared to a 49.1% increase for Alberta) and currently stands at 69,396 people. (Figure 2.2)
- The largest age group in the LGA, in 2018, was 35-64 year olds who accounted for 40.4% of the population compared to 40.2% for Alberta. (Figure 2.1)
- Children 17 and under made up 27.7% of the LGA's population compared to 22.4% for Alberta, while individuals 65 and older accounted for 8.2% of the population in the LGA versus 12.6% in Alberta. (Figure 2.1)

#### SOCIAL DETERMINANTS OF HEALTH INDICATORS

- Airdrie had a similar proportion of First Nations and Inuit people compared to Alberta (0.5% vs. 2.8% AB). (Table 3.1)
- The percentage of female lone-parent families was lower than the provincial percentage (9.9% vs. 11.0% AB). (Table 3.2)
- A lower proportion of families with an after-tax low-income level were reported in the LGA compared to Alberta (8.6% vs. 15.6% AB). (Table 3.1)
- The most common non-official languages spoken at home in the LGA were: Tagalog (Pilipino, Filipino), Spanish, Punjabi (Panjabi), Urdu, and Romanian. (Table 3.2)

#### **CHRONIC DISEASE PREVALENCE**

• In 2018, the disease with the highest prevalence rate (per 100 population) in Airdrie was hypertension. The rate associated with this disease was similar to the provincial rate (20.7 vs. 20.6 AB). (Figure 4.2)

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#### **MATERNAL HEALTH**

• From 2015/2016 to 2017/2018, Airdrie's birth rate per 1,000 women was higher than the provincial rate (31.9 vs. 26.0 AB) and the teen birth rate per 1,000 women was lower than Alberta's teen birth rate (5.8 vs. 10.6 AB). (Table 5.1)

#### **SEXUALLY TRANSMITTED INFECTIONS**

• The highest sexually transmitted infections (STI) rate per 100,000 population in the LGA, in 2015/2016 - 2017/2018, was reported for chlamydia. None of the top 5 STI rates in the LGA were higher than the provincial rates. (Table 6.1)

#### **MORTALITY**

• The mortality rate (per 100,000 population) due to all causes was lower in the LGA, in 2016-2018, compared to the province (600.6 vs. 699.5 AB) and the most frequent cause of death reported between 2009 and 2018 was neoplasms. (Figures 7.2 and 7.3)

#### **EMERGENCY SERVICE UTILIZATION (PART A: ALL CTAS LEVELS & PART B: ALL EMERGENCY VISITS)**

- Semi and non-urgent emergency visits accounted for 44.5% of all emergency visits in 2017/2018. (Table 8.1)
- Acute upper respiratory infections were the most common reason for emergency visits (among select conditions) in 2017, and had a similar rate (per 100,000 population) compared to the provincial rate (3,227.1 vs. 2,777.5 AB). (Figure 8.4)

#### INPATIENT SERVICE UTILIZATION

 Ischemic heart disease, pneumonia, and diabetes were the top three main reasons for inpatient separations (among selected conditions) in 2018, and inpatient separation rates were higher than the provincial rates for 1 of 7 diagnoses. (Figure 9.2)

#### **MENTAL AND BEHAVIOURAL DISORDERS**

- Mental and behavioural disorders are particularly important from a population health perspective. In 2017, Airdrie's emergency department (ED) visit rate for mental and behavioural disorders was lower than the provincial ED visit rate per 100,000 population (361.7 vs. 786.9 AB). (Figure 8.4)
- The inpatient discharge rate associated with mental and behavioural disorders was lower than Alberta's discharge rate per 100,000 population (50.7 vs. 148.9 AB). (Figure 9.2)
- Between 2009 and 2017, mental and behavioural disorders accounted for 6.2% of all deaths in the LGA. (Figure 7.3) Note that deaths due to the top eight disease categories are displayed in Figure 7.3, while the remaining disease categories are grouped into the generic 'Other'.

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#### PRIMARY HEALTH CARE INDICATORS OF COMMUNITY PRIMARY CARE NEED

Through a series of consultation meetings and independent team analysis of 34 health indicators, primary health care teams from AHS and Alberta Heath agreed to retain 11 of the most important health indicators relating to primary health care needs for each local geographic area. Some of these indicators relate to primary care utilization and availability of primary care services, while others refer to health conditions or health status such as incidence and prevalence of diseases. One additional indicator included, life expectancy at birth, was seen as a strong determinant of health status. All indicators reporting rates were age-standardized for easy interpretation. The following indicators have been highlighted for this LGA:

- The ambulatory care sensitive conditions (ACSC) separation rate per 100,000 population in Airdrie was 264.5 compared to the Alberta rate of 360.7. (Table 10.1)
- In Airdrie, the rate of people with three or more chronic diseases per 100 population was 3.9 compared to the Alberta rate of 4.2. (Table 10.1)
- The percentage of total family physician claims outside the recipient's home local geographic area in Airdrie was 33.2% compared to the Alberta percentage of 50.8%. (Table 10.1)
- Residents of this local geographic area had a life expectancy at birth of 82.2 years compared to 81.2 years for Alberta. (Table 10.1)

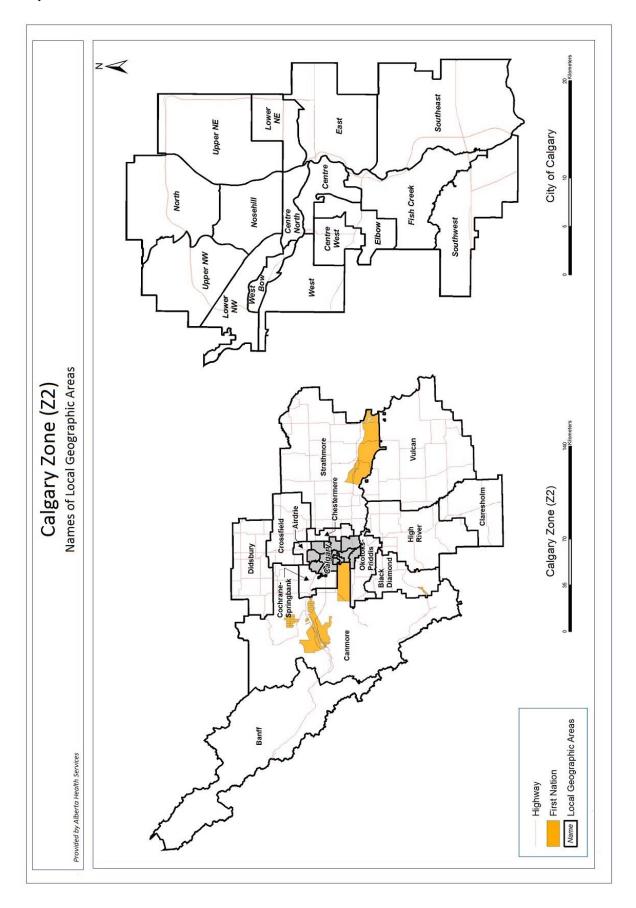
#### **ACCESS TO HEALTH CARE SERVICES**

- Airdrie residents received ambulatory care services at facilities located outside the LGA. In 2017/2018, these visits made up 81.9% (or 98,085 visits) of all ambulatory care visits and most such visits (i.e. 23.2% of all external visits) were to the Foothills Medical Centre in Calgary (LGA of Calgary - Centre North). (Tables 11.1 and 11.2)
- In 2017/2018, inpatient separations outside the LGA made up 100.0% (or 4,955) of all inpatient separations for Airdrie residents and most of them (i.e. 41.7% of all external inpatient separations) occurred at the Peter Lougheed Centre in Calgary (LGA of Calgary - Upper NE). (Tables 11.1 and 11.2)

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# **Zone Level Information**

This section contains information presented at the highest geographic breakdown level before rolling up to a full provincial view. The map of Alberta has been partitioned into five geographic zones (Calgary Zone, Central Zone, Edmonton Zone, North Zone, and South Zone), representing the health zones within Alberta Health Services. A variety of health indicators are unique to this section and are only captured at this level of geography due to either sampling and variability errors, or unavailability of data at the level of local geographical areas.



## Alberta Calgary Zone

#### POPULATION HEALTH INDICATORS

Table 1.1 shows the zone-level population distribution compared to the province, by age group and gender, as at Mar 31 of the most recent fiscal year available. Children under the age of one were defined as infants, while the pediatric age group consists of all minors excluding infants. People with no age information available were categorized as unknown.

**TABLE 1.1** Zone versus Alberta Population Covered<sup>1</sup>, as at March 31, 2018

	Calgary				Alberta <sup>2</sup>	
			Рор	ulation		
	Female	Male	Total	Female	Male	Total
	819,377	824,114	1,643,492	2,129,543	2,158,793	4,288,337
Perc	entage Dis	stribution o	f Population I	oy Age Group	os	
Age Group	Female	Male	Total	Female	Male	Total
Infants: Under 1	0.6%	0.6%	1.3%	0.6%	0.7%	1.3%
Pediatric: 1-17	10.1%	10.6%	20.6%	10.3%	10.8%	21.1%
18-34	12.0%	12.5%	24.5%	12.1%	12.7%	24.8%
35-64	20.8%	21.0%	41.8%	19.9%	20.3%	40.2%
65-79	4.7%	4.4%	9.1%	4.9%	4.6%	9.5%
80 & Older	1.6%	1.1%	2.7%	1.8%	1.2%	3.0%
Unknown	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

As at March 31, 2018, the largest age group was 35-64 year olds, accounting for 41.8% of the overall population in the Calgary Zone and 40.2% of the population in Alberta. Children 17 and under comprised 21.9% of Calgary Zone's overall population, compared to 22.4% for Alberta. In addition, residents 65 and older accounted for 11.8% of Calgary Zone's overall population, 0.7 percentage points lower than the corresponding provincial proportion.

Table 1.2 shows zone-level health status indicators compared to the province for the two most recent calendar years available.

TABLE 1.2 Health Status Indicators for Zone versus Alberta Residents, 2016 and 2017

		Calgary				Alberta	
			<b>Body Mass</b>	Index (BMI) <sup>3</sup>			
Category	Year	Female	Male	Total	Female	Male	Total
Under Weight	2016	4.6%	0.4%	2.4%	2.9%	0.6%	1.7%
Onder Weight	2017	2.6%	1.0%	1.7%	2.8%	0.8%	1.8%
Normal Weight	2016	49.8%	37.9%	43.4%	50.0%	32.8%	40.8%
- Normal Weight	2017	56.9%	41.8%	49.0%	50.6%	34.6%	42.1%
Over Weight	2016	27.9%	44.1%	36.5%	27.3%	43.8%	36.1%
Over Weight	2017	23.6%	40.9%	32.7%	25.7%	41.3%	34.0%
Obese	2016	17.8%	17.6%	17.7%	19.8%	22.8%	21.4%
Obese	2017	16.9%	16.3%	16.6%	20.8%	23.3%	22.1%

TABLE 1.2 Health Status Indicators for Zone versus Alberta Residents, 2016 and 2017 (continued)

			Calgary			Alberta	
Physical Activity <sup>3</sup>							
Category	Year	Female	Male	Total	Female	Male	Total
Active or moderately	2016	75.4%	75.1%	75.2%	70.9%	74.2%	72.6%
active	2017	73.6%	77.8%	75.7%	71.5%	74.8%	73.2%
Inactive	2016	24.6%	24.9%	24.8%	29.1%	25.8%	27.4%
mactive	2017	26.4%	22.2%	24.3%	28.5%	25.2%	26.8%
			Smo	oking <sup>3</sup>			
Daily/occasional	2016	11.8%	16.7%	14.3%	15.6%	20.4%	18.0%
smokers	2017	11.3%	18.0%	14.7%	12.7%	20.7%	16.7%
Never/former	2016	88.2%	83.3%	85.7%	84.4%	79.6%	82.0%
smokers	2017	88.7%	82.0%	85.3%	87.3%	79.3%	83.3%
		Se	lf-Perceived	d Mental Healt	th <sup>3</sup>		
Excellent or Very	2016	72.2%	80.5%	76.4%	70.1%	75.6%	72.9%
Good	2017	69.3%	74.0%	71.7%	68.5%	70.7%	69.6%
Poor Fair or Good	2016	27.8%	19.5%	23.6%	29.9%	24.4%	27.1%
- OUI FAII OI GOOG	2017	30.7%	26.0%	28.3%	31.5%	29.3%	30.4%

The percentage of obese adults (age 20-64, not pregnant) in the Calgary Zone in 2017 was lower than the provincial percentage (16.6% vs. 22.1% AB) and there was a lower proportion of inactive people compared to Alberta (24.3% vs. 26.8% AB). In addition, a lower percentage of daily smokers was reported at the zone level compared to the province in 2017 (14.7% vs. 16.7% AB) and a higher proportion considered themselves as having excellent or very good mental health (71.7% vs. 69.6% AB).

Table 1.3 reports the infant mortality rates per 1,000 live births for the zone and the province, for the most recent calendar years available.

**TABLE 1.3** Zone versus Alberta Infant Mortality Rates (per 1,000 live births) Years 2015 - 2017

	Calgary	Alberta
Infant Mortalit	y Rate (per 1,000 b	irths) <sup>3</sup>
2015	3.6	4.3
2016	3.1	3.9
2017	3.8	4.5

The infant mortality rates in the Calgary Zone varied between 3.1 per 1,000 births in 2016 and 3.8 per 1,000 births in 2017. Compared to Alberta, infant mortality rates in the Calgary Zone were higher for none of the 3 calendar years.

Sources: Canadian Community Health Survey Provincial Share Files3

Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry Files, Alberta Health

Postal Code Translator File, Alberta Health

Alberta Vital Statistics Births and Deaths Files

Notes: 1 Population covered represents number of people covered under the Alberta Health Care Insurance Plan (AHCIP)

#### Methodology:

Surveillance and Assessment Unit, Alberta Health (As of Nov 2016) See link: http://www.ahw.gov.ab.ca/IHDA\_Retrieval

<sup>&</sup>lt;sup>2</sup> Alberta population figure was calculated based on valid Alberta postal codes.

<sup>&</sup>lt;sup>3</sup> See Appendix A for definition.

#### **COMMUNITY MENTAL HEALTH**

Table 1.4 shows the zone-level versus Alberta, distribution of individuals accessing community mental health services, by age group and gender, as at Mar 31 of the most recent fiscal year available. Children in the pediatric age group consists of all minors. Note that the Alberta total numbers include individuals who could not be allocated to any zone due to missing residential geographic information.

TABLE 1.4 Zone versus Alberta Community Menta Health Access by Age Group and Gender, 2017/2018

	Calgary		Alberta			
			Distinct	Individuals <sup>1</sup>		
	Female	Male	Total	Female	Male	Total
	23,389	20,328	43,808	73,234	66,709	140,438
Percenta	age Distrib	ution of Dis	tinct Individu	als by Age G	roups	
Age Group	Female	Male	Total	Female	Male	Total
Pediatric: 1-17	8.5%	8.1%	16.6%	10.0%	10.3%	20.4%
18-34	16.7%	14.7%	31.5%	17.3%	15.3%	32.7%
35-64	21.8%	19.1%	40.9%	20.1%	18.7%	38.9%
65+	6.5%	4.5%	11.0%	4.8%	3.2%	8.0%

As of March 31, 2018, a total of 43,808 patients accessed Community Mental Health services in the Calgary Zone. Of this number, there were 23,389 females and 20,328 males. The majority of those accessing these services in the Zone belonged to the following age groups: 1-17 (16.6%), 18-34 (31.5%), and 35-64 (40.9%), compared to Alberta: 1-17 (20.4%), 18-34 (32.7%), and 35-64 (38.9%).

Table 1.5 shows zone-level community mental health utilization by treatment service type compared to the province for the most recent fiscal year available.

TABLE 1.5 Zone versus Alberta Community Mental Health Access by Service Type, 2017/2018

	Calgary	Alberta
Distinct Individuals	е Туре	
Addiction Residential <sup>2</sup>	439 (1.0%)	2,373 (1.6%)
Detox <sup>2,3</sup>	1,325 (2.9%)	5,838 (4.0%)
Opioid Dependency Program <sup>2,4</sup>	628 (1.4%)	2,115 (1.4%)
Outpatient <sup>2,5</sup>	42,883 (94.7%)	136,992 (93.0%)

Outpatient community mental health treatment services had the highest volumes in the Calgary Zone (42,883 (94.7%)),compared to Alberta (136,992 (93.0%)). The percentage of individuals for a given treatment type is a proportion of the total number of Community Mental Health services accessed in the Zone. It is possible for an individual to have accessed multiple treatment types in the Zone within the fiscal year.

Sources: Alberta Health Services Data Repository (AHSDDRX), Postal Code Translator File

Addiction System for Information and Service Tracking (ASIST)

Alberta Regional Mental Health Information System (ARMHIS)

Clinical Activity Reporting Application (CARA)

Community Geographic Information System (CGIS)

Calgary Diversion Service Database (Diversion)

Geriatric Mental Health Information System (GMHIS)

Mobile Crisis Information System (MCIS)

Community Profile: Airdrie

Regional Access and Intake System (RAIS)

eClinician, Edmonton Zone Meditech, South Zone

Notes: 1 Distinct Individuals: patients who access Community Mental Health services during the fiscal year are counted only once regardless of how many services they accessed during this time.

<sup>&</sup>lt;sup>2</sup> See Appendix A for definition.

<sup>&</sup>lt;sup>3</sup> Detox include individuals receiving withdrawal management services and those who are not assigned beds but only screened and/or referred to the nearest emergency department or treatment other than withdrawal management services.

<sup>&</sup>lt;sup>4</sup> Opioid Dependency Program numbers do not include one program (Cardston Opioid Dependency Program) in the South Zone due to data availability issues.

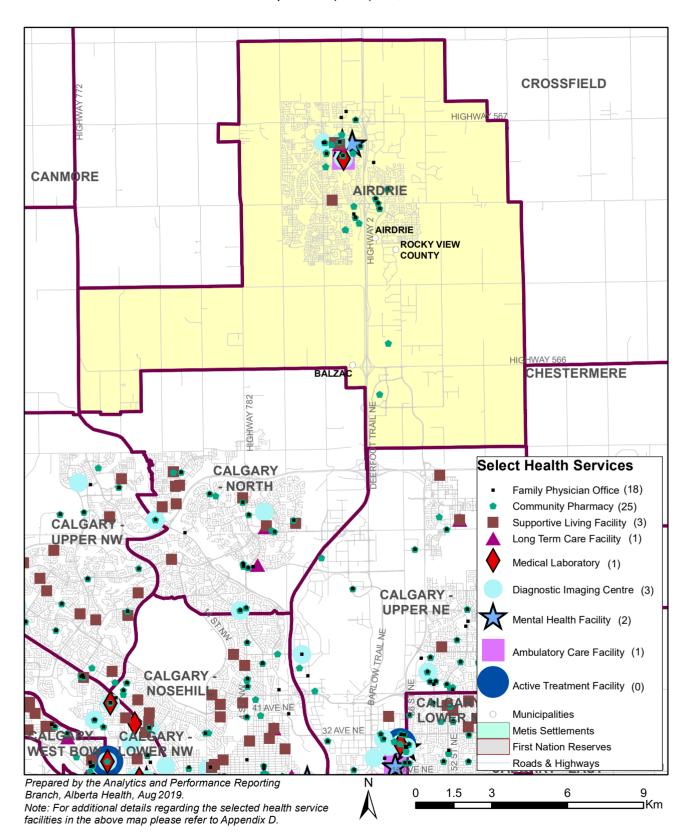
<sup>&</sup>lt;sup>5</sup> All outpatient treatment service types may not be offered in all zones. Unscheduled outpatient treatment (e.g., crisis intervention and single session/walk-in) may be under-reported due to data limitations.

# Local Geographic Area Level Information

This section contains information presented at the level of the local geographic area and is more granular than the information at the zone level. Local geographic area refers to 132 geographic areas created by Alberta Health (AH) and Alberta Health Services (AHS) based on census boundaries. The Federal Census (2016) information is custom extracted by Statistics Canada at the local geographic area level. The population of these areas varies from very small in rural areas to large in metropolitan centres.

# Map of Selected Health Services in Local Geographic Area of Airdrie

Population (2018): 69,395



# Local Geographic Area: Airdrie

#### **DEMOGRAPHICS**

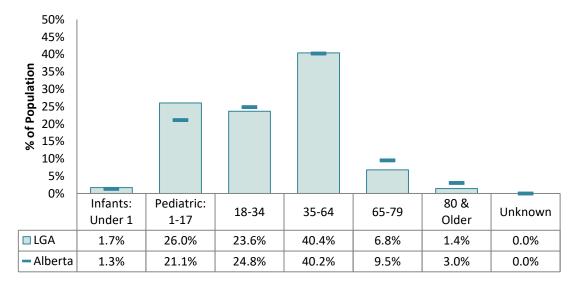
Table 2.1 shows the population distribution of the local geographic area broken down by age group and gender, as at March 31 of the most recent fiscal year available. Specific age groups have been identified. Children under the age of one were defined as infants, while the pediatric age group includes all minors excluding infants. People with no age information available were categorized as unknown.

**TABLE 2.1** Distribution of Population Covered<sup>1</sup> by Age and Gender As at March 31, 2018

Local Geographic Area Population						
Age Group	Female	Male	Total			
Infants: Under 1	571	594	1,166			
Pediatric: 1-17	8,743	9,326	18,069			
18-34	8,314	8,092	16,406			
35-64	14,114	13,949	28,063			
65-79	2,436	2,268	4,704			
80 & Older	597	391	988			
Unknown	0	0	0			
Total	34,776	34,620	69,396			

Figure 2.1 profiles the population distribution by age group for both the local geographic area and Alberta, as at March 31 of the most recent fiscal year available.

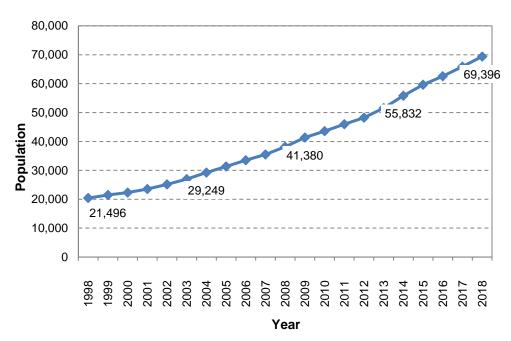
**FIGURE 2.1** Percentage Distribution of Local Geographic Area (LGA) versus Alberta Population By Age Group as at March 31, 2018



As at March 31, 2018, the largest age group was 35-64 year olds, accounting for 40.4% of the overall population. Children 17 and under comprised 27.7% of Airdrie's overall population, compared to 22.4% for Alberta. In addition, residents 65 and older accounted for 8.2% of Airdrie's overall population, 4.4 percentage points lower than the corresponding provincial proportion.

The population counts as at March 31 of each year, between 1998 and the most recent year are provided in Figure 2.2.

FIGURE 2.2 Local Geographic Area Population Covered as at End (i.e. Mar 31) of Fiscal Years 1998 - 2018



The population of Airdrie increased by 239.9% between 1998 and 2018. A low of 20,414 individuals was reported in 1998 and a peak of 69,396 people was reported in 2018.

#### Sources:

Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry File, Alberta Health Postal Code Translator File, Alberta Health

#### Notes:

<sup>&</sup>lt;sup>1</sup> Population covered represents number of people covered under the Alberta Health Care Insurance Plan (AHCIP)

# Local Geographic Area: Airdrie

#### SOCIAL DETERMINANTS OF HEALTH INDICATORS

Tables 3.1 and 3.2 highlight a number of indicators relating to social determinants of health such as family income, housing and educational attainment. Values for the local geographic area and Alberta are listed as proportions, raw numbers, or dollar amounts, depending on the indicator.

TABLE 3.1 Population Percentage of First Nations with Treaty Status<sup>1</sup> and Inuit as at March 31, 2018

First Nations with Treaty Status and Inuit Population				
Airdrie Albe				
Percent of Population that is First Nations or Inuit 0.5% 2.				

**TABLE 3.2** Social Determinants of Health Indicators<sup>2</sup> for Local Geographic Area versus Alberta Residents 2016

Family Comp	osition		
	Airdrie	Alberta	
Percent (Number of) Male Lone-Parent Families	3.1% (550)	3.3% (37,060)	
Percent (Number of) Female Lone-Parent Families	9.9% (1,760)	11.0% (123,195)	
Percent (Number of) 65 Years of Age and Older Who Live Alone	10.5% (2,315)	18.7% (285,060)	
Percent (Number of) Lone-Parent Census Families (≥3 Children)	10.4% (240)	11.5% (18,425)	
Percent (Number of) Visible Minority for the Population in Private Households	12.9% (8,060)	23.5% (933,165)	
Average Number of Persons per Census Family	3.1	3.0	
Family Inc	ome		
	Airdrie	Alberta	
Percent (Number) of Families with After-Tax Low-Income <sup>1</sup>	8.6% (1,905)	15.6% (239,080)	
Percent (Number) of Private Households with an After-Tax Income ≥ \$100,000 in 2015	44.0% (9,690)	37.1% (566,195)	
Average Census Family Income	\$110,984	\$116,343	
Housing			
	Airdrie	Alberta	
Percent Living in Owned Dwellings	82.5%	72.4%	
Percent Where Greater Than 30% of Income Is Spent on Housing for Homeowners	16.0%	15.1%	
Average Value of Dwelling	\$429,151	\$449,790	
Percent of Homeowners Who Have Homes in Need of Major Repairs	2.2%	5.7%	
Percent Living in Rented Dwellings	17.5%	27.0%	
Percent Where Greater Than 30% of Income Is Spent on Housing for Renters	36.6%	36.0%	
Percent Living in Band Housing <sup>1</sup>	0.0%	0.6%	

Compared to Alberta, Airdrie had a similar proportion of First Nations people (0.5% vs. 2.8% AB). The proportion of female lone-parent families was lower than the provincial proportion (9.9% vs. 11.0% AB). In addition, the proportion of male lone-parent families in Airdrie was similar to the provincial proportion (3.1% vs. 3.3% AB).

Furthermore, a lower percentage of families had an after-tax low-income level compared to the province (8.6% vs. 15.6% AB). Compared to Alberta, the percentage of people who spent 30% or more of their income on housing related expenses for homeowners was 0.9 percentage points higher in Airdrie. In addition, a higher proportion of people in Airdrie lived in dwellings they owned (82.5% vs. 72.4% AB).

**TABLE 3.2** Social Determinants of Health Indicators<sup>2</sup> for Local Geographic Area versus Alberta Residents 2016 (Continued)

2016 (Continued)			
Mobility			
	Airdrie	Alberta	
Percent who lived at the Same Address One Year Ago	82.0%	84.5%	
Percent who lived at the Same Address Five Years Ago	44.1%	55.3%	
Langua	ge		
	Airdrie	Alberta	
Percent Who Do Not Speak English or French	0.3%	1.4%	
Percent of Households Where a Non-Official Language Is Spoken at Home	4.4%	11.7%	
Top Five Non-Official Languages Spoken at Home <sup>3</sup>	Tagalog (Pilipino, Filipino), Spanish, Punjabi (Panjabi), Urdu, and Romanian	Tagalog (Pilipino, Filipino), Punjabi (Panjabi), Cantonese, Mandarin, and Spanish	
Immigration			
	Airdrie	Alberta	
Total Number of Immigrants	7,620	845,215	
Percent of Immigrants Who Arrived in the Last Five Years	2.9%	5.2%	
Top Five Places of Birth for Recent Immigrants <sup>4</sup>	Philippines, India, United Kingdom, Nigeria, and Mexico	Philippines, India, China, Pakistan, and Other places of birth in Africa	
Educational At	tainment		
	Airdrie	Alberta	
Percent with No High School Graduation Certificate	7.5%	10.8%	
Percent with High School Graduation Certificate	27.6%	25.2%	
Percent with Apprenticeship, Trades Certificate or Diploma	12.3%	10.6%	
Percent with College, Other Non-University Certificate, or Diploma	27.6%	22.0%	
Percent with University Certificate, Diploma or Degree	25.0%	31.4%	

**TABLE 3.2** Social Determinants of Health Indicators<sup>2</sup> for Local Geographic Area versus Alberta Residents 2016 (Continued)

Household and Dwelling Characteristics			
	Airdrie	Alberta	
Percent Persons in Private Households <sup>1</sup>	100.0%	100.0%	
Total Number of Households by Household Type	22,030	1,527,680	
Census Family Households	78.5%	70.6%	
One-Family-Only Households	76.4%	68.2%	
Two-or-More-Family Households	2.1%	2.3%	
Non-Family Households	21.5%	29.4%	
Total Number of Dwellings by Structural Type	22,030	1,527,680	
Single-Detached House	68.6%	61.9%	
Moveable Dwelling	0.8%	3.2%	
Other Dwelling Including ≥5 Storey Apartment Buildings	30.6%	34.9%	

Airdrie had a lower proportion of non-English and non-French speaking people compared to Alberta (0.3% vs. 1.4% AB). Also, a lower proportion of immigrants arrived in the last five years in Airdrie compared to the province (2.9% vs. 5.2% AB). Furthermore, Airdrie reported a lower proportion of people with university certificates, diplomas or degrees (25.0% vs. 31.4% AB).

#### Sources:

Federal Census (2016) by LGA - Custom Extract, Statistics Canada

Postal Code Translator File, Alberta Health

Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry Files, Alberta Health

#### Notes:

Africa: Algeria, Egypt, Ethiopia, Kenya, Morocco, Nigeria, Somalia, and South Africa

Americas (N, S and Central): Brazil, Colombia, El Salvador, Guyana, Haiti, Jamaica, Mexico, Peru, Trinidad and Tobago, and United States

Asia (incl. Middle East): Afghanistan, Bangladesh, China, Hong Kong, India, Iran, Iraq, Japan, Lebanon, Pakistan, Philippines, South Korea, Sri Lanka, Syria, Taiwan, and Vietnam

Europe: Bosnia and Herzegovina, Croatia, France, Germany, Greece, Hungary, Ireland, Italy, Netherlands, Poland, Portugal, Romania, Russian Federation, Serbia, Ukraine, and United Kingdom

<sup>&</sup>lt;sup>1</sup> See Appendix A for definition.

<sup>&</sup>lt;sup>2</sup> N/A indicates that data were not available for a specific metric for this LGA

<sup>&</sup>lt;sup>3</sup>Less than five languages may be listed if no others were reported. Six or more languages may be listed in the case of ties.

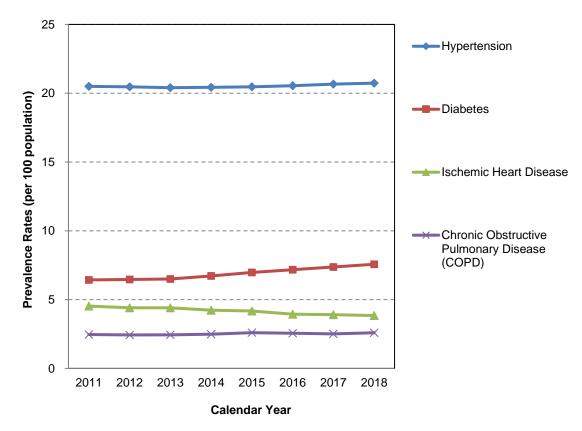
<sup>&</sup>lt;sup>4</sup> Less than five places of birth may be listed if no others were reported. Six or more places of birth may be listed in the case of ties. Since only a selected number of countries was included for each continent, categories like "Other places of birth in Continent X" may appear among the top 5 places of birth listed in Table 3.2; to better understand which countries are included in the "Other..." categories please refer to the list of selected counties that appeared distinctly in the data; countries not included in "Other..." but that could appear on their own are listed below:

## Local Geographic Area: Airdrie

#### CHRONIC DISEASE PREVALENCE

Figure 4.1 displays the rates per 100 population of the selected chronic diseases in the local geographic area, by calendar year. The prevalence rates refer to the number of diagnosed individuals at a given time and have been standardized by age.

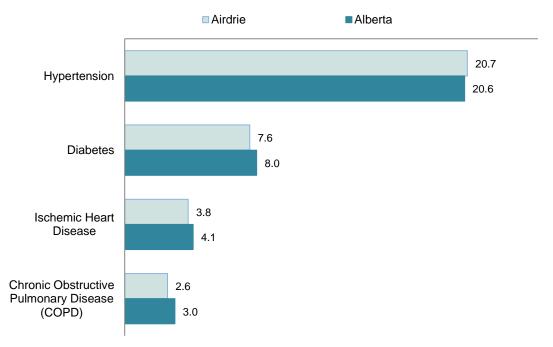
**FIGURE 4.1** LGA Age-Standardized Chronic Disease Prevalence Rates<sup>1</sup> (per 100 population) 2011 - 2018



On average, the condition with the highest chronic disease prevalence rate reported for Airdrie during 2011 to 2018 was hypertension. The largest rate of change during this time period was reported for diabetes (on average, a 0.18 people per 100 population increase per year). In 2018, Airdrie ranked number 81 in hypertension, number 88 in diabetes, number 106 in ischemic heart disease and number 102 in COPD among prevalence rates reported for the 132 local geographical areas (note: a lower rank is desirable).

Figure 4.2 depicts the age-standardized prevalence rate of major chronic diseases, per 100 population, for the local geographic area compared to Alberta (most recent calendar year).

FIGURE 4.2 LGA versus Alberta Age-Standardized Chronic Disease Prevalence Rates (per 100 population), 2018



Age-Standardized Prevalence Rates (per 100 population)

In 2018, the Airdrie prevalence rate for hypertension per 100 population was similar to the corresponding rate reported for the province (20.7 vs. 20.6 AB). In addition, Airdrie showed prevalence rates higher than the provincial rates for 1 of the 4 chronic diseases included above.

#### Sources:

Alberta Health Care Insurance Plan (AHCIP) Physician Claims Data, Alberta Health
Alberta Health Care Insurance Plan (AHCIP) Quarterly Population Registry Files, Alberta Health
Alberta Hospital Discharge Abstract Database (DAD), Alberta Health
Postal Code Translator File, Alberta Health

#### Notes:

<sup>1</sup>Age-standardized prevalence rates are adjusted using the direct method of standardization, with weights from Statistics Canada's 2011 census population.

#### Methodology:

Surveillance and Assessment Branch, Alberta Health (As of Nov 2016) See link: http://www.ahw.gov.ab.ca/IHDA\_Retrieval

# Local Geographic Area: Airdrie

#### MATERNAL AND CHILD HEALTH

Table 5.1 highlights maternal and child health indicators such as birth weight, fertility rate, teen birth rate and prenatal smoking for the local geographic area and Alberta. The indicator information is presented as rates, percentages, or raw numbers, depending on the indicator.

**TABLE 5.1** Local Geographic Area Maternal and Child Health Indicators for the period 2015/2016 - 2017/2018

Maternal and Child Health Indicators	Three-Fiscal-Year Period	Airdrie	Alberta
Number of Births		3,152	163,895
Percent Low Birth Weights (of Live Births) <sup>1</sup> , less than 2500 gm		7.0%	7.1%
Percent High Birth Weights (of Live Births) <sup>1</sup> , greater than 4000 gm		6.7%	8.4%
Birth Rate (per 1,000 population) <sup>1</sup>	2015/2016 - 2017/2018	31.9	26.0
Fertility Rate (per 1,000 Women 15 to 49 Years) <sup>1</sup>		60.7	52.7
Teen Birth Rate (per 1,000 Women 15 to 19 Years)		5.8	10.6
Percent of Deliveries with Maternal Prenatal Smoking		7.7%	11.0%

During 2015/2016 to 2017/2018, Airdrie's birth rate of 31.9 per 1,000 women was higher than the provincial rate, and the teen birth rate of 5.8 per 1,000 was lower than Alberta's teen birth rate. In addition, a lower proportion of prenatal smoking cases were reported in Airdrie compared to the province (7.7% vs. 11.0% AB).

Table 5.2 presents the rates for childhood immunization coverage by the age of two for the local geographic area and Alberta. The data is provided for the most recent calendar year available.

TABLE 5.2 Childhood Immunization Coverage Rates, 2017

DTaP-IPV-Hib (Diphtheria, Tetanus, Pertussis, Polio and Haemophilus Influenza B) Dose 4 of 4			
Age Group	Calendar Year	Airdrie	Alberta
By Age Two	2017	79.7%	76.7%
MMR (Measles, Mumps, and Rubella)			
By Age Two	2017	89.5%	87.4%

By the age of two, 79.7% of children in Airdrie (in 2017) had been vaccinated against DTaP-IPV-Hib (compared to 76.7% for AB), while 89.5% had received MMR vaccines (compared to 87.4% for AB).

#### Sources:

Alberta Hospital Discharge Abstract Database (DAD), Alberta Health
Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry File, Alberta Health
Alberta Vital Statistics Births File
Regional Immunization Applications
Immunization and Adverse Reaction to Immunization (Imm/ARI)
Postal Code Translator File, Alberta Health

#### Notes:

#### Methodology (Childhood Immunizations):

Surveillance and Assessment Unit, Alberta Health (As of Nov 2018) See link: http://www.ahw.gov.ab.ca/IHDA\_Retrieval

<sup>&</sup>lt;sup>1</sup> See Appendix A for definition.

# Local Geographic Area: Airdrie

#### **SEXUALLY TRANSMITTED INFECTIONS**

Table 6.1 lists the rates of Sexually Transmitted Infections (STI) for the most recent three-fiscal-year periods available, for the local geographic area and Alberta.

**TABLE 6.1** Top 5 Sexually Transmitted Infection (STI)<sup>1</sup> Rates (per 100,000 population) By Three-Fiscal-Year Period

STI (per 100,000 population)			
Three-Fiscal- Year Period	Disease	Airdrie	Alberta
	Chlamydia	305.2	398.5
2014/2015	Non-Gonococcal Urethritis	35.1	38.0
2014/2015 - 2016/2017	Gonorrhea	24.5	75.4
	Mucopurulent Cervicitis	7.4	7.3
	Infectious Syphilis	3.2	8.1
	Chlamydia	311.3	391.4
2015/2016 - 2017/2018	Non-Gonococcal Urethritis	30.8	38.4
	Gonorrhea	26.8	96.9
	Mucopurulent Cervicitis	6.1	6.9
	Infectious Syphilis	5.6	11.8

Airdrie's highest STI rate per 100,000 population in 2015/2016 - 2017/2018 was reported for chlamydia and this rate was lower than the provincial rate (311.3 vs. 391.4 AB).

None of the top 5 STI rates in Airdrie were higher than the provincial rates for STIs in 2015/2016 - 2017/2018.

#### Sources:

Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry Files, Alberta Health Communicable Disease Reporting System (CDRS)

Postal Code Translator File, Alberta Health

#### Notes:

<sup>&</sup>lt;sup>1</sup> See Appendix A for definition.

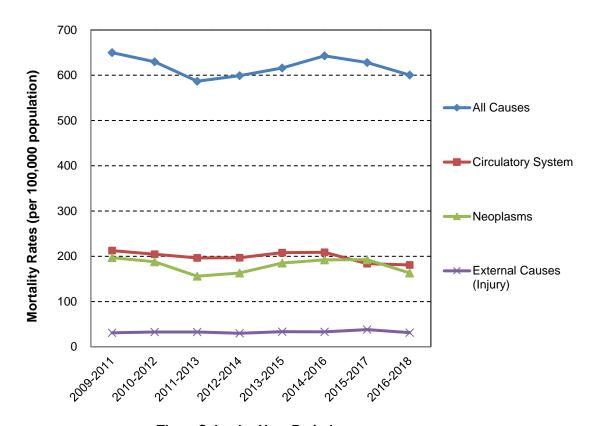
# Local Geographic Area: Airdrie

#### **MORTALITY**

Figure 7.1 displays the age-standardized mortality rates<sup>1</sup>, per 100,000 population, for the three selected causes of death and all causes combined. Data is provided for each three-calendar-year period between 2009 and 2018. The age-standardized mortality rate by cause of death is a measure of the frequency (rate) at which deaths occur in a given population due to a certain cause.

FIGURE 7.1 Local Geographic Area Age-Standardized Mortality Rates<sup>1</sup> (per 100,000 population)

By Three-Calendar-Year Period

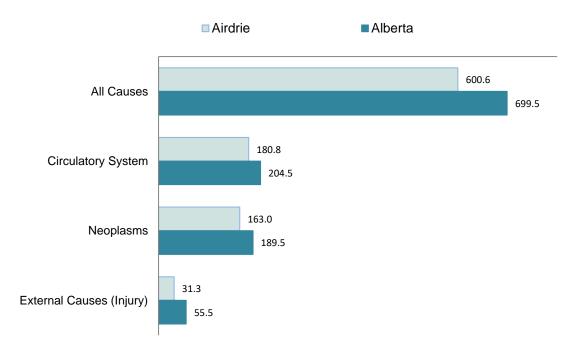


Three-Calendar-Year Period

The three-year mortality rates for Airdrie ranged between 586.8 and 650.1 per 100,000 population during the study period. The three selected causes of death, namely, diseases of the circulatory system, neoplasms, and external causes accounted for 64.5% to 70.2% of all deaths from 2009 - 2011 to 2016 - 2018.

The mortality rates per 100,000 population for the three selected causes of death<sup>2</sup> and all causes combined are displayed in Figure 7.2 for both the local geographic area and Alberta, for the most recent three-calendar-year period available. The mortality rates have been standardized by age.

FIGURE 7.2 Local Geographic Area versus Alberta Age-Standardized Mortality Rates (per 100,000 population) for Three-Calendar-Year Period 2016-2018

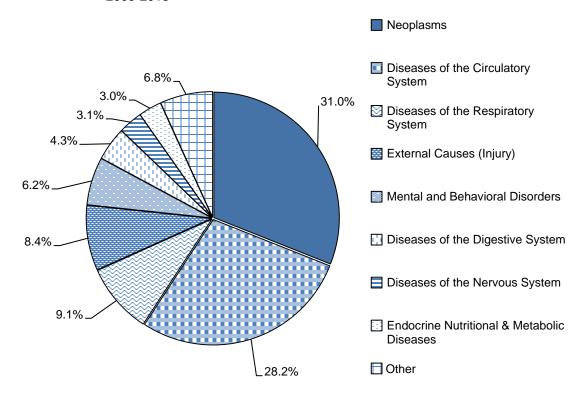


Age-Standardized Mortality Rates (per 100,000 population)

For all causes, Airdrie reported a lower mortality rate compared to the provincial rate (600.6 vs. 699.5 AB). In 2016 - 2018, diseases of the circulatory system was the main cause of death in Airdrie, with an associated mortality rate lower than the provincial rate per 100,000 population (180.8 vs. 204.5 AB). In addition, mortality rates were higher than the provincial rates for none of the 3 selected causes of death reported in Airdrie.

Figure 7.3 illustrates the distribution of deaths by cause of death (top 8 causes) for the local geographic area, over the most recent 10-calendar-year period available. All other causes of death are lumped into the "Other" category. As such, this category may include different causes of death from report to report. The legend displays causes of death in descending order of magnitude.

FIGURE 7.3 LGA Distribution of Deaths by Cause of Death Across 10 Calendar Years, 2009-2018



Between 2009 and 2018 neoplasms accounted for 31.0% of all deaths reported in Airdrie. More than three-quarters of all reported deaths were due to four major causes: neoplasms, diseases of the circulatory system, diseases of the respiratory system, and external causes (injury).

#### Sources:

Alberta Vital Statistics Death File

Alberta Health Care Insurance Plan (AHCIP) Quarterly Population Registry Files, Alberta Health Postal Code Translator File, Alberta Health

#### Notes:

<sup>1</sup>Age-standardized mortality rates are adjusted using the direct method of standardization, with weights from Statistics Canada's 2011 census population.

<sup>&</sup>lt;sup>2</sup> Cause of death is derived from International Classification of Diseases 10 (ICD10) coding system.

# Local Geographic Area: Airdrie

## **EMERGENCY SERVICE UTILIZATION (PART A: BY CTAS LEVEL)**

Table 8.1 describes emergency visits by Canadian Triage and Acuity Scale (CTAS) level<sup>1</sup>, for patients residing in the local geographic area, for the three most recent fiscal years.

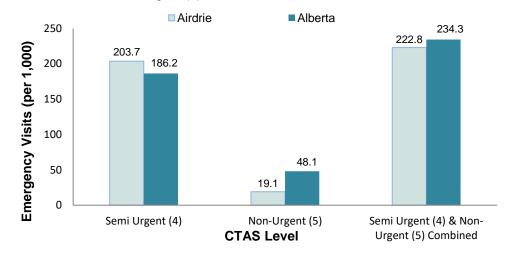
**TABLE 8.1** Emergency Visits for Patients Residing in the Local Geographic Area by CTAS Level Fiscal Years 2015/2016 - 2017/2018

CTAS Level	Emergency Visits		
CTAS Level	2015/2016	2016/2017	2017/2018
Resuscitation (1) and Emergency (2) Combined	4,945 (16.4%)	5,400 (17.8%)	6,182 (17.8%)
Urgent (3)	11,106 (36.8%)	11,267 (37.2%)	12,678 (36.5%)
Semi Urgent (4)	12,597 (41.7%)	12,255 (40.4%)	14,136 (40.7%)
Non-Urgent (5)	1,372 (4.5%)	1,099 (3.6%)	1,327 (3.8%)
Unknown	177 (0.6%)	288 (1%)	397 (1.1%)
Total	30,197 (100%)	30,309 (100%)	34,720 (100%)

The volume of emergency visits for patients residing in Airdrie increased by 15.0% between 2015/2016 and 2017/2018. In addition, semi-urgent and non-urgent visits combined accounted for 44.5% of all emergency visits in 2017/2018, an increase of 10.7% from 2015/2016.

Figure 8.1 shows emergency visit rates by semi-urgent and non-urgent CTAS levels for patients residing in the local geographic area and Alberta, for the most recent fiscal year available.

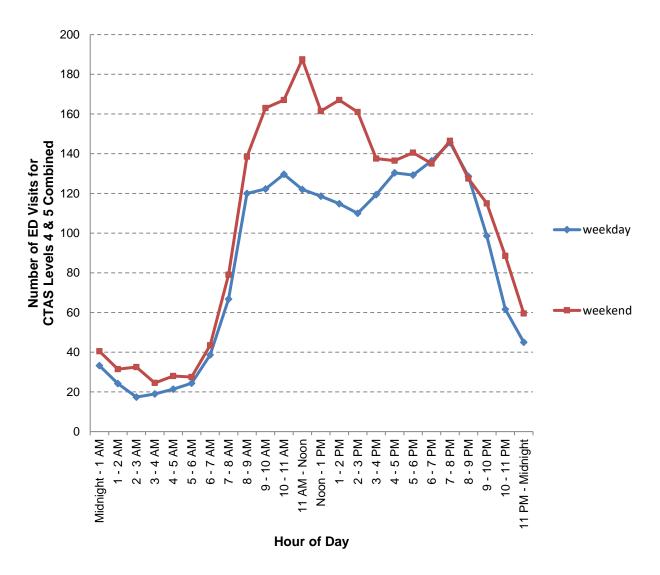
**FIGURE 8.1** Emergency Visit Rates<sup>1</sup> (per 1,000 population) for CTAS Levels Semi-Urgent (4) and Non-Urgent (5)<sup>2</sup>, Fiscal Year 2017/2018



Airdrie's combined semi-urgent and non-urgent emergency visit rate per 1,000 population was comparable to the provincial rate in 2017/2018 (222.8 vs. 234.3 AB). Semi-urgent emergency visits occurred at a 1.1 times higher rate in Airdrie compared to Alberta (203.7 vs. 186.2 AB).

A time profile of the average number of emergency visits by weekday/weekend is shown in Figure 8.2. Data covers both semi-urgent and non-urgent emergency visit CTAS levels during the most recent fiscal year available, for patients residing in the local geographic area.

FIGURE 8.2 Total Hourly Number of Emergency Visits for Patients Residing in the LGA For CTAS Levels Semi-Urgent(4) and Non-Urgent(5) Combined, by Weekday/Weekend (Fiscal Year 2017/2018).



The peak hourly total number of emergency visits for Airdrie in 2017/2018 was reported for weekends between 11 AM - Noon (188 emergency visits). That is, there was a total of 188 visits reported between 11 AM - Noon on a regular weekend day, during this year. The hourly total number of emergency visits for both weekdays and weekends was low between midnight and early morning hours, increased gradually afterwards, and declined considerably late at night.

#### Sources:

Ambulatory Care Data, Alberta Health
Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry File, Alberta Health
Postal Code Translator File, Alberta Health

#### Notes:

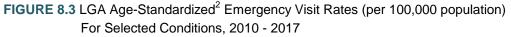
<sup>1</sup> See Appendix A for definition.

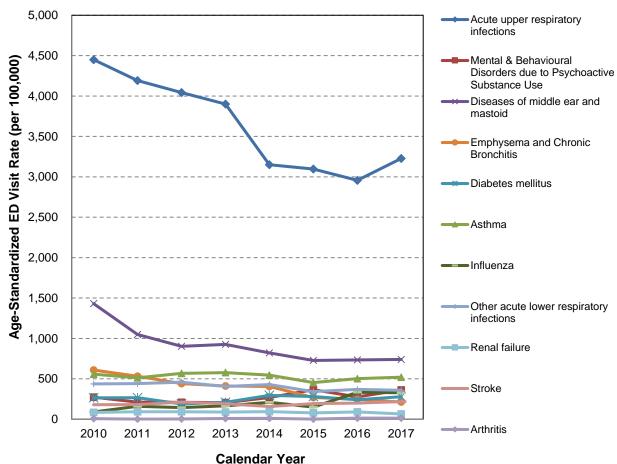
<sup>&</sup>lt;sup>2</sup> In order to be consistent with the type of services expected to be provided by primary health care, the analysis above focused only on semi-urgent and non-urgent emergency CTAS levels.

# Local Geographic Area: Airdrie

## **EMERGENCY SERVICE UTILIZATION (PART B: ALL EMERGENCY VISITS)**

Figure 8.3 provides age-standardized emergency visit rates<sup>1</sup> for selected health conditions per 100,000 population for each calendar year beginning in 2010. Emergency department visit rates are defined as the number of visits to emergency departments due to a certain condition, divided by the total population of the local geographic area.

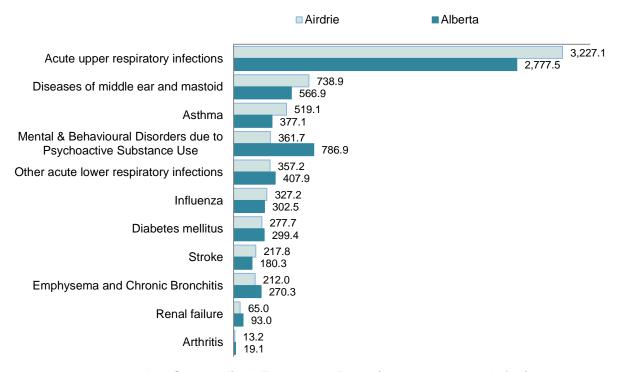




On average, the highest emergency visit rates for selected health conditions reported for Airdrie during 2010 to 2017 were due to acute upper respiratory infections. In addition, among selected health conditions, the largest rate of change among emergency visits during this time period was reported for acute upper respiratory infections (on average, a 218 emergency visits per 100,000 population decrease per year).

Age-standardized emergency visit rates per 100,000 population, by selected health conditions, for the most current calendar year available, are shown in Figure 8.4 for both the local geographic area and Alberta.

FIGURE 8.4 LGA versus Alberta Age-Standardized Emergency Visit Rates (per 100,000 population)
For Selected Conditions, Calendar Year 2017



Age-Standardized Emergency Rates (per 100,000 population)

In 2017, the three most common reasons for emergency visits, among selected health conditions, were: acute upper respiratory infections, diseases of middle ear and mastoid, and asthma. Among selected health conditions, the most common reason for emergency visits in 2017, acute upper respiratory infections, had a similar rate in Airdrie compared to the provincial rate per 100,000 population (3,227.1 vs. 2,777.5 AB). Furthermore, Airdrie showed emergency rates higher than the provincial rates for 5 of the 11 selected conditions.

Sources: Ambulatory Care Data, Alberta Health

Alberta Health Care Insurance Plan (AHCIP) Quarterly Population Registry Files, Alberta Health

Postal Code Translator File, Alberta Health

**Notes:** <sup>1</sup> See Appendix A for definition.

<sup>2</sup>Age-standardized rates are adjusted using the direct method of standardization, with weights from Statistics Canada's 2011 census population.

Methodology:

Surveillance and Assessment Unit, Alberta Health (As of Nov 2018) See link: http://www.ahw.gov.ab.ca/IHDA\_Retrieval

# Local Geographic Area: Airdrie

#### INPATIENT SERVICE UTILIZATION

Table 9.1 describes yearly inpatient separation<sup>1</sup> (IP Sep) rates per 100,000 population for patients residing in the LGA as well as Alberta. The rate of inpatient separations is the ratio between the total number of separations and the total local population.

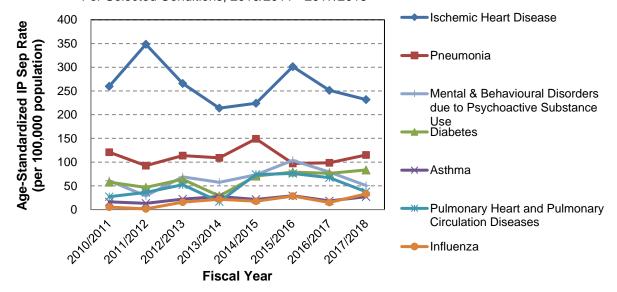
**TABLE 9.1** Inpatient Separation Rates (per 100,000 population) for Patients Residing in the LGA versus Alberta, Fiscal Years 2015/2016 - 2017/2018

Inpatient Separation Rates (per 100,000 population)			
Fiscal Years	Airdrie	Alberta	
2015/2016	8,131.2	8,941.1	
2016/2017	7,945.6	8,850.3	
2017/2018	7,627.4	8,643.7	

Airdrie's inpatient separation rate for patients residing in the local geographic area varied between 7,627.4 in 2017/2018 and 7,945.6 in 2016/2017. In addition, in 2017/2018, the inpatient separation rate for patients residing in Airdrie was 0.9 times lower than the provincial rate (7,627.4 vs. 8,643.7 AB).

Figure 9.1 presents IP Sep rates for selected health conditions (per 100,000 population), for patients residing in the local geographic area, for the fiscal years 2010/2011 through 2017/2018. The rates have been standardized by age.

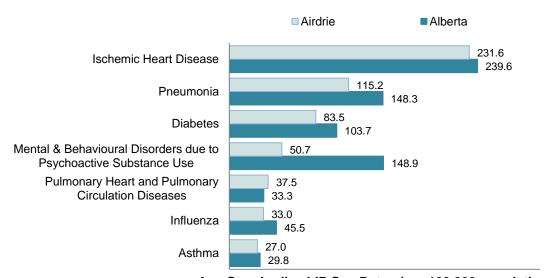
FIGURE 9.1 LGA Age-Standardized<sup>2</sup> Inpatient Separation Rates (per 100,000 population) For Selected Conditions, 2010/2011 - 2017/2018



On average, the highest inpatient separation rates, among selected health conditions, reported in Airdrie during 2010/2011 to 2017/2018 were due to ischemic heart diseases. These rates reached a high of 348.5 per 100,000 population in 2011/2012 and a low of 213.8 per 100,000 population in 2013/2014. Also, among selected conditions, the largest inpatient separation rate of change during this time period was reported for ischemic heart diseases (on average, a 7 inpatient separation per 100,000 population decrease per year).

Figure 9.2 presents inpatient separation rates per 100,000 population for patients residing in the local geographic area, compared to provincial rates, for the most recent fiscal year and selected health conditions.

FIGURE 9.2 LGA versus Alberta Age-Standardized Inpatient Separation Rates (per 100,000 population) For Selected Conditions, 2017/2018



Age-Standardized IP Sep Rates (per 100,000 population)

In 2017/2018, the three highest inpatient separation rates were reported for ischemic heart disease, pneumonia, and diabetes. The most common reason for inpatient separations in Airdrie was ischemic heart disease, which had a similar rate compared to the provincial rate per 100,000 population (231.6 vs. 239.6 AB). Additionally, Airdrie's inpatient separation rates were higher than the provincial rates for 1 of the 7 diagnoses.

#### Sources:

Alberta Hospital Discharge Abstract Database (DAD), Alberta Health

Alberta Health Care Insurance Plan (AHCIP) Quarterly Population Registry Files, Alberta Health

Postal Code Translator File, Alberta Health

Notes: 1 See Appendix A for definition.

<sup>2</sup>Age-standardized rates are adjusted using the direct method of standardization, with weights from Statistics Canada's 2011 census population.

#### Methodology:

Surveillance and Assessment Unit, Alberta Health (As of Dec 2018) See link: http://www.ahw.gov.ab.ca/IHDA\_Retrieval

# Local Geographic Area: Airdrie

#### PRIMARY HEALTH CARE INDICATORS OF COMMUNITY PRIMARY CARE NEED

As a result of consultations and analysis during the fall of 2016, 12 indicators were identified to help determine the need for new or additional primary health care services across all local geographic areas throughout Alberta. These indicators were related to health service utilization and the health needs of the population. The indicators are standardized by age, where appropriate, to allow comparison of information across local geographic areas and the province. The bullets below present the underlying issues that these indicators will address.

- Health status indicators help show the burden of disease in the population that could be monitored and/or improved by primary health care services.
- Utilization indicators determine if there is a gap between population health needs and available health care services and suggests where this gap exists (e.g. use of emergency departments for non-urgent health care).

Table 10.1 profiles recent data for these indicators for both the local geographic area (LGA) and Alberta. The LGA indicator value is compared to the Alberta average.

TABLE 10.1. Primary Health Care Indicators of Community Primary Care Need

	Utilization Indicators	Airdrie	Alberta
1	Travel: Percentage of LGA's Recipients' Family Physician Claims Reported Outside of the LGA, 2017/2018	33.2%	50.8%
2	Volume of Family Physicians (per 1,000 Population), 2017/2018	0.9	1.2
3	Ambulatory Care Sensitive Conditions - Age- Standardized Separation Rate (per 100,000 population), 2017/2018	264.5	360.7
4	General Practice Care Sensitive Conditions - Age- Standardized Rate (per 100,000 population), 2017/2018	9,627.1	11,633.1
5	ED Visits Related to Mood and Anxiety Disorders - Age-Standardized Rate (per 100,000 population), 2017/2018	1,635.0	1,328.2
6	ED Visits Related to Substance Abuse - Age- Standardized Rate (per 100,000 population), 2017/2018	701.2	1,300.3
7	ED Readmissions within 30 Days of Discharge from Hospital - Age-Standardized Rate (per 100,000 population), 2017/2018	949.5	1,436.1

TABLE 10.1. Proposed Primary Health Care Indicators of Community Primary Care Need (continued)

	Health Status Indicators¹	Airdrie	Alberta
8	Age-Standardized Rate of People with Three or more Chronic Diseases (per 100 population), 2017/2018	3.9	4.2
9	Percentage of Influenza Vaccines for Those 65 and Over, 2017/2018	57.4%	51.2%
	Social Determinant of Health	Airdrie	Alberta
10	Average Canadian Deprivation Index (per 100 population), 2013	5.7	7.3
11	SES: Percentage of People Receiving Support, in the Population, 2017/2018	13.6%	23.5%
12	Life Expectancy at Birth, 2008 to 2017	82.2	81.2

Each of the 12 indicators displayed for Airdrie is described below. Higher values are desirable for indicators 2, 9 and 12. The reverse holds for the nine remaining indicators.

# Indicator 1: Percentage of LGA's Recipients' Family Physician Claims Outside of the LGA

The percentage of total Family Physician claims outside the recipient's home local geographic area is a proxy for access to primary care services. While the indicator provides values for all LGAs, the values are more informative for rural or remote areas (as travel inside urban areas has different meaning and impact).

### **Indicator 2: Volume of Family Physicians**

This indicator measures the number of active Family Physicians per 1,000 population in the LGA. This indicator can be linked to continuity of care, access to care, wait times and general patient satisfaction. Physicians directly influence how most health care resources are utilized. Information on physician supply and distribution will help support health decision-makers and planners to prepare for future needs.

# **Indicator 3: Ambulatory Care Sensitive Conditions**

The Canadian Institute of Health Information (CIHI) has recognized ambulatory care sensitive conditions (ACSC) separation rates as a valid proxy indicator for the robustness of a primary care system. The ACSC indicator measures the aggregate acute care separation rate, per 100,000 population, over one year for the following seven conditions. Of these, the following six conditions have been included in the current indicator: Angina, Asthma, Congestive Heart Failure, Chronic Obstructive Pulmonary Disorder, Diabetes and Hypertension. A disproportionately high rate is presumed to reflect problems in obtaining access to appropriate primary care. Note that in rural areas, a limitation of this indicator is that it reflects differences in access to physicians.

#### **Indicator 4: General Practice Care Sensitive Conditions**

The General Practice Care Sensitive Conditions indicator measures the aggregate emergency department (ED) or urgent care centre visits rate for health conditions that may be appropriately managed at a family physician's office. Treatment of such conditions at family physician offices allows for proper follow up and better patient outcomes. A disproportionately high rate is presumed to reflect problems in obtaining access to appropriate primary care.

### **Indicator 5: ED Visits Related to Mood and Anxiety Disorders**

This indicator measures the number of ED visits related to mood and anxiety disorders, per 100,000 population. A higher rate of ED visits related to mood and anxiety disorders may be an indication of inadequate community resources or difficulties accessing care in the community. Most ED visits related to mood and anxiety disorders can be avoided if individuals with these condition have access to comprehensive outpatient and community based recovery-focused services.

### **Indicator 6: ED Visits Related to Substance Abuse**

This indicator measures the number of ED visits related to substance abuse disorders, per 100,000 population. A higher rate of ED visits related to substance abuse may be an indication of inadequate community resources or difficulties accessing care in the community. These ED visits can be avoided by improving access to primary care and specialized community services and supports. Individuals with these conditions who are treated in primary care are less likely to show up in the ED. More substance abuse related ED visits happening outside office hours may indicate the need for after-hour primary care services, which would be a better source of care than having patients with these conditions utilize the ED.

# Indicator 7: ED Readmissions within 30 Days of Discharge from Hospital

As described by CIHI, this is the risk-adjusted rate of unplanned readmission for non-elective return to an acute care hospital for any cause that occurs within 30 days of discharge from the primary hospitalization. Urgent, unplanned readmissions to acute care facilities are increasingly being used to measure quality of care and care coordination. While not all unplanned readmissions are avoidable, interventions during and after a hospitalization can be effective in reducing readmission rates.

### **Indicator 8: People with Three or More Chronic Diseases**

Interdisciplinary care and coordination of services is required for patients with multiple chronic conditions. This indicator tracks the proportion of patients with three or more chronic conditions which may include: asthma, congestive heart failure, COPD, dementia, diabetes, hypertension, and/or ischemic heart disease.

### Indicator 9: Percentage of Influenza Vaccines for Those 65 and Over

The percentage of influenza vaccines administered annually to 65 year olds and over is an important primary health care indicator of preventive services delivered through primary health care. The data for this indicator includes immunizations delivered by community pharmacists and physicians to 65 year olds and older.

# **Indicator 10: Average Canadian Deprivation Index (CDI)**

Estimates for the CDI are derived from the Canadian Community Health Survey (CCHS). The CDI is an individual level measure of material deprivation, based on home ownership, education, and food security in the CCHS. Values range from 1 (most well off) to 5 (most deprived). The indicator reports the percentage of the CCHS sample within the LGA, for material deprivation levels 4 & 5 of the CDI.

# Indicator 11: SES Percentage of People Receiving Support, in the Population

This indicator measures the percentage of low-income earners who benefit from the prescription drug subsidy under the "Low-Income Health Benefits Program", which is a Government-sponsored supplementary health benefit programs.

# **Indicator 12: Life Expectancy at Birth**

The life expectancy at birth correlates highly with determinants of health and is a good predictor of future health related costs. This measure is considered a significant indicator of overall population health.

#### Sources:

Interactive Health Data Application (IHDA), Surveillance and Assessment Branch, Alberta Health

Alberta Health Care Insurance Plan (AHCIP) Physician Claims Data, Alberta Health

Stakeholder Registry File, Alberta Health

Alberta Hospital Discharge Abstract Database (DAD), Alberta Health

Ambulatory Care Data, Alberta Health

Alberta Health Care Insurance Plan (AHCIP) Quarterly Population Registry Files, Alberta Health

Postal Code Translator File, Alberta Health

Alberta Blue Cross Claims Data, Alberta Health

Immunization and Adverse Reaction to Immunization (Imm/ARI) System, Alberta Health

Pharmaceutical Information Network (PIN), Alberta Health

Alberta Blue Cross, Publically-Funded Pharmacy Influenza Immunization Program

**Notes:** <sup>1</sup> See Appendix A for definition.

# Local Geographic Area: Airdrie

### **ACCESS TO HEALTH SERVICES**

Table 11.1 provides the number of ambulatory care visits or inpatient separations made by local area residents to facilities within the local geographic area as well as facilities outside of the area. The data is provided for the most recent fiscal year available.

**TABLE 11.1** Ambulatory Care Visits and Inpatient Separations for the Local Geographic Area Residents

To Facilities Located In versus Out of the Local Geographic Area, Fiscal Year 2017/2018

	Ambulatory	Care Visits		
Visits Within Local Area of Residence (IN)	Visits Outside Local Area of Residence (OUT)	Total Visits	Percent IN	Percent OUT
21,740	98,085	119,825	18.1%	81.9%
Inpatient Separations (IP Sep)				
Seps Within Local Area of Residence	Seps Outside Local Area of Residence	Total IP Sep	Percent IN	Percent OUT
0	4,955	4,955	0.0%	100.0%

Table 11.2 focuses on ambulatory care visits or inpatient separations made by local area residents to the top three accessed non-local facilities. Of particular interest is the percentage of non-local visits to, or separations from, each of the three facilities out of all non-local visits or separations. These percentages appear in the last column of the table below. The data is provided for the most recent fiscal year available.

**TABLE 11.2** Top 3 Non-Local Ambulatory Care Facilities Accessed by Local Residents Fiscal Year 2017/2018

Local Residents Accessing Non-Local Ambulatory Care Facilities				
Ambulatory Care Facility Name	Facility Municipality	Facility LGA	Number of OUT Visits	% of Total OUT Visits
Foothills Medical Centre	Calgary	Calgary - Centre North	22,725	23.2%
Alberta Children's Hospital	Calgary	Calgary - Lower NW	19,535	19.9%
Peter Lougheed Centre	Calgary	Calgary - Upper NE	15,747	16.1%

**TABLE 11.2** Top 3 Non-Local Acute Care Hospitals Accessed by Local Residents Fiscal Year 2017/2018 (continued)

Local Residents Accessing Non-Local Acute Care Hospitals				
Hospital Name	Hospital Municipality	Hospital LGA	Number of OUT IP Sep	% of Total OUT IP Sep
Peter Lougheed Centre	Calgary	Calgary - Upper NE	2,066	41.7%
Foothills Medical Centre	Calgary	Calgary - Centre North	1,306	26.4%
Rockyview General Hospital	Calgary	Calgary - Elbow	579	11.7%

# Sources:

Ambulatory Care Data, Alberta Health
Alberta Hospital Discharge Abstract Database (DAD), Alberta Health
Alberta Health Care Insurance Plan (AHCIP) Annual Population Registry File, Alberta Health
Postal Code Translator File, Alberta Health

Definitions Appendix A

#### **Addiction Residential**

This refers to community based addiction treatment delivered in a residential setting through structured programs with fixed length (e.g., 20 day residential treatment program at Northern Addictions Centre) including intensive individual and group counselling, information sessions, skill based workshops, recreation and leisure activities and participation in self-help groups.

#### **After-Tax Low Income Measure**

In simple terms, the Low-income measure after tax (LIM-AT) is a fixed percentage (50%) of median adjusted after-tax income of households observed at the person level, where 'adjusted' indicates that a household's needs are taken into account. Adjustment for household sizes reflects the fact that a household's needs increase as the number of members increase, although not necessarily by the same proportion per additional member.

The LIMs derivation begins by calculating the 'adjusted household income' for each household by dividing household income by the square root of the number of persons in the household, otherwise known as the 'equivalence scale.' This adjusted household income is assigned to each individual in the private household, and the median of the adjusted household income (where half of all individuals will be above it and half below) is determined over the population. The LIM for a household of one person is 50% of this median, and the LIMs for other sizes of households are equal to this value multiplied by their equivalence scale.

Unlike other low income lines, LIMs do not vary by size of area of residence. (Statistics Canada) Thresholds for specific household sizes can be found at the following location: https://www12.statcan.gc.ca/nhs-enm/2011/ref/dict/table-tableau/t-3-2-eng.cfm

#### **Age Standardization**

Age standardization is a technique applied to make rates comparable across groups with different age distributions. A simple rate is defined as the number of people with a particular condition divided by the whole population. An age-standardized rate is defined as the number of people with a condition divided by the population within each age group. Standardizing (adjusting) the rate across age groups allows a more accurate comparison between populations that have different age structures. Age standardization is typically done when comparing rates across time periods, different geographic areas, and or population sub-groups (e.g. ethnic group). Direct standardization was used for all analyses in this Community Profile, where standardization applies.

### **Band Housing**

For historical and statutory reasons, shelter occupancy on reserves does not lend itself to the usual classification by standard tenure categories. Therefore, a special category, band housing, has been created for 1991 Census products. Band housing also appears in the 1996, 2001, and 2006 Census products. In 2011, band housing appeared in the NHS Survey instead of the Census. (Statistics Canada)

#### **Birth Rate**

The birth rate is the number of live births, of a given geographic area in a given year, per 1,000 population of the same geographic area in the same year. (Statistics Canada)

# **Body Mass Index (BMI)**

The BMI is a method of classifying body weights by health risk level, which is adopted by the World Health Organization (WHO). Guidelines were put in place by Health Canada to clearly define this index.

The BMI is computed as an individual's weight (in kilograms) divided by the square of their height (in meters). The standard BMI categories used are: underweight, normal, overweight and obese (classes I-III). For the purposes of this report, the following categories were used:

BMI Categories	ВМІ
under weight	less than 18.50
normal weight	18.50 to 24.99
overweight	25.00 to 29.99
obese	30.00 or greater

Obesity has been linked with many chronic diseases, including hypertension, type 2 diabetes, cardiovascular disease, osteoarthritis and certain types of cancer. (Statistics Canada, Canadian Community Health Survey)

### **Canadian Community Health Survey (CCHS)**

CCHS is a national cross-sectional survey carried out by Statistics Canada to provide estimates of health status, health care utilization, and determinants of health at the provincial health region level. Statistics Canada provides a Provincial Share file to each Ministry of Health. This file contains detailed survey responses for those participants agreeing to disclosure to the Ministry. In Alberta, the share file represents between 92% and 95% of participants in each cycle of the master file.

# For more information go to the following link:

http://www23.statcan.gc.ca/imdb/p2SV.pl?Function=getSurvey&SDDS=3226

### **Canadian Triage and Acuity Scale (CTAS)**

The CTAS is a scale to categorize patients according to the type and severity of their initial presenting signs and symptoms at the Emergency Department that helps to determine priorities for treatment. The CTAS is used to determine the triage level. There are 5 levels, with level 1 being the most urgent and level 5 the least urgent.

### Triage Level 1 – Resuscitation

Patients are categorized as having conditions that are threats to life or limb (or imminent risk of deterioration) requiring immediate aggressive interventions.

# Triage Level 2 - Emergent

Patients are categorized as having conditions that are a potential threat to life, limb or function, requiring rapid medical intervention or delegated acts.

# Triage Level 3 - Urgent

Patients are categorized as having conditions that could potentially progress to a serious problem requiring emergency intervention. These conditions may be associated with significant discomfort or affecting ability to function at work or activities of daily living.

# Triage Level 4 – Less Urgent (Semi urgent)

Patients are categorized as having conditions that are related to patient age, distress, or potential for deterioration or complications and would benefit from intervention or reassurance within 1-2 hours.

### Triage Level 5 – Non Urgent

Patients are categorized as having conditions that may be acute but non-urgent as well as conditions which may be part of a chronic problem with or without evidence of deterioration. The investigation or interventions for some of these illnesses or injuries could be delayed or even referred to other areas of the hospital or health care system.

# <u>Triage Level 9 – Unknown</u>

The information regarding this particular level is included in the National Ambulatory Care Reporting System Manual available through CIHI.

#### Census

The census is a survey that collects data from all the members of a population, whether it is people or businesses. The most common use of the term "Census" is the population Census of Canada which is taken at 5-year intervals which counts persons and households and a wide variety of characteristics. In fact, some of the Census questions are asked on a sample basis i.e. in the past every fifth household receives a long-form questionnaire asking additional questions.

For 2011, Statistics Canada did not use a mandatory long-form questionnaire as part of the census. Information previously collected by the mandatory long-form census questionnaire was collected as part of the new voluntary National Household Survey (NHS).

Collection of the NHS began within four weeks of the May 2011 Census. Approximately 4.5 million households received the NHS questionnaire.

The 2011 Census questionnaire consisted of the same eight questions that appeared on the 2006 Census short-form questionnaire, with the addition of two questions on language. (Statistics Canada)

# **Census Family**

A family as defined by the Census includes one of the following: a married couple (with or without children of either and/or both spouses), a common-law couple (with or without children of either and/or both partners) or a lone parent of any marital status, with at least one child.

A couple may be of opposite sex or same sex. A couple family with children may be further classified as either an intact family in which all children are the biological and/or adopted children of both married spouses or of both common-law partners, or a stepfamily with at least one biological or adopted child of only one married spouse or common-law partner and whose birth or adoption preceded the current relationship.

Stepfamilies, in turn may be classified as simple or complex. A simple stepfamily is a couple family in which all children are biological or adopted children of one, and only one, married spouse or common-law partner whose birth or adoption preceded the current relationship. A complex stepfamily is a couple family which contains at least one biological or adopted child whose birth or adoption preceded the current relationship.

These families contain children from:

- Each married spouse or common-law partner and no other children
- One married spouse or common-law partner and at least one other biological or adopted child of the couple
- Each married spouse or common-law partner and at least one other biological or adopted child of the couple. (Statistics Canada)

# Chinese, n.o.s. (not otherwise specified)

The 2011 census category 'Chinese, n.o.s.' includes responses of 'Chinese' as well as all Chinese languages other than Cantonese, Mandarin, Taiwanese, Chaochow (Teochow), Fukien, Hakka and Shanghainese. (Statistics Canada)

### **Chronic Obstructive Pulmonary Disease (COPD)**

The population aged 35 and over who reported being diagnosed by a health professional with chronic bronchitis, emphysema or COPD. (Statistics Canada, Canadian Community Health Survey)

COPD is a progressive disease that makes it hard to breathe. It can cause coughing that produces large amounts of mucus, wheezing, shortness of breath, chest tightness, and other symptoms. Cigarette smoking is the leading cause of COPD. Most people who have COPD smoke or used to smoke. Long-term exposure to other lung irritants (such as air pollution, chemical fumes, or dust) also may contribute to COPD.

#### **Detox**

This refers to community based services with in-house medical supports and designated beds that provides assistance to clients with the detoxification (withdrawal) from their use of alcohol and other drugs in a safe and controlled setting. These services typically include health stabilization, assessment, referral, information sessions, introductions to self-help groups, and treatment planning. Detox is often followed by further residential or non-residential treatment.

# **Emergency Department (ED) Visit Rate**

The ED visit rate is the number of visits to the emergency department divided by the total population of the local geographic area.

# Family Care Clinic (FCC)

Family Care Clinics provide primary health care services, such as diagnosis and treatment of illness, immunizations, screening and links to other health services and community agencies. The clinics emphasize health promotion, disease and injury prevention, and self-management and care of chronic disease. FCCs offer extended hours of service and same day access.

# **Fertility Rate**

The fertility rate is the number of live births per 1,000 women of reproductive age (15 - 49 years) in a population per year. This is a more standardized way to measure fertility in a population than birth rate because it accounts for the percentage of women of reproductive age. (Statistics Canada)

### **First Nations with Treaty Status**

First Nation is a term that came into common usage in the 1970s to replace the word "Indian". First Nations refers to individuals and to communities (or reserves) and their governments (or band councils). The term arose in the 1980s and is politically significant because it implies possession of rights arising from historical occupation and use of territory. Though no Canadian legal definition of this term exists (the Constitution refers to Indians), the United Nations considers First Nations to be synonymous with indigenous peoples.

Status Indian: A First Nations person who is registered according to the Indian Act's requirements and therefore qualifies for treaty rights and benefits. Non-Status Indian: A First Nations person who is not registered under the Indian Act, for whatever reason, according to the act's requirements and therefor does not qualify for the rights and benefits given to people registered as status Indians.

Starting in 1701, the British Crown entered into solemn treaties to encourage peaceful relationships between First Nations and non-Aboriginal people. Over the next several centuries, treaties were signed to define, among other things, the respective rights of Aboriginal people and governments to use and enjoy lands that Aboriginal people traditionally occupied. The Government of Canada and the courts understand treaties between the Crown and Aboriginal people to be solemn agreements that set out promises, obligations and benefits for both parties.

(Aboriginal Affairs and Northern Development Canada 2013; Government of Alberta, Indigenous Relations, 2013)

#### **Health Status**

Health status is the level of health of the individual, group or population as subjectively assessed by the individual or by more objective measures. (Statistics Canada)

# **High Birth Weight**

Birth weight is the body weight of a baby at its birth. High birth weight is defined as live births with a weight of 4,500 grams or more, expressed as a percentage of all live births with known weight. (Statistics Canada, Vital Statistics, Birth Database)

# **Hospitalization Rate**

The hospitalization rate is the age-standardized rate of acute care hospitalization, per 100,000 population. (Canadian Institute for Health Information)

# **Infant Mortality Rate**

The infant mortality rate is infants who die in the first year of life, expressed as a count and a rate per 1,000 live births. (Statistics Canada, Vital Statistics, Birth and Death Databases)

# Inpatient

An inpatient is an individual who has been officially admitted to a hospital for the purpose of receiving one or more health services. (Canadian Institute for Health Information: MIS Standards 2011)

# **Inpatient Separations (IP Seps)**

A separation from a health care facility occurs anytime a patient (or resident) leaves because of death, discharge, sign-out against medical advice, or transfer. The number of separations is the most commonly used measure of the utilization of hospital services. Separations, rather than admissions, are used because hospital abstracts for inpatient care are based on information gathered at the time of discharge.

#### Inuit

Inuit are the Aboriginal people of Arctic Canada. As of Sept 2010, it is estimated that about 45,000 Inuit live in 53 communities in: Nunatsiavut (Labrador); Nunavik (Quebec); Nunavut; and the Inuvialuit Settlement Region of the Northwest Territories. Each of these four Inuit groups have settled land claims. These Inuit regions cover one-third of Canada's land mass. Please note that small numbers of Inuit people can be found in various other regions of Canada other than the four regions listed above.

The word "Inuit" means "the people" in the Inuit language called, Inuktitut and is the term by which Inuit refer to themselves. (Aboriginal Affairs and Northern Development Canada)

# **Local Geographic Areas (LGAs)**

To assist with primary health care planning, Alberta Health has developed a series of reports to provide a broad range of demographic, socio-economic, and population health statistics considered relevant to primary health care for communities across the province. Alberta Health Services divides the province into five large health service Zones, and these Zones are subdivided into smaller geographic areas called Local Geographic Areas (LGAs). These 132 LGAs reflect areas where given populations live, work and receive most day-to-day services including commercial services and health care.

LGA is defined based on the multiple characteristics listed below.

- Population density
- Distance from urban centres or major rural centres that provide a variety of services (health and non-health)
- Local knowledge about the population, industry type, municipalities, resources, infrastructure, schools, etc.
- Travel patterns of populations seeking services (health and non-health)
- Place of work and commuting behaviours.

# **Low Birth Weight**

Birth weight is the body weight of a baby at its birth. Live births less than 5.5 pounds or 2500 grams at birth are considered as babies with low birth weight. Low birth weight is a key determinant of infant survival, health, and development. (Statistics Canada, Vital Statistics, Birth Database)

# **Mortality Rate by Cause of Death**

The age-standardized mortality rate by cause of death is a measure of the frequency (rate) at which deaths occur in a given population due to a certain cause. The potential confounding effect of different age structures (i.e. across geographic boundaries or years) is reduced when comparing rates that have been age-adjusted. (Interactive Health Data Application, Alberta Health)

# **Neoplasms**

A neoplasm is an unusual new growth of tissue resulted by uncontrolled production of cells. These cells do not coordinate with normal cells and may appear abnormal compared to the normal cells. The term "tumor" is used to name a neoplasm that has formed a lump. Some neoplasms do not form lumps. The neoplasms that spread to the other parts of the body are commonly known as 'Cancers'. (http://www.cancer.gov/cancertopics)

### **National Household Survey (NHS)**

Between May and August 2011, Statistics Canada conducted the National Household Survey (NHS) for the first time. This voluntary, self-administered survey was introduced as a replacement for the long census questionnaire, more widely known as Census Form 2B. The NHS is designed to collect social and economic data about the Canadian population. The objective of the NHS is to provide data for small geographic areas and small population groups. For further details around sampling design, topics covered etc. please visit the link below: <a href="http://www12.statcan.gc.ca/nhs-enm/2011/ref/nhs-enm\_guide/guide\_2-eng.cfm">http://www12.statcan.gc.ca/nhs-enm/2011/ref/nhs-enm\_guide/guide\_2-eng.cfm</a> (Statistics Canada).

### **Opioid Dependency Program**

This service provides methadone or Suboxone® maintenance treatment in a non-residential setting with psychosocial support. It is part of the opioid agonist treatment (OAT) available in Alberta and providers including physicians independent of AHS also offer OAT.

### Outpatient

This refers to non-residential treatment delivered in community clinics and hospital outpatient setting to help Albertans with substance use and mental health problems. Services include assessment, therapeutic interventions such as counselling and medication, outreach and day programs, and after care support. These services do not include overnight stays and can be provided by a multi-disciplinary team of therapists, psychiatrists, nurses and social workers. Examples of treatment types include brief intervention, urgent and crisis intervention, general (basic, short term) treatment, specialized treatment and rehabilitation.

# **Physical Activity**

Physical activity is measured as the population aged 12 and over who reported a level of physical activity, based on their responses to questions about the frequency, nature and duration of their participation in leisure time physical activity. Respondents are classified as active, moderately active or inactive based on an index of average daily physical activity over the past three months.

For each leisure time physical activity engaged in by the respondent, an average daily energy expenditure is calculated by multiplying the number of times the activity was performed by the average duration of the activity by the energy cost (kilocalories per kilogram of body weight per hour) of the activity. The index is calculated as the sum of the average daily energy expenditures of all activities. Respondents are classified as follows: 3.0 kcal/kg/day or more = physically active; 1.5 to 2.9 kcal/kg/day = moderately active; less than 1.5 kcal per day = inactive. (Statistics Canada, Canadian Community Health Survey)

#### **Prevalence Rate**

Prevalence is a measure of disease that allows us to determine a person's likelihood of having a disease. Therefore, the number of prevalent cases is the total number of cases of disease existing in a population. A prevalence rate is the total number of cases of a disease existing in a population divided by the total population. (http://www.health.ny.gov/diseases/chronic/basicstat.htm)

### **Primary Care**

Primary care is the first point of contact that people have with the health care system for medical needs requiring treatment and referral to other services as needed and is usually provided by a family physician or other health care professional.

(https://www.pcnpmo.ca/alberta-pcns/Pages/Primary-Care.aspx)

# **Primary Care Networks**

Primary Care Networks are groups of family doctors that work with Alberta Health Services and other health professionals to coordinate the delivery of primary health care for their patients. (<a href="http://www.pcnpmo.ca/AboutPCNs/PCNsInAlberta/Pages/default.aspx">http://www.pcnpmo.ca/AboutPCNs/PCNsInAlberta/Pages/default.aspx</a>)

#### **Private Household**

A private household is a person or a group of people occupying the same dwelling and who do not have a usual place of residence elsewhere in Canada or abroad. The household universe is divided into two sub-universes on the basis of whether the household is occupying a collective dwelling or a private dwelling. The latter is a private household. (Statistics Canada)

# **Qualifier (comparisons between indicator values)**

In comparing indicators across local geographic areas (LGAs) and the Province, this report uses qualifiers such as 'higher than', 'lower than', 'similar to', etc. These statements are based on a simple statistical comparison that determines how far apart the indicator values are on the full scale of values for the indicator. For each indicator, the standard deviation (SD) was used as the measuring stick for whether the values are "close" or "far apart". For each indicator, the distance between the LGA value and the provincial (AB) value was measured as number of SDs, and the direction of the difference (plus or minus). For example, if the LGA value is two SDs above the AB value, then the LGA value is said to be 'much higher' than the provincial value. The complete set of comparison criteria is given below.

Qualifier	Distance between values
Much Lower	below -1.5 SD
Lower	−1.5 SD <i>to</i> −0.25 SD
Similar/Comparable	−0.25 SD <i>to</i> +0.25 SD
Higher	+0.25 SD to +1.5 SD
Much Higher	+1.5 SD and higher

# **Separation Rate**

A separation from a health care facility occurs anytime a patient (or resident) leaves because of death, discharge, sign-out against medical advice or transfer. The separation rate is the total number of inpatient separations divided by the total population.

#### **Self-Perceived Mental Health**

Perceived mental health is a general indication of the number of people in the population suffering from some form of mental disorder, mental or emotional problems or distress, not necessarily reflected in self-perceived health. This data is usually collected through surveys where respondents are asked to rate their mental health as poor, fair, good, very good or excellent. (Statistics Canada, Canadian Community Health Survey)

# **Sexually Transmitted Infection (STI)**

A sexually transmitted infection is an infection that can be transferred from one person to another through sexual contact. (Public Health Agency of Canada)

#### Smoker

As defined by Statistics Canada, 'smokers' are members of the population aged 12 and older who report being a current smoker. A "daily smoker" is someone who reports smoking cigarettes every day (although it does not take into account the number of cigarettes smoked). 'Occasional smokers' refers to those who reported smoking cigarettes occasionally; this includes former daily smokers who now smoke occasionally. (Statistics Canada, Canadian Community Health Survey)

### **Social Determinants of Health**

The social determinants of health influence the health of populations. They can include: income and social status, social support networks, education, employment/working conditions, social environments, physical environments, personal health practices and coping skills, healthy child development, gender and culture. (Statistics Canada)

# **Teen Birth Rate**

The teenage live birth rate is the number of live births per 1,000 women aged 15 to 19. (E-STAT, Statistics Canada)

# Community Services (Online Resources)

Appendix B

# 1. Indigenous Relations

# Indigenous Services

http://indigenous.alberta.ca/Services.cfm

This link provides a directory of services and information for First Nations, Metis and Inuit peoples in Alberta.

# Health Services and Social Programs for Indigenous Peoples

http://www.aadnc-aandc.gc.ca/eng/1461942831385/1461942892707

This link provides information on physical and mental health services, child and family services, non-insured benefits, and health and wellbeing.

### First Nation Community Profiles:

http://fnp-ppn.aandc-aadnc.gc.ca/fnp/Main/index.aspx?lang=eng

This link provides a collection of information that describes individual First Nation communities across Canada. It also allows you to quickly locate First Nation communities by consulting the interactive map: <a href="http://cippn-fnpim.aadnc-aandc.gc.ca/index-eng.html">http://cippn-fnpim.aadnc-aandc.gc.ca/index-eng.html</a>

### Delegated First Nation Agencies:

http://humanservices.alberta.ca/family-community/15540.html

This link provides contact information and a map of delegated First Nation agencies and societies in Alberta.

### Alberta Metis Organizations

http://indigenous.alberta.ca/Metis-Relations.cfm

This link provides information on Metis communities and organizations in Alberta.

#### 2. Education

#### Alberta Education and Training:

http://www.learnalberta.ca/content/mychildslearning/index.html

This link provides resources on the variety of educational choices, curriculum and related information available for children from Kindergarten to Grade 12.

#### Future Ready

https://www.alberta.ca/release.cfm?xID=43642DBA5E0B2-F157-A213-757AD483EB7276F0

This link provides resources on Alberta's integrated approach to education, skills and training.

Local Resources: Find a directory of your local schools and school boards:
 https://education.alberta.ca/alberta-education/school-authority-index/?searchMode=3

This link provides a list of school authorities and associated public, private, francophone and early childhood services – school authorities are listed in alphabetical order.

# 3. Employment

# Career Planning and Support Programs

https://www.alberta.ca/career-planning.aspx

This link provides information on guidance and resources for career planning and advancement.

### Career Planning, Education, Jobs:

http://alis.alberta.ca/index.html

This link provides resources for finding a job, including career planning, training and development, job search and career information. It also provides links to educational resources.

### Local resources:

Find your local employment resources:

http://humanservices.alberta.ca/services-near-you/11959.html

This link provides employment, training and career services by region. Each region links to a comprehensive list of office locations, job fairs and service directories.

### 4. Family and Children

Financial, family and social supports

https://www.alberta.ca/financial-family-social-supports.aspx

This link provides information on financial assistance and support programs for individuals and families.

### Children and Family Services:

http://humanservices.alberta.ca/family-community.html

This link provides links to programs and services that support families and communities; it provides information on child care, parenting, women's issues, youth programs, safer communities, and family community support services.

# Programs and Services for Parents:

http://www.humanservices.alberta.ca/family-community/child-care-resources-for-parents.html

This link provides resources for parents on childcare programs.

Programs and Services for Youth:

http://www.humanservices.alberta.ca/abuse-bullying.html

This link provides resources on family and community safety including information on bullying, internet safety, and healthy relationships.

### 5. Housing

Housing and Property:

https://www.alberta.ca/housing-property.aspx

This link provides information on housing and property in Alberta, including information for tenants and landlords.

Housing and Rent Assistance:

https://www.alberta.ca/housing-rent-assistance.aspx https://www.alberta.ca/income-housing-job-loss-supports.aspx

This link provides information on assistance for low-income Albertans to find safe and affordable places to live.

Local Resources:

Find your local housing programs and services:

https://www.alberta.ca/affordable-housing-programs.aspx

Information for tenants and landlords – Find information about living in or operating a residential rental property

https://www.alberta.ca/information-tenants-landlords.aspx

Find Landlords and tenants and rent and rental properties

http://www.servicealberta.gov.ab.ca/Landlords-and-tenants-tipsheets.cfm

This link provides information on condominiums, landlords and tenants, and rent and rental properties.

Find your local homeless support resources:

https://www.alberta.ca/homelessness.aspx

This link provides information on initiatives in Alberta that focus on the prevention and reduction of adult and youth homelessness in the province. It also provides information on shelters and personal identification cards for those experiencing homelessness.

http://www.humanservices.alberta.ca/homelessness.html https://www.7cities.ca/

This link provides information on funding provided to the Outreach Support Services Initiative and the Addiction and Mental Health Strategy in the communities of Calgary, Edmonton, Grande Prairie, Fort McMurray, Red Deer, Lethbridge and Medicine Hat.

#### 6. Seniors

Alberta Seniors: http://www.seniors.alberta.ca/

This link provides information and links to the different programs and services supporting seniors in Alberta.

Seniors Financial Assistance Programs

https://www.alberta.ca/seniors-financial-assistance.aspx

This link provides information on a variety of seniors programs including financial assistance, dental and optical assistance, hope adaptation and repair, property tax deferral and special needs assistance.

#### 7. Social Services

# Alberta Supports

https://www.alberta.ca/alberta-supports.aspx

This link helps individuals find and apply for family and social supports.

Alberta Community and Social Services:

http://humanservices.alberta.ca/programs-and-services.html

This link provides a portal to the variety of programs and services provided by Alberta Human Services. Human Services has developed a resource list:

http://www.humanservices.alberta.ca/disability-services/14855.html

# Service Delivery Offices

http://humanservices.alberta.ca/services.html

This link provides a link to help you locate, among others, your local Service delivery offices, Alberta Works Centres, Child and Family Services Authorities and Employment Services.

Alberta Food Bank Network Association:

http://foodbanksalberta.ca/food-banks/

This link provides contact information for Food Banks across Alberta.

Programs and Services for Low-Income Earners:

https://www.alberta.ca/income-support.aspx

This link contains information about Alberta Works and other social assistance programs for low-income earners.

Local Services:

To find other local community and social services in your area:

Find local services through this province-wide service directory of community, health, social and government services:

http://www.informalberta.ca/public/common/index\_ClearSearch.do

# 24 hour information and referral service:

http://ab.211.ca/homepage

Telephone: 211

Toll-free: Edmonton - Alberta North: 1888-482-4696 and Calgary - Central Alberta and

Alberta South: 1-855-266-1605

# Health Link Alberta Calls for Calgary Zone

# Appendix C

The following listing shows the town/city, number of calls and percentage where the zone was coded as Calgary (including calls from the Mental Health Helpline). Records where the town/city is unknown or where the caller chose not to give demographic information are excluded. The listing is sorted alphabetically by Town/City in ascending order.

Calls by Town/City for the Fiscal Year 2017/2018

Town/City	# of Calls	%
Airdrie	8,621	3.9%
Aldersyde	19	0.0%
Arrowwood	29	0.0%
Balzac	3	0.0%
Banff	409	0.2%
Beiseker	96	0.0%
Black Diamond	262	0.1%
Blackie	113	0.1%
Bragg Creek	242	0.1%
Brant	32	0.0%
Calgary	187,472	85.6%
Canmore	1,005	0.5%
Carmangay	27	0.0%
Carseland	125	0.1%
Carstairs	570	0.3%
Cayley	99	0.0%
Champion	62	0.0%
Chestermere	2,342	1.1%
Claresholm	378	0.2%
Cluny	123	0.1%
Cochrane	4,140	1.9%
Cremona	134	0.1%
Crossfield	459	0.2%
Dalemead	15	0.0%
De Winton	151	0.1%
Dead Man's Flats	24	0.0%
Delacour	34	0.0%
Didsbury	710	0.3%
Eden Valley	32	0.0%
Exshaw	35	0.0%
Foothills	504	0.2%
Gleichen	75	0.0%
Harvie Heights	6	0.0%
Heritage Pointe	116	0.1%
High River	1,506	0.7%

Town/City	# of Calls	%
Indus	6	0.0%
Irricana	199	0.1%
Kananaskis	29	0.0%
Kathyrn	14	0.0%
Keoma	42	0.0%
Lac des Arcs	8	0.0%
Lake Louise	93	0.0%
Langdon	762	0.3%
Lomond	35	0.0%
Longview	65	0.0%
Lyalta	78	0.0%
Madden	25	0.0%
Millarville	119	0.1%
Milo	46	0.0%
Morley	334	0.2%
Mossleigh	21	0.0%
Nanton	308	0.1%
Okotoks	3,323	1.5%
Parkland	9	0.0%
Priddis	135	0.1%
Priddis Greens	9	0.0%
Redwood Meadows	97	0.0%
Rocky View County	392	0.2%
Rockyford	67	0.0%
Rosebud	40	0.0%
Siksika	403	0.2%
Standard	76	0.0%
Stavely	64	0.0%
Strathmore	1,660	0.8%
Turner Valley	308	0.1%
Vulcan	194	0.1%
Water Valley	116	0.1%
Total	219,103	100.0%

Source: Health Link Alberta, Alberta Health Services

# Select Health Services in Local Geographic Area

Appendix D

### **Airdrie**

# **Active Treatment Hospitals**

There are no Active Treatment Hospitals in this Local Geographic Area

#### Source:

Alberta Health, January 2019

#### Note:

Active Treatment Hospitals refers to: Tertiary, Referral Care Hospitals; Specialty Care Pediatric Hospitals; Specialty Care Rehabilitation Hospitals; Specialty Care Cancer Hospitals; Regional Referral, Secondary Level Care Hospitals; Community Hospital, Full Service Hospitals; Community Hospital, Moderate to Basic Services Hospitals; and, Designated Ambulatory Care Hospitals.

# **Community Ambulatory Care Centres**

Certified Service Type	Name	Address
CACC, Urgent Care Centre	Airdrie Community Health Centre	604 Main Street South/Sud, Airdrie, T4B3K7

#### Source:

Alberta Health, January 2019

#### Note:

Community Ambulatory Care Centres refers to: Urgent Care Centres; and, Basic Community Ambulatory Care Clinics.

# **Mental Health Facilities**

Facility Type	Name	Address
Community Mental Health Clinic	Airdrie Mental Health Clinic	#117, 104 - 1st Ave. Nw, Airdrie, T4B0R2
Addiction Community Centre	Airdrie Office	100 209 Centre Avenue W, Airdrie, T4B2B6

#### Source:

Alberta Health, January 2019

### Note:

Mental Health Facilities refers to: Addiction Community Centres; Addiction Residential and/or Detox Centres; Community Mental Health Clinics; and, Mental Health (Psychiatric) Facilities.

# **Diagnostic Imaging Centres**

Name	Address
Airdrie Regional Community Health Centre	604 Main St Se, Airdrie, T4B3K7
EFW Radiology - EFW Radiology - Airdrie	204-836 First Ave Nw, Airdrie, T4B0V2
Pureform Diagnostic Imaging Clinics - Airdrie	Unit 20 - 105 Main Street N, Airdrie, T4B0R3

# Source:

Alberta Health, January 2019

# **Community Pharmacies**

Name	Address
Airdrie Medical Remedy's Rx Pharmacy	10, 620 1 Avenue North West, Airdrie, T4B2R3
Apple Pharmacy	229 1 Street South West, Airdrie, T4B3L8
Calgary Co-Op Pharmacy #19	100, 2700 Main Street South East/Sud-Est, Airdrie, T4B2Y1
Costco Pharmacy #1076	300, 293020 Crossiron Common, Rocky View County, T4A0J6
Creekside Pharmacy	1113, 403 Mackenzie Way South West, Airdrie, T4B3V7
Drugstore Pharmacy #1540	300 Veteran's Blvd Ne, Airdrie, T4B3P2
Loblaw Pharmacy #4951	1050 Yankee Valley Blvd, Airdrie, T4A2E4
London Drugs #84	110, 2781 Main Street South West, Airdrie, T4B3S6
Melrose Drugs Ltd-Pharmasave #338	101, 209 Centre Avenue South West, Airdrie, T4B3L8
Midtown Pharmasave #363	202, 1 Midtown Boulevard South West, Airdrie, T4B4E7
Polaris Travel Clinic and Pharmacy	404, 191 Edwards Way South West, Airdrie, T4B3E2
Safeway Pharmacy #8830	Tower Lane Mall, 505 Main St, Airdrie, T4B2V8
Sandstone Pharmacies Airdrie	25, 1301 8 Street South West, Airdrie, T4B3Y2
Save-On-Foods Pharmacy #6602	1400 Market Street South East/Sud-Est, Airdrie, T4A0K9
Save-On-Foods Pharmacy #6603 - Airdrie West	601, 401 Coopers Boulevard South West, Airdrie, T4B4J3
Shoppers Drug Mart #2328	1200 Market Street South East/Sud-Est, Airdrie, T4A0K9
Shoppers Drug Mart #2360	836 1 Ave W, Airdrie, T4B2R3
Shoppers Drug Mart #2386	310-505 Main St, Airdrie, T4B3K3
Shoppers Drug Mart #2389	Crossiron Mills Mall, 514-261055 Crossiron Blvd, Rocky View County, T4A0G3
Shoppers Drug Mart #2429	2, 804 Main Street South East/Sud-Est, Airdrie, T4B3M1
Shoppers Drug Mart #2431	Coopers Crossing, 801-401 Coopers Blvd, Airdrie, T4B4J3
Sobeys Pharmacy Airdrie #5172	100, 65 Mackenzie Way South West, Airdrie, T4B0V7
Universal Health Pharmacy #6 - Airdrie	3, 1861 Meadowbrook Drive South East/Sud-Est, Airdrie, T4A1V3

# **Community Pharmacies**

Name	Address
Village Medical Pharmacy	117, 513 Centre Avenue East/Est, Airdrie, T4B1P9
Wal-Mart Pharmacy #1050	2881 Main Street South East/Sud-Est, Airdrie, T4B3G5

### Source:

Alberta Health, January 2019

# **Medical Laboratories**

Name	Address
Airdrie Community Health Centre	604 Main St Se, Airdrie, T4B3K7

#### Source:

Alberta Health, January 2019

# **Long Term Care Accommodation**

Name	Address
Bethany Care Centre Airdrie	1736 1 Avenue Nw, Airdrie, T4B2C4

#### Source:

Alberta Health, January 2019

# **Supportive Living Accommodation**

Accommodation Type	Name	Address
Assisted Living Accommodation	Bethany Care Centre Airdrie	1736 1 Avenue Nw, Airdrie, T4B2C4
Assisted Living Accommodation	Hamlets at Cedarwood Station	304 First Avenue Nw, Airdrie, T4B0C4
Assisted Living Accommodation	Luxstone Manor	2014 Luxstone Boulevard Sw, Airdrie, T4B0L6

# Source:

Alberta Health, January 2019

#### Note:

Supportive Living Accommodation refers to: Assisted Living Accommodation; Group Homes; and, Lodges.

# **Family Physician Offices**

Name	Address
Airdrie Medical Clinic 2016 Ltd	Suite 10, 620 1 Avenue North West, Airdrie, T4B2R3
Apple Wellness Medical Clinic	229 1 Street South West, Airdrie, T4B3L8
Associate Medical Clinic	Suite 201, 836 1 Avenue North West, Airdrie, T4B0V2
BFG Medical Clinic	Suite 105, 513 Centre Avenue, Airdrie, T4B1P9

# **Family Physician Offices**

Name	Address
Care First Medical - Airdrie	Suite 201, 800 Yankee Valley Boulevard South West, Airdrie, T4B3Y2
Doctors Plus Medical Centre	Suite 310, 505 Main Street South West, Airdrie, T4B3K3
East Airdrie Medical Centre	Suite 103, 1800 Market Street South East/Sud-Est, Airdrie, T4A0K9
Family Physicians	Suite 201, 300 Veterans Boulevard North East/Nord-Est, Airdrie, T4B3P2
Highland Primary Care Network	Suite 101, 217 Centre Avenue South West, Airdrie, T4B3L8
King's Medical Centre	Suite 203, 960 Yankee Valley Boulevard South East/Sud-Est, Airdrie, T4A2E4
La Vita Medical Centre	Suite 110, 52 Gateway Drive North East/Nord-Est, Airdrie, T4B0J6
Lifemark Physiotherapy Genesis Place	800 East Lake Boulevard North East/Nord-Est, Airdrie, T4A2K9
Nest Maternity & Lactation	Suite 101a, 217 Centre Avenue South West, Airdrie, T4B3L8
Oasis Health System Limited - Stonegate	Suite 504, 3 Stonegate Drive North West, Airdrie, T4B0N2
Raghavji Allatif Professional Corporation	1861 Meadowbrook Drive South East/Sud-Est, Airdrie, T4A1V3
ReNue Art of Skin Rejuvination	Suite 2151, 2800 Main Street South East/Sud-Est, Airdrie, T4B3G2
Stonegate Medical Clinic	Suite 120, 2797 Main Street South West, Airdrie, T4B3S6
The Bridge Medical Clinic Ltd	Suite 1105, 403 Mackenzie Way South West, Airdrie, T4B3V7

#### Sources:

Delivery Site Registry, Alberta Health, January 2019 Physician Claims, Alberta Health, 2017/2018 and Q1-Q3 2018/2019

### Note:

The family physician office information is based on available Delivery Site Registry data (as of the extract date), which in turn, is based on information provided by the College of Physicians and Surgeons of Alberta. Only physician offices with at least one claim reported during 2017/2018 or 2018/2019 (Q1-Q3) are included. For the most up to date information go to <a href="https://www.albertanetcare.ca/learningcentre/Delivery-Site-Registry.htm">www.albertanetcare.ca/learningcentre/Delivery-Site-Registry.htm</a>