**Background**

“How are the fish in my lake doing?” We need this answer to set appropriate fishing regulations, to understand and correct any problems with fish habitat, and to guard against invasive species. A healthy fish population and fish community means we can all enjoy the benefits of sustainable fisheries and healthy ecosystems. A standard method of assessing the status of fish populations is necessary to allow comparisons of fish sustainability across the years at a lake, and to compare to other lakes. In Alberta, we use an accepted standard of index netting for lake fisheries assessment. This method provides the necessary data on fish abundance, biological data (such as age and sex), and species diversity to assess sustainability.

**Fall Index Netting (FIN)**

Alberta Environment and Parks monitor Walleye and Northern Pike populations using standardized index netting (Morgan, 2002). Fall index netting occurs during late summer and fall when water temperatures are 10-15 °C. Standardized multi-mesh gill nets are set at random locations between 2 and 15 metres deep, set for 21-27 hours (i.e., a net-night), and then reset in new random locations. At Ethel Lake in 2017, a half-length variation of the standard index net was used, balancing precision of the catch rates with reduced sampling effort. Information from Yellow Perch, Lake Whitefish, Burbot, minnow, and sucker species are also collected. The information collected from each fish includes length, weight, age, gender, and maturity. After sampling, if fish are appropriate for human consumption, Alberta biologists provide the fish to local Indigenous peoples or to persons on approved subsistence lists. Typically, a tiny proportion of the lake’s fish population (usually less than 1 or 2%) are killed in this sampling.

**How is this information used?**

Catch rates (i.e., number of fish captured per net-night) of Walleye and Northern Pike are an index of the populations’ abundance, with higher catch rates meaning there are more fish in the lake. The abundance of adult fish is compared to the standardized thresholds for 5 broad categories of risk to the long-term sustainability of the fish population, with higher densities of fish having lower risk (Table 1). The sizes and age of fish also tell us if problems with overharvest (e.g., too few fish living to old age) or habitat (e.g., poor spawning success) are a concern. Biologists use this information, as well as a variety of data on water quality, access, development, and habitat threats as part of Alberta’s Fish Sustainability Index (FSI).

The management goal for most Alberta fisheries is long-term sustainability, shown by the red lines on the graphs below. Achieving this goal uses the netting data and the FSI to determine the most appropriate sport fishing regulations for a lake. This landscape-level assessment allows for consistent, broad temporal comparisons of fish sustainability and status. For more information, please see Alberta’s FIN and FSI websites,


<table>
<thead>
<tr>
<th>Mature Walleyes/ ½ net</th>
<th>Mature Pike/ ½ net</th>
<th>Risk to Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;14.5</td>
<td>&gt;10.9</td>
<td>Very Low</td>
</tr>
<tr>
<td>10.2-14.5</td>
<td>7.7-10.9</td>
<td>Low</td>
</tr>
<tr>
<td>7.3-10.1</td>
<td>5.5-7.6</td>
<td>Moderate</td>
</tr>
<tr>
<td>2.9-7.2</td>
<td>2.2-5.4</td>
<td>High</td>
</tr>
<tr>
<td>&lt;2.9</td>
<td>&lt;2.2</td>
<td>Very High</td>
</tr>
</tbody>
</table>

**Results of the 2017 FIN at Ethel Lake**

Ethel Lake (490 ha) is located approximately 13 km west from the city of Cold Lake. From September 20 to 22, 2017, twelve ½ length nets captured 14 Cisco, 9 Lake Whitefish, 99 Northern Pike, 120 Walleyes, 7 White Suckers and 90 Yellow Perch.

**Walleye**

The mean catch rate of Walleyes was 10.0/ ½ net-night. The catch rates of mature (Figure 1) and immature Walleyes were 8.6/ ½ net-night and 1.4/ ½ net-night, respectively. The corresponding FSI score for the current mature density of Walleyes was assessed at moderate risk.

The length distribution shows variable recruitment of Walleyes, low abundance of fish 300-480 mm, and a high abundance of fish larger than 480 mm (Figure 2).

The 2017 FIN sample represented approximately 2.0% of the estimated mature Walleye population size.
**Northern Pike**

The mean catch rate of mature Northern Pike was 8.0/½ net-night (Figure 3). The corresponding FSI score for the current mature density of Northern Pike was assessed at **low risk**.

The length distribution shows variable recruitment of pike smaller than 400 mm, a healthy abundance of 450-650 mm fish, and a severe truncation of pike larger than 650 mm (Figure 4).

The 2017 FIN sample represented approximately 0.5% of the estimated mature Northern Pike population size.

**Summary**

Since the 2012 FIN on Ethel Lake in 2012, the abundance of mature Walleyes has remained at a corresponding FSI status of **moderate risk**. However, in 2017, the variable recruitment and low abundance of medium-sized Walleyes is of concern, therefore, dependent on management objective, conservation-focused management is necessary to achieve long-term sustainability.

Since the 2012 FIN assessment, the density of mature Northern Pike has improved from **moderate risk** to **low risk**. With the current **low risk** status and the truncation of large pike, dependent on the management objective, conservation-focused management is necessary to sustain this stock.

**Literature**